**强基联盟高一上英语期中应用文学案(2024.11月)**

假定你是高一学生李华,刚参加了一年一度的校运会。请你写一篇题目为“What Touched Me Most in Sports Meeting”的稿件向校英文报投稿，内容包括:

1. 最感动的场景;2.你的感想。

注意:1.写作词数应为80左右;2.请按如下格式在答题卡的相应位置作答。

 What Touched Me Most in School Sports Meeting

**审题:**

1. **审体裁**:

 **明确体裁话题**:属于**投稿类**应用文。活动报道或活动介绍和投稿类应用文是近几年高考的常考题型。一般要求考生**对学校最近举行的活动进行介绍，语言应简练理性**。这种体裁的写作要拿高分，就要把握好这一体裁的特点，善于**有选择的对活动过程进行叙述**，要求**突出主题**, 并掌握相关的词汇和句式。

1. **审结构和要点：**

其基本结构：最好分三段。

第一段：**你参加了校运动会＋愿意分享最感人的场景**

可从5个W和一个H方面写活动概要，即何时（when）何地（where）何人（who）why(为何)做了何事（what）,必要时适当增删；加上写作目的。

第二段：（征文部分）活动细节:最感人的场景。

第三段：（结尾部分）你的感想（意义／感悟）。

**３．审时态：过去时（叙述场景）+现在时（**意义／感悟**）**

**学生容易发生的问题是**：

1. 不熟悉文体特点。审题判定文体为投稿类或活动报道，故李华身份不必交代；
2. 主次不当，中心不突出。不会恰当叙述活动过程，与主题无关的废话占比太多，感人的细节却一笔带过。
3. 不知如何适当增加细节。如描写感人瞬间可以具像化。
4. 语言错误多，表达不地道、词汇句子缺乏亮点。

**话题素材整理**

1. **关键词语**
2. 高一新生\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. 一年一度的\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. 运动会\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
5. 运动员\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
6. 参加比赛\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
7. 为班级争光\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
8. 体现体育精神\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
9. 体育项目\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
10. 互相竞争\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
11. 奖牌\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
12. 跑道\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
13. 突出\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
14. 破纪录\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
15. 感人场景/瞬间\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
16. 选手\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
17. 你追我赶\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
18. 落后\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
19. 摔倒\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
20. 受伤\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
21. 流血\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
22. 脸色苍白\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
23. 汗流浃背 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
24. 汗如雨下\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
25. 浑身是汗\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
26. 挣扎着站起来\_\_\_\_\_\_\_\_\_\_\_\_\_
27. 坚持\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
28. 面对困难／挑战／障碍　　 ＿＿＿＿＿＿＿＿＿＿＿
29. 克服困难\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
30. 拒绝放弃\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
31. 最后\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
32. 终点线\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
33. 成功\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
34. 获得第一名\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
35. 啦啦队员\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
36. 欢呼\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
37. 雷鸣般的掌声\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
38. 毅力和勇气\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
39. 值得尊敬\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
40. 向某人学习\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
41. 为某人树立榜样\_\_\_\_\_\_\_\_\_\_\_\_\_\_
42. 对……产生影响\_\_\_\_\_\_\_\_\_\_\_\_\_\_
43. 友谊第一，比赛第二 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
44. **遣词造句**

**第一段：活动概要（目的+活动/时间/地点）+写作目的（揭示主题）**

1. 为了增强学生身体素质，丰富校园生活, 上周末我们学校举行了运动会。在此期间，我捕捉到很多难忘的瞬间，其中1500米长跑最让我感动（用定语从句）。

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_,our school　\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ last weekend. During this period I \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_the 1500m race touched me most.

②为了促进身体健康，鼓励健康的生活方式，上周末我们学校在学校体育场组织了一年一度的运动会。有数百名学生参加了这次运动会。最让我感动的是在接力赛中体现的运动员的团队精神。(用名词性从句)

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, our school organized \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in the school stadium last weekend. Hundreds of students \_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ the sports meeting.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ was the team spirit of the athletes in the relay race.

③上周末见证了我们校园的一场轰轰烈烈的运动会。很多优秀的运动员脱颖而出。但我想与大家分享的是大卫的故事。他参加3000米，他的表现最让我感动。（强调句/定语从句）

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_on our campus. Many excellent athletes \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. But \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ David's story \_\_\_\_\_\_\_\_I would like to share with you. He \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ the 3000m, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

**中间段：活动细节-----感人瞬间(从面到点，点面结合，突出最感人瞬间)**

1. 整个活动充满了感人的瞬间，运动员们在不同项目上为班级荣誉而激烈竞争。看台上的欢呼声和掌声鼓励着参赛者全力以赴。 (用with结构)

  ,with\_ \_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_。\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ from the stands encouraged the participants to do their best.

