

知识产权声明



感恩遇见，相互成就，本课程资料仅供您个人参考、教学使用，严禁自行在网络传播，违者依知识产权法追究法律责任。

更多教学资源请关注
公众号：溯恩高中英语

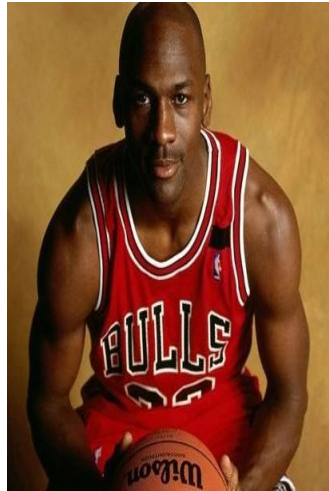


Unit3

Sports and Fitness

By Lily

Choose your favorite athletes



page

1

2

3

...

Comments:

Anna: Lina is the best, anyway.



Mike: James, My hero!@Jackson



Cindy1: Kobe, my forever dream!





Living Legends

“legend”:

someone who is famous and admired for being extremely good
at doing something.

———*Longman Dictionary*

**Lang
Ping**



Find the descriptions of Lang ping



As **a player**, Lang Ping brought honour and glory to her country.

Q1: Why did the writer say so?

As **a coach**, she led the China women's volleyball team to medals at world championships and the Olympics.

Q2: What example did the writer use ?

As **a person**, Lang Ping is loved by fans at home and abroad.

Q3: Why is Lang ping still loved by people ?

Lang Ping's career as a Player:



1960 • Lang Ping was born.

1981 • The 3rd World Cup

1982 • 9th World Women's Championship

1984 • The LA Olympics

1985 • 4th World Cup

1986 • 10th World Cup

1986 • Lang Ping retired.



As a coach, she led the China women's volleyball team to medals at world championships and the Olympics.

Q2: What example did the writer use ?

the 2015 World Cup

**Her determination was tested
a big challenge**

Losing two important players

The team that Lang Ping had built was falling apart.

崩塌，分解

Lang Ping's attitude:

Not lose heart; confident; calm



As a person, Lang Ping **is loved by** fans at home and abroad.

Q3: Why is Lang Ping still loved by people ?

