

C. The traffic is heavy at the moment.

听第7段材料，回答第 8 至 9 题。

8. What is the probable relationship between the two speakers?

A. Friends.

B. Mother and son.

C. Singer and fan.

9. What do the two speakers have in common?

A. They love the same kind of music.

B. Their parents don't like their music hobbies.

C. Both of them joined the same band.

听第8段材料，回答第 10 至 12 题。

10. What reason does the woman give for needing a cellphone?

A. She can use it to check her e-mails.

B. She can call her family for a dangerous situation.

C. She can make cheaper calls.

11. How much is the monthly service?

A. \$ 20.

B. \$99.

C. Nearly \$30.

12. How long is the service agreement (协议) of the cellphone?

A. A year.

B. 6 months.

C. 1,000 days.

听第9段材料，回答第 13 至 16 题。

13. What is the man's major?

A. Marketing.

B. Foreign language.

C. International trade.

14. Which is a requirement of the job?

A. Traveling a lot.

B. Being married.

C. Living abroad.

15. What does the man think of the job?

A. Safe.

B. Challenging.

C. Pleasant.

16. When will the man get the reply?

A. In three days.

B. In six days.

C. In ten days.

听第10段材料，回答第 17 至 20 题。

17. What is the conversation mainly about?

A. A bike ride to the forest.

B. Safety in the mountains.

C. A trip to the countryside.

18. Where are the students going to camp?

A. In the forest.

B. By river.

C. In the fields.

19. Which of the following may cost them extra fees?

A. Observing animals.

B. Riding a horse.

C. Fishing or boating.

20. Why shouldn't the students go into the thick part of the forest?

A. They may get lost in it.

B. There is a river in the forest.

C. There are wild animals there.

第二部分 阅读理解（共两节，满分 50 分）

第一节（共 15 小题；每小题 2.5 分，满分 37.5 分）

阅读下列短文，从每题所给的 A、B、C 和 D 四个选项中，选出最佳选项，并在答题纸上将该项涂黑。

A

Top-Rated Tourist Attractions in New Zealand

Nature has shaped New Zealand with the beauty of a movie set. Few places have so many natural wonders packed into such a small area. Here are the best attractions travelers can explore.

Kaikoura, South Island

Birders, wildlife and seafood enthusiasts will love the charming coasted village of Kaikoura. Between the Seaward Kaikoura Range and the Pacific Ocean, Kaikoura offers excellent coastal hikes and popular whale watching tours. In addition to whales, passengers may see fur seals, dolphins and different kinds of birds.

Queenstown, South Island

Queenstown is New Zealand's adventure capital. Bungee jumping, jet boating, rock climbing, mountain biking and downhill skiing are just some of the exciting things to do here. In addition to the adventure sports, Queenstown offers all the comforts, with first-class hotels, spas, restaurants, galleries and shops.

Bay of Islands, North Island

A three-hour drive north of Auckland, the beautiful Bay of Islands is one of the most popular vacation destinations in the country. There are more than 144 islands on the bay, making it a perfect place for sailing. Penguins, dolphins, and whales live in these fertile waters, and it is a popular sport-fishing site. The old towns in the area such as Russell, Opua and Paihia are great bases for exploring this beautiful bay.

Rotorua, North Island

This is a land where the Earth speaks. Boiling mud pools, volcanic craters (火山口) and steaming thermal springs (温泉) show the forces of New Zealand's attractive landscapes. Visitors can take a walking tour of these geothermal wonders and bathe in the springs while visiting the interesting attractions to learn about the place's rich Maori history and culture.

21. Where can visitors experience sports with fun and risk?

- A. In Kaikoura.
- B. At Bay of Islands.
- C. In Queenstown.
- D. In Rotorua.

22. What do we know about Bay of Islands?

- A. There are several islands there.
- B. It is good choice for fishing lovers.
- C. There are many military bases (军事基地) there.
- D. It belongs to South Island of New Zealand.

23. What attracts visitors to Rotorua?

- A. Coastal hike tours.
- B. Whale watching.
- C. Different kinds of wildlife.
- D. Spring bathing.

24. Where is the text taken from?

- A. A news report.
- B. A guidebook.
- C. An advertisement.
- D. A geography textbook.

B

The 71st annual Boston Marathon was held on April 19, 1967. This day was filled with freezing rain,

snow and strong winds. However, for one runner named Kathrine Switzer, the weather conditions were the least of her worries. Kathrine was the first and only registered female runner in the marathon and she wanted to prove (证明) something.

