

2023年高三年级第三次适应性检测

英语试题

注意事项：

- 1. 答卷前，考生务必将自己的姓名、准考证号填写在答题卡上。
- 2. 回答选择题时，选出每小题答案后，用铅笔把答题卡上对应题目的答案标号涂黑。如需改动，用橡皮擦干净后，再选涂其他答案标号。回答非选择题时，将答案写在答题卡上，写在本试卷上无效。
- 3. 考试结束后，本试卷和答题卡一并交回。

第一部分 阅读（共两节，满分 50 分）

第一节（共 15 小题；每小题 2.5 分，满分 37.5 分）

阅读下列短文，从每题所给的 A、B、C、D 四个选项中选出最佳选项。

A

OUR RATING:

Best for Vehicle Relocation

★★★★☆ 4.7/5



... it's  
...eds or  
...os and

With over 90 years of experience, the moving company has finished over 750,000 moves in different states in the U.S. in the last 15 years alone.

OUR RATING:

Most Experienced Mover

★★★★☆ 4.5/5



AVL focuses on providing highly experienced and skillful movers to your packing services. The moving company provides its services in every state.

OUR RATING:

Best Full-Service Mover

★★★★☆ 4.8/5



ost

IVL provides its packing and moving services for both local and long-distance moves in all 50 states, as well as 180 countries. And the company allows you to have control over your packing experience.

Pros and Cons

OUR RATING:

**Best for Claims**

★★★★☆ 4.6/5



This full-service moving company has more than 80 years of moving experience and a network of more than 500 locations nationwide.

**Pros and Cons**

- ✓ Online shipment tracking
- ✓ Moving containers available for interstate moves
- x Service and experience may vary by agent
- x No instant online quotes

1. Which of the following companies rates highest?

A. Allied.

B. American

Van Lines.

C. International Van Lines.

D. North American Moving

Services.

2. What is the advantage of American Van Lines?

A. It gives pricing information online.

B. It is experienced in packing expensive items.

C. It has moving containers for interstate moves.

D. It guarantees the lowest price of the same service.

3. What do the four companies have in common according to the text?

A. They feature highly skilled movers.

B. They have over 80 years of experience.

C. They can provide moving services nationwide.

D. They can offer services for customized packing.

B

In 2014, Mahoney performed an act of kindness as part of a Facebook challenge. She picked a 79-year-old senior named Wagner, who regularly gave back to the community. Mahoney wanted to know Wagner better, so they spent a day together, picking up groceries and getting their nails done. "It was the first time in years that someone had made a day about her," says Mahoney.

Their shared experience got Mahoney thinking. How many other seniors might benefit from dedicated attention? She came up with a plan: find local seniors with long-time dreams and work to fulfill their wishes. She named the new charity: We Are Young, or WAY for short.

Seniors can nominate (提名) themselves or be nominated by someone else; wishes are then assessed by a community committee that looks at factors such as age-related physical barriers, social isolation and financial need.

Melanie nominated her husband, 78-year-old Victor, to go rock hounding, a hobby he'd given up when it became too physically difficult to access the bay where he hunted for geodes (晶洞). The team at WAY hired a boat for him and his son so they could reach the bay and search out geodes on the beach. "Now, Victor has regained his self-confidence and is willing to take on new challenges. We want to show that anything is possible with the support of others," says Mahoney.

Up to now, WAY has delivered on 41 dreams, ranging from a helicopter trip over a childhood blueberry-picking spot to travelling to Toronto to watch a Blue Jays game. While her charity operates only in Nova Scotia, Mahoney has her own dream. Each WAY wish is

recorded on video, and she wants people watching to be inspired to fulfill a wish for a senior in their own community. "We want to create a national movement that shifts how we as a society view, value and support seniors," says Mahoney. "That is the impact we're trying to create."

4. Why did Mahoney set up WAY?

- A. To complete a Facebook challenge.
- B. To give back to local communities.
- C. To do daily chores for the elderly.
- D. To help seniors realize their goals.

5. How has WAY affected Victor?

- A. He has made more friends.
- B. He has started a new hobby.
- C. He has become high-spirited.
- D. He has regained his son's support.

