

2020 年 5 月高二期中考英语试卷

选择题部分

第一部分 听力（共两节，满分 30 分）

做题时，先将答案标在试卷上。录音内容结束后，你将有两分钟的时间将试卷上的答案转涂在答题纸上。

第一节（共 5 小题；每小题 1.5 分，满分 7.5 分）

听下面 5 段对话。每段对话后有一个小题，从题中所给的 A、B、C 三个选项中选出最佳选项。听完每段对话后，你都有 10 秒钟的时间来回答有关小题和阅读下一小题。每段对话仅读一遍。

1. What made the man feel uncomfortable?

- A. The hot weather. B. The culture shock. C. The long journey.

2. Why does the man seldom wear the shirt?

- A. It is too old. B. It doesn't fit him. C. It has a dark color.

3. Where does this conversation probably take place?

- A. In a taxi. B. In a bank. C. In a restaurant

4. What will the woman do?

- A. Make some copies. B. Attend a meeting. C. Arrange a meeting.

5. What is the man's problem?

- A. His computer doesn't work.
B. He doesn't understand the theories.
C. He doesn't know how to apply the theories.

第二节（共 15 小题；每小题 1.5，满分 22.5 分）

听下面 5 段对话或独白。每段对话或独白后有几个小题，从题中所给的 A、B、C 三个选项中选出最佳选项。听每段对话或独白前，你将有时间阅读各个小题，每小题 5 秒钟；听完后，各小题将给出 5 秒钟的作答时间。每段对话或独白读两遍。

听下面一段对话，回答第 6 和 7 题。

6. Why does the man talk to the woman?

- A. To ask for a wake-up call.
- B. To find out some information.
- C. To express his dissatisfaction with the service.

7. What will the woman do for the man?

- A. Prepare a breakfast for him.
- B. Have his room cleaned.
- C. Offer a reduction in his bill.

听第 7 段材料，回答第 8、9 题。

8. What is the woman doing?

- A. Having a phone interview.
- B. Asking about a job offer.
- C. Informing the man of an appointment.

9. When will the woman come back?

- A. Next Monday.
- B. Next Tuesday.
- C. Next Friday.

听第 8 段材料，回答第 10 至 12 题。

10. What are the speakers discussing?

- A. A weekend meeting.
- B. A good advertisement.
- C. The product marketing.

11. How many people attended the event?

- A. 50.
- B. 100.
- C. 250.

12. What does the man suggest doing next time?

- A. Advertising online.
- B. Using television ads.
- C. Holding an event on Saturday

听第 9 段材料，回答第 13 至 16 题。

13. When does the man usually read?

- A. At night.
- B. Early in the morning.
- C. When traveling on the bus.

14. How many hours does the man spend reading per week?

- A. About three hours.
- B. About four hours.
- C. About five hours.

15. What kind of books does the man like?

- A. Love stories.
- B. Travel books.
- C. Science fiction.

16. What does the woman think of love fiction?

- A. It helps her relax.
- B. It wastes time.
- C. It can teach her a lot.

听第 10 段材料，回答第 17 至 20 题。

17. Where does most of Stephen and Jenny's money come from?
- A. Beef and chicken. B. Milk and eggs. C. Sheep.
18. How often does Stephen cut the wool off the sheep?
- A. Three times a year. B. Twice a year. C. Once a year.
19. Why didn't Jenny's sweaters sell well?
- A. They were too expensive.
- B. They weren't easy to wash.
- C. They weren't sold at a right time.
20. What do we know about Jenny's socks?
- A. They are popular. B. They have six sizes. C. They are made at home now.

第二部分 阅读理解（共两节，满分 35 分）

第一节（共 10 小题；每小题 2.5 分，满分 25 分）

阅读下列短文，从每题所给的 A.B.C 和 D 四个选项中，选出最佳选项，并在答题纸上将该项涂黑。

A

The cheerful smiles and legendary strength of the Sherpas (夏尔巴人) have been an essential part of Mount Everest climbing expeditions (探险) from the very beginning. Indeed, very few significant successes have been achieved without them.

When Western mountaineers first set their sights on the world's highest peak, they found in the Sherpas a people ideally suited to the hardship of high-altitude climbing, unfailingly positive, stout at altitude, and seemingly resistant to cold.

Sherpas did not venture into the high peaks until European mountaineers began arriving to climb in the world's greatest mountain range. Mount Everest, known as Chomolungma or "Goddess Mother of the Land" to the Sherpas was long considered as a living place of the gods where humans were not allowed to go. Although Everest now sees many a human footprint, the Sherpas still regard the mountain as a holy place.