1. 尤其令人感动的无疑是接力赛。为了为班级赢得荣誉，我们班运动员们天天努力训练。

在比赛时，他们在赛场上互相鼓励，超越了一个个对手，把自己推向极限，最终问鼎冠军，并打破了学校纪录，成了运动场上最亮的星。比赛一结束，全班同学冲向他们的英雄，把他们抛向空中，热泪盈眶，欢呼声响彻操场。多么令人难以置信的感人景象。（倒装句）

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ the relay race. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_for the class, the athletes of our class trained hard every day. While competing, they \_\_\_\_\_\_\_\_\_\_\_\_ each other on the field, \_\_\_\_\_\_\_\_\_\_ one opponent after another, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to the limit, and finally \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_ (become) the brightest stars on the field. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_the game was over, the whole class \_\_\_\_\_\_\_\_\_\_\_\_\_to their heroes and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ with\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ the playground. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_!

③在比赛中，每个参加者都发挥出了最好的水平。他们克服困难，艰苦奋斗以实现目标。然而，最让我吃惊的是一个男孩在1500米比赛中摔倒了。发令枪一响，他就自信地跑在前面。在只剩100米的时候，他的腿抽筋了，摔倒在地。决心要完成比赛，他从地上站起来继续前进，结果又跌倒了。满头大汗的他再次挣扎着站了起来，一步一步摇摇晃晃地走向终点线，赢得了雷鸣般的掌声和经久不息的欢呼声。 （用非谓语/定语从句）

During the game, each attendee performed their best.They \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and fought hard to \_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, however, was a boy \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in the 1500m race.When the starting gun\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, he ran \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in front. With only 100metres to go,his legs cramped up and \_\_\_\_\_\_\_\_\_. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, he rose from the ground and continued on, only \_\_\_\_\_\_\_\_( fall )again. \_\_\_\_\_\_\_\_\_\_\_\_\_(soak) in sweat, he \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_(sway) his way to the finish line step by step, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

**结尾段：感想(回扣主题)**

①正是这个男孩顽强的毅力和无畏的精神帮助他赢得了掌声。赢得比赛固然值得赞扬，但那些不轻言放弃的人也深深地触动了我，并将对我的学习和生活产生很大的影响。（强调句）

\_\_\_\_\_\_\_\_\_\_\_\_\_ the boy's dogged perseverance and fearless spirit \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. \_\_\_\_\_\_\_(win) competitions is certainly \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, but those\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ also deeply touch me and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

②我们度过了多么难忘的时光啊！ 除了比赛的刺激, 在比赛中体现出来的同学们之间的团结、合作和体育精神是最让我感动的东西。

What a memorable time we had! \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ the excitement of the game, the \_\_\_\_\_\_\_ (unite), \_\_\_\_\_\_\_\_\_\_\_ (cooperate) and sportsmanship among the students \_\_\_\_\_\_\_\_\_\_\_ (reflect) in the game is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

**参考范文**

**What Touched Me Most In School Sports Meeting**

With numerous outstanding athletes making their debuts(首次登台) in the star-studded (众星云集的)sports meeting, many memorable moments were captured and etched in my mind(刻骨铭心), among which the 3000-meter race touched me most.

Despite the severe weather(尽管天气恶劣), all the fearless warriors participating in the tough race were determined to forge a path to success (开拓成功之路) and achieve their ultimate goals(实现他们的最终目标). **What raised my eyebrows most**, however, was a boy left behind. **Soaked in sweat**, he gradually overcame the obstacles (跨越障碍) and eventually made it, **which won him thunderous applause and ever-lasting shout**.

**It was** the boy's arduous resilience (艰巨的韧性) and relentless efforts( 不懈努力) that instilled him with energy (给他灌输能量) and helped him surpass his limits(超越自己的极限). Success is not guaranteed, but what defines a true successful man is his unceasing efforts (持续努力) to pursue his dream.

**优秀学生作文**

**What Touched Me Most In School Sports Meeting**

I'm greatly honored to have the chance to participate in the Sports meeting, **in which** I made a true friend and **it was** this girl as well as her deeds **that** touched me deeply.

**Having won** many medals in junior high school, I was confident about running. When I stood on the track with confidence, I even didn’t notice the little girl **standing beside me**.But **beyond my expectation**, I fell down suddenly. My world was falling apart.To my amazement, the girl stopped and **reached** her hand to me. She comforted me and tried to pull me up. “Don’t give up and let’s finish it together!” she smiled. I wanted to decline her kind offer. **Equally amazing was that** she led me to the finish line, **which** touched my bottom of heart and inspired me a lot.