6. What does Mahoney intend to do by recording videos?

- A. Rise to fame and fortune overnight.
- B. Keep memories alive for the elderly.
- C. Positively change our attitude towards the elderly.
- D. Improve interpersonal relationship in the community.

7. What is the text mainly about?

- A. Lifelong dreams.
- B. A charity for seniors.
- C. Problems seniors meet.
- D. An unforgettable experience.

C

By 2050, 68% of the global population will live in cities. That's 2.5 billion more people than today. In Europe, three out of four of us already live in urban areas, and the consequences of that are becoming clear. Researchers estimate that nine million people die every year as a direct result of air pollution. As our cities grow and more people move into already crowded spaces, what do we need to do to transform our urban areas into healthy places to live? An increasing body of research tells us that we should be letting nature back in.

Green spaces in cities mitigate the effects of pollution and can reduce a phenomenon known as the urban heat island effect, which refers to heat trapped in built-up areas. The effect appears in towns and cities where the heat generated by people, transport and industry is trapped in the narrow roads and concrete structures, unable to escape to the atmosphere. This can bring the temperature in urban areas up 3-4°C higher than the surrounding countryside, and with that comes a severe cycle. Increased temperatures in summer lead to an increased demand for cooling. This expands our energy consumption, which in turn build up fossil fuel consumption, increasing pollutants in the air and harmful smog on our streets.

Planning cities to include green spaces wherever possible is the first step in making our urban areas healthier. For example, adding a layer of vegetation to rooftops and creating green roofs has proven to reduce the urban heat island effect. Trees in our streets also play their part, and a variety of tree species can have a profound effect.

Simply having access to green spaces in cities can do wonders for our stress levels and concentration at work. "People need to interact with nature whenever the opportunity arises. Something as simple as a five-to-ten-minute break during the workday can improve well-being and boost productivity." Cecil, an expert studying nature in cities says.

8. How does the author bring in the topic in paragraph 1?

- A. By presenting facts.
- B. By listing examples.
- C. By comparing numbers.
- D. By questioning an estimate.

9. What does the underlined word "mitigate" mean in paragraph 2?

- A. Overcome. B. Change. C. Ease.  
D. Shift.
10. What might be a consequence of the urban heat island effect?  
A. Lower temperature. B. Energy regeneration.  
C. Fuel shortage. D. Air pollution.
11. Which of the following can be the best title for the text?  
A. How to Let Nature Back In  
B. Why We Need Green Spaces in Cities  
C. Heat Effect: An Unavoidable Urban Trouble  
D. Green Roofs: Tiny Urban Forests

For much of human history, ethical (道德的) behavior has been guided by the Golden Rule: do to others as you would have them do to you. But the rule is imperfect. What you want in a given situation may not be what another person desires at all.

Chochinov describes this principle in his essay published last year. He begins with a story about a health crisis affecting his sister Ellen, who was severely disabled. The care doctor, after seeing her twisted (扭曲的) body, was weighing whether to insert a breathing tube when he asked Chochinov a strange question: Did Ellen read magazines? “The question was frightening.” Chochinov writes, “this was not an attempt to get to know Ellen ... but rather a way to decide if hers was a life worth saving.” Ellen read widely and enjoyed many simple pleasures of life, but the gap between her life as a person who uses a wheelchair and the doctor’s sense of what he would want in her situation was too vast to be bridged by the Golden Rule. “That’s when judging from where you stand what another might need or want begins to break down,” Chochinov explained.

In certain cases, doctors may find it hard to apply the platinum rule. But there is value in the effort: at the very least, their trying to work through it will ensure that they have sufficient modesty about the wisdom of their choices.

- A. To strengthen ethical behavior in treatment.  
B. To help doctors acquire accurate information.  
C. To increase chances of survival for patients.  
D. To make person-centered care accessible to patients.
13. What can we learn from Ellen's story?  
A. A health crisis caused her disability.  
B. The doctor was curious about her hobby.  
C. The doctor gave little thought to her needs.  
D. Her brother sang high praises for the treatment.
14. Which statement might Chochinov agree with?  
A. Health care system needs investing.  
B. Time put into knowing a patient is rewarding.  
C. Trust between doctors and patients is important.  
D. Emotional connection to patients brings job burnout.
15. What is the author's attitude towards the platinum rule?  
A. Objective.                                      B. Favorable.                                      C. Careful.                                      D. Unclear.