The first few miles were a piece of cake for Kathrine. Then around mile four, she realized someone was going after her. She turned around and was startled to see an angry face just inches away. It was the race director (赛事总监), Jock Semple.

“Get out of my race and give me those numbers!” Jock shouted. As he said this, he caught hold of Kathrine’s arm and tried pulling her race numbers off her sweatshirt. Although Kathrine was so shocked and terrified, she struggled to break free.

Kathrine felt awful. She thought about quitting, but soon she knew that wasn’t a choice. “If I quit, nobody would ever believe that women had the ability to run 26-plus miles. If I quit, everybody would say it was a show. If I quit, it would set women’s sports back, way back, instead of forward.”

While all this thinking was going on, Kathrine continued, until she found herself nearing the finish line. Although several reporters were waiting there, none of them cheered. Kathrine completed the race in a time of 4 hours and 20 minutes. The race was over, but her determination to change was just beginning.

She played a major part in getting women officially accepted into the Boston marathon in 1972. Her effort also opened up marathon in Olympic Games for women. Her number 261 on that historic day in Boston has also become a symbol of fearlessness for millions of women worldwide.

25. What did Kathrine hope to achieve in the 71st Boston Marathon?

- A. Being a registered runner.
- B. Proving women’s ability in sport.
- C. Winning the competition.
- D. Proving it was a piece of cake to run 26-plus miles.

26. Why did Jock Semple go after Kathrine?

- A. To follow her pace.
- B. To defeat her in the race.
- C. To make her quit.
- D. To remind her of the rules.

27. What is mainly discussed about Kathrine in the last paragraph?

- A. Her leadership.
- B. Her fame(名声).
- C. Her popularity.
- D. Her influence.

28. Which of following best describes Kathrine according to the passage?

- A. Caring.
- B. Responsible.
- C. Adventurous.
- D. Determined.

C

Two friends have an argument over small things that breaks up their friendship forever. Such sad events happen again and again in high schools. So why aren’t students taught to deal with conflict?

First of all, students need to realize that conflict can not be avoided, but it doesn’t mean the happening of violence. However, a report shows that violence often happens between teenagers because of a small insult (侮辱). For example, when one student eats a sandwich each lunchtime, it may lead to someone else’s insult, because he or she was thought to be unwilling to try new things. In turn, it can lead to violence.

Once students recognize that conflict is unavoidable, they can stay calm. Feeling calmer, he or she should choose words that will calm the other person down as well. Insulting words only add fuel to the emotional fire. On the other hand, soft words can put out the fire.

After both sides have calmed down, they can apply another key strategy for conflict management: listening. Listening allows the two sides to understand each other. One person should describe his or her side, and the other person should listen.

Finally, students need to consider what they are hearing. Instead of finding out what's wrong with the other side, they should concentrate on what the real problem is and what both sides are trying to achieve. For example, the student being insulted for a sandwich can ask themselves questions such as "What do I really want? What am I afraid of?" rather than get angry. As the real problem becomes clearer, the conflict often simply becomes smaller.

There will always be conflict in schools. Learning to manage conflicts can help students deal with friends, teachers, parents, bosses, and coworkers. In that way, conflict management is a basic life skill that should be taught in schools across the country.

29. This passage is mainly about _____.

- A. the lives of school children
- B. the cause of arguments in schools
- C. how to deal with school conflicts
- D. how to avoid youth conflicts

30. From Paragraph 2 we can learn that _____.

- A. violence is more likely to happen at lunchtime
- B. the eating habit of a student is often the cause of a fight
- C. students tend to argue and fight easily
- D. a small conflict can lead to violence

31. The underlined phrase "add fuel to the emotional fire" in paragraph 3 probably means _____.

- A. calm down two sides
- B. help put out the fire
- C. cause physical violence
- D. cause more anger between two sides

D

Not only does the use of plastic water bottles hurt your wallet, but it also causes pollution, wastes energy (能源), and surprisingly wastes water. Only 23% of the plastic in America ends up in recycling bins (回收垃圾箱), meaning over \$ 1 billion worth of plastic is treated as rubbish a year. Recently, Skipping Rocks Lab has invented a kind of water bottle called Ooho.

