

# 东阳中学 2020 年下学期 10 月阶段性检测考试卷

## （高一英语）

本试卷分第 I 卷（选择题）和第 II 卷（非选择题）两部分。请将客观题答案用 2B 铅笔填涂在答题纸上，将主观题答案用黑色水笔或钢笔填写在答题纸上。考试结束后，上交答题纸。

### 第 I 卷（选择题 共 95 分）

#### 第一部分：听力（共两节，满分 30 分）

##### 第一节（共 5 小题；每小题 1.5 分，满分 7.5 分）

听下面 5 段对话。每段对话后有一个小题，从题中所给的 A、B、C 三个选项选出最佳选项。听完每段对话后，你都有 10 秒钟的时间来回答有关小题和阅读下一小题。每段对话仅读一遍。

1. What will the woman do this evening?  
A. Have dinner with Mike.  
B. Go out with her parents.  
C. Stay at home with her brother.
2. How does the woman keep in touch with her family?  
A. By making phone calls.      B. By sending postcards.      C. By using the Internet.
3. What did the man buy?  
A. Green tea.      B. Orange juice.      C. Hot chocolate.
4. What does the woman ask the man to do?  
A. Move some boxes.      B. Make a phone call.      C. Drive a car.
5. Why is the man talking to the woman?  
A. To take out insurance.      B. To describe his illness.      C. To make an appointment.

##### 第二节（共 15 小题；每小题 1.5 分，满分 22.5 分）

听下面 5 段对话或独白。每段对话或独白后有几个小题，从题中所给的 A、B、C 三个选项选出最佳选项。听每段对话或独白前，你将有时间阅读各个小题，每小题 5 秒钟；听完后，各小题给出 5 秒钟的作答时间。每段对话或独白读两遍。

听第 6 段材料，回答第 6、7 题。

6. Where does the conversation take place?  
A. In a hotel.      B. In the man's office.      C. In a post office.
  7. What will the man do next?  
A. Post some papers.      B. Find a fax machine.      C. Go downstairs.
- 听第 7 段材料，回答第 8 至 10 题。

8. Where did the man most probably lose his phone?  
A. On the underground.      B. In a bank.      C. In a restaurant.
9. What will the man do before five o'clock?

- A. Buy a new phone.                      B. Make a call to the woman.                      C. Meet the woman.

10. How does the man feel in the end?

- A. Surprised.                      B. Grateful.                      C. Doubtful.

听第 8 段材料，回答第 11 至 13 题。

11. How did the woman book the movie tickets?

- A. On the Internet.                      B. At the ticket office.                      C. On the phone.

12. When did the speakers plan to meet the Smiths at first?

- A. At 11:30.                      B. At 12:00.                      C. At 2:00.

13. Where will the speakers go first?

- A. To the cinema.                      B. To the restaurant.                      C. To the bookstore.

听第 9 段材料，回答第 14 至 17 题。

14. What does the man think of Lucy's taking flying lessons?

- A. Impractical.                      B. Surprising.                      C. Interesting.

15. What is Lucy?

- A. A pilot.                      B. A nurse.                      C. A doctor.

16. What does the man advise the woman to do?

- A. Teach in a college.  
B. Start her own restaurant.  
C. Organize an Italian cooking class.

17. What is the relationship between the speakers?

- A. Husband and wife.                      B. Brother and sister.                      C. Teacher and student.

听第 10 段材料，回答第 18 至 20 题。

18. Who is the speaker?

- A. An English teacher.                      B. A university student.                      C. A news reporter.

19. What does the speaker suggest?

- A. Practicing listening more after class.  
B. Trying to understand every word when listening.  
C. Listening to pop songs without reading the words.

20. What is the speaker mainly talking about?

- A. How to understand teachers better.  
B. How to find interesting materials.  
C. How to improve English listening.

## 第二部分 阅读理解(共两节，满分 35 分)

### 第一节(共 10 小题；每小题 2.5 分，满分 25 分)

阅读下列短文，从每题所给的 A、B、C 和 D 四个选项中，选出最佳选项，并在答题纸上将该项涂黑。

#### A

#### Ideas of making the first weeks of high school easy

Frank. aged 21

I think almost every kid feels both nervous and excited before their first day, You will probably love it. I know I did. You should join some sports or activities that will make your high school experience more enjoyable. Good luck!

