**Write a Page in a Wellness Book-Going Positive -BY Lily**

**Teaching objectives:**

1. To summarize the features of a wellness book is by reading for the content, structure and language of the text.
2. To share their own health problems and write a page in a wellness book by imitating the structure and language of the text.
3. To develop their own view on fitness by reading, reflecting and writing their own fitness situation.

**Teaching Procedures:**

Step1:Lead-in

 Read the Pics and Titles

(Aims: to elicit the topic and get ss to get the reading skill of predicting the content by analyzing title and pics.)

Step2: Reading

1. To find Kayla’s problem, feel the tone used in the text and think about Why.

(Aims: to skim for some key information by working out the structure and learn the language features of the genre.)

1. Read for the detailed changes between the past and the present.

(Aims: To help ss to understand the text fully)

1. To analyze the rhetorical device used in the text and find the relative expressions.

(Aims: To help ss to focus on the language used in the text and learn how to make contrast.)

1. Ask ss to think about the question: What is the most important that lead Kayla to a happy and healthy life?

(Aims: To develop ss critical thinking ability by evaluating the situation.)

5. Summarize the features of a wellness book.

Step3: Writing

1.Pre-writing

Think-Pair-Share: What health problems do you have and what are you going to change?

(Aims: brainstorm for ideas and prepare for writing)

2. Drafting

Stp4: Sharing and feedback

Step5: Summary and Homework