Ooho is designed for large outdoor events where a large number plastic bottles are used and frequently left behind as litter. It's a kind of convenient, clear water bottle that can either be drunk or eaten. To drink it, you can either get rid of the membrane(膜) or tear (撕开) a hole in the membrane with your teeth to pour the water into your mouth. To eat it, you simply put the whole bottle in your mouth. It's completely tasteless so you needn't worry about any taste.

The team has been working for the past two years to develop the technology and materials (材料) that are needed to make Ooho. The price hasn't been decided yet, but it costs about two cents to create a unit, which is cheaper than plastic bottles. The team has also been selling Ooho water bottles in London for the past six months.

Ooho is catching many people's attention and has raised over \$1 million in only three days. It's mostly being sold at events to interest the buyers while the production machine is getting up and running. It's quickly making a rise, so keep an eye on these bottles of the future.

32. How is most plastic in America dealt with?

- A. It is thrown away as rubbish.
- B. It is reused as new energy.
- C. It is buried under the ground.
- D. It is applied to new technology.

33. What can we know about the Ooho?

- A. It plans to be sold at a very low price.
- B. It has some advantages over plastic bottles.

C. Most people in London use Ooho instead of plastic bottles.

D. Suitable materials of making Ooho are hard to find.

34. What's the author's attitude towards Ooho's future?

A. Doubtful.

B. Uninterested.

C. Positive.

D. Worried.

35. The article might be written for_____.

A. Scientists.

B. Experts.

C. Environmentalists.

D. The public.

第二节 七选五阅读（共5小题；每小题2.5分，满分12.5分）

根据短文内容，从短文后的选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

If you are a new person in a new school, it is normal to feel shy. ____36____ Here are several skills that help you overcome shyness and build new friendships

As soon as you hit the gate of your new school, try to appear easy to get along with by smiling naturally. ____37____ It can greatly affect your personal charm, making you appear friendly and easy-going. Walk tall and smile at anyone who looks directly into your eyes. If someone chats with you unexpectedly, do not look away but look at him in the eye and don't forget to smile.

____38____ Observe (观察) your classmates and try introducing yourself. If you are too shy, you can start with a little joke or small talk to break the ice. A good ice-breaker is to borrow an item from a classmate. This will lead to a deeper conversation that may continue on to other matters like a good introduction and even a social lunch with a new friend.

Join school clubs and organizations. ____39____ You will be attending meetings and parties that the club or organization will be holding regularly. Finally, you will fit in and totally let go of the shyness you felt on your first day.

____40____ If you continue to sit alone, then you might miss out on some of the most valuable friendships in your whole life

A. Say goodbye to shyness in a new school by following these very great skills.

B. It will bring you happiness and power.

C. A good and honest smile can make a difference.

D. You will become the most popular person in school.

E. Chances for new communication will be opened up there.

F. The classroom is a good place to make friends in a new campus.

G. However, it is unusual to stay shy the whole year and fail to make any new friends.

第三部分 语言运用（共三节，满分40分）

第一节 完形填空（共15题，每题1分，共15分）

阅读下面短文，从短文后各题所给的A、B、C和D四个选项中，选出可以填入空白处的最佳选项，并在答题纸上将该项涂黑。

When one door closes for Li Mei, another one opens.

Born with serious ____41____, Li has found a way to communicate with the world through painting. "Paint brushes can help me create a colorful world, showing my thoughts on paper instead of through my ____42____," Li writes.

Before learning to paint in primary school, Li always felt ____43____ in a silent world. She knew she was ____44____ because she could not hear. ____45____, a painting class finally opened a door for creativity and expression for her.

Painting not only helped Li ____46____ her unhappy childhood, but has also become her career (事业). Moreover, it led Li to eventually meet her husband Hu Shiqun. Having also lost his hearing when he was one year old, Hu is also a(n) ____47____ lover.

In 2016, Li ____48____ her husband's company, which specializes in (专攻) 3D wall and ground paintings. All the five ____49____ there are hearing-disabled. "I know how ____50____ it is for hearing-disabled people to find a job. So I want to help those who are interested in painting to ____51____ their dreams," Hu says.

In many parks and tourist attractions in Hunan province, the couple have created lots of murals (壁画) and pavement paintings. For Li, their creations can make art more accessible (可到达的, 可接近的) to ____52____ and, behind each design, there is someone, who is hungry to ____53____ the world.

"My husband and I want to introduce painting to more people like us and help them find their own way to ____54____," Li writes. "I hope that more hearing-impaired people can be ____55____ by our story."

