

making amends. People can say sorry and not mean it. Or, some people give a sincere apology but never change their behavior. What's the point of apologizing if you're going to do the same thing again? Sorry is just a word — actions are what matter.

Apologizing can be tiring. Once you say sorry, you're accepting responsibility. There's no need to blame yourself for something that isn't your fault. Conversely, it's tiring to hear "sorry" and have that person do the same thing again. Deeds speak louder than words. So start making changes instead of saying unnecessary sorry.

24. What happened to the author in the dining hall?

- A. She was knocked down by the huge crowd.
- B. She apologized to those who crashed into her.
- C. She couldn't find her way in the crowded place.
- D. She was busy on her phone and didn't notice others.

25. Which is the reason for the author's saying more sorrys in her life?

- A. She is always taught to behave herself in the public area.
- B. She feels guilty for the trouble caused by her carelessness.
- C. She believes that women should apologize to show politeness.
- D. She apologizes just to avoid unnecessary argument with others.

26. What does the underlined word "prevalent" mean in the third paragraph?

- A. Widespread.
- B. Uncommon.
- C. Significant.
- D. Unnoticeable.

27. What does the author suggest people do?

- A. Avoid saying sorry.
- B. Deny taking responsibility.
- C. Keep on blaming others.
- D. Set about making changes.

C

Hannah Huxford encountered the fry-stealing gull in Bridlington, a coastal town on the Yorkshire coast. Huxford snapped the well-timed photo on her iPhone in 2011; it went viral soon after. A decade later, the fry-stealing gull is appearing on billboards, as part of an advertising campaign for Google.

Researchers recently discovered that food may actually become more attractive to gulls when the birds observe humans handling it first, according to a 2020 study published in the journal *Royal Society Open Science*.

Because the birds seem to be attracted to food items that they've watched humans touch, another of the study's authors, says that it's even more important to properly throw food waste and snack wrappers in the trash. "Our findings suggest that gulls are more likely to approach food that they have seen people drop or put down, so they may associate areas where people are eating with an easy meal," Dr. Laura Kelley said.

The scientists approached 74 herring gulls in coastal towns in Cornwall, tempting them with weighted bags of fried potatoes. Only 19 gulls were curious or hungry enough to linger (逗留), allowing the scientists to place the bag on the ground and retreat a short distance away, waiting in a crouched (蹲下) position to see if a gull would approach.

Their experiments demonstrated that gulls were more cautious about approaching a tempting treat if there was a person nearby who was watching them closely. However, the scientists also found that far fewer of the birds than expected showed interest in investigating the food at all when being stared at.

In fact, people may be able to protect their lunches from gulls by avoiding areas where the birds tend to gather and keeping a closer eye on their meals, she added. "Gulls have a bad reputation but, like all animals, they are just trying to survive," Goumas said. "We can try to alleviate the conflict we have with them by making changes in our own behavior."

28. Why does the author mention "the fry-stealing gull photo" in Paragraph 1?

- A. To open up the topic.
- B. To kid about the gull.
- C. To tell us an episode.
- D. To introduce the background.

35. Which of the following can be the best title for the text?

A. Eat Less, Live Longer

B. Eat Later, Be Fatter

C. Eat Better, Live Healthier

D. Eat More, Feel Hungry Later

第二节 (共 5 小题; 每小题 2.5 分, 满分 12.5 分)

阅读下面短文, 从短文后的选项中选出可以填入空白处的最佳选项。选项中有两项为多余选项。

The cost of everything — from fuel to food — seems to be rising around the world. So, growing our own food is a good way to save money. 36. Here is some good news: There are many ways that home gardeners can save money while providing their plants with high-quality nutrients.

Consider cut grass. If you leave cut grass on the lawn, you may not need fertilizer. As grass breaks down, it releases nutrients into the soil. 37. However, do not use fresh cut grass in garden beds. It will burn your plants. Just be sure to bury cut grass at least 25 to 30 centimeters deep. This will keep hungry wildlife from digging it up.

Compost (堆肥) is the best thing you can add to soil. To make your own compost, simply collect fruit and vegetable scraps (碎片). Do not add meat, dairy, or fats. You can keep the food scraps in a bowl in your kitchen. 38. As the scraps break down, they add nutrients.

39. Are you someone who fishes? If so, you can use scraps from the fish you catch. If not, your local fish seller might give away — or sell at low cost — scraps and heads. Are you a fish owner? Plants can also be helped from used fish-tank water. This water is rich in nitrogen and other nutrients. Do you cook vegetables in water? If so, save it! The water is filled with vitamins and minerals that could help your garden. And water from boiled eggs is full of calcium. 40. You can even use eggshells. Dry out the egg shells thoroughly. Then break them up into tiny pieces. Add the small pieces to your garden's soil.

A. Fish fertilizer works well

B. This will help grass to continue to grow

C. This is also useful for tomatoes and peppers

D. Use leftover materials from around your house

E. However, the cost of gardening materials has also been rising

F. Bury the material directly in the garden soil whenever it fills up

G. Just make sure to let the water cool to room temperature before using it

第三部分 语言运用 (共两节, 满分 30 分)

第一节 (共 15 小题; 每小题 1 分, 满分 15 分)

阅读下面短文, 从每题所给的 A、B、C、D 四个选项中选出可以填入空白处的最佳选项。

In 2016, Linda Durrence and her husband suffered the loss of their oldest daughter. Then they 41 to Glennville, Georgia, and attended church every Sunday.

One Sunday, they met three sisters adopted by a family nearby. The couple became good friends with them 42, so when the girls were going to be put in 43 homes a few years later, they turned to Linda Durrence for help.

