**济宁一中2020届高三考前冲刺一测试**

**英语试题**

**第一部分 阅读理解（共两节, 满分40分）**

**第一节（共15小题；每小题2分, 满分30分）**

阅读下列短文, 从每题所给的A、B、C和D四个选项中, 选出最佳选项。

**A**

**BEST BODY FITNESS**

### About us

You don’t want just gym membership. You want membership that means something. And that means you need support, expert help and a community.

**Best Body Fitness** isn’t just a gym: it’s full-service fitness membership made for you.

Here’s how it works:

**STEP ONE: Your assessment**

We begin with an assessment session. This is a chance for you to see what we do at **Best Body**. Our assessment plans are no-cost and no-risk. We’ll also make a training plan specifically for you.

**STEP TWO: Your training**

When you decide to become a **Best Body** member, we show you what to do, how to do it and why you are doing it. After a few sessions with an expert private trainer you will feel comfortable working out on your own. But don’t worry, we’ll always be nearby if you have questions.

**STEP THREE: Your membership**

Membership works on a month-to-month basis. There are no sign-up fees and no cancellation fees. Start and stop whenever you want. And the best part? Our fees are the most competitive in the whole downtown area.

**STEP FOUR: Your community**

At **Best Body Fitness**, we see everyone as part of a big team. And when you work with a team, you can do great things. Join any of our specialized classes, led by expert instructors. Come to our nutrition classes. Participate in our regular social events. Everything is included in your fee.

Finally, share some reasons why our members have chosen us over any other fitness centre in the city.

### It’s so EASY

* Easy to start, stop, cancel or refund membership
* Easy to access — we’re open 24/7, we never close
* Easy to do exercise — we have lots of equipment, no long wait
* Easy to find — in the centre of town, near public transport and with parking

1. Which statement about **Best Body Fitness is correct**?

A. It provides you with a fitness assessment after training.

B. It offers you a customized training plan.

C. It allows you to work out without any fees.

D. It asks you to work out on your own.

2. What is the best part of **Best Body Fitness**?

A. Its price is quite good. B. Its time is enough.

C. Its classes are no-risk. D. Its trainers are experienced.

3. What type of writing does this text probably belong to?

A. News report. B. Speech. C. Announcement. D. Advertisement.

**B**

It’s a Saturday night, the kids are asleep and we have no plans. Before we fall into our routine and watch a movie, I try to talk my husband into playing a card game. Unconvinced, he continues tapping away on his phone. But just before disappearing into the social media rabbit hole, he has an idea. He looks over me and suggests, “Why don’t we try calling one of our friends?”

I look at him with raised brows, as if his suggestion is somewhat ridiculous and perhaps even socially unacceptable. You can’t just call someone out of the blue now…right? But then I realize in the not so distant past, this was the norm. My early teenage years saw me connecting with friends through a phone. We could chat for hours about the latest gossip and news, sometimes hidding under my blanket in order to avoid the chances of being caught by my parents. I could even memorize the phone numbers of loved ones then. I guess these days, they would be on my “Favorites” list in my smartphone.

Today, many of my “favorite” people are followed from a distance through social media, and even they very rarely—if ever—would get an actual call from me. The birth announcement by my oldest friend is received through scrolling the past pictures. The news of a divorce from a couple arrives after a photo of a woman led me on a search for more gossip. Bits of such information, may have been a part of my digital feed for years. The idea of actually picking up the phone to reconnect with a long-lost friend is a frightening one—even seeing the name of an old friend pop up in an incoming call can feel a little afraid.

I ask my husband, “Who would we call?” After tossing around a few names, we agree on some potential candidates—people whose lives have taken them in different directions, but with whom we still share deep friendships.

4. How does the author feel about her husband’s suggestion at first?

A. Excited. B. Motivated. C. Nervous. D. Surprised.

5. With the phone, the author’s teenage years was\_\_\_\_\_.

A. difficult but interesting B. peaceful and meaningful

C. pleasant and unforgettable D. inconvenient but enjoyable

6. In the following days, the couple may \_\_\_\_.

A. share more of their private information with others

B. contact more long-lost friends through social media

C. have more personal communications with their friends

D. add more friends’ names to the contact lists in their phones

7. What’s the purpose of the passage?

A. To argue for the need of the contact of long-lost old friends.

B. To tell us about one of his unforgettable experiences.

C. To remind us to turn to phones to keep in toch with friends.

D. To persuade us to follow our friends through the social media.

**C**

Scientists have discovered that rats have adapted to modern human life, even adapting their diets to the cities they live in.

