

台州市 2023 届高三第一次教学质量评估试题

英 语

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本试卷共 11 页。满分 150 分，考试时间 120 分钟。

注意事项：微信搜索公众号

1. 答卷前，考生务必用黑色字迹钢笔或签字笔将自己的姓名、考生号、考场号和座位号填写在答题卡上。

2. 作答选择题时，选出每小题答案后，用 2B 铅笔把答题卡上对应题目选项的答案信息点涂黑；如需改动，用橡皮擦干净后，再选涂其他答案。答案不能答在试卷上。

3. 非选择题必须用黑色字迹钢笔或签字笔作答，答案必须写在答题卡各题目指定区域内相应位置上；如需改动，先划掉原来的答案，然后再写上新的答案；不准使用铅笔和涂改液。不按以上要求作答的答案无效。

4. 考生必须保持答题卡的整洁。考试结束后，将试卷和答题卡一并交回。

第一部分 听力（共两节，满分 30 分）

做题时，先将答案标在试卷上。录音内容结束后，你将有两分钟的时间将试卷上的答案转涂到答题卡上。

第一节（共 5 小题；每小题 1.5 分，满分 7.5 分）

听下面 5 段对话。每段对话后有一个小题，从题中所给的 A、B、C 三个选项选出最佳选项。听完每段对话后，你都有 10 秒钟的时间来回答有关小题和阅读下一小题。每段对话仅读一遍。

例: How much is the shirt?

A. £19.15.

B. £9.18.

C. £9.15.

答案是 C。

1. Who might the woman be?

A. A manager.

B. A visitor.

C. A secretary.

2. What is the man concerned about?

A. The girl's teeth.

B. The girl's grades.

C. The girl's eating habits.

3. What does the woman ask the man to do?

A. Come in early on Friday.

B. Remind her of something later.

C. Arrive with John late on Thursday.

4. How did the man get the TV?

A. He got it as an award.

B. He bought it at the store.

C. He borrowed it from someone.

5. When should the man have sent the package if he wants it to go out today?

A. By 6:00 p.m.

B. By 3:30 p.m.

C. By noon.

第二节（共 15 小题；每小题 1.5 分，满分 22.5 分）

听下面 5 段对话或独白。每段对话或独白后有几个小题，从题中所给的 A、B、C 三个选项中选出最佳选项。听每段对话或独白前，你将有时间阅读各个小题，每小题 5 秒钟；听完后，各小题将给出 5 秒钟的作答时间。每段对话或独白读两遍。

听第 6 段材料，回答第 6、7 题。

6. What do we know about Lucy?

- A. She is a little naughty.
- B. She is two months old.
- C. She is on good behavior.

7. What are the speakers mainly talking about?

- A. Pets.
- B. Photos.
- C. Children.

听第 7 段材料，回答第 8 至 10 题。

8. What did the man lose?

- A. Some cash.
- B. His backpack.
- C. A pair of Nike shoes.

9. Where was the item found?

- A. On a chair.
- B. In a changing room.
- C. Behind the front counter.

10. How does the man feel in the end?

- A. Relieved.
- B. Worried.
- C. Surprised.

听第 8 段材料，回答第 11 至 13 题。

11. Why did the man bring flowers and chocolates?

- A. To offer celebration.
- B. To make an apology.
- C. To show sympathy.

12. What was the woman's mother informed yesterday?

- A. She was sick.
- B. She was almost healthy.
- C. She was in need of more treatment.

13. When did the woman's mother first go to see the doctor?

- A. About 1 year ago.
- B. About 2 years ago.
- C. About 13 years ago.

听第 9 段材料，回答第 14 至 17 题。

14. When will the meal be served?

- A. Tonight.
- B. Tomorrow.
- C. The day after tomorrow.

15. Which will the speakers serve first?

- A. The steak.
- B. The salad.
- C. The soup.

16. What kind of food does the woman prefer to eat?

- A. Hot food.
- B. Salty food.
- C. Sweet food.

17. What will the man do first?

- A. Call the customers.
- B. Buy the vegetables.
- C. Check what they have.

听第 10 段材料，回答第 18 至 20 题。

18. Which month is among the rainy season in Cuba?

- A. November.
- B. April.
- C. September.