No words can express my gratitude to the girl, **whose** sportsmanship will touch me forever.

**Homework:**

1. **(2023.5嵊州二模应用文—活动报道)**

假定你是李华，是校英语报的记者。上周末你校组织了春季运动会，请你用英语写一篇报道，内容包括：1.赛前准备； 2.精彩瞬间； 3.活动意义。

注意：1.词数80左右; 2.可适当增加细节，以使行文连贯。

Spring Sports Meet Successfully Held

 **2.** 一段式续写: 阅读下面材料,根据其内容和所给段落开头续写，使之构成一片完整的短文。

 In the sport of track and field, athletes compete not only with one another but against themselves, and with each race they try to achieve a new personal best.

 As a student in Omaha Burke High School, Blake Cerveny was running in a race. Aiming to beat his own personal record, after a fast start, he continued to push himself hard. He had been training hard and was the recorder keeper so he had enough confidence to beat anyone else. However, with less than 400 meters to go, Cerveny's legs cramped (抽筋)up and failed him. “Ouch!That hurts!” he exclaimed, frowning. Determined to finish, Cerveny lifted himself painfully to his feet and continued on, only to fall again after another 150 meters. Concerned, his coach rushed to him and asked him if he wanted to stop. He shook his head and said,“I can make it!”. With great effort, Cerveny pulled himself up and with an unsteady pace, moved forward for one final push. Unfortunately, it wasn't enough. Less than 100 meters from the finish line,he lay curled on the ground. His legs had simply given out.

***Before Cerveny's coach could reach him, Brandon Schutt,who followed him closely offered a helping hand.***

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**参考答案：**

**话题素材整理**

**关键词语**

* + - 1. 高一新生**high school freshman**
			2. 一年一度的**annual/** **yearly**
			3. 运动会**sports meet**
			4. 运动员**athlete/** **sportsman/** **player**
			5. 参加比赛**compete in/ take part in/join in the race /competition/match**
			6. 为班级争光**win honor/glory for the class**
			7. 体现体育精神**show/reflect sportsmanship**
			8. 体育项目**sports events**
			9. 互相竞争**compete with each other**
			10. 奖牌**medal**
			11. 跑道**track**
			12. 突出**stand out**
			13. 破纪录**break a record**
			14. 感人场景/瞬间**touching scene/moment**
			15. 选手**competitor /candidate/attendee**
			16. 你追我赶**race/chase each other**
			17. 落后**fall behind**
			18. 摔倒**fall down/fall over/ trip and fall**
			19. 受伤**get injured**
			20. 流血\_**bleed**
			21. 脸色苍白**cream-faced; pale**
			22. 汗流浃背 **with sweat streaming down one's back**
			23. 汗如雨下**Sweat pour off /(sweat like a pig**大汗淋漓)
			24. 浑身是汗**be soaked in sweat**
			25. 挣扎着站起来**struggle to one’s feet /pull oneself up**
			26. 坚持**persist in/** **stick to/** **persevere in** **/hold on to**
			27. 面对挑战**face challenges**
			28. 克服困难**overcome difficulties/ pull through**
			29. 拒绝放弃**refuse to give up**
			30. 最后**in the end/at last/ eventually/ultimately**
			31. 终点线**finish line** /**finishing line**
			32. 成功**succeed/make it**
			33. 获得第一名**win a championship** /**win the first-place prize**
			34. 啦啦队员**cheerleaders**
			35. 欢呼**cheers**
			36. 雷鸣般的掌声**thunderous applause**
			37. 毅力和勇气**Perseverance and courage**
			38. 值得尊敬/赞扬deserve/ **be worth respect/praise**
			39. 向某人学习**learn from sb.**
			40. 为某人树立榜样**set an example for sb.**
			41. 对……产生影响**have an effect/impact/influence on sb/make a difference**
			42. 友谊第一，比赛第二**Friendship first, competition second.**

**遣词造句**

**第一段：活动概要（目的+活动/时间/地点）+写作目的（揭示主题）**

1. 为了增强学生身体素质，丰富校园生活, 上周末我们学校举行了运动会。在次期间，我捕捉到举行很多难忘的瞬间，其中1500米长跑最让我感动。

**In order to strengthen students' physical fitness and enrich campus life**, our school held a sports meeting last weekend. During this period, I **captured many unforgettable moments , among which** the 1500 meters running touched me the most.