The scientists claim that it could be possible that humans and rats have had similar changes in their genetic make-up, due to modern city life. The downside of the changes in the DNA is that they could make rats susceptible to the same health problems as humans, such as pollutants and sugary foods.

The study showed that rats’ diets have also adapted to their environment. In New York, you can see them eat bagels and beer; in Paris, they like croissants and butter. They adapt in amazing ways. The scientists also analyzed the genomes (基因组)of 29 New York rats and compared them with those of nine brown rats from Heilongjiang Province, north-east China. The finding showed that dozens of rat genes had been through major DNA changes over the centuries, as the rats spread from Asia to Europe and America, and from the countryside and into cities.

The changed genes were associated with diet, behavior, and movement, which added pressures and challenges for the rat to overcome. This could reflect the fact that urban rats have to move through highly artificial environments that are very different from natural habitats. So these gene changes might have evolved to help them move more easily through underground channels and pipes.

As the rats are closely associated with city-living humans, the scientists believe that it is possible that similar changes have happened in both species.

In October 2019, scientists used rats to successfully test an enzyme(酶) that could be used to help people quit smoking. Two groups of rats were trained to self-administer nicotine, and over two weeks their nicotine intakes increased, suggesting addiction. Then, one group of rats was given the enzyme, which led to a decreased nicotine intake. The scientists say that the enzyme could be developed for human use in the future.

8. Which of the following best explains the underlined phrase “susceptible to” in paragraph 2?

A. Not likely to be cured of. B. Being disease-resistant to.

C. Very likely to be affected by. D. Being thoroughly exposed to.

9. What does the author intend to show in the third paragraph?

A. Rats in the city are particular about their food.

B. Rats in different cities have different genetic make-up.

C. Rats are distributed in every continent of the earth.

D. Rats have been adjusting themselves to the environment.

10. What is the purpose of testing an enzyme on rats?

A. To explore rats’ survival ability. B. To help people stop smoking.

C. To learn more about city rats. D. To tell apart nicotine and enzyme.

11. What is the best title of this text?

A. Rats Have Adapted to Modern Human Life

B. Rats in the City Have Varieties of Diets

C. Rats Are More Adaptable than Humans

D. Rats Have the Same Genetic Make-up to Humans

**D**

What do you do when nobody is around to take your picture? You take a selfie (拍照) .But what about selfies in space? On Twitter last year, NASA astronaut Edwin “Buzz” Aldrin, who famously became the second man to walk on the moon in July 1969, laid claim to a spaceflight first taking the first selfie in space during the Gemini XII mission in 1966.

“For me, it needs to be digital to be selfie,” argues Jennifer Levasseur, who is in charge of the Smithsonian National Air and Space Museum. According to Levasseur, the concept of a selfie is directly linked to Internet culture and human desire to interact on social platforms. “The thing that makes a selfie is sharing it,” she says.

Still, astronauts have been carrying cameras abroad space vehicles since the 1960s ,and they've taken plenty of pictures of themselves along the way. Astronauts had to pull the film magazines out and leave their cameras behind when they returned to Earth because early space missions were restricted by a conservative weight limit on the return trip.

A big change in space camera technology came after sad loss of the space shuttle *Columbia* who broke apart on its return to Earth in 2003. “Fearing that they would never be able to bring the film back from space and lose all that hard work celebrated the push for digital.” Levasseur says.

Today astronauts can have access to the Internet and social platforms in space and post true based selfies taken by digital cameras. Taking selfies and sharing them on social media is a way that astronauts in space can participate in the same activities people on Earth do every day. The first astronaut selfie that went viral(网红的) on the internet was one by Japanese astronaut Akihiko Hoshide in 2012.

12. What does Levasseur think of Aldrin's claim?
A. It hardly makes any sense. B. It revolutionizes astronautics.
C. It contradicts public opinions. D. It needs to be further proved.
13. Why were cameras left in space on early space missions?
A. To lighten the load of the spaceship.
B. To test cameras under extreme conditions.
C To prepare for the next stage of spaceexploration.
D. To take more pictures in space by remote control.
14. What advanced space camera technology?
A. The invention of new films

B. The fear of falling behind in the space race
C. The concern about the loss of valuable data
D. The popularity of space selfies on socia media
15. What is the best title for the text?
A. The Exploration of Space. B The History of Selfies in Space.
C. The Change in Space Camera Technology. D. The Development in Space Technology.

**第二节：（共5小题；每小题2.5分, 满分12.5分）**阅读下面短文, 从短文后的选项中选出可以填入空白处的最佳选项。选项中有两项为多余选项。

I'm always surprised when I hear the statistics about how little time kids spend outside. One study found children are spending less than half amount of time outdoors than they did just 20 years ago.

