**活用教材词汇，靶向高考写作(8开打印)**

 **——人教版新教材M2U3单词拓展**

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| **1. chat /tʃæt/ vi.聊天;闲聊** |
| 1. Our family gathering, to be held on the night of February 18th, means cosy reunion for us, including my grandparents, uncles and aunts with their kids. We’ll have a big feast together, **chatting casually**.2. Many students volunteered to participate in visiting the Nursing House and help elderly people deal with their troubles both physical and psychological. On our arrival, we presented them with handmade gifts as well as best wishes. How happy they were to see us! Then we were engaged in helping the seniors here out by making their meals, washing their clothes and **chatting with them.** | 1. 我们的家庭聚会将在2月18日晚上举行，对我们来说意味着舒适的团聚，包括我的祖父母，叔叔阿姨和他们的孩子。我们会一起吃一顿大餐，随意聊天。2017年11月浙江高考应用文“邀请老外过春节”2. 许多学生自愿参加参观敬老院，帮助老人解决身心的问题。在我们到达时，我们向他们赠送了手工制作的礼物和良好的祝愿。他们见到我们是多么高兴啊! 然后我们忙着帮助这里的老人做饭，洗衣服，和他们聊天。**（应）** |
| **2. stream /stri:m/ v.流播; 流出; 流动 n.小河** |
| 1. **stream live** on television / on the Web；/ **live-streamed** 2. Mother hugged her son in her arms tightly, **tears of happiness streaming down her cheeks独立主格结构**. 3. The night wind howled ruthlessly, nameless creatures murmured in the dark and the moonlight shone weakly on the ground. Filled with fright, She dragged her exhausted body inching forward. Eventually, She **sat beside the stream**, arms and legs aching. 4. It went viral immediately. Just within hours, hundreds of likes and funny comments appeared, showing their enthusiasm. **Constant streams of curious people even came** by to take photos with us and my prized pumpkin. Jason was really excited and Mom was glad that her video should become such a hit and thus grew even crazier about shooting videos.5. She’d listened to Ms. Wolff’s recordings over and over again, loving the way **the notes tumbled like a rushing mountain stream比喻.**6. Undoubtedly, online learning **becomes mainstreamed** for its obvious advantages such as easily resources, the low cost and great convenience, which contribute to high study efficiency. | 1. 在电视上/ 网上直播 / 现场直播的2. 母亲紧紧地把儿子抱在怀里，幸福的泪水顺着脸颊流下来。**（续）**3. 夜风无情地咆哮着，无名的生物在黑暗中喃喃低语，月光微弱地照在地上。她满怀恐惧，拖着疲惫的身体慢慢向前挪动。最后，我坐在溪边，胳膊和腿都痛了。201610浙江高考读后续写“夫妻吵架” 4. 这条消息立即走红。仅仅在几个小时内，就有数百个点赞和有趣的评论出现，显示出他们的热情。好奇的人们络绎不绝地过来和我们以及我心爱的南瓜合影留念。Jason很兴奋，妈妈也很高兴她的视频能这么火，也因此对拍摄视频更加狂热了。（2021.01浙江高考读后续写“南瓜卡头”）5. 她一遍又一遍地听沃尔夫的录音，喜欢那些音符像奔流的山涧一样翻滚的样子。**（续）**6. 毫无疑问，在线学习以其资源容易、成本低、方便等明显优势成为主流，这有助于提高学习效率。**（应）** |
| **3. identity /aɪˈdentəti/ n.身份;个性** |
| 1. White school uniforms are also needed **to show your identity.**2. I found my wallet lost, **inside which there is an identity card, my visa and all my cash**. Besides, it is emerald green and is made of leather.3. We should take our responsibilities to give them whatever assistance we can, which also inspires our **national identity and superiority**.  | 1. 白色校服也需要以显示你的身份。**（应）**2. 我发现我的钱包丢了，里面有身份证，签证和所有的现金。此外，它是祖母绿的，由皮革制成。2018年11月浙江高考应用文“钱包丢失的求助信” *emerald /ˈemərəld/n.翡翠，绿宝石；祖母绿 adj.翠绿色的*3. 我们有责任尽我们所能帮助他们，这也激发了我们的民族认同感和自豪感。**（应）***superiority /suːˌpɪəriˈɒrəti/ n.优越，优势；优越感***（应）** |
| **4.convenient /kənˈvi:niənt/ adj.方便的;近便的** |
| 1. Only in this way can we **enjoy the pleasure and convenience** of the shared bikes.

