Unit 1 Book 1 练案

**I.fill in the blanks with proper forms or expressions of the given word:**

1. volunteer

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ gives you a chance to change lives, including your own.(2013 北京)

Mark \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to ride the bus with Susan each morning and evening until she could manage it by herself.(2012 天津)

Today, over thirty companies regularly donate(捐赠) food and other goods to the cause and \_\_\_\_\_\_\_\_\_\_\_ help to deliver them to the homeless.(2012 山东)

Key:Volunteering, volunteered, volunteers

1. prefer

Some people prefer \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(做所有的事) over the internet.

I’d prefer\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(你早点开始).

I prefer the red dress\_\_\_\_\_\_the green one because it fits me better.

I prefer \_\_\_\_\_\_\_\_\_\_\_\_\_\_to\_\_\_\_\_\_\_\_\_\_\_\_\_(读书而不是看电视).

I prefer to go there by bike \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(而不是) by car.

Many people expressed a strong \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(对……的偏爱)the original plan.

Preferenceshould \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(被给予) graduates of this university.

She was chosen \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(优先于)her sister.

Key：to do everything; you to start early; to; reading books; watching TV; rather than; preference for; be given to; in preference to

1. content

People who are truly content\_\_\_\_\_\_\_\_ life are enthusiastic about what they do.

The couple are very contented \_\_\_\_\_\_\_\_the life in the countryside, where everything goes quietly and comfortably.

Stricter controls were placed on the \_\_\_\_\_\_\_\_\_\_ of video films.

Key:with; with; content

1. suit

If we met at 2 o’clock , would that \_\_\_\_\_\_\_\_ you?

The hot weather doesn’t \_\_\_\_\_\_\_\_ me.

Short sight can be fixed by the use of \_\_\_\_\_\_\_\_\_\_ glasses.

Soon they came to a very long room full of pictures and there they found \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(一套) armour(盔甲).

Key:suit; suit; suitable; a suit of

1. title/topic/theme/subject

It was the book's eye-catching \_\_\_\_\_\_\_that helped me make up my mind to buy it.

正是这醒目的书名才使我下决心买下这本书。

The \_\_\_\_\_\_\_ of your article is very good, but your spelling and style must be improved.

你文章的主题很好，但拼写及风格必须改进。

I cannot remember in the very long conversation what \_\_\_\_\_\_\_ has been touched upon .

我不记得在漫长的谈话中涉及到了那些话题。

The graduates wrote a number of essays whose \_\_\_\_\_\_\_\_ was man's will-power.

研究生们写了以人类的意志力为主题的一系列论文。

He chose "A Reform in Teaching Methods" as the \_\_\_\_\_\_\_\_\_ of his lecture.

他选择"教学方法的改革"作为讲话的题目。

Key:title; topic; topic; theme; subject

1. confuse

We decided to cut short the meeting, but her unexpected arrival \_\_\_\_\_\_\_\_\_\_\_ all our plans.

The uncertainty created by this situation must be \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ for you.

His answers to my questions have only added to my \_\_\_\_\_\_\_\_\_\_\_\_\_.

The driver was \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ the road signs.

Key:confused; confusing; confusion; confused at/about

1. recommend

Can you\_\_\_\_\_\_\_\_\_\_\_\_\_ a good hotel?

I recommend he \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(see) a lawyer.

We'd recommend you \_\_\_\_\_\_\_\_\_\_\_(book) your flight early.

He recommended \_\_\_\_\_\_\_\_\_\_\_(read) the book before seeing the movie.

It is strongly recommended that the machines \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(check) every year.

Key:recommend; (should) see; to book/(should) book ;reading; (should) be checked

1. advance

Confidence and ability usually \_\_\_\_\_\_\_\_\_\_\_\_ side by side.

A person’s soul is like the torch made of hay. If taking action ,it must burn itself \_\_\_\_\_\_ advance.

Those who are content with their present situations will surely make no more \_\_\_\_\_\_\_\_\_ in life.

Key:advance; in; advances

1. responsibility

With great power, comes great \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.(Spider Man)

Children must learn just a few basic roles——being safe, being considerate to others and being \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to themselves.

The project is delayed. Someone must be responsible \_\_\_\_\_\_\_\_ this.

Key:responsibility; responsible; for

10.solve

I have tried very hard to find a \_\_\_\_\_\_\_\_\_\_\_\_\_\_ to the problem, but in vain.(2010江苏)

The committee is discussing the problem right now. It will hopefully \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ by the end of next week.

Key:solution; be solved

11. schedule

We have \_\_\_\_\_\_\_\_\_\_\_\_ the meeting for Monday.

The speaker is \_\_\_\_\_\_\_\_\_\_\_ to make a speech tomorrow.

Thanks to your help, we finished the job \_\_\_\_\_\_\_\_\_\_of schedule.

We have to prepare for the possibility that we might not finish it\_\_\_\_\_\_\_ schedule.