16 All that outside time then wasn't just about health and exercise, though that was certainly true. Several studies also have linked outside time to higher test scores, lower anxiety and aggression, more creativity and improved attention spans. 17 Researchers look at three primary schools in South Wales that adopted an outdoor learning program with teachers working outside with students at least one hour a week and come to this conclusion.

18 Eliza Minnucci’s kindergarten class there engages in Forest Mondays, during which the students spend the whole day in the woods , rain or shine. It's a more curriculum -based version of the Land, an outdoor playground in England, which allows kids to experiment, build dams and even build fires in the woods.

So what have the results been? Mostly positive. “Kids are so resourceful out here. Minnucci said. 19 We teach them discrete (互不关联的) skills and facts and they put them together later. That's a good way to learn, but it’s not the way the world works,” she said. “ 20 In the place, they need to think about how to build a dam with others and at the same time think about staying dry and staying warm.

Considering all the good evidence that being outside is good great for mind and body---as well as test scores-- it seems like this kind of education is a natural next step for teachers.

1. My own childhood was filled with outdoor time.
2. As an added bonus, it is also beneficial to teachers.
3. The idea is to let kids learn lessons from the natural world.
4. In the classroom, we separate everything into small pieces.
5. A public school in Queechee is taking these results seriously.
6. I like giving them the opportunity to be in a really complex place.
7. Playing outdoors involves plenty of learning, just not from a book.

**第二部分语言运用（共两节, 满分30分）**

**第一节（共15小题；每小题1分, 满分15分）**

阅读下列短文, 从每题所给的A、B、C、D四个选项中选出最佳选项。

One day I was sleeping in my chair when I woke up to the sound of a car crash. I sat up and looked 21 out my window. Across the street, a car had just backed into a chain-link fence. The car must have been moving fast, 22 it was in bad shape. The fence was bent out exactly the 23 of the car’s back end.

I watched the driver get out of the car. After a few seconds of 24 the damage, the man tried to put the fence back into the place. His first attempt failed and he tried a little harder. He grabbed its vertical support pole and pulled against it with his full 25 . The pole suddenly 26 and the men fell hard onto the ground. The entire fence fell on top of him, and one of his shoes 27 and landed 10 feet away on the sidewalk.

I laughed out loud. The man's failure was 28 my whole day. He climbed out from under the 29 fence and went back to the apartment building.

That, I thought, would be the 30 of it. The man was going to leave all the chaos behind for someone else to 31 . However, the men 32 a few minutes later with some tools. For the next hour, I 33 out my window as he doggedly fixed the fence and even improved it. Now the fence would be extra secure, stronger than before.

This man was actually a hero and I was embarrassed by my 34 judgments. Years later, I still look out my window at that fence almost every day. It makes me 35 what else that man has improved, and how I can make myself more like him.

21.A. gradually B. especially C. immediately D. generally

22. A. until B. because C. if D. although

23. A.beginning B. direction C. center D. shape

24. A.assessing B. mentioning C. limiting D. avoiding

25. A.equipment B. sight C. wisdom D. weight

26. A.broke B. burnt C. lightened D. rose

27. A.moved on B. passed by C. flew off D. turned up

28. A.wasting B. brightening C. completing D. controlling

29. A. fallen B. hidden C. locked D. related

30.A. plan B. form C. cause D. end

31. A.give away B. clean up C. learn from D. refer to

32. A.quit B. hesitated C. approved D. appeared

33. A.worked B. counted C. watched D. guessed

34. A.unbalanced B. uncertain C.unfair D. unhurried

35. A.wonder B. observe C. explain D. challenge

**第二节（共10小题；每小题1.5分, 满分15分）**

阅读下面短文, 在空白处填入1个适当的单词或括号内单词的正确形式。

China has named 24, 126 primary and middle schools across the country specialist football schools 36 (lead) youth football development, according to the Ministry of Education (MOE). It’s required that at least one football class 37 (offer) each week in these schools so that they can encourage their students to 38 (active) participate in football training and matches.

China aims to have 50,000 schools specializing in youth football by the end of 2025, said Wang Dengfeng, an official with MOE, 39 (add) that to realize this goal, the ministry will take various measures that include building school football fields, training football coaches and providing extra funding and policy support. 40  those measures in schools, football training camps have also been built in 41 effort to promote the sport among young people. And outstanding or 42 (gift) palyers will also have the chance to join inter-school teams for regional 43 (compete) and even national summer camps.