2. If it's convenient for you=**If convenient**, let's meet at 8：30a.m. outside the school gate.3. I wonder whether **it is convenient for you to inform** me when and where the course will be given.  | 1. 只有这样，我们才能享受共享单车的乐趣和方便。**（应）**2. 如果你方便的话， 我们上午8：30在校门外集合。**（应）**3. 我想知道您你是否方便告知这项课程举办的时间和地点。**（应）** |
| **5.cash /kæʃ/ n.现金;金钱** |
| 1. Pay by credit card /Pay in check/ Pay in cash / pay with Alipay/Wechat / scan the QR Code2. My coral-pink leather purse is of square shape, **inside which is my credit card together with some cash.**  | 1. 用信用卡付款/ 用支票付款/ 用现金支付/ 支付宝/微信付款 / 扫描二维码付款2. 我的珊瑚粉色皮包是方形的，里面是我的信用卡和一些现金。*2018年11月浙江高考应用文“钱包丢失的求助信”* |
| **6. update /ˌʌpˈdeɪt/ vt.更新 n.更新; 最新消息** |
| 1. The library will soon be carrying out **an update /upgrade of the Internet system**. I would like everybody to be informed that during the dates of 1st to 10th May, the reading room will be closed with the reading system temporarily stopped. 2. Everyone finds it necessary to **update his knowledge** to maintain their professional competence, otherwise he will be left behind the society.  | 1. 图书馆不久将对互联网系统进行更新。我想通知大家，在5月1日至10日期间，阅览室将被关闭，阅读系统将暂时停止。**（应）**2. 每个人都认为有必要更新自己的知识以保持专业能力，否则将被社会抛在后面。 |
| **7. stuck /stʌk/ adj.卡住; 陷(入); 困(于)** |
| 1.Whenever I **get stuck/ trapped/ caught in difficulties/ troubles**, my parents always try their best to inspire me to stick to my dream.2.Elizabeth opened her mouth. She mouthed the words, but no sound came out. Murmurs and scattered coughs came from the front row. Elizabeth tried again but **the words felt stuck in her windpipe**. She lowered her head, trying to block out the sadness erupting inside. | 1.每当我陷入困境时，我的父母总是尽最大努力激励我坚持我的梦想。**（应、续）**2.伊丽莎白张了张嘴。她用口型念了那个词，但没有发出声音。前排传来窃窃私语和零星的咳嗽声。伊丽莎白又试了一次，但话还是卡在了喉咙里。她低下头，试图阻挡内心爆发的悲伤。**（应）** |
| **8. keep sb. company / ˈkʌmpəni/ 陪伴某人** |
| 1.spare time to **keep the left-behind children company** so that they may suffer from less loneliness2.It is your humorous and instructive teaching that makes English learning an entertaining and eye-opening experience for us.Without your selfless devotion, we couldn’t have made such great progress. **Thank you for your company.** | 1. 抽出时间陪伴留守儿童，减少他们的孤独感2. 正是您幽默而有启发性的教学，使英语学习成为一种有趣的、令人大开眼界的经历。没有您无私的奉献，我们不可能取得今天的巨大进步。谢谢你的陪伴。**（应）** |
| **9. benefit /ˈbenɪfɪt/ n.益处 vt.使受益** |
| 1. I'm sure the activity will cultivate our sense of responsibility, which will **benefit us a lot** in further life. Just take your active part in it ! 2. I **benefited a lot from** The Little Prince, which is a fairy tale for both children and adults. I was deeply moved by the prince’s attitude towards the world, which brought my inner sincerity and pure innocence back.  | 1.我相信这个（捐赠）活动会培养我们的责任感，这对我们以后的生活有很大的好处。大家积极地参与吧!**（应）**2.《小王子》让我受益匪浅，这是一个老少皆宜的童话故事。王子对世界的态度深深打动了我，让我找回了内心的真诚和纯真。**（应）** |
