**辽宁省名校联盟2024年高三10月份联合考试**

**英语**

命题人：抚顺二中 赵春梅

审题人：抚顺二中 赵春梅 鞍山十三中 马跃

本试卷满分150分，考试时间120分钟

注意事项：

1. 答卷前，考生务必将自己的姓名、准考证号填写在答题卡上。

2. 答选择题时，选出每小题答案后，用铅笔把答题卡对应题目的答案标号涂黑。如需改动，用橡皮擦干净后，再选涂其他答案标号。答非选择题时，将答案写在答题卡上。写在本试卷上无效。

3. 考试结束后，将本试卷和答题卡一并交回。

**第一部分 听力 （共两节，满分30分）**

做题时，先将答案标在试卷上，录音内容结束后，你将有两分钟的时间将试卷上的答案转涂到答题卡上。

第一节 （共5小题；每小题1.5分，满分7.5分）

听下面5段对话。每段对话后有一个小题，从题中所给的A、B、C三个选项中选出最佳选项。听完每段对话后，你都有10秒钟的时间来回答有关小题和阅读下一小题。每段对话仅读一遍。

例：How much is the shirt?

A. £19.15. B. £9.18. C. £9.15.

答案是C。

1. How much is the entry price for a student above 12?

A. $30. B. $15. C. $12.

2. Why did the man call the coffee shop?

A. To seek assistance. B. To make suggestions. C. To express appreciation.

3. Where does the conversation probably take place?

A. At home. B. In an office. C. In a hospital.

4. How is the man probably feeling about the report?

A. Stressed. B. Disappointed. C. Confused.

5. What are the speakers talking about?

A. How to save on costs. B. Whether to hire new staff. C. When to reduce employees.

第二节 （共15小题；每小题1.5分，满分22.5分）

听下面5段对话或独白，每段对话或独白后有几个小题，从题中所给的A、B、C三个选项中选出最佳选项，并标在试卷的相应位置。听每段对话或独白前，你将有时间阅读各个小题，每小题5秒钟；听完后，各小题将给出5秒钟的作答时间，每段对话或独白读两遍。

听第6段材料，回答第6、7题。

6. What is the weather like now?

A. Clear. B. Windy. C. Foggy.

7. How does Jack probably get to work?

A. By train. B. On foot. C. By car.

听第7段材料， 回答第8至10题。

8. What is the theme of the event?

A. Italian cooking classes. B. Global food challenge. C. Dessert-making contest.

9. What does the woman want to get from the event?

A. Some recipes. B. Free gifts. C. Italian pizza.

10. What will participants do at the event?

A. Cook with chefs. B. Vote for a winner. C. Try different dishes.

听第8段材料， 回答第11至13题。

11. When should the woman get to the concert?

A. A quarter to four. B. A quarter past three. C. Four forty-five.

12. Why does the woman advise the man to arrive earlier?

A. To meet Daniel’s classmate. B. To secure a seat in the front. C. To practice before the concert.

13. What is the relationship between Daniel and John?

A. Classmates B. Father and Son. C. Teacher and student.

听第9段材料， 回答第14至16题。

14. How long does the man work every weekend?

A.11 hours. B.8 hours. C.6 hours.

15. What does the woman think of the man’s job?

A. Too boring. B. Low-paying. C. Physically demanding.

16. What does the man advise the woman to do?

A. Plan for the weekend. B. Find a night-shift job. C. Work during the vacation.

听第10段材料， 回答第17至20题。

17. What is the man doing?

A. He is preparing meals. B. He is hosting a party. C. He is giving instructions.

18. What are the Palace Kitchens famous for?

A. Its capacity. B. Its position. C. Its service.

19. What is the man’s suggestion?

A. Getting a brochure at the entrance.

B. Having a snack in the coffee shop.

C. Visiting Henry the I’s apartments.

20. Where will the listeners have dinner?

A. At the garden. B. At the hotel. C. At the kitchen.

**第二部分 阅读 （共两节， 满分50分）**

第一节 （共15小题；每小题2.5分，满分37.5分）

阅读下列短文，从每题所给的A、B、C、D四个选项中选出最佳选项。

**A**

If you’re looking to enhance your fitness journey, here are some must-reads.

***The One-Minute Workout* by Martin Gibala**

For many of us, the problem is not to improve a workout, but to find time to exercise at all. Gibala’s eight fundamental interval workouts and four micro-workouts can be used as an alternative to quickly increase strength and endurance in hardly any time! It’s considered to be one of the best fitness books for beginners!

***The Champion’s Mind* by Jim Afremow**

In his book, sports psychologist Jim Afremow. PhD, talks about how to stick to goals and keep yourself challenged over time. Though written with athletes in mind. this book would inspire anyone to approach their long-term goals.