Key:scheduled; scheduled; ahead; on

12.youth

A lazy \_\_\_\_\_\_\_\_\_, a lousy(极坏的)age. 少壮不努力，老大徒伤悲。

He who will not learn when he is \_\_\_\_\_\_\_ will regret it when he is old. 少壮不努力，老大徒伤悲。

A plant may produce new flowers; man is \_\_\_\_\_\_\_\_\_\_ but once. 花有重开日，人无再少年。

What sowed in \_\_\_\_\_\_\_\_, what harvested when old.年青时种下了什么因，年老时就收获什么果。

Learning keeps us \_\_\_\_\_\_\_\_\_ and dreams keep us alive.学习让我们保持年轻，梦想让我们充满活力。

Key:youth; young; young; youth; young

13.expert

He is expert \_\_\_\_\_\_\_\_\_playing the piano.

Success is doing the same right thing over and over again until you become \_\_\_\_\_\_ expert in your field.

Every teacher once was a student. Every winner once was a loser. Every \_\_\_\_\_\_\_\_\_ once was a beginner. But all of them have crossed the bridge called “Learning”.

Key: at/in; an; expert

1. behave

Believe there is a great power silently working all things for good, \_\_\_\_\_\_\_\_ yourself and never mind the rest.

相信举头三尺有神明，谨言慎行，豁达待人。

A beautiful form is better than a beautiful face; a beautiful \_\_\_\_\_\_\_\_\_\_ than a beautiful form.——Emerson

美丽的形体胜于漂亮的脸蛋，优雅的举止胜于美丽的形体。 ——爱默生

Key:behave; behavior

15.generation

Life is for one \_\_\_\_\_\_\_\_\_\_\_, a good name is forever.

生命只有一代之久,而美名永存于世.

One generation \_\_\_\_\_\_\_\_\_\_(plant) the trees in whose shade another generation rests.

前人栽树，后人乘凉。

Key:generation; plants

15.attract

The man who \_\_\_\_\_\_\_\_\_ luck carries with him the magnet(磁铁) of preparation.(Clifton Fadiman)

吸引好运的人，总是在时刻准备着。——克利夫顿·费迪曼

Nowadays TV as well as other media have \_\_\_\_\_\_\_\_\_\_ the attention of many audiences.

I was entirely\_\_\_\_\_\_\_\_\_\_\_\_by the beautiful music while listening.

Unwilling to leave out any \_\_\_\_\_\_\_\_\_\_\_\_\_, my cousin arranged his enjoyable journey carefully.

Rainbow Valley is a great tourist \_\_\_\_\_\_\_\_\_\_\_, drawing many visitors every year.

Key:attracts; attracted; attracted; attractions; attraction

16.focus

The secret of change is to \_\_\_\_\_\_\_\_\_\_\_ all of your energy, not on fighting the old, but on building the new.

做出改变的秘诀不是多么努力地和过去做斗争，而是全力以赴地去打造全新的自己。(Socrates苏格拉底)

Life never stops pushing forward. Stay \_\_\_\_\_\_\_\_\_ and never slow down with regrets.

生活从来都不会停止向前，保持专注，别因为后悔而放慢脚步。

Control your \_\_\_\_\_\_\_\_\_, control your life.

掌控你的注意力，你就能掌控你的生活。

As long as I can focus \_\_\_\_\_ enjoying what I’m doing, having fun, I know I’ll play well. (Steffi Graf)

只要我能专注于享受我做的事、得到乐趣，我便知道我将表现不错。——施特菲·葛拉芙 (网球明星)

Key：focus; focused; focus; on

**II. Fill in the blanks with the proper form of the phrases in the box:**

|  |
| --- |
| prefer...to..., be content with, be suitable for, in advance, be responsible for, a solution to, be scheduled for, be confused at/about,on schedule, be expert in/at, from generation to generation, focus on |

1. Nobody else in our class\_\_\_\_\_\_ so\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_computer . He can take one apart and then put it together!
2. Leave alone the others and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ your goal. Never turn away until you get it.
3. If you are to treat your friends to dinner in a good restaurant at the weekend, you’d better book a table \_\_\_\_\_\_\_\_\_\_\_.
4. Those who \_\_\_\_\_ not \_\_\_\_\_\_\_\_\_\_\_\_\_ the progress they have made will have greater success.
5. This position\_\_\_\_\_\_ equally \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ a school leaver or somebody who has office experience.
6. Many people \_\_\_\_\_\_\_\_ paper bags \_\_\_\_\_\_ plastic ones because they are environmentally friendly.
7. You are never to abandon your duty, for you are the one who really\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_it.
8. I really think that Yuan Longping’s super rice can be \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_the world hunger.
9. The graduation ceremony \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_June 1st.
10. Don’t worry. There is plenty of time. We are sure to finish it\_\_\_\_\_\_\_\_\_\_\_\_\_.
11. Some histories were not written in books. They were passed down from mouth to mouth, and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
12. I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ what you said just now. Can you explain it a little bit?

Key:

1.is; expert at/in 2.focus on 3.in advance 4.are; content; 5.is; suitable for 6.prefer; to 7.is responsible for 8.a solution to 9.is scheduled for/on 10.on schedule 11.from generation to generation.12.am confused about