

Mike's Lucky
Ice Cream



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读后续写

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Reading

Mike licked the last of the mint chocolate chip ice cream. It was almost time to leave. He jumped into the car which his parents and headed off to the Olympic-sized pool for the big swim meet.

When his race came up, Mike was confident. He was strong and swift. Mike climbed out the pool, smiling. He had just won first place, making him the fastest boy in his age group.

“Congratulations, son, “ his father said. His mom gave him a hug, even though he was soaking wet.

A week later, it was time for another swim meet, Like before, Mike decided to enjoy his favorite ice cream flavor. Mike remembered that the last time he had won a race, he also ate mint chocolate chip ice cream first. Maybe he'd win again.

He's taken first place again in his race. Mike was feeling pretty good. As it turned out, Mike decided to have some mint chocolate chip ice cream before every one of the next few swim meets. He began to think of it as his lucky charm. After several months of placing in the top positions of every race he swam. Mike was feeling unbeatable, And he wouldn't admit it, but all that ice cream was adding a few pounds to his athletic swimmer s build.

Reading

It didn't take long after that for Mike to start coming in second place -and then third and then last place in his races. The lucky mint chocolate chip ice cream had lost its magic.

On the day of his next swim meet, his mother sat down at the table with him. "Mike, we all love ice cream, but it's not healthy for your body to eat so much of it. Maybe it's time to quit the sweet treats for a while, especially before you go swimming."

Mike unwillingly agreed. He went to the swim meet, and didn't perform well. His father offered to go running with him a few days a week to help him feel better and strengthen his muscles. The extra weight soon disappeared, and Mike found himself breathing easier at swim practices.

Paragraph 1: *It was the last meet of the season, and Mike wasn't sure what to expect.*

Paragraph 2: *Finally came the end of the race.* _____

Understand the story

Mike was a strong and swift swimmer. He used to eat mint chocolate chip ice cream before a big swim meet. The ice cream seemed to work its magic and Mike won two first places in a row. Considering it a lucky charm, he thus formed the habit, as a result of which he began to put on weight. And it, in turn, led to her worse performance in the swim meet.

Realizing where the problem lay, father suggested Mike quit the sweets and exercise more to strengthen his muscles. Thankfully it worked; Mike found it easier to breathe while practicing for the last meet of the season.

Understand the story: story line + emotional line

	Mike's performance at the swim meet	How he dealt with the ice cream	What he thought of the power of ice cream	His emotions
The first two meets	won first place	enjoyed it	lucky charm	confident, feel good 
The following meets	second— third-- last	enjoyed it	lost its magic	
recovery	go running with father	unwillingly quit	lost its magic	weight disappeared, breathing easier 
The last meet	?	?	?	?

Underlined words:

① **parents** His parents' words urged him on, and finally he
② **ice cream** made it back in the first place.

③ **race** Looking back, he was full aware that ice cream
④ **pool** was never his lucky charm, but his curse.

⑤ **lucky charm** Something worked its magic, and he was back
⑥ **first place** on the top again.

⑦ **magic** A life without ice cream not only brought back a
⑧ **won** healthy body but also won him the first place in the
⑨ **perform** swim meet.
⑩ **healthy**

Tip1: Try to make up the plot with the help of the underlined words.

Tip2: An abstract noun can help you carry the message of the story.

Design the plot

1. It was the last meet of the season, and Mike wasn't sure what to expect. _____

Q1: Was he optimistic or pessimistic about the coming race?

Q2: What made him regain confidence?

Q3: How did he perform in the race?

2. Finally came the end of the race. _____

Q1: What was the result of the race?

Q2: How did his teammates react to his performance?

Q3: What was his reflection on the ice cream? / How did his parents perceive his performance?

Design the plot

1. It was the last meet of the season, and Mike wasn't sure what to expect. _____

1. Mick was not so confident about the meet.
2. Something made him determined to make every effort.
3. He joined in the race.

2. Finally came the end of the race. _____

1. He made every last effort to win the race.
2. His teammates came to congratulate on his success and were curious about how he made it.
3. Mick realized what his lucky charm was.

Micro-writing 1:

How to describe a scene of congratulating:

1. When the judge announced the result, thunderous applause filled every corner of the stadium.
2. His teammates gathered around him, offering their congratulations to him, throwing him in midair.
3. The whole room was filled with thunderous applause.
4. People broke into a storm of applause.
5. Everyone started to clap their hands and the applause was deafening.

A possible version:

It was the last meet of the season, and Mike wasn't sure what to expect. He'd been training hard with his dad, and staying away from the rich desserts he enjoyed so much. He felt healthy again, but he didn't know if he still had any speed in the pool. As he dove into the water, he kicked his legs and stretched his arms as far as he could. This race was a long exhausting one with several laps, but Mike found the power in his muscles he needed to surge ahead. Finally, his hand touched the edge of the pool. (89)

Finally came the end of the race. He lifted his swim goggles off his head and looked at the times on the electronic board. His jaw dropped as he realized he had beaten his own best time, and everyone else's too. Mike had won his race, and also qualified for the national championships. The audience and his teammates cheered loudly, and his parents were grinning from ear to ear. “Let’s go grab some of your favorite ice cream and celebrate!” said his father. “Thanks, Dad, but I’ll skip ice cream; it’s not such a lucky charm after all!”

下水作文:

It was the last meet of the season, and Mike wasn't sure what to expect. The previous failures actually came as a terrible blow to him, and he could never afford another one. However, the better physical condition and former success in the meets convinced him that he still stood a chance of winning. At the signal , he immediately dived into the pool and swam forward as fast as he could, determined to win back the first place. Though a little behind other swimmers, he soon caught up and came very close to the fastest one. What a close race! The whole hall suddenly fell silent, forgetting to breathe. (93)

Finally came the end of the race. And Mike narrowly defeated other swimmers, taking first place again. When the judge announced the result, thunderous applause filled every corner of the stadium, indicating that he had again made it. Mike could hardly hold back his tears, glad that months of going without ice cream and running with his father finally paid off. And his teammates gathered around him, offering their congratulations to him, throwing him in midair. Reflecting, Mike was well aware that ice cream was never, and would never be, his lucky charm. His will to win was, instead!

Another possible ending:

Later, when his parents offered to treat him to his favorite ice cream, he simply refused, jokingly saying it would never be his lucky charm again.

Thank you!

潮恩教育



I am not a prisoner of honor, and by energy and confidence I can overcome the greater obstacles.

我不是荣誉的俘虏，我有力量和信心可以克服更大的艰难险阻。