| 1. **distance /ˈdɪstəns/ n.距离**
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| 1.Much to our delight，the sounds of water in the distance arrested our attention and drove us to the river bank.2. The family were waiting for us **in the distance**. Seeing this, a radiant smile lit up both of our faces.3. I could feel the air hitting my face heavily and hear my dad’s hysterical cry **from a distance**. | 1. 令我们高兴的是，远处的水声引起了我们的注意，把我们带到了河岸边。**（续）**2. 一家人在远处等着我们。看到这里，我们俩的脸上都露出了灿烂的笑容。2018年6月浙江读后续写“骑马追兔”3. 我能感觉到空气重重地打在我的脸上，从远处听到爸爸歇斯底里的叫声。2018年6月浙江读后续写“骑马追兔” |
| **11.inspire/ɪnˈspaɪə(r)/ vt.鼓舞;激励;启发思考** |
| 1.Thinking about other people's situations **inspired me to offer help**.2. **To inspire us with scientific creativity in this ever-changing “smarter” world**, we have a Science and Technology Innovation Contest on the way. 3. When he came into sight, the spectators burst into thunderous cheers and applause. **Inspired by the enthusiasm and encouragement**, David quickened his pace in high spirits. | 1. 想到别人的处境，我就会受到激励，伸出援助之手。**（应、续）**2. 为了在这个不断变化的“智能”世界中激发我们的科学创造力，我们正在举办一场科技创新大赛。**（应）**3. 他一出现，观众就爆发出雷鸣般的欢呼声和掌声。受到热情和鼓励的鼓舞，大卫兴高采烈地加快了脚步。2022全国新高考I卷读后续写”越野跑赛” |
| **12. access /ˈækses/ n.通道; 机会 vt.进入;使用** **accessible /əkˈsesəbl/ adj.可到达的；易得到的；易懂的；平易近人的**  |
| 1. It is highly important to bridge the digital divide and make sure that everyone **has access to the Internet** and knows how to use new technology.2.“Come here, son. Dad exclaimed, **wearing an accessible expression.** | 1.消除数字鸿沟、确保每人都能使用互联网并且知晓如何运用新技术，是非常重要的。**（应、续）** *bridge （熟词生义 ）vt.弥合(差距)，消除(分歧)*2.“来这里,儿子。”爸爸叫道，脸上带着平易近人的表情。2021年6月浙江卷读后续写“我的夏日薪水” |
| **13.charity/ˈtʃærəti/ n.慈善;慈善机构(或组织)** |
| 1.Her next goal is to **start a charity website** to raise money for children in poor countries．2.Standing in the hard blowing wind and fluttering dense snowflakes, he was seen busy warmly greeting and saying “Thank you! Merry Christmas!” to **the pedestrians dropping money in the charity box**, a face brimming with happiness. 3.Once admitted, you’ll have the opportunities to experience various activities, including **charity sales,** visiting nursing homes, doing cleaning for the community and some environmental protection activities, which are usually carried out on weekends and holidays.  | 1. 她的下一个目标是创建一个慈善网站，为贫穷国家的儿童募捐。**（应、续）**2. 站在凛冽的寒风中，密密麻麻的雪花飘飘，只见他忙着热情地问候，说着“谢谢!”圣诞快乐!对着往慈善箱里扔钱的行人，脸上洋溢着幸福。**（续）**3. 一旦被录取，你将有机会体验各种活动，包括慈善义卖、参观养老院、为社区做清洁和一些环保活动，这些活动通常在周末和节假日进行。**（应）** |
| **14.go through /gəʊ θru:/ 经历;度过;通读** |
| 1.**Having gone through many hardships together**, the couple love each other more.2. All the candidates are required to **go through a careful selection process** next Monday, so remember to get your performance ready in advance.3.In order to get from what was to what will be, **you must go through what is**. | 1. **在一起经历了许多磨难之后**，这对夫妇更加相爱了。**（续）**2. 所有的候选人都要在下周一**经过仔细的筛选**，所以记得提前准备好你的表演。3.**你现在经历的一切**，都是为了遇见更好的未来！**（续）** |
