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新人教版 选择性必修 3
Unit 2 Healthy Lifestyle: Discover Useful Structures
导学案

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一、单元整体解读：

  本单元围绕"健康生活方式"这一主题展开，在"人与自我"的大主题之下，探讨如何轻松面对压力，保持身心健康，提高幸福感，如何培养健康生活方式，远离不良生活习惯，积极锻炼身体，参加良性社会交往，培养健康的兴趣爱好。

二、内容分析：

  语法结构：学生在初中阶段和本套教材的前面册次已经学习过动词不定式作宾语、宾补、定语、状语等用法，本单元将继续学习动词不定式作主语的用法。学生在本套教材选择性必修第一册第三单元学习了动词-ing 形式作主语的用法。关于动词-ing 形式作主语和动词不定式作主语的区别，适当进行讲解。

三、课型解析：

  通过回顾 Reading and Thinking 板块的阅读课文引出"To change bad habits is never easy"，引导学生辨认动词不定式 to change bad habits 充当主语的句子。通过阅读语篇，找出所有含有不定式作主语的句子，与同伴讨论答案。掌握动词不定式在句子中的不同成分：定语、宾语、状语、表语等。

I.【教学目标】Learning Objectives：

By the end of this class, students will be able to:

1.Enable the Ss to master the usage of the infinitive of the verb as the subject

2.Enable the Ss to use the relevant grammar flexibly and authentically in the real situation.

II.【教材分析】：

  The theme of this unit is about healthy lifestyle, while the theme of discover useful structure is about Infinitives as the subject.

III.【教学过程】Teaching procedures:

Step 1：单元语法探究

Look at the following sentences and pay attention to the italicized infinitives. Find more infinitives in the reading passage, and tell their meanings and functions.

1. To change bad habits is never easy.

2. It took the surgeon three hours to finish my mother's ling surgery.

3.To join the people's Liberation Army, it is required for men to shave off their beards.

4. It was not polite to disturb your neighbors with loud music last night.

More infinitives in the reading passage

1….it can be easy for some of them to form bad habits.

2. After all, it is not easy to break bad habits.

【设计意图】 呈现课文中出现的动词不定式的例子，启发学生辨认动词不定式。

【核心素养提升点】

学习能力：梳理动词不定式的功能。

Step 2. Exploring Infinitives as the subject: Grammar analysis

不定式的时态和语态：

不定式	主动	被动
一般	to write	to be written
进行	to be writing	
完成	to have written	to have been written
完成进行	to have been writing	

不定式作主语：

1._____ (talk) with him is a great pleasure.

2. _____ (help) others is our duty.

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3.It is easy_____ _____ (学生读)

4.It is important _____ Tom to get that job.

It is kind _____ you to help me with my homework.

Infinitive as the real subject of the sentence:

It (形式主语) ~ to do（真正主语）

不定式作主语和动词-ing 形式作主语的区别：

动词-ing 形式和不定式作主语, 都是说明一个内容。

不定式通常表示一个将来的、具体的内容；

但是, 而动词-ing 形式则表示一种经常性的、习惯的或抽象的概念。

To look after children is her job today.

她今天的工作是看孩子。

Looking after children is her work.

她的工作是照顾孩子。

【设计意图】

了解动词不定式的功能和用法。

【核心素养提升点】

学习能力：学会动词不定式的基本用法

Step 3. 重难点突破

不定式作主语，it 做形式主语的常见结构：

It is +adj.+(for sb) to do

It is easy for me to learn how to drive.

学开车对我来说很轻松。

It is +adj.+(of sb) to do

It is clever of you to apply for the position.

你申请这个职位真是明智的。

It is +n.+ to do sth (an honour, our duty, a pity, a shame)

It is our duty to take care of you.

照顾你是我们的责任。

It takes/took sb some time to do sth.

It took me half an hour to do my housework.

我花了半个小时做家务。

【设计意图】

理解动词不定式的功能和基本用法

【核心素养提升点】

思维品质：体会动词不定式的表达效果。

Step 4. Exploring Infinitives as the subject: Grammar analysis

疑问词 + 不定式 做主语

可用于该结构的疑问词

疑问代词：who，whom，what，which

疑问副词：when，where，how

常接该结构的动词：know，see，decide，tell，ask，consider，explain，learn，wonder

How to construct the theoretical framework is very important.

怎样构建理论框架很重要。（作主语）

When to start developing such a vaccine is the question.

问题是何时开始研制这种疫苗。（作主语）

Where to find that patriotic young man is a headache for me.

到哪里去找那个爱国的年轻人令我头疼。（作主语）

练习：

1.When and where_____（vote） hasn't been decided.

2. _____（何时装修） the house hasn't been decided

1.单个不定式作主语，谓语动词_____
2. 不定式作主语时,可以用 it 作_____.
3. 如果要说明不定式表示的动作是谁做的，
可以在不定式前加一个由 for/of 引起的短语,构成_____。
4.It is+adj+for sb to do ……
(adj.: easy, difficult, comfortable, pleasant, light, dangerous， tiresome, interesting, heavy, fit)
5. It is+ adj+ of sb to do………
(adj: kind, good, nice, wise, unwise, clever, silly, stupid, foolish, careless, rude, polite, naughty)

Step 5. Practice
单句语法填空
（1）Sometimes it's better _____（remain） silent.
（2）Although _____is a hard task to protect our environment，we can't help but go ahead.
（3）_____（control） the air pollution is necessary.
（4）It was foolish _____him to endanger his life in that way.
（5）Don't you think it is rude _____him to ask a lady her age?
（6）It is difficult _____him to live on such a small salary.
（7）I don't think _____（你问……是不礼貌的） how long the interview will last.
（8）_____（保卫…… 是我们的职责） the country against its enemies.
（9）_____（…… 花了我半个小时）to wash the clothes.
Join the words to make full sentences using the infinitive.
1. important/avoid/passive cigarette smoking.
It is important to avoid passive cigarette smoking.
2. will take/nutrition specialist/a balanced diet menu/make /an hour/for you.
It will take a nutrition specialist an hour for you to make a balanced diet menu.
3.useful/turn to/fitness consultant/for advice
 It is useful to turn to fitness consultant for advice.
4.illegal /dangerous/take /drugs
It is illegal and dangerous to take drugs.
5.harmful/skip breakfast/often
It is harmful to often skip breakfast.

Step 6. Practice
complete the conversations with the correct forms of the phrases in the box.
1. A: Hello, doctor. I want to lose weight, but I just can 't seem to do it. What can you do to help me?
  B: Well, first, it's necessary to _____what you eat. Cut out all fatty food and sugary drinks, and eat more fruit and vegetables.
2.A: I really need to _____a way to exercise more. I could use a fitness app, but my phone's full.
  B: So delete a few files. I'm sure the app doesn't take up much space.
3 A: Before exercising, always do a few warm-ups to_____.
  B: I know. But then I always feel too tired to continue!
4. A: Should I go for the pizza or the fried chicken? I hate _____ like these. You know what —I'm going to eat both!
  B: Wow！l Don't eat too much junk food-you'll get fat. I've actually _____ to go on a diet, so I'll just stick to the fruit salad.
【学后反思】
1. 是否灵活运用动词不定式?
2. 是否能运用动词不定式在真实的语境中?
【板书设计 Blackboard Design】
Blackboard Design

Blackboard Design	**Unit 2 Healthy Lifestyle: Discover Useful Structures** 1._____(talk) with him is a great pleasure. 2. _____(help) others is our duty. 3.It is easy_____ _____ (学生读) 4.It is important _____ Tom to get that job. It is kind _____ you to help me with my homework.