***How Bad Do You Want It by* Matt Fitzgerald**

This book is a great look into the attitude it takes to truly push yourself to those ultimate limits. I’ve had many runners who recommend this book themselves when I ask for favorites. I think it’s just a book that helps you figure out how to dig deep and what’s happening when you feel like stopping.

***Becoming a Supple Leopard* by Glen Cordoza**

The book features hundreds of step-by-step photos for popular exercises like squats and kettlebell swings pointing out common mistakes. It’s a top resource for staying healthy and injury-free!

21. Who would most probably choose the book written by Gibala?

A. Businessmen with tight schedules. В. Athletes aiming for peak performance.

C. Employees with flexible working time. D. Fitness trainers seeking new challenges.

22. Which of the four books is highly popular with runners?

A. *The One-Minute Workout*. B. *The Champion’s Mind*.

C. *How Bad Do You Want It*. D. *Becoming a Supple Leopard*.

23. What concerns Cordoza most?

A. Attitude. B. Teamwork. C. Duration. D. Safety.

**B**

When we think of pioneering organizations in technology, Apple and OpenAI often dominate the conversation. However. Transport for London (TIL), managing the London Underground, also does remarkable work.

In an innovative move, TfL transformed Willesden Green, a station in North West London, into a “smart” station by integrating AI image recognition technology with existing CCTV systems. The upgraded cameras could then intelligently analyze video to monitor activities within the station, similar to human observation but with greater efficiency.

This cutting-edge technology, relatively new yet rapidly developing, enhances the operational capabilities of the Tube’s staff. For instance, the AI system was programmed to detect individuals who may need immediate assistance, such as those who have fallen. Once detected, a warning would be sent to station staff via iPads. enabling them to quickly provide the necessary help.

The system also addressed safety concerns by identifying passengers standing dangerously close to the platform edge and flagging them up to staff, leading to intervention to prevent potential accidents. Moreover. the AI was capable of recognizing prohibited items like knives and guns, and behaviors such as ticket avoidance by jumping over ticket barriers.

One of the more advanced features of this AI system was its ability to identify “aggressive （攻击性的） behavior”. a challenging task given the subjective nature of visual signals. TfL tackled this by setting a warning for when an individual raises both arms—a movement often linked with aggression or trouble. This feature not only aids in spotting potential threats but also serves as a quiet emergency signal for staff who might feel threatened and are unable to call for help conventionally.

Despite its benefits, the use of AI in public monitoring is not without its debates, especially concerning privacy and the potential for misuse. However, with appropriate rules, the potential of AI to enhance productivity, security, and efficiency in public transport systems like the London Underground is vast.

24. What makes Transport for London a pioneer in technology?

A. Discontinuation of CCTV systems. B. Effectiveness of human observation.

C. Cooperation with OpenAI company. D. Use of AI for smart camera systems.

25. What do the underlined words “flagging them up” in paragraph 4 mean?

A. Assisting them. B. Avoiding them. C. Highlighting them. D. Offering them flags.

26. How does this technology empower station staff?

A. By punishing passengers’ misbehavior. B. By ensuring a secure working environment.

C. By minimizing real-time monitoring needs. D. By detecting potentially collapsing platforms.

27. Which of the following best describes this technology?

A. Ineffective. B. Transformative C. Short-lived. D. Nonessential.

**C**

A recent study from the University of Guelph in Canada has revealed a surprising discovery about common eastern bumblebees （大黄蜂）: These insects can survive underwater for up to a week. This finding, published in the journal *Biology Letters*, came about due to an experimental error when researchers placed hibernating （冬眠的） queen bumblebees in water and found them alive days later. The discovery has impressed scientists. particularly because bumblebees are land-based creatures not typically associated with water environments.

Nigel Raine, a professor in the school of environmental sciences at the university and the study’s lead author, expressed his astonishment at the results. To further explore this phenomenon, Raine and his team conducted an experiment involving 143 hibernating queen bumblebees. They discovered that those placed underwater for up to seven days had similar survival rates to those not, indicating that the bees’ ability to survive such conditions may be more common than previously thought.

The research underlines the strength of bumblebees during their hibernation period. a critical phase in their life cycle that has remained largely unexplored. Queen bumblebees typically hibernate alone in small holes during the cold months, which are believed to protect them from flooding. However, this study reveals that these bees possess an unexpected adaptation, allowing them to survive even in flooded conditions.

Given these findings, one possible explanation for their survival is diapause, a state of suspended growth and reproduction characterized by reduced oxygen intake. During this state. bumblebees may close their spiracles （气孔） to prevent water from entering their bodies, and they might also breathe through their skin. This energy-saving mode is likely a key factor in their ability to survive beneath the water.