Sharon. aged 22

The most important thing to keep in mind when going into high school is to be yourself. Besides, I don't know what your middle school was like, but high school teachers will not care about things such as how much homework you already have in one night. It's best to just learn to deal with things and manage your time wisely so you can achieve everything you need to do.

Eddie. aged 20

When I started high school, I was really nervous too, especially since I had been home-schooled all through middle school and didn't really know anyone. I suppose the best advice would be to just relax. The first couple of days can be a little bit hard, but things will become easier before you know it.

David. aged 19

I'm not going to lie. The first day is kind of frightening. But you'll get used to it. Don't be afraid of anyone; upperclassmen(高年级学生) will pick on you more if you let them know you're afraid. Just take it easy. Making some friends and staying with them will greatly help you get used to high school quickly. After the first week it's really not bad at all. Don't worry.

21. What can we infer from Sharon about high school?

- A. Teachers are quite strict.
- B. Students often stay up at night.
- C. Teachers provide much care for students.
- D. Students should make good use of their time.

22. How did Eddie feel on his first day of high school?

- A. Bored
- B. Excited
- C. Worried
- D. Relaxed

23. Who mentions the importance of friends?

- A. Frank
- B. Eddie
- C. Sharon
- D. David

B

Exercise helps to keep us in good health. Doctors at the American Heart Association suggest getting at least 150 minutes of proper physical activity every week. Many people exercise for a few minutes every day or every other day. So, getting 150 minutes every week is easy.

But what about those times when you are sick? If you do not feel well, should you keep following your exercise habit? Following are the answers from health experts.

Edward R. Laskowski is a doctor at the Mayo Clinic. He and other experts have a general rule about exercising when you are sick. It is usually fine to exercise mildly, he explains, if your symptoms are all "above the neck". These signs may include a runny nose, nasal congestion(鼻塞), sneezing(打喷嚏) or a minor sore throat.

Geralyn coopersmith, a physical fitness trainer who has written several books on exercise and nutrition offers similar advice. However, both Coopersmith and Dr. Laskowski suggest taking a

break from exercising if signs of your illness appears “below the neck.” Pay special attention to symptoms such as chest congestion( 胸闷), extreme cough or pain in the stomach.

There are other symptoms (症状) that can tell you to avoid exercise. They include a higher than normal body temperature, a sense of feeling extremely tired, and widespread muscle pain.

Both Coopersmith and Dr. Laskowski suggest listening to your body. If you feel really bad, take a break and let your body rest. If you don't feel too bad, these experts both suggest reducing the amount of exercise. For example, if you usually run, take a quick walk instead.

24. Which of the following statements is true?

- A. It is a hard thing for people to exercise for 150 minutes every week.
- B. It is fine to do light exercise when you have a runny nose and chest congestion.
- C. Edward suggests doing exercise when you have muscle pain all over your body.
- D. Geralyn holds people can exercise mildly when their symptoms are above the neck.

25. People with symptoms below the neck are advised to \_\_\_\_\_.

- A. stop exercise
- B. walk instead of run
- C. ignore the symptoms
- D. cut down the amount of exercise

26. Which of the following might be the best title for the text?

- A. Warnings against exercise when you are ill.
- B. Harmful effects of exercise when you are ill.
- C. Suggested time for exercise when you are ill.
- D. Professional tips on exercise when you are ill.

C

Whether you admit it or not, people's love for Christmas Jumper (毛衣) around Christmas has increased over recent years. And while you may be less willing to get involved in the Christmas jumper trend, Christmas Jumper Day now enables you to do more with your jumper than build up sweat in an incredibly warm office.

The origin of the Christmas jumper can date back to the late 19th century in the USA. Americans in the 1930s knitted(编织) for Christmas to create an item of clothing to keep them “warm” during the Great Depression when people led a poor and miserable life. They copied the jumpers they saw their favorite stars wearing on the big screen. From the 1950s, it was common to see American families wearing festive jumpers as they sat down to eat their Christmas dinner.

Now, alongside wearing a festive jumper for the fun of it, there are other positive outcomes. Christmas Jumper Day has been set up to stimulate people to make the world better and raise funds for Save the Children by wearing a Christmas jumper and making a minimum donation of £ 1. Ladbrokes, a company in the UK, is running a competition in which all you have to do is to take a selfie (自拍) outside of one of their shops while wearing a jumper — the winner will win a good prize and for every submission (提交作品), Ladbrokes will donate £ 5 to St. Luke's Hospice charity. For you, it's a win-win situation.