| **15.tough /tʌf/ adj.艰难的;严厉的** |
| 1.a tough decision to make 2.Tough puffing and panting, I pushed on.3.The strong are not strong before they experience toughly, and the weak are always weak when they are full of fear and negativity. | 1. 艰难作出的决定**（续）**2. 我喘着粗气继续往前走。**（续）**3. 强者之所以是强者，是因为在生活中不甘示弱，奋勇前进。弱者之所以是弱者，是因为在生活中犹豫不决，畏缩不前。**（续）** |
| **16.conference /ˈkɒnfərəns/ n.会议;研讨会;正式会谈** |
| For indoor facilities, there are conference table for discussion and accessible computers which provides a screen and a projector to assist group cooperative learning. | 在室内设施方面，有供讨论的会议桌和可使用的电脑，电脑提供屏幕和投影仪，以协助小组合作学习。2022年6月浙江高考应用文“邀请体验小组学习室” |
| **17.confirm /kənˈfɜ:m/ vt.确认;使确信** |
|  1.Planning to take a group to pay a visit to your school next month, I'm writing to **confirm some information**.2.My teacher's encouragement **confirms me in the belief** that I will surely win the championship of Chinese Poetry Competition.3.At first, Asad wanted to keep it a secret and punished Fahad. **Having confirmed that no one was there**, he quickly took out some money and put the wallet into his pocket with his heart bumping fiercely. It was the first time that he had felt so frightened.  | 1.计划下个月组团到贵校参观，我写信确认一些信息。**（应）**3. 老师的鼓励坚定了我的信念，我一定能在中国诗歌比赛中获得冠军。**（应、续）**4. 起初，阿萨德想要保密，并惩罚了法赫德。在确认没有人后，他迅速掏出一些钱，把钱包放进口袋里，心猛地一跳。这是他第一次感到如此害怕。**（续）** |
| **18.press /pres/ vt.按,压;敦促** |
| 1.**Pressed from his parents**, the boy is determined to stop playing computer games.2.Into this she sank, **pressed down by a physical exhaustion** that haunted her body and seemed to reach into her soul. *haunt /hɔːnt/ v. 常出没于…；萦绕于…* | 1. 在父母的督促下，这个男孩决心不再玩电脑游戏。**（应、续）**2. 她陷在里面，被一种折磨着她的肉体的疲惫压得喘不过气来，这种疲惫似乎深入了她的灵魂。2016年10月浙江高考读后续写“夫妻吵架” |
| **19.in shape /ɪn ʃeɪp/ 状况良好** |
| 1.I must **get in shape**, or I will lose the game.2.It is wrong of you to skip breakfast in order to **stay in shape**.3.That phrase sounds simple, yet influential enough to **shape who I am**. s*hape （名词动词化）vt.影响；塑造* | 1. 我必须保持良好的状态，否则我就会输掉比赛。2. 你为了保持身材而不吃早餐是不对的。1.沿路的风景就像一幅美丽的山水画卷。**（续）**3. 这句话听起来很简单，但却足以影响我成为什么样的人。**（应、续）** |
| **20.keep track of /ki:p træk əv/ 掌握……的最新消息** |
| 1.**Keep track of your efforts** and write down how you feel.2.Not until then did we realize that the last ray of twilight was quickly disappearing among the numerous trees and **we couldn’t find our track at all**! We did get lost! | 1. 记录下你的努力，写下你的感觉如何。**（应）**2. 这时我们才发现，最后一缕晨光正迅速地消失在众多的树林中，我们根本找不到我们的踪迹! 我们确实迷路了!2018年6月浙江高考读后续写“骑马追兔” |
| **21. account /əˈkaʊnt/ n.账户;描述** |