## 第二节 (共 5 小题; 每小题 2.5 分, 满分 12.5 分)

阅读下面短文, 从短文后的选项中选出可以填入空白处的最佳选项。选项中有两项为多余选项。

Being a teenager is hard. 16 And parents don't always know how to be supportive. Clinical psychologist Lisa Damour says instead of jumping into problem-solving mode, parents can learn to ride the wave of emotional management with their teens. Here are some of her suggestions.

17 One of the best gifts you can give them is to be a steady presence and lead with curiosity and empathy (共情). When a teen is experiencing low self-esteem, Damour says comforting doesn't work nearly as well as we would like. 18 Try saying, "You know that's not true, but it must feel awful to feel that way."

Talking about emotions is good, but there can be a tipping point when talking too much about feelings. In this situation, Damour suggests comforting and then shifting a teen who's over-processing their emotions into something else. 19

For the teen who doesn't talk about their feelings, Damour reminds parents that there are healthy non-verbal ways to process emotions. Listening to music, playing sports and making art are healthy ways for teens to work through emotions that don't involve having a discussion.

20 But Damour notes that when a teen is too sensitive to some negative feelings and they're using destructive behaviors to cope, it's time to step in and give more support or seek professional help.

- A. They are much more dependent on themselves.
- B. Another way to help a teen is to turn to professionals.
- C. Instead, she suggests empathizing with how the teen feels.
- D. Every day holds the possibility of emotional highs and lows.
- E. Remember that your teens are at a demanding developmental stage.
- F. You can suggest doing an activity they enjoy and revisit the issue the next day.
- G. Your teens deserve encouraging when their emotions are handled in a healthy way.

## 第二部分 语言运用 (共两节, 满分 30 分)

### 第一节 (共 15 小题; 每小题 1 分, 满分 15 分)

阅读下面短文, 从每题所给的 A、B、C、D 四个选项中选出可以填入空白处的最佳选项。

There are good dogs, and then there's Clover. This past March, Clover was out for her daily 21 with her owner, Haley Moore, when, as the two were about to cross the street, Moore had a seizure (疾病发作) and 22.

While untrained for the situation, Clover nevertheless switched into 23 mode. First, she walked in a circle, 24 to work out the situation; next, she turned over Moore onto her back and 25 the leash (狗绳). Then, Clover tried to make the situation 26 in her own way. "This dog doesn't like cars," says Haley's mother. "But there she was, trying to make eye contact with people driving by. She moved right into the centre of the road."

Dryden, a truck driver, 27 the dog, parked his vehicle and rushed to Moore; he 28 called an ambulance. Clover then started to return to their nearby home, looking back often to 29 Haley was in good hands. Once she was at her door, Clover started 30 and wouldn't stop until Haley's father followed her to the 31.

"All I remember is waking up in an ambulance," says Haley. "It was scary! Thank God for Clover." Haley doesn't know what caused the seizure, but 32, it has not happened again. "As an animal 33, I've always sensed that animals are just as 34 as humans," says Haley. "We feel very 35 to have her in our lives."

- |                   |               |              |               |
|-------------------|---------------|--------------|---------------|
| 21. A. training   | B. walk       | C. exercise  | D. check      |
| 22. A. left       | B. shouted    | C. collapsed | D. stopped    |
| 23. A. protection | B. attack     | C. panic     | D. recovery   |
| 24. A. attempting | B. regretting | C. learning  | D. continuing |

25.A.kept	B.controlled	C.tied	D.freed
26.A.tricky	B.unexpected	C.noticeable	D.understandable
27.A.spotted	B.missed	C.reached	D.hit
28.A.constantly	B.definitely	C.eventually	D.instantly
29.A.remind	B.discover	C.ensure	D.promise
30.A.playing	B.barking	C.pounding	D.running
31.A.scene	B.hospital	C.park	D.playground
32.A.temporarily	B.truthfully	C.thoroughly	D.thankfully
33.A.doctor	B.lover	C.saver	D.photographer
34.A.lively	B.easy-going	C.well-behaved	D.extraordinary
35.A.lost	B.blessed	C.amused	D.dynamic

## 第二节 (共 10 小题; 每小题 1.5 分, 满分 15 分)

阅读下面短文, 在空白处填入 1 个适当的单词或括号内单词的正确形式。

Colors are important to Chinese culture. The three main colors\_\_36\_\_(consider) lucky in people's daily lives as well as on special occasions are red, yellow, and green.