Raine emphasized the importance of understanding these mechanisms, as it could have significant implications for the study of wild insects that help with plant reproduction, which are crucial for food security and ecosystem health, His team’s research will aim to determine whether hibernating queens can survive even longer periods underwater and if similar strength exists in other bee species.

28. What do we know about the finding?

A. It matched prior beliefs. B. It concerned sea insects.

C. It was fully anticipated. D. It was made by accident.

29. What can be inferred about bumblebees from paragraph 3?

A. They hibernate in groups for protection. B. They are always protected from flooding.

C. They have a hidden adaptation mechanism. D. They reproduce better in flooded conditions.

30. What may Nigel Raine do in the future?

A. Secure research patents. B. Prioritize dietary security.

C. Conduct further research. D. Raise ecological awareness.

31. Which is the most suitable title for the text?

A. Bumblebee Reproductive Habits B. Bumblebee Hibernation Patterns

C. Scientists’ Experimental Methods D. Bumblebee Survival Underwater

**D**

When Celia Barberena retired in 2012 after a long career in higher education, she faced a new challenge: how to spend her retirement. While some view retirement as a time to relax and enjoy life without pressure, Barberena wanted to engage in something meaningful. At 67, she decided that volunteering would be her new focus.

Barberena believes that volunteering helps keep her mind sharp, and recent research backs her up. A study presented at the Alzheimer’s Association International Conference indicated that volunteering is connected with better scores on cognitive （认知） function tests. Volunteers are vital to communities, and many organizations rely on their contributions. Donna McCullough, Chief Mission and Field Operations Officer at the Alzheimer’s Association, hopes these findings will inspire people to volunteer not just for community but also for potential brain health benefits.

This research stands out because it included a diverse population of nearly 2,500 participants who varied in race. background, and education levels. Previous studies have found positive links between volunteering and cognitive function； however, when it comes to the new research, it found that those who volunteered performed better on tests of planning, attention focusing, task prioritization, and memory recall, regardless of their age, gender, education, or income.

Now 75, Barberena stays busy with various volunteer roles. She believes that volunteering exercises her memory and reasoning skills. Additionally, she notes that retirement can lead to isolation （孤独）, and the resulting loneliness or anxiety can negatively impact cognition, making social engagement even more crucial.

Volunteering has provided Barberena with a sense of purpose and a network of friends, all of which are invaluable to her mental health and overall quality of life. Experts suggest that the positive effects of volunteering create a beneficial cycle that can help reduce depression and loneliness. Even with physical limitations, many volunteering opportunities are available online, making it accessible to almost everyone. The key is to find an activity that is enjoyable and personally rewarding, allowing individuals to stay engaged and mentally active in their later years.

32. Why did Barberena turn to volunteering?

A. To pursue a purposeful activity. B. To enjoy a stress-free retirement.

C. To avoid additional responsibilities. D. To confirm recent research findings

33. What makes the new research unique?

A. Its narrow focus. B. Its mixed sample. C. Its high accuracy. D. Its small selection.

34. What is paragraph 4 mainly about?

A. Berberena’s gains from volunteering. B. Barberena’s motivation for retirement.

C. Barberena’s challenges in volunteering. D. Barberena’s hobbies outside volunteering.

35. What can be inferred from the last paragraph?

A. Volunteering primarily benefits physical health. B. Volunteering should be satisfying and meaningful.

C. Online volunteering is suited for skilled professionals. D. Only in-person volunteering offers a sense of purpose.

第二节 （共5小题；每小题2.5分，满分12.5分）

阅读下面短文，从短文后的选项中选出可以填入空白处的最佳选项，选项中有两项为多余选项。

Encouraging kids to make handmade gifts teaches valuable lessons and adds meaning to presents. 36 Handmade gifts are thoughtful and show care, making them extra special. Working together on these projects can be fun and rewarding for both parents and children.

**Handmade Gifts Express Love.**

Handmade gifts are a perfect way to show you care without spending much. They reflect your creativity and can be tailored to the receiver’s preferences. Even simple DIY projects with home supplies are often more meaningful than store-bought items. If time is tight. consider unique handmade goods from online stores. 37

**Affordable & Eco-Friendly.**

Handmade gifts are cost-effective and eco-friendly, often made with materials you already have at home. This approach saves money and reduces environmental impact by using fewer resources. 38 These thoughtful. self-made presents still provide a special. memorable touch.

**Teaching Life Skills.**

Giving handmade gifts teaches children valuable life skills like budgeting. problem-solving. organization, and planning. By planning and creating a gift. they practice these skills in a hands-on way. 39 Instead of buying something from a store. they’ll come up with creative ideas. sourcing materials or making items themselves. encouraging critical thinking about what kind of gift would be most meaningful for their loved ones.