②为了促进身体健康，鼓励健康的生活方式，上周末我们学校在学校体育场组织了一年一度的运动会，有数百名学生参加了这次运动会。最让我感动的是在接力赛中体现的运动员的团队精神。

**In order to promote good health and encourage a healthy lifestyle**, our school organized **an annual sports meeting** in the school stadium last weekend. Hundreds of students **took part in** the sports meeting. **What touched me most** was the team spirit of the athletes in the relay race.

③上周末见证了我们校园的一场轰轰烈烈的运动会。很多优秀的运动员脱颖而出。但我想与大家分享的是大卫的故事。他参加3000米，他的表现最让我感动。（强调句/定语从句）

**Last weekend witnessed a vigorous sports meeting** on our campus. Many excellent athletes **stood out**. But **it's** David's story **that** I want to share with you. He **took part in** the 3000m, **whose performance touched/impressed me most.**

**中间段：活动细节-----感人瞬间(从面到点，点面结合，突出最感人瞬间)**

1. 整个活动充满了感人的瞬间，运动员们在不同项目上为班级荣誉而激烈竞争。看台上的欢呼声和掌声鼓励着参赛者全力以赴。

The entire event **was filled with touching moments** , with athletes **competing fiercely for class honors in various events**. Cheers and applause from the stands encouraged the participants to go all out/to do their best.

1. 尤其令人感动的无疑是接力赛。为了为班级赢得荣誉，我们班运动员们天天努力训练。在比赛时，他们在赛场上互相鼓励，超越了一个个对手，把自己推向极限，最终问鼎冠军，并打破了学校纪录，成了运动场上最亮的星。比赛一结束，全班同学冲向他们的英雄，把他们抛向空中，热泪盈眶，欢呼声响彻操场。多么令人难以置信的感人景象。

**Especially touching was undoubtedly** the relay race. In order to win honor for the class, the athletes of our class train hard every day. While competing, they encouraged each other on the field, surpassed one opponent, pushed themselves to the limit, and finally won the championship, broke the school record, becoming the brightest stars on the sports field. The moment the game was over, the whole class rushed towards their heroes and threw them into the air, with tears welling up in their eyes and cheers filling the playground. What an unbelievably/ incredibly moving scene!

③在比赛中，每个参加者都发挥出了最好的水平。他们克服困难，艰苦奋斗以实现目标。然而，最让我吃惊的是一个男孩在1500米比赛中摔倒了。发令枪一响，他就自信地跑在前面。在只剩100米的时候，他的腿抽筋了，摔倒在地。决心要完成，他从地上站起来继续前进，结果又跌倒了。满头大汗的他再次挣扎着站了起来，一步一步摇摇晃晃地走向终点线，赢得了雷鸣般的掌声和经久不息的欢呼声。

During the game, each attendee performed their best.They **overcame challenges** and fought hard to **achieve their goals**. **What raised my eyebrows most**, however, was a boy **who fell down** in the 1500m race.When the starting gun shot , he ran confidently in front. With only 100metres to go,his legs cramped up and failed him. Determined to finish, he rose from the ground and continued on, only to fall again.Soaked in sweat, he struggled to his feet/pulled himself up, swaying his way to the finish line step by step, **which won him thunderous applause and ever-lasting shout.**

**结尾段：感想**

①正是这个男孩顽强的毅力和无畏的精神帮助他赢得了掌声。赢得比赛固然值得赞扬，但那些不轻言放弃的人也深深地触动了我，并将对我的学习和生活产生很大的影响。

**It was** the boy's dogged perseverance and fearless spirit that helped him win applause. Winning the competition is certainly worth praising, but those who never give up also deeply touched me and **will make a big difference to my study and life.**

②我们度过了多么难忘的时光啊！ 除了比赛的刺激, 在比赛中体现出来的同学们之间的团结、合作和体育精神是最让我感动的东西。

What a memorable time we had! **Apart from** the excitement of the game, the unity, **cooperation** and sportsmanship among the students **reflected** in the game is what moved me most.

**教师下水作文：**

Spring Sports Meet Successfully Held

Last weekend saw the hosting of a grand Spring Sports Meet at our school stadium, which aimed to promote physical fitness and ignites our enthusiasm for sports and team spirits .

Prior to the game, preparations were in full swing with athletes engaged in warming up exercises while teachers and volunteers made sure that all equipment and facilities were in order. The games were extremely thrilling, as athletes competed fiercely with passion and skills in various events such as relay races, high jumps, and long-distance runs. What impressed us most must be one of the attendees in the 1500m race who fell accidentally but insisted on keeping forward, winning all the audiences applause and respect

Overall, this event was an outstanding success, which proved to be a source of inspiration and motivation for all those involved. Through this exciting Springs Sports Meet, not only did we build up our body and strengthen our willpower, but also learn the Olympic spirit and appreciate the unique charm of sports