In the past four years, local eduction departments have trained about 40,000 football teachers, 8,000 of 44 have obtained coaching cerificates. Moreover, the country 45 (step) up its efforts in promoting football in schools since it set up a seven-department joint task force, including the education, sport and finance authorities as well as Chinese Football Association.

**第三部分写作 (共两节, 满分40分)**

**第一节应用文写作（满分15分）**

假定你是李华, 是某中学国际部的一名学生。你有幸做外教Chris的向导, 带领他去当地一家餐馆品尝中国美食。请你按如下提示给对方写一封邮件, 告知这次行程安排。

1. 饭店情况 2. 出发时间、地点 3. 交通方式

注意：

1. 词数80左右 2. 可以适当增加细节, 以使行文连贯。

参考词汇：specialty 特色菜

**第二节（满分25分）**阅读下面材料, 根据其内容和所给段落开头语续写两段, 使之构成一篇完整的短文, 续写的词数应为150左右。

Mike licked the last of the mint chocolate chip ice cream. It was almost time to leave. He jumped into the car with his parents and headed off to the Olympic-sized pool for the big swim meet.

When his race came up, Mike was confident. He was strong and swift. Mike climbed out the pool, smiling. He had just won first place, making him the fastest boy in his age group.

“Congratulations, son, “ his father said. His mom gave him a hug, even though he was soaking wet.

A week later, it was time for another swim meet. Like before, Mike decided to enjoy his favorite ice cream flavor. Mike remembered that the last time he had won a race, he also ate mint chocolate chip ice cream first. Maybe he’d win again.

He took first place again in his race. Mike was feeling pretty good. As it turned out, Mike decided to have mint chocolate chip ice cream before every one of the next few swim meets. He began to think of it as his lucky charm. After several mouths of placing in the top positions of every race he swam, Mike was feeling unbeatable. And he wouldn’t admit it, but all that ice cream was adding a few pounds to his athletic swimmer’s build.

It didn’t take long after that for Mike to start coming in second place---and then third---and then last place in his races. The lucky mint chocolate chip ice cream had lost its magic.

On the day of his next swim meet, his mother sat down at the table with him. “Mike, we all love ice cream, bu it’s not healthy for your body to eat so much of it. Maybe it’s time to quit the sweet treats for a while, especially before you go swimming.”

Mike unwillingly agreed. He went to the swim meet, and didn’t perform well. His father offered to go running with him a few days a week to help him feel better and strengthen his muscles. The extra weight soon disappeared, and Mike found himself breathing easier at swim practices.

Paragraph 1: It was the last meet of the season, and Mike wasn’t sure what to expect.

Paragraph 2: Finally came the end of the race.

英语参考答案

BBD DCCC CDBA AACB

ABEDF

21—25 CBDAD 26—30 ACBAD 31—35 BDCCA

36 .to lead    37.（should) be offered   38.actively    39.adding
40.Besides   41.an   42.gifted    43.competitions
44.whom     45.has stepped

Dear Chris，

 I’m so honored to serve as your guide to a local restaurant to taste traditional Chinese food. The restaurant enjoys a good reputation and has won a China Time-honored Brand title. The environment is clean and elegant, not to mention its high-quality dishes as well as its top services. The traditional and unique soup dumplings are its specialty, which I do believe you will have a good feast on.

 By the way, it is convenient to get there by bus, for it is just within easy reach of the downtown. We will meet at the bus stop near our school this Sunday morning. Bus No. 9 will directly take us there.

 Wish you a good time.

Yours sincerely,

Li Hua

It was the last meet of the season, and Mike was not sure what to expect. He’d been training hard with his dad, and staying away from the rich desserts he enjoyed so much. He felt healthy again, but he didn’t know if he still had any speed in the pool.

As he jumped into the water, he kicked his legs and stretched his arms as far as he could. He made the turn at the end of the lane (泳道) perfectly, and was feeling strong. This race was a long one, so Mike tried to keep his energy level up even as he began feeling tired.

Whenever he came up for a breath, he could see he was gaining on the boy ahead of him in the next lane. Feeling determined to pass him, Mike found the power in his muscles to push ahead, and as his hand touched the edge of the pool, the race was over. He lifted his swim goggles (护目镜) off his head and looked at the times on the electronic board. He knew he wasn’t last, but what was his time?

His jaw dropped as he realized he had beaten his own best time, and everyone else’s too. Mike had won his race. The audience and his teammates cheered loudly, and his parents were grinning from ear to ear. “Hey champ, let’s go grab some of your favorite ice cream and celebrate!” said his father.

“Thanks, Dad, but I’ll pass on the ice cream; it’s not such a lucky charm after all!”