Sherpas were first employed as porters, tasked with carrying large amounts of equipment to supply the military-style expeditions of the day. The early climbers were amazed at the strength of these people, from the fittest of mature men to the young and elderly. In addition to their heavy

loads, some of the women even carried along their babies. The whole troop of Sherpas slept outside, using only **rocks** for shelter, as temperatures dropped well below freezing.

Stronger Sherpas soon graduated from porter status and began to undertake challenging climbing. Those who distinguished themselves were awarded the Tiger Medal, and many desired this honor and the higher pay rate it afforded. Despite the potential dangers, the Sherpa people remained enthusiastic about taking part in Everest expeditions, which even then were becoming an important source of income for a poor mountain folk.

21. Sherpas didn't go into the high peaks before Europeans' arrival mainly because

- A. they enjoyed staying at low altitudes
- B. they were short of proper equipment
- C. they were unaware of their potentials
- D. they considered the mountain as holy

22. By mentioning the "rocks" in Paragraph 5, the writer emphasizes

- A. the intelligence of the Sherpas
- B. the challenges for the climbers
- C. the physical ability of the Sherpas
- D. the wild landscape of Mount Everest

23. Which of the following can best describe the Sherpas according to the text?

- A. Talented for high-altitude climbing.
- B. Adventurous and crazy about wealth.
- C. Generous and willing to help climbers.
- D. Professional in treating altitude sickness.

B

Everywhere inside Valerie Tolman's home in Missouri City are signs that she has a big heart. There are family photos, including those of two biological and two adopted children who are all now grown; her two rescue dogs, Ivy and Ellie, are close by and, in an upstairs bedroom, are four kittens she's looking after. Her love of animals and passion for helping strays (走失的宠物) find homes earned her the Missouri City Volunteer of the Year award in 2017.

Tolman, a former newspaper reporter and software-industry analyst, started the volunteer program at the Missouri City Animal Shelter in 2014 after she retired. She later formed the

Friends of the Missouri City Animal Shelter, a nonprofit to expand the group's efforts to keep animals healthy, alive and adoptable. "I like living things, and it breaks my heart to think something is suffering — animals or humans," Tolman said.

She even challenged city officials about the lack of funding (资金提供) for the shelter, and encouraged the public to complain (投诉) in letters and emails to the City Council. Eventually, the council budgeted \$250,000 for the shelter. "I fought city hall and won," she said. "The animals are in such better shape. I'm proud of that."

But she's most proud of her efforts to send high school students from low-income families to college. She and her husband Davis Tolman, a retired petroleum geologist, started a scholarship for first-generation college students in 2001. Tolman said 51 students have received full tuition (学费), including books, through the program. Although the graduation rate for the scholarship receivers is 54 percent, Tolman said all of the students tended to become successful in life simply because they attended college. Most of the students are the first in their families to go to college.

"It has a ripple effect, and even though some may not finish, there is a feeling that anything is possible," she said. "We now have nurses, teachers and engineers because of this program."

24. What makes Tolman do volunteer work?

- A. Her satisfaction of material rewards.
- B. Her sense of duty.
- C. Her love for creatures.
- D. Her inspiration from other people.

25. What can we infer about the City Council in Paragraph 3?

- A. It asked the public to build shelters for strays.
- B. It annoyed the public by its inaction.
- C. It didn't have enough money to build shelters.
- D. It had paid little attention to strays before.

26. What can we learn about the scholarship receivers?

- A. They all graduated from college with a degree.
- B. They tended to manage their life more easily.
- C. They helped spread the idea of the program.
- D. They supported their families when in college.

C

People may set an alarm on the phone or clock that sounds like this: beep beep beep. That hard, unpleasant sound may be making it harder to shake off the sleepy feeling in the morning known as grogginess. So, is there a better way to wake up? A recent study says yes. The answer is music .

The study, carried out by researchers in Australia, involved 50 people. The researchers found that people who wake up to musical alarms reported feeling more awake and alert. Stuart McFarlane, a lead writer of the study stated, “We are very surprised by these findings as one might expect a harsh beeping sound to be more successful at waking up a person.”

Sleep inertia is another term for grogginess. It means a person has a heavy feeling when waking up, and has trouble getting moving again after sleeping. McFarlane said people need to better understand sleep inertia’s harmful effects on human performance later in the day.

Not everyone will experience the full effect. But for those who do, “care should be taken” when performing duties that require a top performance within this period, he said. This includes “dangerous tasks like driving or riding our bikes” shortly after waking up. The same is true for people who work in dangerous situations shortly after they wake, including firefighters and pilots.

So, what makes musical alarms better for waking up? The researchers think the music may be more successful in reducing sleep inertia because it has several tones, compared to the single tone of a “beeping” alarm. McFarlane said that the changes over time between the music tones may help increase a person’s attention when waking from sleep.

