**2023年1月浙江省首考七选五任务型阅读解题方法探析**

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设计思路：

通过使用正确方法来巧妙解决2023年1月首考浙江省高考英语试卷七选五任务型阅读题型这一难题。

本文基于什么学生什么问题？

考生在解答2023年1月首考浙江省首考英语试卷七选五任务型阅读这一题型时，常常犯的错误是胡子眉毛一把抓，导致出现没有头绪、不能快速准确选出正确答案。随之而来的是学生对于解决七选五任务性阅读这一题型产生心理恐惧，在遇到这种题型时往往静不下心去从容应对。

本课设计理念：

通过先讲后练，层层推进的原则，既让学生能够学会使用正确的方法，解答2023年1月首考浙江省高考英语试卷七选五任务型阅读中，又能够在七选五任务型阅读练习中克服由心理恐惧带来的各种理解障碍，顺利答题得分。本课设计重在学生参与，做到讲练结合。

教学步骤：

1. 呈现2023年1月浙江省首考英语试卷中的七选五任务型阅读篇章。

2. 使用第一种工具确定篇章内容和选项的情感色彩，缩小选项的选择面。

3. 使用第二种工具确定篇章内容和选项的虚写还是实写，确定部分选项。

4. 使用第三种工具确定篇章内容和选项的主题还是细节，进一步确定部分选项。

5. 使用最后一种工具确定篇章内容和选项的含义，确定全部选项。

学生收获：

1. 通过本课件学习，学生能够掌握在2023年1月首考浙江省高考英语试卷七选五任务型阅读这一题型中熟练使用正确步骤进行解答。

2. 通过本课件学习，学生能够克服在解答七选五任务型阅读这一题型中的各种心理误区和解题方法误区。

学习重点

通过本课件学习，学生应该重点掌握色彩、虚实、主次轻重和含义的精确判定以及使用这一精确判定来取舍选项，解答题目。

学习难点

如何在各种不同的七选五任务型阅读篇章中，静心屏气，不因为遇到些许障碍而停止使用使用正确步骤进行解答。

**2023年1月浙江省首考七选五任务型阅读解题方法探析 学案**

**学生版**

1. 简单讲解七选五任务型各种步骤的具体方法。

2. 呈现2023年1月浙江省首考英语试卷中的七选五任务型阅读篇章。

With gas prices rising and airport security lines snaking longer than ever, why not book your next domestic vacation on a train? Compared to other alternatives, it's comfortable and relaxing.

Here is some advice on how to make a trip by rail as pleasant as possible.

**Plan ahead**

Most long-distance trains, especially the sleeping car accommodations, sell out very quickly. 36. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ But no matter when you travel, it's a good idea to make your reservations at least 90 days in advance.

**Use a travel agent**

Consider turning your travel plan over to a travel agent and letting him double-check all the details, make suggestions, and then handle the actual reservations. A good one can sometimes find you discounted tickets. 37. \_\_\_\_\_\_\_\_\_\_\_\_\_\_ Then you won't have to walk through several cars on a moving train three times a day for your meals.

**Bring a blanket**

When you're riding on trains, you won't be provided with a blanket for free, even if your trip is an overnight one. 38. \_\_\_\_\_\_\_\_\_\_\_\_\_\_ In the summer in particular, the air conditioning can make them quite cold.

**Arrive early**

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**Have fun**

1. \_\_\_\_\_\_\_\_\_\_\_\_\_ Read a book, knit, do a crossword puzzle, or simply watch the world unfold outside the window. To calculate your speed as you do, divide 3,600 (the number of seconds in an hour) by the number of seconds it takes you to travel one mile (the distance between two mileposts). If it takes the train 53 seconds to travel one mile, you're going 67.92 mph.

A. Train trips aren't for impatient types.

B. You'll have views from both sides of the train.

C. The temperature on rail cars is often hard to control.

D. That's particularly true during busy summer months.

E. You might have to wait longer than 24 hours to catch the next one.

F. Chances are the cost will be a lot less than the cost of one bedroom.

G. He may also book you in a sleeping car that's right next to the diner.

away.

