**《高二七彩阳光期中考续写：害怕跳水的男孩》学案**

补全句子练习

1. Para 1：The first raindrop hit his cheeks as Ethan inched toward the trembling edge.

- His palms, still sweaty from \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_（紧握栏杆）, slid slightly on the wet wood, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_（如同他翻涌的胃袋一样回响着） 。The board creaked—a sound that \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_（与他狂跳的心跳相匹配） 。

- “You’re my hero,” his sister’s voice \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_（在风雨中低语）, mixing with Coach Miller’s words: “Fear’s just a bully.” Ethan stared at the lake, where dark clouds \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_（像他童年的怪物一样泛起涟漪） 。

- But this time, instead of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_（退缩）, he closed his eyes and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_（想象着妹妹信任的目光） 。With a breath that \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_（像他脚下的跳板一样颤抖着）, he let go of the railing.

- Time seemed to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_（被拉长） 。He felt the cold rain on his face, heard his own heartbeat \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_（在耳边咚咚作响）, and then—the water rushed up to meet him.

2. Para 2：The water was colder than expected, but the darkness never came.

- Instead of the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_（记忆中令人窒息的禁锢感）, there was only the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_（刺骨的凉意）, waking his muscles into motion. He kicked hard, arms \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_（像杰克那样双臂如刀般破水）—not the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_（溺水男孩的慌乱扑腾） 。

- When he \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_（浮出水面）, sunlight hit his face, and he heard cheers—his sister’s voice, Coach Miller’s claps. His lungs \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_（充满空气）, not water, and a smile \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_（在他脸上绽开） 。

- He realized fear wasn’t gone, but it had \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_（缩小） 。Like a bully who \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_（当你直视它时就失去威力）, his fear was just a shadow now.

- Once, the diving board was the start of his \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_（心跳狂乱和恐惧的起点）; now, as he \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_（踩水）and looks up, the swaying planks seem to mark a brand - new starting line—where fear is overcome, a new challenge always begins.

答案

1. Para 1

- gripping the railing；echoing the churn in his stomach；matched his racing heartbeat

- whispered in the storm；rippled like the monsters of his childhood

- shrinking back；visualized his sister’s trusting gaze；shuddered like the board beneath him

- stretch thin；drumming in his ears

2. Para 2

- choking grip of memory；sharp bite of cold；slicing through the water like the knife Jake had been；thrashing of a drowning boy

- broke the surface；filled with air；spread across his face

- shrunk；lost its power when you stared it in the eye

- racing heart and fear；treads water