19. How does the Ministry of Tourism in Cuba attract Chinese visitors?
A. By organizing Chinese fairs.
B. By employing Chinese tour guides.
C. By opening more Chinese restaurants.
20. What is Viñales famous for?
A. Its cars. B. Its crops. C. Its caves.

第二部分 阅读（共两节，满分 50 分）

第一节（共 15 小题；每小题 2.5 分，满分 37.5 分）

阅读下列短文，从每题所给的 A、B、C、D 四个选项中选出最佳选项。

A

The courses below bring together heart and mind expanding materials designed to inspire your personal growth and expand your awareness of all that is happening in our world.

The Hidden Knowledge

It is designed for those who want to dive into the deep cover-ups in our world. This course inspires learners to make a difference and build a better world, yet unlike the other courses here, the focus is largely on exploring and exposing all that is hidden and secret in our world. This eye-opening course is careful to present only reliable materials.

The Transformation

Have you ever felt that you are here to help transform our planet to a new way of living based on love? If so, this course may be the choice for you. This profound course harmonizes the light and inspiring aspects of life with the more challenging shadow sides of existence.

The Inspiration

While the other courses include materials on the challenging aspects of our lives sometimes referred to as the shadow, this course focuses almost exclusively on the lighter side. Every page of the course will touch and inspire you to open to more love and deeper connections in your life. With all of the violence in the media today, this course is like a fresh mountain breeze – so rich and fulfilling!

The Insight

Are you ready to be the change you want to see in your life and in our world? This journey will enhance your awareness and provide tools enabling you to build a better life and world. Course lessons in this new academic year will deepen your insight and embolden you to be the change you want to see in the world. To begin this journey, click below.

See our quick guide to help you decide which course is best for you.

21. The Hidden Knowledge encourages learners to _____.
A. spread the truth B. create positive impacts on the world
C. show their courage D. offer reliable materials to the course
22. Which course best suits those who desire entirely cheerful contents?
A. The Insight. B. The Transformation.
C. The Inspiration. D. The Hidden Knowledge.

23. Where is the text probably taken from?

- A. A course notice.
- B. An academic magazine.
- C. A school website.
- D. An entertainment guide.

B

Sometimes the simple act of being outside every day can be good to you. We often forget about what nature has to offer by staying inside too much. Going outside, you'll probably be exposed to numerous sensations. You might hear the crinkle of leaves under your feet, concentrate on how the breeze cools your skin, and feel the sun offering its natural warmth.

Time outside also reminds you how you share your time on Earth with countless creatures and that you must live in harmony with them. The more often you encounter animals in their natural habitats, the easier it will be to recall why it's so important to treat the outdoors with respect. After coming in contact with a squirrel, for example, you may be especially careful to throw your trash away in the nearest garbage can in case of some harmful leftover food. That's because you've just been reminded that you're not the only living thing to come in contact with what's now rubbish.

Spending too much time indoors may cause us to become too isolated from others, especially if we use up much time in front of computer screens. It seems that a computer connected to the Internet allows you to share parts of your world with other people, but actually it can also make us feel more disconnected from others for lack of face-to-face communication. The time outside with a loved one allows you to take part in a shared experience. For instance, you can call attention to a type of flower that's just started blooming and allow your companions to marvel at its beauty. That's a similar shared experience. Anyhow, it is not as hard as you might imagine. You may just decide to start an outdoor practice that takes you outside for a certain amount of time, preferably every day. The last 15 minutes of your lunch break strolling outside with a friend and some after-dinner family time discussing your days can be good options. Get off the computer and head outside! You'll feel how your choice pays off.

24. According to paragraph 1, going outside offers an opportunity for people to _____.

- A. enjoy sensory experience
- B. bring back distant memories
- C. achieve better concentration
- D. participate in simple activities

25. Why does the author mention a squirrel in paragraph 2?

- A. To present the means of feeding animals.
- B. To show the consequence of littering trash.
- C. To stress the significance of experiencing nature.
- D. To discuss the possibility of encountering wildlife.

