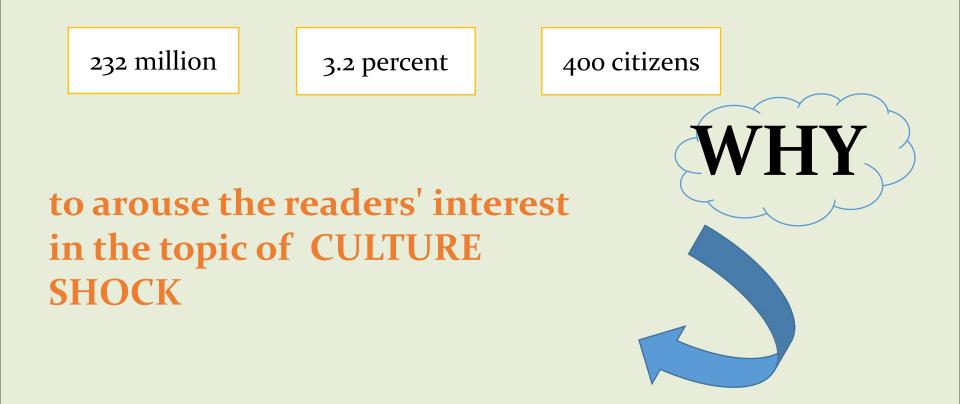


Part 1





## ➤ what is CULTURE SHOCK?

Culture shock is when someone feels he or she doesn't belong in a new country.



F	Part 2	stage	S	
		stage	signs	reasons
	stage		feel excitement	opportunities & possibilities
	stage2		upset-lonely-no sense of belonging	<ul> <li>everyday things are different;</li> <li>people think of home better;</li> <li>people don't trust or talk to others.</li> </ul>



(1) Do not think things will be like they are at home. (2) Talk to people. (3) Do not let one person's actions affect your idea of the whole society. (4) Understand that everyday things, such as how close people stand to one another, how people wait in line, and how long people pause in conversations, are different.





Try to identify with(理解; 与...产生共鸣) others. This doesn't mean you have to change who you are to fit in.





求同存异

求同存异

新华社发 徐骏 作





## Dear XXX,

I'm really feeling fed up with my life here and longing for home. Getting anything done over here is a nightmare --- the locals are so lazy and unhelpful. And on top of all that I feel sleepy all the time, seem to have lost all my zest(兴奋、激动的心情). What's wrong with me? What can I do?

> Love, Joyce

Dear Joyce, Very glad to hear from you. From what you described in your letter, I'm guessing you are experiencing \_\_\_\_\_\_, during which people may feel\_\_\_\_\_ at first,

later

Here I'd like to offer some tips for you. ....(*choose 2 out of all tips to describe*)...

Yours,

I'm sure things will get better. Please feel free to contact me at any time.

## Homework



## Complete and polish the letter on your own.