Famously popular in relation to anything Chinese, red is the national color representing happiness, good luck, success and good fortune, which is \_\_37\_\_(wide) used during festivals and important events like weddings. Red lanterns decorate \_\_38\_\_(business) and residences. Double rows of red "Xi" letters are pasted on gates and doors.

Yellow – corresponding to earth – symbolized royalty in ancient China \_\_39\_\_ was reserved for the emperor. The first Emperor of China was known as the Yellow Emperor. China was often referred to as "Yellow Earth", and \_\_40\_\_(it) mother river is the Yellow River. Looking down at the Forbidden City from Beijing Jing Mountain, one can see a sea \_\_41\_\_yellow-glazed tile roofs.

Green is the color of wealth, hope and growth, commonly believed to represent purity and cleanness. Many buildings \_\_42\_\_ (paint) in green nowadays, as is often the case with banks, post offices and some restaurants. \_\_43\_\_(package) milk or produce in green is to indicate that the product is pollution-free.

The color legacy (遗产) that our ancestor left us can be seen in society today. What's more, some TV dramas over the past few years \_\_44\_\_ (present) traditional Chinese colors in costumes and architecture, \_\_45\_\_excites people's interest in more ancient colors.

## 第三部分 写作 (共两节, 满分 40 分)

### 第一节 (满分 15 分)

假定你是李华, 得知当地民俗博物馆正在招聘英文志愿者, 你很感兴趣。请写一封申请信, 内容包括:

1. 写信目的;
2. 个人优势;

Dear sir,

Yours sincerely,  
Li Hua

## 第二节 (满分 25 分)

阅读下面材料, 根据其内容和所给段落开头语续写两段, 使之构成一篇完整的短文。

I used to be the only child in the family. Everything changed when Tex was born, and I was ten at that time. It seemed to me that Tex got too much attention from Mom and Dad, and I constantly felt a sense of depression. However, my little six-year-old brother had no idea about that, sticking with me all day long, which sometimes really annoyed me.

Last week, I was creating a birthday book for Dad. I worked forever making each picture as perfect as possible. Every time I messed up, I started all over again, so the floor under the kitchen table was covered with half-finished drawings.

"It's family chore time," Mom announced. "And you're on laundry-folding duty," she told me.

"OK," I said. "After that, I'll just put the finishing touches on Dad's present." "I can help, too!" said my little brother, Tex.

I felt a little uncomfortable. But Mom touched his head gently and said, "Of course, baby, you can." Then she turned to me, "And, Anna, please always remember to move those papers from the floor to the recycling bin in the yard when you're done with your project."

I folded the laundry as fast as possible. Just as I was about to get back to the birthday book, my friend showed up. After checking with Mom, we headed to the park. But as soon as we arrived there, the sky filled with giant gray clouds and rain started pouring down. I was upset as I headed back home, dripping wet. That's when my heart pretty much stopped. Right there, in front of the recycling bin, was a box full of wet-through papers. And not just any papers ... I ran to rescue my birthday book drawings. But it was too late. As I picked up my once-perfect pictures, they were totally ruined!

I cried, "Tex, how did they get out here in the rain?"

Nervously, he came out and said, "Sorry, but I meant to help. I heard what Mom said, and I did it for you. But I had no idea why your birthday book was in those papers."

注意:

1. 续写词数应为 150 左右;

Needless to say, I was going to explode.

We two decided to make one big present for Dad.

2023年高三年级第三次适应性检测  
英语试题参考答案

第一部分阅读

1.C		2.D	3.C
4.D	5.C		
6.C		7.B	8.A
9.C	10.D		
11.B		12.D	13.C
14.B	15.B		
16.D		17.E	18.C
19.F	20.G		

第二部分语言运用

21.B		22.C	23.A
24.A	25.D		
26.C		27.A	28.D
29.C	30.B		
31.A		32.D	33.B
34.D	35.B		

36.considered	37.widely	38.businesses	39. and
40.its			
41.of	42.are painted	43.Packaging	44.have presented/have been
presenting	45.which		

第三部分写作

(略)