26. According to the passage, those spending most time indoors may suffer from _____.

- A. attention disorder
- B. loneliness attack
- C. Internet addiction
- D. communication barrier

27. Which of the following is the best title?
- A. Time Outside Involves A Shared Experience
 - B. Too Much Time Indoors Does Great Harm
 - C. Going Outdoors Gives A Different Perspective
 - D. A Daily Exposure to Nature Makes a Difference

C

Two women in their 50s stand beholding in front of Guanyin of the South China Sea, an ancient Chinese sculpture in the Nelson-Atkins Museum of Art in Kansas City, Missouri. Over the past 20 years, they have been visiting the museum, describing the “mother Buddha” as “beautiful and tranquil, a symbol of religious traditions in China”. Measuring 2.4 meters high, 1.68 meters wide and 1.1 meters thick, the larger-than-life sculpture was carved from the trunk of a single poplar tree, which has created a sense of calm and warmth in the hall.

Since its launch in 1933, the museum has been actively collecting, preserving, studying and exhibiting works of Chinese art, ranging from ceramics to furniture, and from paintings to sculptures. And its Chinese art collection contains masterpieces in various historical stages.

An exhibition on the theme of *Lively Creatures-Animals in Chinese Art* was held at the museum, displaying tens of Chinese ancient paintings with images of animals in many art forms. The creatures on the paintings represented celebration, personal messages, and even political and religious agendas.

Organizers of the exhibition produced a set of cards, with images of animals on one side and their cultural meanings in Chinese artistic tradition on the other. The cards are provided for visitors for free.

“I find it very interesting, and the way that the things are drawn is very cool,” says 17-year-old high school student Camden Lombard after visiting the exhibition. “I want to go to China someday to find more,” he adds.

“It’s kind of eye-opening and we’re bringing the world together,” says Makar, an educator with the school outreach and education programs of the museum. “There are so many similarities as well as beautiful differences, and we are just trying to understand and appreciate one another.”

“We’re in a moment when it’s sometimes hard to look outside of your own personal viewpoints,” says Howard, manager of volunteer engagement at the museum. “I think having access to seeing what other cultures have created, what they valued and appreciated, and what was important to them, is really important in building that understanding about all the people we share this planet with.”

28. The two women kept visiting the Nelson-Atkins Museum for _____.
- A. the grand appearance of the exhibition hall
 - B. their affection for Chinese religious traditions
 - C. the great size of the ancient Chinese sculpture
 - D. their curiosity about the delicate artistic carving

29. What can we learn about the exhibition *Lively Creatures*?
- A. The organizers gained a handsome profit.
 - B. The cards reflected multinational cultures.
 - C. The visitors had rich travel experiences in China.
 - D. The paintings displayed the charm of Chinese culture.
30. How does Makar describe the visit to the museum?
- A. Instructive and romantic.
 - B. Imaginary and fascinating.
 - C. Informative and multicultural.
 - D. Educational and entertaining.
31. What's the purpose of setting up the museum according to Howard?
- A. To bridge different cultures.
 - B. To popularize religious symbols.
 - C. To exchange personal viewpoints.
 - D. To demonstrate Chinese paintings.

D

When Thomas Edison hit a wall with his inventions, he would nap in an armchair while holding a steel ball. As he started to fall asleep and his muscles relaxed, the ball would strike the floor, waking him with insights into his problems. Or so the story goes.

Thomas Edison was somewhat right. Now, more than 100 years later, scientists have repeated the trick in a lab, revealing that the famous inventor was on to something. People following his recipe tripled their chances of solving a math problem. The trick was to wake up in the transition between sleep and wakefulness, just before deep sleep. In this transitional period, we are not quite awake, but also not deeply asleep. It can be as short as a minute and occurs right when we start to doze off.

Researchers recruited more than 100 easy sleepers, each of whom was given a math test with a hidden rule for the answer. By recording brain activity, they found that those who napped and were interrupted during the first phase of sleep were three times better at finding the hidden key to the problem than those who remained awake.

The creative effect happened even for people who spent just 15 seconds in the first sleep stage. But the trick didn't work for those who reached later stages of sleep. "Our findings suggest there is a creative sweet spot during sleep onset," says author Delphine Oudiette, a sleep researcher at the Paris Brain Institute. "It is a small window which can disappear if you wake up too early or sleep too deep."

The study team also identified a brain activity pattern linked to the creativity-boosting phase: moderate levels of brain waves at a slow frequency known as alpha, associated with relaxation, and low levels of delta waves, a hallmark of deep sleep. Oudiette says researchers can now focus on this brain signature when investigating the neural mechanisms (神经机制) of creative problem-solving. The team has already planned an experiment to help people reach a creative zone by monitoring their brain waves in real time. "Edison was great", Oudiette says, "and now we have a lot more to explore."