| 1.**On account of** the abrupt flood, houses are destroyed and people are homeless, which requires the whole nation's assistance. 2.Nowadays, many senior school students hardly take part in after-class activities, **which accounts for** their poor health.3.I sincerely hope that you will **take my suggestions into account/consideration**．Looking forward to hearing from you as soon as possible.4. Would you please tell me the specific information of how to contact with the boy and his family? If possible, may I connect with them by myself and **give the money to his family bank account**? | 1. 由于突如其来的洪水，房屋被毁，人们无家可归，这需要整个国家的援助。**（应）**2. 很多高中生几乎不参加课外活动，这是他们身体差的原因。**（应）**3. 我真诚地希望你能考虑我的建议。我期待着尽快收到你的回信。**（应）**4.你能告诉我如何联系这个男孩和他的家人的具体信息吗?如果可以，我可以自己联系他们，然后把钱打到他的家庭银行账户上吗?**（应）** |
| **22.click /klɪk/ vt.&vi.点击** |
| 1.The applause rose to a crescendo and **cameras clicked away.**2.The door **clicked shut** .3.He **clicked his fingers** at the waiter. 4.Polly **clicked her tongue in annoyance**. 5.**Click-through rates** have been high so far. 6.If you are available at 6:00 p.m. (Beijing Time), May 10th, **click in the entry number** (1234) on Zoom.7.After you receive your goods and **click the "confirm receipt" button,** Alipay then gives the money to the seller.  | 1. 掌声越来越来响，照相机咔嚓咔嚓地不停拍照。2. 门咔嗒一声关上了。**（续）**3. 他冲服务员打了个响指。**（续）**4. 波利烦恼地用舌头发出啧啧声。**（续）**5. 到目前为止，点击率一直很高。**（应、续）**6. 如果您在北京时间5月10日下午6点有空，请在Zoom上点击进入号码(1234)。**（应）**7. 收到商品后，点击“确认收货”按钮，支付宝就会把钱给卖家。**（应）** |
| **23.troll /trɒl/ n.发挑衅帖子的人;巨怪，侏儒怪物** |
| They edged towards the open door, mouths dry, **praying the troll wasn't about to come out of it**. With one great leap, Harry managed to grab the key, slam the door and lock it. *( Harry Potter and the Philosopher’s Stone P187)* | 他们慢慢地向敞开的门走去，紧张得口干舌燥，祈祷着巨怪不要从里面出来。哈利猛地一跳，抓住了钥匙，砰地一声关上门，锁上了。**（续）** |
| **24.make fun of /meɪk fʌn əv/ 取笑; 戏弄** |
| 1.with **the bullies and taunts**2.with **jeers and snickering** 3.with **a gibe and a sneer**4.It is wrong to **twit/ tease** a man with (about) his failure.5.You must never **laugh at**/ **make fun of** a classmate who is in trouble. 6.The soldiers **sneered at** their enemies.7.He was **the scorn of** the village.8.We must not **ridicule** his proposal.9.They **mocked at** his fears. | 1.充满讥讽和嘲笑 */tɔːnt/v.奚落，逗弄 n.嘲弄（话），讥讽（话）*2.伴随着嘲笑和窃笑3.带着嘲讽和冷笑4.嘲笑人的失败是不对的。5.你绝不应嘲笑陷人困境的同学。6.士兵嘲笑他们的敌人。7.他是全村的嘲笑对象。8.我们不应嘲笑他的建议。9.他们嘲笑他的恐惧。**（续）** |
| **25.tip /tɪp/ n.忠告; 诀窍; 实用的提示; 小费；末梢，尖端**  |
| 1.She **tiptoed** to the bedside of the sleeping child.2.She **trod** lightly so as not to wake the baby.（tread过去式）3.The thief **slid** into the room.4.She **slipped** away (out, past) without being seen.5.He **stole** into my room.6.**stealthy/silent/quiet /soft/noiseless** footsteps 7.**sneak** in (out, away,back, past,etc.) | 1.她踮着脚走到睡着的孩子床边。2.她轻轻地走，以免惊醒孩子。3.小偷溜进房间。4.她消消溜走(溜出，溜过去)，没人看见。5.他潜入了我的房间。6.很轻的脚步7.偷偷地走进（走出、走开、走回、走过等）**（续）** |