 40

Giving handmade gifts is also a wonderful way for you and your children to spend meaningful time together doing something productive and enjoyable. Taking time out of busy schedules can often be difficult, but creating thoughtful gifts together is not only fun but also teaches important values like working hard on tasks until completion, which builds determination as well as patience.

A. Building StrongFamily Bonds.

B. Creating Quality Time Together.

C. While it requires planning, the effort is worth it.

D. They will also learn to think outside the box in gift-giving.

E. Either way, they are a heartfelt act for those you care about most.

F. Creating gifts can be time-consuming but is often seen as a hobby.

G. However, creating gifts on a budget doesn’t mean lowering the quality.

**第三部分 语言运用 （共两节，满分30分）**

第一节 （共15小题；每小题1分、满分15分）

阅读下面短文、从每题所给的A、B、C、D四个选项中选出可以填入空白处的最佳选项。

After moving to New York City, I decided to bike from Hudson Yards to Brooklyn. Following 41 in my ear, I headed toward the Brooklyn Bridge. When the GPS instructed me to turn left onto the bridge. I followed without 42 .

Moments later, however, I realized my mistake—I had 43 a six-lane （六车道） highway surrounded by cars speeding past at over 60 miles per hour. 44 set in as I understood there was neither shoulder on which to stop nor any way to turn around: the only 45 was to keep moving forward, 46 , I rode as fast as I could, holding the handlebars tightly as cars sounded their horns （喇叭）, drivers shouting 47 out of their windows. About a quarter of the way across, a man pulled up beside me and shouted, “What are you doing?” I 48 , “I made a mistake! I have to keep going!” 49 my fear, he promised, “I’ll make sure you get across.”

 50 to his word, he moved behind me, 51 his warning lights and guiding me across the bridge at 30 miles per hour. What should have been a 52 ride felt as though it lasted forever. As I ultimately reached the end, glancing back, I saw him taking a (n) 53 . I never saw him again.

This experience, a powerful 54 of the kindness of strangers. left me deeply grateful to the person who 55 their safety to protect mine.

41. A. warnings B. stories C. excuses D. directions

42. A. permission B. hesitation C. interest D. confusion

43. A. entered B. ignored C. avoided D. left

44. A. Relief B. Panic C. Joy D. Curiosity

45. A. reason B. barrier C. option D. delay

46. A. Secretly B. Happily C. Desperately D. Unfortunately

47. A. abuses B. songs C. praises D. cheers

48. A. whispered B. laughed C. demanded D. responded

49. A. Doubting B. Sensing C. Forgetting D. Appreciating

50. A. Contrary B. Partial C. True D. Incomplete

51. A. switching on B. turning off C. adapting to D. breaking down

52. A. long B. brief C. challenging D. common

53. A. stop B. entry C. exit D. driveway

54. A. thought B. result C. suggestion D. reminder

55. A. considered B. questioned C. defended D. risked

第二节 （共10小题；每小题1.5分，满分15分）

阅读下面短文，在空白处填入1个适当的单词或括号内单词的正确形式。

Hanfu, a style of clothing traditionally 56 (wear) by the Han people in China, with a history of nearly 4,000 years, has seen a notable comeback in the United States in recent years. This renewed interest, largely driven by overseas Hanfu clubs, has connected people to Chinese culture while 57 (encourage) global appreciation for this traditional clothing.

In the United States, Hanfu clubs like the New York Hanfu Corporation, which is led by Ming Liang and 58 (play) a crucial role in promoting and preserving this cultural tradition. are part of a large Hanfu club network across the U.S., with more than a dozen clubs in different states that operate 59 (independent) but maintain regular connections. 60 Ming’s organization contributes to the community is more than just an opportunity to wear Hanfu. With around three hundred 61 (enthusiast), the organization provides weekly activities and cultural events. Additionally, it establishes 62 venue for deep discussions on Chinese philosophy and culture. which significantly enhance members’ understanding of their heritage （遗产）.

As Hanfu clubs expand, there is an emphasis 63 engaging the next generation. Ming’s organization hosts parent-child events on a regular basis 64 (educate) children about Hanfu’s cultural significance.

The goals that Ming’s organization actively pursues include preserving Hanfu traditions, serving as cultural bridges, linking different communities 65 , despite challenges, promoting a global appreciation for Chinese heritage.

**第四部分 写作 （共两节，满分40分）**

第一节 （满分15分）

假定你是李华，你的英国笔友Chris是音乐老师，在校园合唱比赛中，你班荣获一等奖，请你写邮件分享喜悦并感谢Chris给你的合唱建议。内容包括：

1. 分享喜悦；

2. 表示感谢；

3. 你的感受。

注意：

1. 写作词数应为80左右；

2. 开头和结尾已为你写好，不计入总词数。

|  |
| --- |
| Dear Chris, Li Hua |

第二节 （满分25分）

阅读下面材料，根据其内容和所给段落开头语续写两段，使之构成一篇完整的短文。

In my childhood, influenced by my parents and friends. I was encouraged to try various creative activities. Of course, I didn’t enjoy all of them equally, whether it was my first attempt or after repeated efforts. However, life has a way of leading us to unexpected passions. You never know when a creative pursuit might change your life.