32. What does the underlined phrase "was on to something" in paragraph 2 probably mean?
- A. Discovered the truth.
 - B. Was absorbed in math puzzles.
 - C. Started the experiment.
 - D. Was engaged in laboratory work.

33. According to the research, the trick of promoting creativity lies in _____.
A. gaining adequate deep sleep B. discovering the hidden rules of problems
C. following Edison's life style D. waking up right after nodding off to sleep
34. Why did the researchers record brain activity of the sleepers?
A. To evaluate their sleep efficiency.
B. To measure their amount of sleep.
C. To assess their levels of intelligence.
D. To compare their creative thinking abilities.
35. What is paragraph 5 mainly about?
A. Supporting evidence for the research results.
B. Potential application of the research findings.
C. A further explanation of the research methods.
D. A reasonable doubt about the research process.

第二节（共 5 小题；每小题 2.5 分，满分 12.5 分）

阅读下面短文，从短文后的选项中选出可以填入空白处的最佳选项。选项中有两项为多余选项。

You'll make new friends in each stage of your life. Some of them will come and go, while others will last for the rest of your life. _____ 36 _____

There are many benefits of having strong friendships. According to experts, many people regret not keeping friendships going and end up living a life with no close friends or even enduring mental and physical sufferings. _____ 37 _____ People who have healthy friendships tend to enjoy life more and may even live longer.

_____ 38 _____ There are a lot of ways to make new friends that can stay with you for the rest of your life. Look for people who share things with you. If you have kids, join a mom's group, or sign your child up for classes where you'll naturally meet other parents. _____ 39 _____ You share your career and will have a lot to talk about while also having built-in opportunities to spend time with each other.

Sometimes it's a good idea to let a friendship go, even if you've been friends for a long time. If one party isn't making an effort to keep things going, it can lead to feelings of hurt and betrayal, and it might be time to let things cool off and pursue other friendships. _____ 40 _____ Besides, it can encourage you to focus on the partnerships that are healthy and where both of you are committed to keeping it going for your entire life.

- A. Lifelong friendships are what most people desire.
- B. You don't have to be mean or harsh to get this done.
- C. If you are lacking in good friendships, it's not too late.
- D. You can also make friends with people you work with.
- E. So making time for your friendships is vital to a healthy life.
- F. Sign up for a dancing class to meet those with the same passion.
- G. While this can be sad, it can actually improve your quality of life.

第三部分 语言运用（共两节，满分 30 分）

第一节（共 15 小题；每小题 1 分，满分 15 分）

阅读下面短文，从每题所给的 A、B、C、D 四个选项中选出可以填入空白处的最佳选项。

Growing up within the Himalayan abode of snow（喜马拉雅雪屋），Akeisha was dynamic and 41. It was that point of the year when the sky was blue and the sun smiled upon the village. Watching people coming in flocks from near and far made Akeisha 42. Her father explained that they all flooded in to 43 the mountains. “Someday, I will also be able to climb to the highest of these majestic mountains.” Akeisha declared, a burning 44 dancing in her eyes.

But Life had other plans for her. Akeisha 45 one leg at 13. Clouds of 46 overshadowed her world. “I will 47 be ready to climb those mountains,” cried Akeisha. Seeing his little girl in 48, the father too was sorrowful, but he did not 49 and built her a wooden leg. Akeisha was beside herself with 50, a glimmer of hope regained.

“Never say ‘never’. Start climbing the mountains,” said the 51 father.

Wearing the wooden leg, she walked but fell. She stood up and tried to run, but fell again. But nothing 52 the father and the daughter even though the entire village laughed at them. Determined to 53 all adversities, Akeisha kept practicing and 54 she could run on her own. Five years later, she made it to the highest of the mountains.

Never let words of 55 drag you down. Never allow anything to steal your dream.