If you're still unconvinced that it's about time you bought yourself a Christmas jumper, then maybe the fact that Taylor Swift, Justin Bieber and Snoop Dogg have all been spotted wearing

Christmas jumpers will raise your enthusiasm. Retailer (零售商) such as Topshop, Burberry and H&M have also become devoted to Christmas Jumper Day and have their very own types of Christmas jumpers.

27. Which statement is true according to paragraph 1?
- A. Wearing Christmas jumpers in the office has been a trend.
  - B. Wearing Christmas jumpers can make you incredibly warm.
  - C. Christmas jumpers have gained huge popularity.
  - D. Christmas jumpers serve many functions.
28. For what reason did Americans in the 1930s make Christmas jumpers?
- A. To protect them from cold weather.
  - B. To lift their spirits.
  - C. To follow the stars.
  - D. To form a tradition.
29. The underlined word “stimulate” in paragraph 3 can be replaced by \_\_\_\_\_.  
A. demand            B. advise            C. encourage            D. persuade
30. Why does the author mention Taylor Swift, Justin Bieber and Snoo Dogg?
- A. To ask people to donate Christmas jumpers.
  - B. To show the importance of Christmas Jumper Day.
  - C. To prove Christmas jumpers are popular among stars.
  - D. To persuade readers to buy a Christmas jumper.

## 第二节(共 5 小题；每小题 2 分，满分 10 分)

根据短文内容，从短文后的选项选出能填入空白处的最佳选项。选项中有两项为多余选项。

### How to Adjust to a New School

School is a place for students, where they learn to succeed . 31 When you go to a new school, you might worry that you don't know anyone. You worry that you might get lost, or that the teachers are strict. Here are some ways to help you adjust to a new school.

#### Get to Know the School

Before you start the school, go with your parents to visit the school . 32

#### Prepare for the First Day

33 Being well rested will help you remove(去除) any nervousness you may be feeling. Try to get at least 8 to 9 hours of sleep if you're between 7 and 17 years old.

Leave early for school . Make sure you leave lots of time in the morning to get to school. 34 Arriving early may also give you a chance to chat with a few other students and hopefully make a few new friends.

#### Make friends

Take part in activities. Sign up for activities like drama, sports or chess club. This will put you into smaller groups with people who have the same interests as yours. 35 You might even be able to teach some other kids about how to do something.

- A. Find out where your classroom will be, as well as other important places.
- B. Start off your first day of school with a good night's sleep.
- C. Learning the rules of the school will help you adjust to it and will keep you out of trouble.

D. But adjusting to a new school can be difficult.

E. You don't want to rush into your classroom after the bell rings.

F. This will also give you a chance to show your skills at a sport or other activities.

G. Go shopping for your supplies (日用品) and make sure you have them all ready to take to school.

### 第三部分 语言运用(共两节, 满分 40 分)

#### 第一节 完形填空(共 20 小题; 每小题 1.5 分, 满分 30 分)

阅读下面短文, 从短文后各题所给的 A、B、C 和 D 四个选项中, 选出可以填入空白处的最佳选项, 并在答题纸上将该项涂黑。

When I was a little girl, there was the magic of Mercurochrome (红药水). It was good for cuts, scratches (抓痕), or other 36. My brother and I tested and 37 the powers of Mercurochrome many years ago.

It was summer and hot. Mama was not feeling well and had become 38 tired. She told us that she was going to 39 on her bed. Only a few minutes had passed when Ronnie 40 a scratch on his knee that needed immediate 41. We tiptoed(踮脚走) into Mama's room and asked her if we could put Mercurochrome on Ronnie's scratch. 42 on her back, Mama had fallen into a deep sleep and made no answer.

We stole into the bathroom and took the Mercurochrome and 43 Ronnie's knee. Undoubtedly, he immediately began to feel better. 44, we tiptoed into Mama's room to show her that we had taken care of our scratches without 45 her. But she was in sound sleep. Then we whispered that 46 Mama didn't feel well, perhaps Mercurochrome would make her feel 47.