- | | | | |
|----------------------|-------------------|-------------------|-------------------|
| 41. A. hearing loss | B. sight loss | C. weight loss | D. taste loss |
| 42. A. action | B. mind | C. voice | D. appearance |
| 43. A. lonely | B. curious | C. peaceful | D. hopeful |
| 44. A. shy | B. weak | C. brave | D. different |
| 45. A. Besides | B. However | C. Thus | D. Therefore |
| 46. A. get through | B. concentrate on | C. keep up with | D. leave behind |
| 47. A. music | B. art | C. adventure | D. sports |
| 48. A. controlled | B. joined | C. ran | D. left |
| 49. A. editors | B. customers | C. engineers | D. members |
| 50. A. normal | B. abnormal | C. difficult | D. interesting |
| 51. A. realize | B. record | C. understand | D. change |
| 52. A. the company | B. the public | C. students | D. the disabled |
| 53. A. deal with | B. help with | C. connect with | D. agree with |
| 54. A. make progress | B. make a living | C. improve skills | D. overcome fears |
| 55. A. comforted | B. pleased | C. trained | D. encouraged |

非选择题部分

注意：将答案写在答题卡上，写在本试卷上无效。

第二节 课内语法填空 (共 10 小题；每小题 1 分，满分 10 分)

阅读下面材料，在空白处填入适当的内容(1 个单词)或括号内单词的正确形式。

Being a freshman at senior high school, the first week was a little ____56____ (confuse), as I was not sure which ____57____ (course) would be suitable for me. I know that Chinese is a very difficult language, ____58____ I hope to be fluent when I graduate. I tried to join ____59____ school football team, but the coach told me that I ____60____ (play) well enough. Obviously, I was ____61____ (happy), but I won't quit. I'll find a way ____62____ (improve) on my own so that I can make the team next year.

I know I'll have to study ____63____ (hard) as a senior high school student and get used to being responsible ____64____ a lot more. Studying hard ____65____ (be) not always fun, but I'll be well prepared for university.

第三节 课外语篇填空（共 10 小题；每小题 1.5 分，满分 15 分）

阅读下面材料，在空白处填入适当的内容(1 个单词)或括号内单词的正确形式。

Nuseir Yassin is a Harvard graduate in economics and was once an IT expert in Venmo, earning ____66____ (thousand) of dollars a year. ____67____, he preferred doing something outdoors to staying in the office. Soon after saving enough money, he quit the job and started touring the world. ____68____ (record) his travels, he also set up a Facebook page called Nas Daily. It was ____69____ (amaze) that over 12 million people were attracted to his vlogs. He went to remote(偏远的) place, and ____70____ (make) videos about people's stories. It was for this reason that his videos made a strong ____71____ (impress) on the viewers. In 2019 Nas Daily set up its TikTok channel(频道) ____72____ (official), which grew to 40 million followers. So did the advertising income from the websites. Since 2019, Yassin ____73____ (register) two companies in order to reach more people with ____74____ same interest. He said he was lucky to make his dream come true while making money ____75____ it.

第四部分 写作（共两节，满分 30 分）

第一节 单句翻译（共7小题；76-81每小题2分，82题3分，满分15分）

76. 我很荣幸站在这分享我学习英语的秘诀。(honor, secret)

77. 他总是犯同样的错误，这使他的老师很恼火。(annoy)

78. 我决心利用空余时间去健身房锻炼。(determine; work out)

79. 她如此沉迷于电脑游戏，以至于不能集中精力学习。(addict; so...that)

80. 当我对自己不自信的时候，是我的母亲给了我鼓励。(强调句; confident)

81. 对学习拥有一份积极的态度会对你未来几年的生活产生影响。(动名词做主语; difference)

82. 得知你对文学很感兴趣，我写信邀请你报名参加我们学校的青年读书俱乐部。(attract; sign)

第二节 应用文写作（满分 15 分）

假定你是李华，你的美国笔友 Jack 体型偏胖，最近总是感觉身体不适，为此给你写信向你求助。请你就如何减肥以及改善身体给他写一封回信。要点包括：

1. 坚持运动：加入运动俱乐部；
2. 节食：制定详细的饮食计划；
3. 充足睡眠：每天睡足八小时，并且不要熬夜。

注意：1. 词数不少于 80 词；2. 可适当增加细节，以使行文连贯；3. 开头和结尾已经给出，不计入总词数。