- | | | | |
|-------------------|------------------|----------------|-------------------|
| 41. A. creative | B. energetic | C. considerate | D. cautious |
| 42. A. curious | B. concerned | C. upset | D. annoyed |
| 43. A. observe | B. conquer | C. preserve | D. photograph |
| 44. A. fire | B. shame | C. dream | D. question |
| 45. A. cut | B. lost | C. broke | D. twisted |
| 46. A. doubt | B. silence | C. despair | D. loneliness |
| 47. A. never | B. always | C. finally | D. somehow |
| 48. A. grief | B. danger | C. trouble | D. confusion |
| 49. A. take risks | B. take measures | C. lose temper | D. lose heart |
| 50. A. awe | B. fear | C. delight | D. anxiety |
| 51. A. stubborn | B. sorrowful | C. dedicated | D. determined |
| 52. A. puzzled | B. impressed | C. frustrated | D. accompanied |
| 53. A. live with | B. win against | C. let go of | D. make use of |
| 54. A. gradually | B. constantly | C. frequently | D. temporarily |
| 55. A. comfort | B. criticism | C. complaint | D. discouragement |

第二节（共 10 小题；每小题 1.5 分，满分 15 分）

阅读下面短文，在空白处填入 1 个适当的单词或括号内单词的正确形式。

Located at a 30-minute drive from Wuzhen, Maming village is the polar opposite of the famed 56 (tour) destinations. There are hardly any crowds here. The old houses are not as well maintained. Time seems to stand still in the village, making it a perfect day-trip destination for travelers who want 57 authentic experience of rural life.

58 most people are still asleep at 3 a.m., Tu Yuanqing and his father are already up on their feet, arranging cups, boiling water and preparing tea 59 (leaf) for their teahouse. Around 4 a.m., the space is a hive of activity as elderly residents, most of them 60 (age) sixty and above, sip cups of tea while 61 (chat) cheerfully with one another. Some villagers can also 62 (find) playing mahjong in a small room lit by a solitary light bulb.

Here, tea is a way of life. The street that the Tu teahouse is on may only be fifty meters long, but there are three other similar establishments. Not that anyone really cares about the 63 (compete). Tu says he helps run the teahouse, which was handed 64 to him by his grandfather, 65 (simple) because it is an integral part of their village culture.

第四部分 写作（共两节，满分 40 分）

第一节（满分 15 分）

双语短视频系列 *Amazing China* 展现了中国的风景名胜、人文地理等，自推出以来广受国内外好评。假定你是李华，请你写一封邮件向你的摄影师朋友 Alex 分享推介该系列短视频。内容如下：

1. 阐明写信目的；
2. 陈述推荐理由；
3. 期待观后交流。

注意：

1. 词数 80 左右；
2. 可适当增加细节，以使行文连贯。

Dear Alex,

Yours,

Li Hua

第二节（满分 25 分）

阅读下面材料，根据其内容和所给段落开头语续写两段，使之构成一篇完整的短文。

Sunlight flooded through the window when Tomás was sitting at the kitchen table, struggling with a literary classic. Streamers of clouds drifted by high above in the sky. Not far away, the huge new tower blocks lined the road. The faint sound of cars was dimly heard.

His mother was chopping tomatoes for their dinner as usual. Suddenly she said, “You know, the thing I miss most is cooking a really hot salsa（辣番茄酱）, with fresh peppers straight from the garden.” She sighed. “That’s what I miss most about Mérida.”

Tomás looked up from his book in surprise. His mother had never talked like this about their old life before. He studied her now. She looked a little sad, but then she smiled at him and swept the pile of chopped tomatoes into the cooking pot.

“But I’ve already learned a lot about this new country, Tomás,” she said. “For a start, I’ve learned that there’s more than one way to make a salsa!” She waved a packet of chili spice powder at him, and they both laughed.

Watching his mother busy in the kitchen preparing dinner, Tomás thought about the insight his mother had given him into her feelings, and he realized that he felt the same way about leaving.

Sure, it had been great for his father to get this good job, but it had also been hard. Tomás missed his old home — especially the sun and the beach. And his mother missed Mérida, too. She had loved working in her market garden, selling the fresh vegetables that she had grown herself and then coming home to cook up huge, tasty meals for her family. Tomás’s stomach rumbled at the memories.

He thought about how different things were for them now, living in this large, gray apartment block where there was no garden and no friends dropping by to share their delicious meals.

He sighed. At least they were still able to speak regularly every night after dinner with his grandmother back in Mexico over the computer — Grandmother! Abuela!

注意:

1. 续写词数应为 150 左右;
2. 请按如下格式在答题卡的相应位置作答。

Suddenly Tomás had an idea.

A week later, a box arrived from Mexico.