**Reading: A Miraculous Rescue [潘宇佳老师编写]**

The day started out joyously. Jeannie and Steven Kelley took their twin boys, Kaden and Isaac, to church. Afterwards, the family and some of their relatives got together at the Kelley's home to have a meal and then some fun in the family's swimming pool.

As the party was wrapped up, family members moved inside. The adults put on a performance, chatted and said their goodbyes. But in all the **commotion,** no one remembered to lock the door to the pool area. It was a simple mistake that could have cost the family dearly!

The twins' 6-year-old cousin, Branson, noticed his little sister wandering around outside. So, he went out to ask her to come in. And that was when the little boy saw a terrifying sight. He spotted the 2-year-old twins face down in the pool!

The adults came running outside when they heard Branson's frightened cries for help. And they couldn't believe what they saw when they got out there. Branson not only pulled the twins out of the water, but he began CPR (心肺复苏)as well. He'd seen his mom perform CPR before, and just copied what he'd seen.

“He said he just dived in,” Branson's mom, Courtney, said. “All he knew is that he had to try to save them...It was a miraculous (奇迹般的)thing to know that at 6 years old he didn't just scream and run away. He didn't just ignore it or stand there in shock. He immediately acted.” Steven began performing CPR on his sons while Courtney called 911.Thirty seconds passed and then Kaden and Isaac started coughing up water and breathing.

When emergency responders arrived, they airlifted the boys to the hospital by helicopter. And amazingly, they were already showing signs of improvement. Doctors couldn't believe it. They told Jeannie and Steven such accidents usually ended in brain death. But Kaden and Isaac were absolutely fine! The couple was incredibly grateful to the boys' heroic cousin, Branson. **[2018杭州二模第一篇阅读理解改编,5+3P179]**

1.What does the underlined word “commotion” in Paragraph 2 probably mean?

A.Excitement / Thrill B.Adaptations. C.Delay/postpone/put off　　 D.Emergency.

2.It can be inferred from Paragraph 5 that Branson's mother was　　    .

A.confused/puzzled　　 B.proud C.relaxed　　 D.anxious

3.There is no doubt that it is\_\_\_\_\_\_\_\_\_\_\_\_\_\_ that made the twin brothers' quick and full recovery.

A.doctors' effective treatment

B.Branson's prompt/quick/instant reaction as well as his knowledge about first aid

C.the timely arrival of the helicopter

D.Their own very good luck/fortune

**长难句解析**

1.As the party was wrapped up, family members moved inside. (be wrapped up词组积累)

翻译: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2.It was a simple mistake that could have cost the family dearly! (定语从句)

翻译: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3.The adults came running outside when they heard Branson's frightened cries for help. (现在分词作伴随状语)

翻译: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**阅读理解技巧Tips for reading comprehension**

Tip1: Focus on the 6 elements while reading a narration, who/ when/where/ what/how/why. 在阅读叙述类故事时，关注6个要素：谁/何时/何地/做了什么/如何做的/为什么。

Tip2: Infer characters’ feelings by descriptive sentences. 用描写性句子推断人物的情感。

Tip3: Pay attention to the hint words, such as “But, however, yet, nevertheless”. 注意暗示情节转折的词汇。

Tip4: Pay attention to the verbs which assist in developing the plot! 注意有助于情节发展的动词。

Tip5: Accumulate more phrases and collocations. 多加积累词组与固定搭配。

Tip6: Learn to analyze difficult sentences. 学会分析长难句。

**Writing Micro-skills: What if someone was drowning? (2021北斗星期中卷读后续写改编)**

**Suppose you were a lifeguard, there was a child drowning in the water. Try to describe how to perform your rescue. (Please imitate the reading and highlight your heroism by 2 aspects, including the seriousness of the situation and your quick action!)**