And is there a kind of music that is best to wake up to? There may be, McFarlane said. “We could suggest alarm sounds that are tune full and easy to hum or sing along with. The current sounds I have been using include ‘Close to me’ by the Cure and ‘Borderline’ by Madonna.”

No matter how you wake up, experts say, the amount of sleep you get also matters a lot.

27. Which of the following might be the best title for the text?

- | | |
|-----------------------------------|------------------------------------|
| A. Why are musical alarms better? | B. What is grogginess? |
| C. Which music is the best? | D. How can we overcome grogginess? |

28. Which of the following statements is TRUE according to the passage?

- A. Sleep inertia is another cause for grogginess.

- B. How long a person sleeps is of great importance.
- C. The “beeping” alarm is not effective mainly because of its noisy tone.
- D. It is dangerous for everyone to drive or ride bicycles shortly after waking up.

29. The paragraph following this passage is likely to focus on

- A. examples of good musical alarms
- B. more findings of the application of music
- C. explanations about why music is more helpful
- D. suggestions on how to sleep well and feel fresh each morning.

30. In which section of a magazine may you find the passage?

- A. Technology.
- B. Fiction.
- C. Health.
- D. Entertainment

第二节（共 5 小题；每小题 2 分，满分 10 分）

根据短文内容，从短文后的选项中选出能入空白处的最佳选项。选项中有两项为多余选项。

Many healthcare workers know that washing hands is important to prevent the spread of infectious disease. 31 During a study conducted by Nicas and Best at Berkley University, they counted the number of times people touched their face with their hands. 32 Whether we are aware of our actions or not, most of us can agree that we touch our face with our hands frequently enough.

Imagine that you are able to record a full day of your actions. Better yet, reflect on what you did when you woke up yesterday morning. Let me give you an idea of my previous morning. I was woken by the alarm clock at 6 am. 33 Then I checked my phone for messages, turned on the TV for morning news, started making my coffee and finally hit the shower. It wasn't even 5 minutes from the time I awoke and I already touched 5 different objects. The points of this is to be aware that even in our homes we are exposed to germs in places we don't realize.

Luckily, the human body has amazing defense against harmful germs. 34 Our white blood cells are like soldiers coming to the rescue. Unfortunately, there are a lot of areas on our face that do not have the protection of skin such as the eyes and mouth. There's a reason to every wise proverb and our parents annoying us to wash our hands before dinner is not for nothing,

35 If you have children, it is even more important to set the example because children are known to learn from adults. Let's start a good habit of washing hands. As for your friends, don't

be shy about checking to make sure their hands are clean. Asking someone if they have washed their hands is caring. Checking to see if someone has washed their hands will benefit not only that person but you and your family.

- A. Our skin is the first line of defense.
- B. Several minutes later, I turned off the alarm clock.
- C. It is easy for us to admit that we wash our hands regularly.
- D. They are more self-aware that hand washing should be practiced as needed.
- E. Most importantly, it is our duty to set the right example for friends and family.
- F. They found that the subjects touched their face 15.7 times per hour on average.
- G. Do the rest of your family members, especially children, wash their hands regularly?

第三部分 语言运用（共两节，满分 45 分）

第一节：完形填空（共 20 小题；每小题 1.5 分，满分 30 分）

阅读下面短文，从短文后各题所给的 A、B、C 和 D 四个选项中，选出可以填入空白处的最佳选项，并在答题卡上将该项涂黑。

I was going to see my grandma Ruthy.

Approaching her apartment, I was suddenly seized with the 36 that I was going to die one day. I walked in to see my grandmother sitting on the sofa, 37 and pale. Once she would have 38 me in her huge bear hug, but now it seemed like the sofa was going to have her 39 alive.

I knew I was supposed to hug her but I wanted to 40. I didn't want to even make eye contact with this woman that I had loved so 41, because if I did, maybe death would 42 from over her shoulder and touch me too.

My grandmother, dying of cancer, 43 pulled herself to the edge of the sofa and 44 herself up and said, "So where are we going for dinner?" I turned to my mom 45 I didn't know what food went with dying.

The next minute, we ended up 46 her off the sofa, down the steps, into the car, and driving to the closest 47. She hadn't managed solid food in weeks, and could 48 do a sip of water due to the pain. But she ordered a large cup of beer. We ate and she drank. 49, there was no death. There was no cancer. There was a moment like that in every 50.

Then we said 51. I was waiting for the icy cold hand of 52 on my heart. But I didn't feel it, because she had 53 a shield (防护物) around me — the meal.

The last 54 my grandma Ruthy taught me is that one day, I'm supposed to look over my shoulder and say, "Hello, Death. Before we go, I'm going to have one more 55."