3. 学生学习使用第一个步骤情感色彩，即红色（褒义）、蓝色（中性）和黑色（贬义）来缩小选项的选择面。

4. 学生学习使用第二个步骤确定篇章内容和选项的虚写还是实写，确定部分选项。

5. 学生学习使用第三个确定篇章内容和选项的轻重，即中心思想、段落大意还是细节内容和衔接内容来进一步确定部分选项。

6. 学生学习使用最后一个步骤确定篇章内容和选项的含义，即篇章所缺少内容和选项内容的含义来确定全部选项。

7. 校对答案，分析存在的问题。

8. 归纳总结

9. 配套试题训练

**2023年1月浙江省首考七选五任务型阅读解题方法探析学案**

**教师版**

**参考答案：**

1. 简单讲解七选五任务型各种步骤的具体方法。

在七选五任务型阅读中，“色”代表颜色，即词汇颜色和句子颜色，但是关键还是看句子颜色。“形”指的是句子是虚指还是实指，也就是表示笼统的概念还是具体的内容。“度”主要指的是句子到底是语篇主题，也就是重要部分，还是说明文和应用文语篇中引出主题部分或语篇深化部分，或者记叙文中先抑后扬的故事呈现部分，也就是次要部分。“义”指的是具体语言词汇所包含的不同意思。

2. 呈现2023年1月浙江省首考英语试卷中的七选五任务型阅读篇章。

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D. That's particularly true during busy summer months.

E. You might have to wait longer than 24 hours to catch the next one.

F. Chances are the cost will be a lot less than the cost of one bedroom.

G. He may also book you in a sleeping car that's right next to the diner.

away.

3. 使用第一种工具确定篇章内容和选项的情感色彩，缩小选项的选择面。即红色（褒义）、蓝色（中性）和黑色（贬义）来缩小选项的选择面。

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**40.\_\_\_\_\_\_\_\_\_\_\_\_\_** Read a book, knit, do a crossword puzzle, or simply watch the world unfold outside the window. To calculate your speed as you do, divide 3,600 (the number of seconds in an hour) by the number of seconds it takes you to travel one mile (the distance between two mileposts). If it takes the train 53 seconds to travel one mile, you're going 67.92 mph.

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F. Chances are the cost will be a lot less than the cost of one bedroom.

G. He may also book you in a sleeping car that's right next to the diner.

Answers：

36---D 37---ABFG 38--- CE

39---CE 40---ABFG

4. 使用第二种工具确定篇章内容和选项的虚写还是实写，确定部分选项。下划线如果是实线，表示这些内容为实写内容，下划线如果是虚线，表示这些内容为虚写内容。

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G. He may also book you in a sleeping car that's right next to the diner.

Answers：

36---D 37---BFG 38--- C

39---E 40---A

5. 使用第三种工具确定篇章内容和选项的主题还是细节，进一步确定部分选项。下面文章中五号字为细节内容和衔接内容，三号字为段落大意，而小二字为中心思想。

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Answers：

36---D 37---BFG 38--- C

39---E 40---A

很显然，虽然我们可以用二号字体确定本篇七选五任务型阅读主题句（主题词是advice), 还用三号字体把每一段的段落大意确定，但是仍然难以确定选项37题的答案，因为有关37题的三个备选答案都是细节内容，属于同一层次。

6. 使用最后一种工具确定篇章内容和选项的含义，即篇章所缺少内容和选项内容的含义来确定全部选项。

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A. Train trips aren't for impatient types.

B. You'll have views from both sides of the train. （scenery）

C. The temperature on rail cars is often hard to control.

D. That's particularly true during busy summer months.

E. You might have to wait longer than 24 hours to catch the next one.

F. Chances are the cost will be a lot less than the cost of one bedroom.（cheapness）

G. He may also book you in a sleeping car that's right next to the diner.（function）

根据语篇37题空缺位置需要填进有关旅行经纪人的功能（function）的内容，B项主要讲述乘火车可以观赏的风景（scenery），F项主要讲述的是火车上房间的价格便宜（cheapness），而只有G项讲述旅行经纪人可以帮助预订就在餐桌的火车车厢，也就是他的一项功能（function），所以符合题意。

Answers：

36---D 37---G 38--- C

39---E 40---A

7. 校对答案，帮助学生分析存在的问题。

8. 帮助学生归纳总结。

9. 配套训练：

**A**

Having to deal with a rejection can be extremely difficult. But something that many people find even more difficult is to be the one who has to reject. Sometimes we accept out of politeness, in other cases because we simply don’t know in what possible way to say no. 1.\_\_\_\_\_\_\_\_\_\_\_\_\_\_ So why not learn how to politely decline a request and save a lot of time and nerves? It’s time to stop being everybody’s darling!