The name of this activity is “painting”. About ten years ago, I didn’t really see the appeal of sitting in front of a canvas （画布） for hours, trying to recreate scenes or images in my mind. The idea of mixing colors and repeatedly adjusting brushes felt tiresome to me. In fact, I used to think of painting as some sort of “coloring inside the lines” activity that young kids enjoyed, but it was much more difficult because there was no outline to guide you.

However, all that changed when I visited my grandparents during a winter break. My grandmother, an enthusiastic painter, gently persuaded me to join her in her art studio to try my hand at painting. She encouraged me to simply express myself through colors and brushes. Hesitant but curious, I agreed and sat down with her, ready to paint. Before handing me the brushes, she showed me how to mix the colors and create different shades, making the process seem more approachable.

Learning to paint, especially for a beginner like me, can be a difficult task. The act of holding a brush is simple, but creating something meaningful on the canvas is challenging. That’s why it’s called painting, not finishing. But with practice and patience, it becomes more enjoyable and less frightening over time. Patience is crucial in painting. It takes time to find the right combination of colors and to let the image in your mind slowly take form on the canvas.

注意：

1. 续写词数应为150左右；

2. 请按如下格式在答题卡的相应位置作答。

|  |
| --- |
| My grandmother had to repeatedly remind me to be patient. Word came that a painting competition would be held in our school.  |

**参考答案及解析**

**第一部分 听力**

1~5 BACAB 6~10 CCBAC

11~15 BBAAC 16-20 CCABB

**第二部分 阅读**

第一节

**A**

【语篇导读】介绍四本健身书籍，《一分钟锻炼》马丁·吉巴拉《《冠军的心态》吉姆·阿夫雷草《你有多渴望，成功》马特·菲茨杰拉德；《成为柔韧的豹》格伦·科尔多萨。

21. A 【解析】《一分钟锻炼》马丁·吉巴拉，Gibala’s eight fundamental interval workouts and four micro-workouts can be used as an alternative to quickly increase strength and endurance in hardly any time! 这本书针对那些时间紧张但想要快速提高体力和耐力的人群，因此最适合那些工作日程紧凑的商人。故选A项。

22. C 【解析】《你有多渴望成功》马特·菲茨杰拉德，I’ve had many runners who recommend this book themselves when I ask for favorites. 文本中明确提到这本书受到许多跑者的推荐，因此这本书在跑者中非常受欢迎。故选C项。

23. D 【解析】《成为柔韧的豹》格伦·科尔多萨. It’s a top resource for staving healthy and injury-free! Cordoza的书重点关注如何通过正确的锻炼方式保持健康并避免受伤，因此他最关心的是安全问题。故选D项。

**B**

【语篇导读】伦敦交通局（TfL）在Willesden Green地铁站引入了AI图像识别技术，通过智能摄像系统提升了地铁站的安全性和运营效率。

24. D 【解析】根据第二段…TfL transformed Willesden Green into a “smart” station by integrating AI image recognition technology with existing CCTV systems. The upgraded cameras could then intelligently analyze video to monitor activities within the station…文本中提到伦敦交通局（TfL）通过将人工智能图像识别技术与现有的CCTV系统相结合，使Willesden Green站成为“智能”站。这种创新的AI技术让伦敦交通局在技术上处于领先地位。故选D项。

25. C 【解析】“flagging them up”在此处指的是AI系统识别出站台边缘危险的乘客并向工作人员发出警告，这个动作的意思是“标记”这些乘客，提醒工作人员进行干预，以防止潜在的事故，故选C项。

26. B 【解析】根据第五段One of the more advanced features of this Al system was its ability to identify “aggressive （攻击性的） behavior”. This feature not only aids in spotting potential threats but also serves as a quiet emergency signal for staff who might feel threatened and are unable to call for help conventionally. 这项AI技术帮助识别潜在威胁、监测乘客安全以及识别危险行为，从而使车站工作人员能够更迅速有效地采取行动，保障他们的工作环境更加安全。故选B项。

27. B 【解析】文章描述了这项AI技术如何在多个方面显著提升了伦敦地铁的安全性和效率，表明这项技术对公共交通系统产生了变革性的影响。故选B项。

**C**

【语篇导读】一项研究发现，东部大黄蜂可以在水下生存长达一周，这种适应能力在以往未被发现。研究表明。大黄蜂在冬眠期间可能通过关闭气孔和减缓新陈代谢来实现这一生存技巧，这一发现对研究野生昆虫的生存机制具有重要意义。