| 1.She came **striding** along to meet me.2.He walked **with vigorous strides**.3.In **a big stride** he came out of the room. 4.A broad shouldered man wearing a dinner jacket **swaggered** confidently up to the stage. | 1. 她大步走上前来迎接我。*stride-strode-stridden vi阔步走*2. 他有力地大步行走。3. 他一个箭步出了房间。4. 一个穿晚礼服上装的宽肩男子仰首阔步自信地走上舞台。*swagger 仰首阔步；神气十足***（续）** |
| 1.The tired children **trailed** along behind their father.2.He **waded** through the weeds on the bank and then into and across the stream.3.He was **trudging** through the deep snow.4.Our horses **plodded** down the muddy track. 5.He was **ploughing** (his way) through the mud. | 1.疲倦的孩子们没精打采地跟在他们父亲的后面。2.他费力地穿过岸上杂草，然后涉过小河。3.他在深雪中跋涉。*trudge （因疲劳或负重而步履沉重地走）费力地走*4.我们的马沿着泥泞小路蹒跚而行。 *plod - plodded 艰难吃力地行走*5.他在泥泞中费力地行进着。**（续）** |
| **26.familiar /fəˈmɪliə(r)/ adj.熟悉;熟知** |
| 1.We started to meet regularly to draw up plans. At first it seemed that he dominated our discussion for he **was familiar with the topic**, but I was the opposite. 2.**Then came familiar voices near me**. That was my family! Instantly, I tried to respond loudly and urgently, “Here! Here!” Within minutes, my family came into my eyes. Rushing towards them, I threw myself to their warm hugs. | 1. 我们开始定期开会制定计划。起初，他似乎主导了我们的讨论，因为他熟悉这个话题，但我正相反。*2022年1月浙江高考读后续写“与学霸做项目”*2. 然后，熟悉的声音从我身边传来。那是我的家人!我立刻大声而急切地回答:“在这儿!在这里!”几分钟后，我的家人进入了我的视线。我冲向他们，扑向他们温暖的拥抱。**（续）** |
| **27.keep ... in mind = learn... by heart 牢记** |
| 1.You must **keep in mind that** it is rude to speak with your mouth full.2.My top tip is to wear face masks and maintain the social distance, because the viruses can spread from person to person in close proximity. It is also important to wash hands regularly and thoroughly with soap, which can kill viruses. **Keep in mind that** it’s not the time to panic, but a time to prepare. Do stock your cupboards with some extra food and cleaning supplies to lower the frequency of hangout. | 1. 你必须记住满嘴食物时说话是不礼貌的。**（应）**2. 我的最大建议是戴口罩并保持社交距离，因为病毒可以在近距离的人之间传播。经常用肥皂彻底洗手也很重要，肥皂可以杀死病毒。请记住，现在不是恐慌的时候，而是准备的时候。在你的橱柜里储备一些额外的食物和清洁用品，以减少外出的频率。**（应）** |
| **28.case /keɪs/ n.盒; 箱; 情况; 案件** |
| 1. I had never **encountered such a case**, so I didn't know what to do.2. Given your superb eloquence and immense enthusiasm in Chinese, I'm wondering if the contest holds a fascination for you, **in which case** you are supposed to submit your application on our school website before Wednesday.3. While admiring all those paintings, I was amazed at the excellent painting techniques **showcased by those talented schoolmates**.  ***showcase /ˈʃəʊkeɪs/展示（本领、才华或优良品质）*** | 1. 我从来没有遇到过这样的情况，所以我不知道该怎么办。**（应、续）**2. 鉴于你的口才和对中文的巨大热情，我想知道你是否对这次比赛感兴趣，那么你应该在周三之前在我们学校的网站上提交你的申请。*2020年1月浙江高考应用文“邀请参加外国学生中文演讲比赛”**superb /suːˈpɜːb/ adj. 极好的；华丽的；宏伟的* *eloquence /ˈeləkwəns/ n. 口才；雄辩* *immense /ɪˈmens/ adj. 巨大的，广大的*3. 在欣赏这些画作的同时，我也被那些才华横溢的同学们展现出来的高超绘画技巧所折服。 *2021年6月浙江卷应用文“ 参观国画展的宣传报道”* |