Twenty minutes 48, we painted every scratch and every freckle(雀斑)of Mama's skin. She had Mercurochrome 49 her legs, arms and face. At Ronnie's encouraging, we 50 tried to paint her fingernails and toenails.

When Mama screamed in 51, we knew that she was awake. With all the 52, it didn't seem at first that she was feeling better, 53 she burst into laughter as she stared at her image in the mirror.

We laughed a lot the next few days. If anyone had asked us, we would have 54 that Mama had been cured by the 55 of Mercurochrome.

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|-----------------|----------------|---------------|---------------|
| 36. A. matters  | B. worries     | C. troubles   | D. wounds     |
| 37. A. marked   | B. proved      | C. collected  | D. ignored    |
| 38. A. suddenly | B. gradually   | C. hardly     | D. extremely  |
| 39. A. lie down | B. settle down | C. go down    | D. look down  |
| 40. A. doubted  | B. learnt      | C. noticed    | D. recognized |
| 41. A. look     | B. attention   | C. advice     | D. study      |
| 42. A. Round    | B. Tight       | C. Wide       | D. Flat       |
| 43. A. painted  | B. designed    | C. completed  | D. decorated  |
| 44. A. Politely | B. Proudly     | C. Carelessly | D. Properly   |

- |                       |              |              |               |
|-----------------------|--------------|--------------|---------------|
| 45. A. pleasing       | B. bothering | C. exciting  | D. worrying   |
| 46. A. before         | B. unless    | C. until     | D. since      |
| 47. A. better         | B. rarer     | C. worse     | D. stranger   |
| 48. A. earlier        | B. ago       | C. later     | D. ahead      |
| 49. A. in             | B. on        | C. up        | D. under      |
| 50. A. always         | B. ever      | C. even      | D. only       |
| 51. A. disappointment | B. shame     | C. horror    | D. excitement |
| 52. A. laughing       | B. talking   | C. screaming | D. joking     |
| 53. A. so             | B. although  | C. because   | D. but        |
| 54. A. pretended      | B. expected  | C. insisted  | D. accepted   |
| 55. A. story          | B. reality   | C. secret    | D. magic      |

## 第 II 卷（非选择题 共 55 分）

### 第二节:语法填空(共 10 小题; 每小题 1.5 分, 满分 15 分)

With my high school life 56 (begin), I feel a little anxious right now. I hope to make a good first 57 (impress). But I wonder whether I will make friends or what if no one 58 (talk) to me.

To tell the truth, the maths class was difficult for me, 59 the teacher was kind and friendly. He told 60 (we) a funny story and every student laughed so much! In the afternoon, we had our chemistry class in the science lab. The lab is new and the lesson was 61 (interest), but the guy next to me tried to talk to me the whole time. Therefore, I couldn't concentrate 62 the experiment. I 63 (real) wanted to tell him to be quiet and leave me alone!

All in all, the first day is 64 wonderful day. Though I was worried in the morning, I didn't feel awkward or frightened at all. I believe I will make new friends in the new school here and there's a lot 65 (explore) at senior high. I think that tomorrow will be a great day!

### 第四部分: 写作 (共两节, 满分 40 分)

#### 第一节: 句子翻译 (共 5 小题; 每小题 3 分, 满分 15 分)

根据括号内的提示将下列中文翻译成英文。

66. 这个关于如何适应校园生活的讲座给我留下了深刻的印象。(疑问词+to do, get used to, impression)

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67. 相比于第二本书, 她更喜欢第一本, 该书的内容是关于一个 2008 年奥运会的志愿者。(prefer, content, volunteer)

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68. 我强烈建议你看一下这本书, 它很适合新生。(recommend+宾语从句, be suitable for)

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69. 令我生气的是, 肇事司机没有如期出现。(annoy, be responsible for, as scheduled)

70. 这个活动是专门为交换生而设计的, 并且我发现它很有用。(design, exchange, find+宾语+宾补)

## 第二节：应用文（满分 25 分）

假定你是李华, 你的英国朋友 Peter 来信就下周三要参加孔子学院(the Confucius Institute)的面试征询你的意见。请你写封回信, 内容包括:

1. 写信目的;
2. 提出建议; (至少 2 条)
3. 表示祝愿。

注意: 1.词数 80 左右;

2.可适当增加细节,以使行文连贯。

[illegible]