- | | | | |
|--------------------------|-----------------|---------------------|-----------------|
| 36. A. depression | B. terror | C. surprise | D. anger |
| 37. A. clumsy | B. hungry | C. tired | D. weak |
| 38. A. wrapped | B. packed | C. contacted | D. comforted |
| 39. A. locked | B. split | C. bitten | D. swallowed |
| 40. A. check | B. scream | C. run | D. stand |
| 41. A. slightly | B. deliberately | C. secretly | D. dearly |
| 42. A. reach out | B. run away | C. look away | D. set out |
| 43. A. smoothly | B. unwillingly | C. slowly | D. casually |
| 44. A. dressed | B. straightened | C. gave | D. fastened |
| 45. A. when | B. although | C. because | D. unless |
| 46. A. dragging | B. rushing | C. carrying | D. inviting |
| 47. A. restaurant | B. park | C. supermarket | D. clinic |
| 48. A. carefully | B. barely | C. freely | D. easily |
| 49. A. From time to time | B. From then on | C. For a long while | D. For a moment |
| 50. A. meal | B. conversation | C. party | D. celebration |
| 51. A. sorry | B. goodbye | C. hello | D. thanks |
| 52. A. fate | B. God | C. death | D. life |
| 53. A. built | B. removed | C. bought | D. refused |
| 54. A. skill | B. concept | C. story | D. lesson |
| 55. A. hug | B. beer | C. talk | D. trip |

第二节（共 10 个小题；每小题 1.5 分， 满分 15 分）

阅读下面材料，在空白处填入适当的内容（1 个单词）或括号内单词的正确形式。

For those lacking sleep at night, a nap (小睡) can often be the perfect solution. Naps improve your performance, which is why you feel 56 (refresh) after taking one. The length of your nap 57 (determine) the benefits. A 20-minute nap is the most 58 (suit) to improve

moving skills and attention, while an hour to 90 minutes of napping helps solve creative problems. Just set an alarm 59 (get) the right amount of sleep.

Regular, short naps can help relieve tension, which decreases your risk of heart disease. Get the most health benefits 60 your nap by doing it right. Stick to a regular napping schedule during right 61 (hour), between 1:00 pm and 3:00 pm. The time is right for a nap as it is usually after lunch, 62 your blood sugar and energy starts to dip. So, keep shut-eye short and nap in a dark room as soon as possible during this period.

As anyone suffering from 63 sleepless night knows, it's hard to be happy the next day. Napping can help erase the bad mood for lack of sleeping. A short nap is a 64 (wise) choice than drinking black coffee, since 65 (take) caffeine in the afternoon or evening can badly affect your nighttime sleep.

第四部分 写作（共两节，满分 40 分）

第一节：应用文写作（满分 15 分）

假如你是李华，你们学校的外教 Mrs. Smith 想找一个人教她 9 岁的女儿中文。请你写信推荐你的朋友王林，内容包括：1. 写信目的； 2. 推荐理由

注意：1. 词数 80 左右；2. 可适当增加细节，以使行文连贯。

第二节：概要写作（满分 25 分）

阅读下面短文，根据其内容写一篇 60 词左右的内容概要。

Plant-Based Diet

What is a plant-based diet? Is it just a fashionable new term for a “vegan(严格素食主义者)”? While there is no set definition, a plant-based way of eating focuses on consuming

plant-sourced wholefoods (全天然食物) that are least processed in their original form, for example whole grains, fruits, vegetables, nuts and seeds. These are full of vitamins, minerals, and provide an abundance of nutrients for your body. Following a plant-based lifestyle doesn't necessarily mean fully avoiding animal products like a vegan. For plant-based eaters, animal proteins can happily fit in with the lifestyle, yet they play more of a supporting role. Overall, "plant-based" is more of a broad and flexible way of thinking about nutrition rather than a rigid diet. With a plant-based diet, the focus is on simple, nutritious wholefoods.

Why people start following a plant-based diet? One of the main reasons is the health benefits. Now, more so than ever, research is showing how eating more plants and less meat can positively affect health. Particularly, a plant-based lifestyle has been linked to heart health. In a study of more than 10, 000 adults published in the Journal of the American Heart Association, it was shown that those who followed a more plant-based diet had a 16 percent lower risk of having cardiovascular (心血管的) disease and a 32 percent lower risk of dying of cardiovascular disease.

A plant-based lifestyle can also help to promote weight loss and help to maintain your goal weight. Weight loss commonly occurs because the diet consists of foods that are full of fiber and have a high-water content, which easily make you feel full up.

Another major reason to jump at the plant-based eating train is the external (外界的, 外部的) benefits. Plant-based foods are loaded with vitamins, which help brighten your skin. One of the plant-based all-star vitamins is vitamin C, which is a powerful antioxidant. A large number of fruits and vegetables contain vitamin C. They assist in smoothing lines, and reducing wrinkles.