Saying “no” in a proper way is quite difficult. 2. \_\_\_\_\_\_\_\_\_\_\_\_\_ So, whenever a person makes a demand on us, we will have to decide either to accept or reject it based on whether we like it, feel comfortable with it or not. If you like it you accept it. 3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

But due to the fact that we are no robots, it is not easy for us to make a decision based on whether we just like something or not. 4. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ In many cases, social factors affect our willingness to say “no”, whenever we fear to hurt the other person’s feelings.

Anytime you say “yes” when you know that you should have said “no”, no matter whether you rationalize (使合理化) it as a sign of friendship or kindness, in the end, it doesn’t change the fact that you have agreed to do something you absolutely do not want to do. That’s just because you don’t want to give others a reason to think negatively of you or believe that they will quit the friendship when you’re not doing everything they demand. 5. \_\_\_\_\_\_\_\_\_\_\_\_\_\_ And no true friend will quit the friendship with you, just because you aren’t willing to do a favor in a given situation.

A. If you don’t like it you just say “no” and reject it.

B You can finally live the life the way you want it to.

C. As a result, we always end up with amounts of extra work.

D. It might help to see the situation just as emotionless as a robot.

E. Would you clearly express that you will not be able to do the extra work?

F. There will always be other factors that highly influence our decision-making process.

G. But actually a real friend will try to get his life straight without taking advantage of you.

Answers: 1. C 2. D 3. A 4. F 5. G

【解析】

【导语】本文是说明文。文章主要介绍了面对拒绝是非常困难的。但是很多人发现更困难的是做一个不得不拒绝的人。

【1题详解】

通过上文“Sometimes we accept out of politeness, in other cases because we simply don’t know in what possible way to say no.（有时我们出于礼貌而接受，在另一些情况下，因为我们根本不知道用什么可能的方式说不）”可推知，有时我们不得被动接受一些额外的工作，不知道以何种方式拒绝，C项“As a result, we always end up with amounts of extra work.（结果，我们总是以大量的额外工作结束）”承接上文，介绍了上文情况可能会出现的结果，且C项中的we和上文的we相呼应，符合文意。故选C。

【2题详解】

上文“Saying “no” in a proper way is quite difficult.（以正确的方式说“不”是相当困难的）”可知以正确的方式说“不”很难。再根据第三段首句“But due to the fact that we are no robots”，根据逻辑关系，可知第三段中肯定会解释假设我们是机器人的情况。而D项“It might help to see the situation just as emotionless as a robot.（把这种情况看成一个没有感情的机器人也许会有所帮助）”起到了承上启下的作用。故选D。

【3题详解】

上文“So, whenever a person makes a demand on us, we will have to decide either to accept or reject it based on whether we like it, feel comfortable with it or not. If you like it you accept it.（所以，当一个人对我们提出要求时，我们必须根据我们是否喜欢它，是否感到舒服来决定是接受还是拒绝它。如果你喜欢它，你就接受它）”可知，下文紧接着应该提到如果你不喜欢它的情况该如何处理。而A项“If you don’t like it you just say “no” and reject it.（如果你不喜欢它，你就说“不”，拒绝它）”刚好与上文相顺承。故选A。

【4题详解】

根据下文“ In many cases, social factors affect our willingness to say “no”, whenever we fear to hurt the other person’s feelings.（在很多情况下，当我们害怕伤害他人的感情时，社会因素会影响我们说“不”的意愿）”可推知，前文应提到其他的因素，而F项“There will always be other factors that highly influence our decision-making process.（总会有其他因素高度影响我们的决策过程）”提到了其他的因素，且F项的“factors”与下文一致。故选F。

【5题详解】

根据上文“ That’s just because you don’t want to give others a reason to think negatively of you or believe that they will quit the friendship when you’re not doing everything they demand.（那只是因为你不想给别人一个理由，让他们对你持负面看法，或者认为当你没有按他们的要求去做时，他们会放弃友谊）”以及下文“And no true friend will quit the friendship with you, just because you aren’t willing to do a favor in a given situation.（没有真正的朋友会因为你不愿意在特定的情况下帮你的忙而和你断绝友谊）”可推知，上文指出虚假的朋友会轻易放弃友谊，下文指出真正的朋友不会轻易放弃友谊，不会利用朋友。G项“But actually a real friend will try to get his life straight without taking advantage of you.（但真正的朋友会在不利用你的情况下让自己的生活变得正常）”表转折，承上启下，符合文意。故选G。

**B**

School doesn’t have to be a prison. Whether you find school difficult, boring or just stressful, you can learn to make school easier and bring a lot more fun. 1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_

Try a team sport. Some schools offer team sports that allow you to make friends with your fellow students. Soccer, track and field, basketball and football, can all make school have a little more fun. 2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_ If you don’t want to play sports, consider joining in the games and cheering for your team with your friends.

