

新人教版 选择性必修 2
Unit 5 First Aid: Assessing Your Progress
导学案

一、【单元学习主题】

人教版高中英语选择性必修 2（2019 版）Unit 5: First Aid

二、单元整体解读：

本单元主题语境是“急救”，不仅仅向学生传授有关急救的基本知识，还要培养学生的仁爱之心，使学生认识到：通过自己的努力挽救生命是一件光荣的事情，更是人道主义、博爱和奉献精神的体现。

三、内容分析：

活动 1 为词语辨析练习，八个句子中每组单词的意思都极为相近。该活动考察它们的细微差别，要求学生根据语境作出正确的判断。活动 2 要求学生在语篇中灵活运用动词-ing 形式。动词-ing 形式在英语中使用频率很高，在语篇中也多次使用，主要用作状语、主语、宾语。语篇叙述了女孩 Nancy 晚上骑自行车回家时由于大意摔断脚踝的经历。

四、课型解析：

本单元通过此类练习培养学生准确用词的意识，让他们学会使用恰当的词汇表达意思，这是提升英语学习质量的必经之路。自我反思部分通过几个问题引导学生回顾、总结本单元的学习内容，深入思考与急救相关的问题。

I. 【教学目标】 Learning Objectives:

By the end of this class, students will be able to:

1. To check your study of grammar and vocabulary in this unit by doing some exercises.
2. Learn and teach others about first aid.
3. Research how to perform first aid for the medical emergency.
4. Make an instruction leaflet for giving first aid for the emergency.

II. 【教材分析】:

The theme of this unit is about first aid, while the theme of assessing your progress is about the usage of -ing form.

III. 【教学过程】 Teaching procedures:

Step 1: Testing Yourself:

Circle the correct word in each sentence.

1. The cloth/fabric of this bag is soft and light. What is it made of?
2. The Red Cross is looking for volunteers who are concerned about the welfare/happiness of their fellow men.
3. When Lisa noticed the fire, she rushed to grab/grasp the fire extinguisher outside the door of the flat.
4. These trousers are too loose/lose --- I'm having trouble keeping them up.
5. After the theft, the police were called to investigate the accident/incident.
6. I heard desperate/serious cries for help when I walked past that old building. I reacted quickly by rushing into the building.
7. John's alarm didn't go off, so he slept in and was awoken by the radiations/rays of sunlight coming in through his window.
8. We should always do what we can to take care of the elderly/old and any others who might be in need.

【设计意图】检测对本单元重点词汇的掌握情况。

【核心素养提升点】

学习能力：理解近义词之间的细微差别。

Step 2. Fill in the blanks with -ing form

Complete the passage with the correct forms of the verbs in the box. Why did the accident occur? How should we try to avoid accidents in life?

get return ride sit slow throw try turn walk want

_____ for long hours every day in an office for several years, Nancy Jones felt that she was getting out of shape and decided that she needed to get some exercise. So, instead of going to and from work every day by bus, she started riding a bike because _____ was an enjoyable activity for her.

One night she had to work till late and it was foggy outside when she left the office. Her bike did not have a light, so _____ home by bike would be dangerous. _____ (not) to risk having her bike stolen, however, she decided to ride it home anyway. The first few kilometres had plenty of street lights, but _____ onto a side road in the suburbs she found herself in the dark. _____ down, she tried to see in front of her, but it was impossible. Then without warning, her bike hit a rock, _____ her to the ground. _____ to get up, she discovered that her ankle was broken. Unable to stand or walk, she found herself in alarming pain. Fortunately, she was able to call an ambulance with her mobile phone, and they took her to a hospital. However, it was several months before her ankle recovered and she found _____ easy again. _____ a gym membership near her office, Nancy decided that there were other ways of keeping fit.

Q1: Why did the accident occur?

Q2: How should we try to avoid accidents in life?

Step 3. Reflecting

1. What did you learn about first aid that you didn't know before?
2. What do you think we should be like if we want to work as a first-aid doctor or volunteer?
3. What could we do to warn people of various dangers and to prepare them for different emergencies?
4. Has the unit encouraged you in any way to want to look after the welfare of others?
5. Overall, I thought this unit was

interesting	useful
so-so	difficult.

Step 4. Project

Project 1: Learn and teach others about first aids

1. In groups, choose one of the medical emergencies in the photos below.
2. Research how to perform first aid for that medical emergency.
3. Make an instruction leaflet for giving first aid for that emergency. Include illustrations for any points that are not clear.
4. Combine all the leaflets to make a first-aid manual for your class.

【设计意图】

了解各种意外情况下的应急措施，积累丰富的急救知识。

【核心素养提升点】

思维品质：锻炼学生描述急救步骤。

Step 5. Project 1: Providing an example

Nosebleed

Bleeding from the blood vessels in the nose.

Common causes

Nosebleed is not always related to an underlying condition. It may be caused by:

- Trauma
- Blowing your nose very hard
- Dry air
- Nose picking

an example-Nosebleed

Treatment

Self-treatment: Self-care steps that may be helpful in some less-serious cases:

Keep the head higher than the level of the heart

Stay upright, do not lie down

Hold the nose for at least five minutes. Repeat if necessary

Apply ice to the nose

Pinch all the soft parts of the nose together between the thumb and index finger

Blow nose as little as possible and only very gently

Keep the house humidified

Follow the instructions that come with nasal decongestants (n.减充血剂) – overusing can cause nosebleeds

Step 6. Make an instruction leaflet-Snake Bite

Make an instruction leaflet-Common Allergies

【设计意图】

学习急救知识，制作急救手册。

【核心素养提升点】

学习能力：学会动词-ing 形式进行口头表达

Step 7. Assignment:

1. Choose one of the medical emergencies in the photos above to make an instruction leaflet.
2. Combine all the leaflet to make a first-aid manual for our class.

【设计意图】组织学生收集整理各小组完成的宣传页，制作成班级共享的急救知识手册，供学生自主翻阅学习。

【核心素养提升点】

学习能力：学会写作时使用正确的动词-ing 形式

【学后反思】

1. 是否灵活运用动词-ing 形式？
2. 是否能制作关于急救知识的宣传册？

【板书设计 Blackboard Design】

Blackboard Design

Blackboard Design	Unit 5 First Aid
	Assessing Your Progress fabric, welfare, grab, loose, incident, desperate, rays, elderly, sprained ankle, heart attack, burn, broken arm, nosebleed, bleeding, choking