28. D 【解析】根据第一段，This finding, published in the journal *Biology Letters,* came about due to an experimental error when researchers placed hibernating （冬眠的） queen bumblebees in water and found them alive days later. 研究人员在一次实验错误中发现冬眠中的大黄蜂能够在水下生存数天。这说明这个发现是偶然的，而非预先计划的。故选D项。

29. C 【解析】根据第三段，However, this study reveals that these bees possess an unexpected adaptation, allowing them to survive even in flooded conditions. 研究发现大黄蜂在水下能够生存，这表明它们其备一种未被发现的适应机制，这一机制帮助它们在洪水等极端条件下生存。故选C项。

30. C 【解析】在文章中，Nigel Raine强调了理解蜜蜂在水下存活机制的重要性，尤其是这项研究对于帮助植物繁殖的野生昆虫来说具有重要意义，他明确指出，他的团队未来的研究重点是确定冬眠的蜂王是否能在水下生存更长时间，以及其他蜜蜂物种是否具备类似的能力。这表明他将继续进行研究，因此C项是正确的。故选C项。

31. D 【解析】文章的主要内容集中在大黄蜂在水下生存的发现及其意义，因此“Bumblebee Survival Underwater”是最合适的标题。故选D项。

**D**

【语篇导读】文章介绍了Celia Barberena在退休后通过志愿服务保持认知功能，并引用研究表明志愿服务对大脑健康和心理健康有积极影响。

32. A 【解析】根据第一段Barberena wanted to engage in something meaningful. At 67, she decided that volunteering would be her new focus. Barberena在退休后希望从事有意义的事情，因此她选择了志愿服务。她认为这能帮助她保持头脑清晰并提供一种目的感。故选A项。

33. B 【解析】根据第三段This research stands out because it included a diverse population of nearly 2,500 participants who varied in race, background, and education levels. 这项研究的独特之处在于它包含了种族、背景和教育水平各异的多样化样本。故选B项。

34. A 【解析】根据第四段，She believes that volunteering exercises her memory and reasoning skills. Additionally, ... and the resulting loneliness or anxiety can negatively impact cognition. making social engagement even more crucial. 主要讨论了Barberena通过志愿服务在记忆和推理能力方面的收获，以及如何帮助她保持社交联系并避免孤独感。故选A项。

35. B 【解析】 根据最后一段，The key is to find an activity that is enjoyable and personally rewarding, allowing individuals to stay engaged and mentally active in their later years. 强调了志愿服务应当是愉快的且个人感觉有回报的，这样才能让人们在晚年保持活跃的心态。故选B项。

第二节

【语篇导读】文章讨论了鼓励孩子制作手工礼物的益处，包括表达爱意、节约成本、环保、学习生活技能，以及促进家庭成员之间的优质互动。

36. C 【解析】承上启下句。强调虽然手工制作礼物需要一些计划和努力，但最终的结果是值得的，与前后文衔接自然。故选C项。

37. E 【解析】段落总结句。在这个句子中，“Either way”是用来引出两种可能的情况：一是亲手制作，利用家中材料进行简单的DIY项目：二是如果时间紧张，可以考虑从在线商店购买独特的手工制品。它总结了无论是自制还是购买手工礼物，这些行为都是出于对亲近人的爱和关心，展示了手工礼物的情感价值。故选E项。

38. G 【解析】逻辑衔接句。与上文构成转折关系。这一段讲的是手工礼物既省钱又环保，但需要提醒读者，即使是在预算有限的情况下制作礼物，质量依然可以保证。故选G项。

39. D 【解析】过渡延伸句。“they will also”引入了孩子们通过手工制作礼物所能学到的另一项技能，与前述技能形成并列关系，而“think outside the box”用于描系述孩子们在制作礼物时的创新思维方式，这与后文他们选择自制礼物而非购买的行为形成对比，突出了创新思维的重要性。故选D项。

40. B 【解析】段落标题句，最后一段主要强调的是通过一起制作手工礼物来创造有意义的时间，这不仅为亲子之间提供了共享的愉快经历，还有助于孩子学习坚持到底的价值观和耐心。因此，B选项更准确地捕捉了段落的核心主题，选项A “Building Strong Family Bonds”（建立牢固的家庭关系）虽然与段落内容相关，但并不是这段文字的主旨。故选B项。