Lang Ping's Charm

her capability

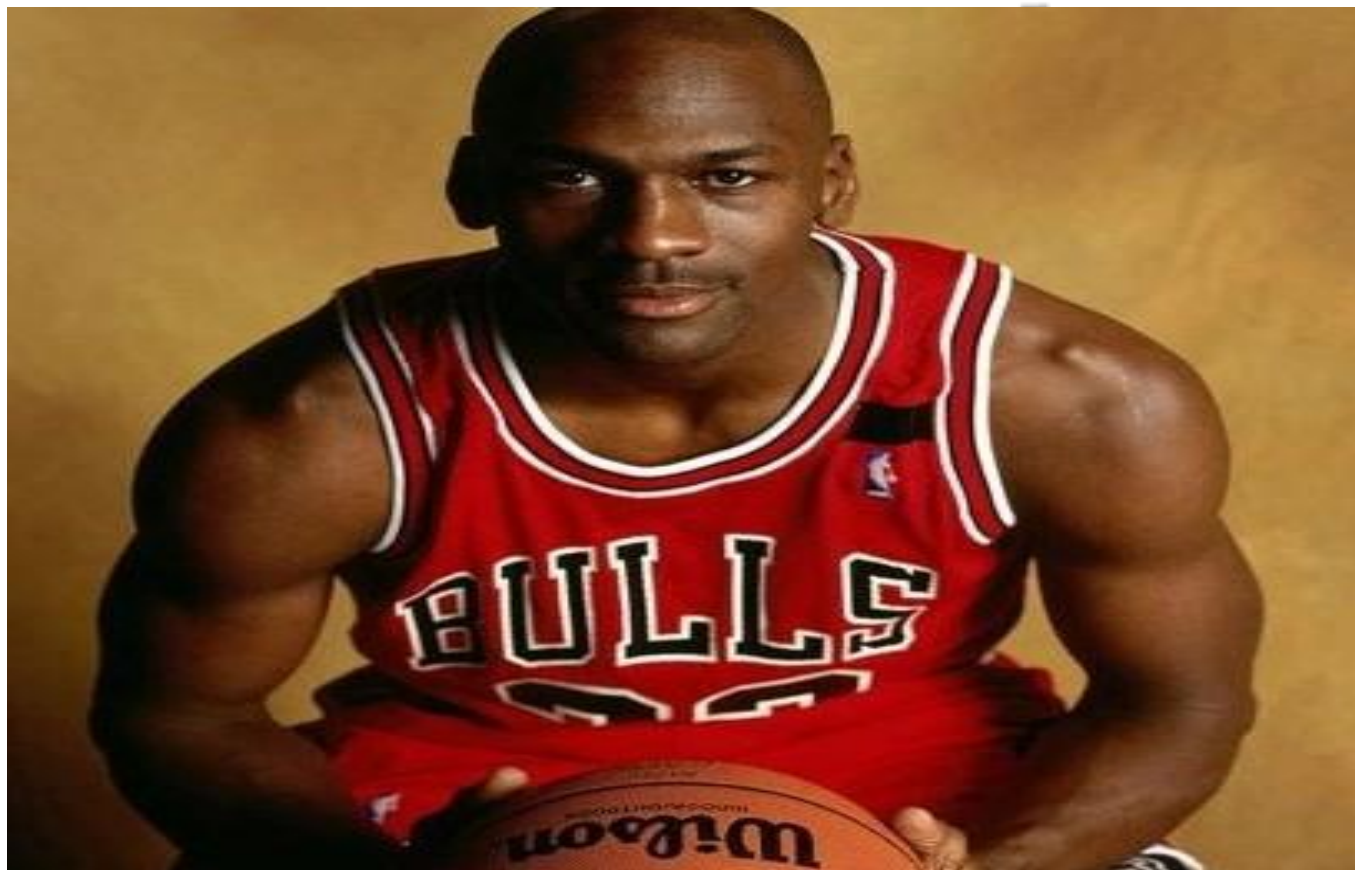
as a player
as a coach

her personal qualities

determined,
brave, devoted, inspiring

A Legend

Michael Jordan



Jordan as a legend

his skills

his mental strength

[...] Jordan's skills were impressive, but the mental strength that he showed made him unique. [...]

Transitional sentence (过渡句)

1. How impressive were Jordan's skills?

2. What kind of mental strength does Jordan have?

1. How impressive were Jordan's skills?

stop moving

“ When Michael Jordan's feet left the ground, time seemed to stand still.”

What rhetorical device (修辞手法) hyperbole 夸张

his graceful moves and jumps in seconds

“Air Jordan”



“ In the final seconds of a game, Jordan always seemed to find a way to win. ”

Q: How did the Jordan make it?

Q: What mental strength does he have?

2. What kind of **mental strength** does Jordan have?

Jordan is positive, strong-willed and determined.

Supporting Evidence

What Jordan says

Jordan says, "I can accept failure; everyone fails at something. But I can't accept not trying."

What Jordan does

In life, Jordan has learnt to share his success with others.

devoted

generous/ kind

inspiring
激励人的

Summary and Comparison

Two legends	Lang Ping	Jordan
descriptions of capability	As a player,...As a coach,... As a person,...	When..., time seemed to stand still. In the..., he always seemed to...
Rhetorical Device (修辞)	parallelism (排比)	hyperbole (夸张)
supporting Evidence (支撑材料)	An example: 2015 world cup	Jordan's words and his actions
Personal qualities	determined; brave; devoted; generous	determined; devoted; generous; inspiring

Thinking: What can we learn from these two living legends?

Thinking: What can we learn from these two living legends?

“As an ace, you have to face all the challenges.”

---Lang Ping, 2015 World Cup.

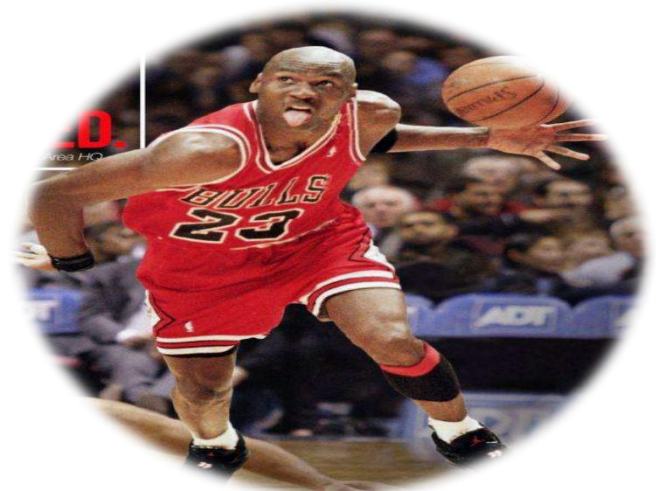


“The spirit of women volleyball team is not to win the championship but to make every effort to it even though you have known that you will lose.”

----Lang Ping, 2015

“I can accept failure; everyone fails at something.
But I can't accept not trying.”

-----Jordan



Introduce Your Legend of Sports

What's the legend of sports in your heart?

Write an introduction of your legend and send to us.

The Living legend

Who:

His or Her capability:

His or Her personal qualities:

Supporting Evidence:



Homework:

1. To polish the draft.
2. To search for more supporting evidence about the legend you choose and polish the writing.

One possible example:

The Living legend— Kobe Bryant

hyperbole (夸张)

— Project

Kobe's capability

"Have you seen the LA at the 4:00 am?" Kobe Bryant did it for many times in his basketball training. When Kobe threw the ball, the ball seemed like a bullet, sharp and precise. His **perfect and graceful skills** made him the rising NBA star after Jordan. In his **career, he brought honour and glory** to his team with lots of achievements, such as 15 times of all-NBA teams, once MVP in regular season, 4 times of all-star MVP, 2 times of final MVP, 5 times of NBA **championship** and Two Olympic **champions**.

Supporting Evidence:

Kobe's traits
Kobe's skills were impressive but the mental strength he showed made him unique and loved by so many fans. Every match with Kobe was a wonderful and exciting performance. In the match, all the audience could feel his aggressiveness and the eager of victory. Failure never let him improve himself to win every game. As the leader of Lakers, Kobe never let people down. He was always calm and got the key score for the team at last just like what he said, "We do not retreat, we do not shrink, we do not run away, we insist, and then conquer our opponents?" It was famous Mamba Mentality. Unfortunately, on January 27, 2020, Kobe Bryant died in a plane crash, but his Mamba Mentality will make 1

Content: Rich and Persuasive

Structure: Clear and logic

Language: Correct and Colourful



Thank You!
