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Chapter 1 What to learn

• **contagious** [kən'teidʒəs]

A disease that is contagious can be caught by touching people or things that are infected with it.

新冠肺炎的接触传染性很强。

The Novel Coronavirus Pneumonia is **highly contagious**.

*pneumonia *n.* [nju:'məʊniə]

A feeling or attitude that is contagious spreads quickly among a group of people. (figurative)

他的热情富有感染力。

His enthusiasm is **contagious** (=spread quickly to other people)

· **impoverished** [ɪm'pɒvərɪʃt]

extremely poor; without money

这项政策的目的是把投资吸引到贫困地区。

The goal of this policy is to attract investment to the impoverished areas.

一贫如洗的人

poor people

poverty-stricken people

Chapter 2 What to learn

1. 单词和词组（会运用到写作中，除了打*的）

slam	waddle	orphan	bold	capture	strangle
smother	bully	glint	shiver	gloom	cruelty
jail	grip	cane	steely	gaze	terror
splutter	explode	*texture	yelp	spring	dizzy
collapse	frown	in a rage	light up	in one's company	
a heavy heart		in a heap	grab hold of		

• **waddle** ['wɒdl]

to walk with short steps, swing from side to side, like a duck

I remember watching geese **waddle** around our back yard.

傍晚时分，鸭子们摇摇摆摆地来到前门进食他的热情富有感染力。

In the evenings, ducks waddle up to the front door to be fed.

· **strangle** ['stræŋgl]

to kill them by squeezing their throat tightly so that they cannot breathe.

他用自己的围巾把她勒死了。

He strangled her (to death) with his own scarf.

I felt as if the air had been strangled out of me.

这个国家的经济困境正在抑制其科研发展。

The economic depression in this country is strangling its scientific research.

· **smother** ['smʌðə(r)]

If you smother a fire, you cover it with something in order to put it out.

女孩的父母在试图闷熄火苗时也被烧伤了。

The girl's parents were also burned as they tried to smother the flames.

If you smother an emotion or a reaction, you control it so that people do not notice it.

她试图抑制住怒气，帮助他们解决纠纷。

She tried to smother her anger and help them resolve their conflicts.

· **shiver** ['ʃɪvə(r)]

When you shiver, your body shakes slightly because you are cold or frightened.

他在寒冷中发抖。

He shivered in the cold.

一股突然刮来的冷风吹得我打哆嗦。

A sudden gust of cold wind made me shiver.

· **gloomy** ['glu:mi]

nearly dark, or badly lit in a way that makes you feel sad

= **depressing**

从阴森森的房间里走出一个老人。

An old man walks out the gloomy room.

If people are gloomy, they are unhappy and have no hope.

米勒对这位严肃的美国剧作家的命运感到忧伤。

Miller is gloomy about the fate of the serious playwright in America.

• **collapse** [kə'ləps]

If a building or other structure collapses, it falls down very suddenly.

房顶在雪的重压下突然坍塌下来。

The roof collapsed under the weight of snow.

If you collapse, you suddenly faint or fall down because you are very ill or weak.

他在家中进行了一段时间的剧烈运动后倒下了。

He collapsed following a vigorous exercise session at his home.

· **spring**

When a person or animal springs, they jump upward or forward suddenly or quickly.

他跳了起来，从咖啡桌上抓起他的钥匙。

He sprang to his feet, grabbing his keys off the coffee table.

狮子吼了一声，跳了起来。

The lion roared once and sprang.

· **gaze** [geɪz]

If you gaze at someone or something, you look steadily at them for a long time

她诧异地注视着他。

She gazed at him in amazement.

他一连几小时坐在那里茫然地看着前面。

He sat for hours just gazing into space.

1. The Novel Coronavirus Pneumonia is highly contagious.
2. His enthusiasm is contagious (=spread quickly to other people).
3. The goal of this policy is to attract investment to the impoverished /poor/poverty-stricken areas.
4. I remember watching geese waddle around our back yard.
5. He strangled her (to death) with his own scarf.
6. The economic depression in this country is strangling its scientific research.
7. She tried to smother her anger and help them resolve their conflicts.
8. A sudden gust of cold wind made me shiver.
9. The roof collapsed under the weight of snow.
10. He sprang to his feet, grabbing his keys off the coffee table.
11. He sat for hours just gazing into space.

1. My life has been full of ups and downs, and during my childhood the downs seemed to rain on me like a never-ending storm.
2. My body was shivering with fear/terror.
3. I walked up the stairs with jelly knees/my knees trembling.
4. He stared down in horror at the deep bite marks on his had.
4. I suffered verbal and physical abuse from my stepfather, because he was determined to crush me both physically and mentally.
5. No sooner had these words left my mouth than he grabbed hold of my head and began slapping me.
6. The wolf sank its sharp fangs/teeth deeply into the prey's body.
7. My mother seemed to light up in his company.
8. I had a very heavy heart when Peggotty and I had to return home.
9. She got up in a rage and stormed out, with the slamming of the door.
10. I felt as if the air had been strangled out of me. Mr. Murdstone was the kind of man that smothers all hope and happiness.