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**Words Bank of Verbs:**

1. Keep calm as much as possible 保持冷静
2. leaped off the chair and dived into the water (潜入水中)with a tremendous splash溅起了巨大的水花
3. grab him around the chest 抓住他的胸部
4. pull/drag sb. to the water surface 把他拉到水面上
5. perform /conduct CPR 实施心肺复苏
6. cough up water咳出水 and started breathing 开始呼吸
7. show signs of improvement 表现出改善的迹象; show positive signs显示积极的迹象
8. onlookers call the emergency services 旁观者打急救电话
9. totter toward踉踉跄跄走过来 / walk up 走上来
10. sink on the bosom [ˈbʊzəm] of her son 倒在他儿子的怀里
11. safe and sound 安然无恙
12. with relief 松了一口气 / cry tears of joy 喜极而泣
13. clasp [klɑːsp] my hands tightly 紧紧握住我的手
14. express one’s gratitude/appreciation/compliment(赞赏) towards sb. 对某人表示谢意
15. take pride in my brave action and appreciate the value of my job 为我的勇敢行为感到自豪，并欣赏我工作的价值

**How to perform corresponding First-Aid towards different situations(救援类题材扩展)**

**1.How to survive a fall through ice (七选五, 2020浙江十校联盟)**

It can be truly terrifying to fall through ice on a frozen lake. 1.\_\_\_\_\_\_\_ In fact, there is more time to help you survive than you think.

    As you first hit the freezing water, you will almost breathe quickly at once. Remember to **get control of your breathing(控制你的呼吸)**and not to move around. 2. \_\_\_\_\_\_\_This means that it takes about one minute to gain control of your breathing, ten minutes to move before you get too cold. The final one is to remind you that it will take one hour before you become **unconscious(无意识的)**.

Take that first minute and fully focus on your breathing. Slow it down, and then look around to see if you can **locate the thickest area of ice(找到最厚的冰层)**. When you locate the ice, **stretch your arms over the surface(把你的胳膊伸展到水面上)**, and then begin to **flutter-kick(上下打水)** until **your body becomes horizontal with the surface(你的身体与水面持平)**. 3. \_\_\_\_\_\_\_

    It is possible that you can live for several hours after passing out. This, however, does require some planning. You only have about 10 minutes before your muscles and nerves become too cold to work. Besides, what if you feel too weak to go on and you cannot get out?4. \_\_\_\_\_\_\_The point is to **encourage your coat to freeze to the ice, 促使你的外套冻在冰上so that if you lose consciousness这样如果你失去知觉,** you will keep your head out of ice. 5. \_\_\_\_\_\_\_

A. It can help to remember the “1-10-1 principle”.

B. However, if you **remain calm(保持镇静)**, it can save your life.

C. Remove any clothing or heavy objects that are weighting you down.

D. Thus you will **remain visible for rescue**, even if you pass out. 因此即使你昏倒了，你仍然可以被救援的人看到。

E. **Kick hard and use your arms and hands to climb out of the water. 用力踢，用你的胳膊和手爬出水面**。

F. Remember that you should always stay off ice that’s only 3 inches.

G. **Place your arms over the surface of the ice and remain still. 把你的手臂放在冰面上，保持静止。**

**How to survive a fall through ice (完形填空,狗落入冰水的救援, G2联盟2021期中卷)**

It was a Saturday evening in March, just before sundown. I was out walking with my wife, Melissa, and our golden retriever (猎犬), Kira, beside a lake when the \_\_\_\_36\_\_\_\_ was broken by a woman’s voice, calling out two names over and over.

We \_\_\_\_37\_\_\_\_ her, almost immediately, three or four hundred feet away across the \_\_\_\_38\_\_\_\_. Spring had come, but the layer of ice on the water had just started to \_\_\_\_39\_\_\_\_. Two big red Labradors (拉布拉多犬) were walking out across it. As we watched, the ice \_\_\_\_40\_\_\_\_ beneath one dog and then the other, plunging (使...下落) them into the water.

We arrived at the \_\_\_\_41\_\_\_\_ a few minutes later, but the dogs were already showing the \_\_\_\_42\_\_\_\_ of the cold as they struggled weakly to \_\_\_\_43\_\_\_\_. We realized that calling 911 would be \_\_\_\_44\_\_\_\_ — neither of them would stay afloat long enough for the \_\_\_\_\_45\_\_\_\_\_ services to arrive.