**第三部分 语言运用**

第一节

【语篇导读】文章讲述了作者在组约骑行时误入高速公路，感到恐慌时，一位陌生司机冒着风险帮助她安全通过的经历。这次经历让作者深感陌生人善意的力量。

41. D 【解析】句子提到作者在耳朵里听着GPS的指示，和后文When the GPS instructed me to turn left可知“directions”是最合适的答案。故选D项。

42. B 【解析】当GPS指示作者左转时，作者没有犹豫就照做了，因此“hesitation”是正确的选择。故选B项。

43. A 【解析】作者意识到自己误入了六车道高速公路，因此“entered”是正确的答案。故选A项。

44. B 【解析】当作者意识到自己身处危险的高速公路上时，感到恐慌是自然的反应，因此“Panic”是正确的答案。故选B项。

45. C 【解析】在这种情况下，作者唯一的选择是继续前行，因此“option”是最合适的选择。故选C项。

46. C 【解析】作者拼命地骑行以摆脱困境。因此“Desperately”是正确的选择。故选C项。

47. A 【解析】在这种危险的情况下，司机们可能会对作者大喊辱骂，因此“abuses”是正确的选择，故选A项。

48. D 【解析】当有人问作者在做什么时，作者回应说“我犯了一个错误！我必须继续前行！”，因此“responded”

是正确的答案。故选D项。

49. B 【解析】那个人意识到了作者的恐惧，因此“Sensing”是正确的选择，故选B项。

50. C 【解析】True to his word信守诺言，那个人信守承诺，帮助作者安全通过，因此“True”是正确的选择。故选C项。

51. A 【解析】他打开了警示灯，帮助作者安全通过，因此“switching on”是正确的答案。故选A项。

52. B 【解析】正常情况下，过桥的时间应该是短暂的，但由于紧张，感觉像是过了很久，因此“brief”是正确的选择，与后文as though it lasted forever构成对比。故选B项。

53. C 【解析】当作者到达桥的另一端时，看到那个人从出口驶出，因此“exit”是正确的答案。故选C项。

54. D 【解析】这次经历是陌生人善意的有力提醒，因此“reminder”是正确的答案。故选D项。

55. D 【解析】 那个人冒着自己的安全风险来保护作者，因此“risked”是正确的选择。故选D项。

第二节

【语篇导读】这段文字介绍了汉服在美国的复兴及其文化意义，尤其关注了如纽约汉服协会这样的组织在推广和保护这一传统文化中所扮演的重要角色。

56. worn 【解析】过去分词作定语，修饰前而的名词“clothing”，表示被动关系。故填worn。

57. encouraging 【解析】 现在分词作状语，表示“鼓励全球对这种传统服装的欣赏”。故填encouraging。

58. plays 【解析】谓语动词，一般现在时，第三人称单数。句子的主语是定语从句的which，指代“the New York

Hanfu Corporation”，是单数，因此动词用第三人称单数形式“plays”。故填plays。

59. independently 【解析】副词，修饰动词“operate”，表示“独立地”运作。故填independently。

60. What 【解析】连接词，主语从句中contribute缺少宾语。故填What。

61. enthusiasts 【解析】名词复数，表示“爱好者们”，与前面的“three hundred”保持一致。故填enthusiast。

62. a 【解析】冠词，表示“一个场所”，与后面的名词“venue”搭配使用。故填a。

63. on/upon 【解析】随着汉服俱乐部的扩展，强调吸引下一代的参与。故填on/upon。

64. to educate 【解析】 动词不定式，作目的状语，意为“为了教育孩子们”。故填to educate。

65. and 【解析】并列连词“and”连接并列成分，preserving ...，serving...，linking...，and promoting…。despite challenges为插入语，起干扰作用。故填and。

**第四部分 写作**

第一节

Dear Chris,

Hearing that our class won the first prize in the campus chorus competition. I can’t wait to share the exciting news with you and convey my heartfelt gratitude for your professional guidance and assistance.

This achievement brought us immense joy, and I believe it was partly due to your invaluable advice. Your detailed tips on voice control and harmony not only improved our technical skills but also boosted our overall stage presence, making our final presentation deeply impressive.

Participating in the competition was a rewarding experience. deepening our passion for chorus and enhancing our appreciation for the power of teamwork.

Best wishes,

Li Hua

第二节

My grandmother had to repeatedly remind me to be patient, I often grew frustrated when the colors didn’t mix as I had hoped, or when my brush movements felt awkward and unsteady. She encouraged me to take a deep breath and slow down to appreciate the process rather than rush toward the result, With her gentle guidance, I began to understand that patience was not just about waiting for a masterpiece to appear. but about embracing each step of the journey and learning from every movement. As I gradually let go of my impatience. I started to immerse myself more fully in the art, discovering a deeper sense of satisfaction in the act of creating.

Word came that a painting competition would be held in our school. My grandmother encouraged me to participate. but I was hesitant at first. unsure if my skills were good enough. Despite my doubts. I decided to challenge myself and enter the competition. I spent weeks preparing, carefully choosing my subject and practicing every day. As I worked. I remembered my grandmother’s lessons on patience, and I allowed myself the time to improve without rushing. To my surprise, not only did I enjoy the process, but my hard work paid off—I ended up winning a prize. This experience boosted my confidence and deepened my love for painting, strengthening the belief that patience truly is a virtue in all aspects of life.