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_One of the most stressful parts of school can be making sure you have

everything you’re supposed to have. Where’s your English homework? Where’s that math assignment? Is your pencil sharp? The less you have to worry about these little things, the more you’ll be able to focus and enjoy school. Be prepared for class and everything will be easier.

Take it easy on your teachers. Teachers are like students: some are great; some are less than great. But teachers are in charge of the classroom. So even if you’re feeling frustrated or bored in class, you should be nice to your teachers. 4. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Ask for help if you are having trouble with homework. 5. \_\_\_\_\_\_\_\_\_\_\_\_\_ Make it easy. Ask for help at school by joining an after-class study group, if your school has one. Ask your teacher if you can stay 10-15 minutes after school to ask a few questions about your homework, if you’re embarrassed to ask during class. It’s always better to ask after class.

A. Stay organized.

B. Manage your time better.

C. Here are some ways to help you.

D. So you can choose one of them to take up.

E. Try to find kids you can talk to and play with.

F. As a result, they will possibly be friendly back to you.

G. If you’re struggling in school, don’t try to take it all on by yourself.

Answers: 1. C 2. D 3. A 4. F 5. G

【解析】

【导语】本文是一篇说明文。文章主要介绍了如何让学校生活变得更容易。

【1题详解】

由上文“Whether you find school difficult, boring or just stressful, you can learn to make school easier and bring a lot more fun. (无论你觉得学校很难、很无聊还是压力很大，你都可以学会让学校更轻松，带来更多乐趣)”和下文第二段首句“Try a team sport. (尝试团队运动)”，第四段首句“Take it easy on your teachers. (对你的老师放松点)”和最后一段首句“Ask for help if you are having trouble with homework. (如果你作业有困难，请寻求帮助)”可知，文章主要讲述的是如何让学校生活变得更容易，而下文介绍了让学校生活变得更容易的具体方法，承接上下文，C选项“这里有一些方法可以帮助您。”引起下文对具体方法的介绍。故选C项。

【2题详解】

由上文“Try a team sport. Some schools offer team sports that allow you to make friends with your fellow students. Soccer, track and field, basketball and football, can all make school have a little more fun. (尝试团队运动。有些学校提供团队运动，让你可以和同学们交朋友。足球、田径、篮球和足球，都能让学校多一点乐趣)”可知，上文内容介绍了可以通过参加团队运动使学校生活有更多的乐趣，D选项“所以你可以从中选择一个参加。”内容能够承接上文，因为团队运动可以使学校生活有更多的乐趣，所以你可以从中选择一个参加，上下文因果关系。故选D项。

【3题详解】

由下文“The less you have to worry about these little things, the more you’ll be able to focus and enjoy school. Be prepared for class and everything will be easier. (你越不用担心这些小事，你就越能集中精力，享受学校的乐趣。做好上课准备，一切都会变得容易)”可知，本段内容建议我们做好上课准备，不要为了一些小事担心，A选项“保持井然有序。”内容能够概括段落主旨，我们要保持井然有序，做好上课准备，这样才能集中精力享受学习。故选A项。

【4题详解】

由上文“So even if you’re feeling frustrated or bored in class, you should be nice to your teachers. (所以，即使你在课堂上感到沮丧或无聊，你也应该对你的老师友好)”可知，本段内容建议我们要对老师友好，F选项“因此，他们可能会对你很友好。”内容能够承接上文，如果你对老师友好，他们可能也会对你友好。故选F项。

【5题详解】

由上文“Ask for help if you are having trouble with homework. (如果你作业有困难，请寻求帮助)”和下文“Ask for help at school by joining an after-class study group, if your school has one. Ask your teacher if you can stay 10-15 minutes after school to ask a few questions about your homework, if you’re embarrassed to ask during class. (如果你的学校有课后学习小组，可以通过参加课后学习小组来寻求帮助。如果你在课堂上不好意思提问，可以问问你的老师，你是否可以在放学后的10-15分钟内，就你的作业提出一些问题)”可知，本段内容建议我们要学会寻求帮助，G选项“如果你在学校里苦苦挣扎，不要试图独自承担一切。”内容符合段落主旨，在学校生活中，我们要学会寻求帮助，不要试图独自承担一切困难。故选G项。