The oldest sister had turned 18 and left the care system, and Linda didn't 44 to welcome the younger two girls into her home with open arms. "The first thing that broke my heart was that they came with a 45 bag that wasn't even halfway full of clothes that didn't 46 them," Linda recalled. What Linda and her husband did first was to take the girls to go 47. "We watched them coming from a place of 48 brokenness and they blossomed," said Linda.

The idea of blossoming 49 in her mind, as did the image of the children 50 with just a garbage bag full of too-small clothes. "I couldn't forget that," she said.

Last December, Linda opened Blossom, a shop giving out free 51 to anyone in need. At Blossom, families can choose seven full sets of clothes and shoes free of charge. They can come back every 52 for size and season changes. She's relying on 53 from kind-hearted people to keep the shop going.

Linda hopes that getting new clothing will 54 adopted children's confidence. She wants them all to have the same 55 to blossom as her own children.

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|---------------------|----------------|-----------------|----------------|
| 41. A. skipped | B. sank | C. moved | D. revolved |
| 42. A. immediately | B. frequently | C. suddenly | D. logically |
| 43. A. innocent | B. ideal | C. influential | D. separate |
| 44. A. hesitate | B. expect | C. arrange | D. struggle |
| 45. A. luggage | B. garbage | C. fabric | D. document |
| 46. A. fit | B. wrap | C. stuff | D. appeal |
| 47. A. hiking | B. shopping | C. diving | D. walking |
| 48. A. premier | B. fair | C. mature | D. pure |
| 49. A. shifted | B. faded | C. stuck | D. flashed |
| 50. A. turning down | B. turning up | C. turning over | D. turning out |
| 51. A. leaflets | B. possessions | C. items | D. ingredients |
| 52. A. year | B. month | C. hour | D. quarter |
| 53. A. savings | B. donations | C. belongings | D. earnings |
| 54. A. represent | B. undermine | C. distribute | D. enhance |
| 55. A. highlight | B. priority | C. opportunity | D. category |

第二节（共 10 小题；每小题 1.5 分，满分 15 分）

阅读下面短文，在空白处填入 1 个适当的单词或括号内单词的正确形式。

Going against the tide of flocking to well-known yet generally jam-packed tourist destinations on vacation, a 56. _____ (grow) number of holidaymakers in China are spending their leisure time at lesser-known resorts to seek unique, relaxed holiday experiences.

In recent years, "reverse tourism" 57. _____ (emerge) as a new trend among young holidaymakers in China. During the weeklong public holiday, 58. _____ ended on Oct 7, large numbers of vacationers, especially young 59. _____ (profession) who long to escape busy city life, avoided popular holiday destinations in order to get off the 60. _____ (beat) track and enjoy some peace and quiet.

According to data from online travel agency Qunar, the number of rooms booked at hotels in less-traveled cities during the holiday was up 30 percent year-on-year. Some young people who normally have little time for 61. _____ (they) simply had a staycation in a hotel to make the much-awaited pause 62. _____ (relax) than staying at home. Besides crowds, some vacationers chose less-traveled places to save on the cost of trips to popular destinations, which often involve pricey tickets, meals and hotel stays. Different 63. _____ popular destinations, some underexplored places with little online 64. _____ (expose) can offer more surprises. So reverse tourism will become one of the future directions for the market and is 65. _____ opportunity for growth comparable to the camping economy.

第四部分 写作（共两节，满分 40 分）

第一节（满分 15 分）

假定你是李华，想邀请你的美国朋友 Mary 一起参加滑雪训练营。请你给她写封邮件，内容包括：

1. 训练营的时间、地点；
2. 选择此训练营的原因；

注意：》

1. 词数 80 左右；
2. 可以适当增加细节，以使得行文连贯。

Dear Mary,

Looking forward to meeting you at the training camp.

Yours,

Li Hua

第二节（满分 25 分）

阅读下面材料，根据其内容和所给段落开头语续写两段，使之构成一篇完整的短文。

Twenty years ago, my mother, who was in her early eighties at that time, arrived for her regular two-week visit at my home in Chertsey. She lived with my elder brother in Derek most of the time and for ten years had stuck to her habit of going for an hour-long morning walk to keep fit. In Derek, she would walk around a park that is quite close to my brother's house. Naturally, she was keen to continue her morning walk while with us in Chertsey.

Our preferred park was a 2 km walk from my house and it had a 1 km walking track. I could not drive her there every day as I had to leave for the office at the same time she wanted to set out. Since there were hardly any footpaths in Chertsey, my mother said she was delighted to walk on the road as she was certain there wouldn't be much traffic in the morning.

I was less confident so I suggested it would be safer if she changed her walk time to the evening. That way I could take her to the park after work. However, my mother — a determined person — said that she could not change her routine for just a few days and insisted that she would be leaving the house every day at 7 am and returning by 8 am. She started doing this and stuck firmly to her schedule. So one day when she had not returned by 8:30 am, my wife, Qaisa, phoned me in a panic. Worried, I immediately drove home, taking the same route that my mother would have taken for her walk.

Not spotting her anywhere, I went to the police station to report my mother's disappearance. The station house officer advised me to wait until midnight before filling the report. Since it was only 10 am, I drove back to the park, in the hope of discovering some trace, but in vain. Totally at a loss for what to do next, I returned home and waited impatiently, walking back and forth in the house.

注意：续写词数应为 150 左右；

At 11:10 am the doorbell rang and my mother stood outside the door smiling, accompanied by a young woman. _____

After knowing what had happened, I showed my appreciation of her kindness. _____