**听力录音文稿**

Text I

M: How much is the entrance fee to Ueno Zoo?

W: The fee is 30 dollars.

M: Is that for adults or children?

W: That’s for adults. Students go half price and for children under 12, it’s free.

Text 2

M: I left my favorite jacket in a coffee shop a couple of days ago.

W: Oh no! Did you go back and look for it?

M: Well. I called them but it was gone.

Text 3

W: I feel much better now. Can I go home some time this week?

M: That’s good to hear. You’ve had a great recovery from your operation. You can leave tomorrow.

W: Great.

Text 4

W: What are you working on at the moment?

M: A long, long report on food safety—the deadline is next week, but I haven’t finished even half of it.

W: Poor boy!

Text 5

W: Like I told you before, we have high costs, and it’s too risky to take on employees.

M: I understand that. but the fact is we’re understaffed.

W: The timing is just not right.

M: Yeah, 1 guess you’re right.

Text 6

W: What terrible weather! Visibility is down to about 100 meters. I’ve heard it’s caused a lot of problems on the highway.

M: I know. As a matter of fact. Jack just called and said he’ll be at least an hour late because the traffic is so heavy.

W: He should have taken the train, I did. and I wasn’t delayed even one minute.

M: Lucky you. The weather report says it will be windy in the afternoon. I hope it clears up soon because I have to go to the dentist’s at two o’clock.

Text 7

M: Are you excited about the chef challenge event happening next week? The chefs will create dishes from around the world.

W: Yeah, being an audience is going to be wild! Do you know what they’re preparing to show?

M: It’ll range from Italian to Thai, and there’s even a part for desserts like French baked food and Indian sweets.

W: Wow! I hope they’re teaching some cooking methods!I’d love to learn some new dishes.

M: Yeah, participants can join masterclass demonstrations. Do you know what the best part is? We can taste them all.

W: Fantastic! Do you know if they’re focusing on any cooking techniques?

M: They’re emphasizing traditional methods. like using a stone oven for Italian pizza.

Text 8

M: Isn’t it Daniel’s school concert today? What time should we be there!

W: Well. I don’t know about the dads. but the moms have to be there half an hour before the tryout.

M: What time is the tryout?

W: A quarter to four, It actually starts an hour and a quarter later.

M: So if I’m there by four forty-five, should I get a seat?

W: Or maybe you can be there a bit earlier so that you get a seat in the front. And you can go together with Mr. Smith.

M: Who’s Mr. Smith?

W: Daniel’s classmate, John’s father. They live in this community, too.

M: OK. We will be there half an hour before the concert starts.

Text 9

W: I’m so relieved that we’ve only got one more class to go until the weekend.

M: You’re telling me. It’s been a long week.

W: That’s true. So, do you have any plans for the weekend?

M: Actually, I do. I’ve got to go to my part-time job.

W: I didn’t know you work part-time, When did you start doing that?

M: I just landed the job two weeks ago. I work as a cashier at a supermarket. I do a five-hour shift every Saturday and an hour longer every Sunday. I make eight dollars an hour.

W: Wow. Those are long shifts. Still, it must be nice to make money.

M: It is. My parents want me to start saving for college because they have no desire to pay for the entire cost of my college education.

W: That’s too bad for you. But I understand them as well. As a matter of fact. I think I’m going to find a part-time job myself.

M: Find a job? But you know you might want to wait until the term is over. You’d feel awful if you bombed a final exam because you couldn’t study the night before since you were working.

Text 10

M: Right ... so this is the end of our tour of King Henry the VIII’s state apartments, the most famous part of Hampton Court Palace. I’ll now leave you to go sightseeing on your own. Let me just tell you briefly what else you can see and do.

You can visit the apartments of King William and Queen Mary. The Palace Kitchens are especially interesting. They are the largest in Europe. In the time of Henry the VIII, 200 kitchen staff worked there to prepare two meals a day for over a thousand people. Audioguides to the palace are available from the Information Center. If you’ve had enough of royal apartments, you can just walk around the Palace Gardens, which are huge and truly amazing. Bring your tickets with you, and they’re needed to enter it. Have you still got the little brochure that comes with your ticket? If you’ve lost it, please come and ask me for one. I still have a few here. If you feel hungry, you can have a snack in the coffee shop in the Palace, next to the kitchens, or at the Tiltyard Cafe in the gardens.

We’ll meet again by the main entrance at 5: 30, and our coach will take us back to the hotel for dinner. That’ll be earlier than usual tonight, at 6:30, because we’re having a party later, at 8 o’clock. Have a pleasant time. Thank you.