Besides, I’m convinced I was \_\_\_\_\_46\_\_\_\_\_ to carry out the rescue myself. And I wasn’t \_\_\_\_\_47\_\_\_\_\_ —Kira swam alongside me. Having \_\_\_\_\_48\_\_\_\_\_ a path, we were able to lead it quickly back to the \_\_\_\_\_49\_\_\_\_\_.

The second dog was further out and I had to \_\_\_\_\_50\_\_\_\_\_ before I went back in. There was more ice to \_\_\_\_\_51\_\_\_\_\_ this time. As we approached, I \_\_\_\_\_52\_\_\_\_\_ eye contact with the dog. With Kira’s encouragement, it \_\_\_\_\_53\_\_\_\_\_ us back. Back on shore the dogs looked tired but were \_\_\_\_\_54\_\_\_\_\_ OK. The owner was emotional and \_\_\_\_\_55\_\_\_\_\_, “I’m the luckiest woman alive!”

36. A. adventure B. peace C. exercise D. silence

37. A. watched B. sought C. spotted D. searched

38. A. lake B. pool C. river D. basin

39. A. add B. melt C. burst D. multiply

40. A. ran out B. passed away C. fell down D. gave way

41. A. road B. scene C. dogs D. sense

42. A. effects B. symptoms C. aspects D. injuries

43. A. speed B. withdraw C. cover D. escape

44. A. ridiculous B. stressful C. useless D. uncertain

45. A. emergency B. customer C. express D. security

46. A. legal B. desperate C. qualified D. awkward

47. A. frightened B. alone C. mild D. tight

48. A. constructed B. cleared C. blocked D. deserted

49. A. shore B. floor C. life D. beach

50. A. arrange B. breathe C. support D. pause

51. A. see through B. cut out C. let out D. break through

52. A. lost B. kept C. avoided D. covered

53. A. followed B. led C. lifted D. carried

54. A. instantly B. absolutely C. otherwise D. normally

55. A. painful B. respectful C. grateful D. doubtful

**3.What if someone was bleeding? (人教B5U5, P38)**

Highlight John’s heroism by 2 aspects, including the seriousness of the situation and his quick action!

**The seriousness of the situation**:

好词:**screaming/shouting/yelling尖叫**; shocking; **bleeding heavily大出血**, severe situation, **being stabbed repeatedly多次被刺伤**; **almost been cut off几乎被砍断了**

**John’s quick action:**

好词: rushed outside冲出去; quick; bravery; immediately, treat, applying pressure施加压力

好句: 1.约翰立即采取行动，而不是感到害怕和袖手旁观！

John immediately took actions instead of feeling frightened and standing by!

2. 他对伤口施压以减缓出血，直到警察和救护车赶到。**(三个同义句型转换)**

He slowed the bleeding by **applying** pressure to the wounds **until** the police and ambulance arrived.

He **did not stop applying** pressure to the wounds **until** the police and ambulance arrived.

**Not until** the police and ambulance arrived **did** he **stop** **applying** pressure to the wounds.

**4.What if someone got burned? (人教B5U5; P34-P35, 处理轻微烧伤)**

**1.keep as calm as possible 尽量保持冷静**

**2.take off clothing or remove clothing by/via using scissors脱下衣物或使用剪刀/通过剪刀脱掉衣物**

**3.cool burns immediately with cool water and place burns under gently running water for about 10 minutes** **立即用冷水冷却烧伤处，并将烧伤处放在轻轻的自来水下约10分钟**

**4.dry the burned area gently and cover the burned area with a clean bandage or a plastic film and fix it with tape轻轻擦干烧伤部位，用干净的绷带或塑料薄膜覆盖，并用胶带固定。**

**5.For a serious burn, call the emergency service at once and get the victim to the doctor or hospital immediately.** 对于严重的烧伤，立即拨打急救电话，将受害者立即送往医生或医院