**A lesson Plan of a Summary Writing**

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**1. 教材分析：**

本次高二下学期期中考试四校联考英语卷的写作部分包括推荐信和概要写作。其中概要写作短文是关于“全素饮食”的一篇说明文——Plant-bases diet, 共354词，要求写一篇60词的内容概要。短文共分为4个段落，结构清晰，体裁明确。然而，文本语言晦涩，尤其是第一自然段，逻辑关系较为复杂，需要深入推敲。

**2. 学情分析**

授课对象的高二年级学生刚开始系统接触概要写作，虽有一定的英语学习基础和思维方式，但是要想比较全面地正确概述全文，过程还需要引导，能力还有待提高。尤其是对于语言晦涩、结构模糊、逻辑复杂的段落概述，本阶段的学生还是缺乏方向感，缺乏灵活变通的能力，所以需要多次的练习、巩固和提升。

**3. 教学设计**

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| 教师姓名 | 学校 | 上课学校与年级 | 课题名称 |
| 兰建珍 | 龙泉一中 | 龙泉一中，高二（11）班 | summary writing——plant-based diet |
| 课型 | summary writing | | |
| **Aims** | By the end of this lesson, students will be able to:  1. further understand the "play" steps and the "piano" Rule and keep them in mind while writing a summary;  2. get more familiar with the Summary writing skills by leading them to analyze the passage one paragraph by one paragraph;  3. promote their levels of awareness of what is a good summary writing. | | |
| **Focus** | Guide students to analyze the passage to get the main points and lead them to list the points in their own words according to the "play" steps and the "piano" rule. | | |
| **Difficulty** | 1. How to guide students to analyze the passage to get the main points; 2. How to lead them to list the points in their own words according to the "play" steps and the "piano" rule. | | |
| **Procedures** | **Step 1 Lead-in by reviewing the requirements of summary writing**  T: What should we keep in mind if we want to write a good summary?  Ss: "play the piano".  **Intentions:** Use the questions to stimulate the students’ knowledge of the requirements of a summary writing——"play the piano".  **Step 2 Reading and analyzing**  What’s the possible style of the passage?  A. Exposition B. Argumentation C. Narration   1. Focus on Para.1 and finish the following tasks: 2. Ss are asked to read the paragraph again and draw the structure of the passage.   **Intentions:** students can again roughly get the general idea and the structure of the passage.   1. Analysis of Para.1   ① Point out the key points by finding out the topic sentence and the key words.  While there is no set definition, a plant-based way of eating focuses on consuming plant-sourced wholefoods that…  Overall, "plant-based" is more of a broad and flexible way of thinking about nutrition rather than a rigid diet.  ② List the key points in your own words   1. A plant-based diet mainly considers plant-sourced wholefoods but the animal proteins are also needed. 2. A plant-based diet not only centers on plant-sourced wholefoods, but it needs some animal products like animal proteins. 3. A plant-based diet centers on nutritious wholefoods coming from plant sources, with animal proteins serving as complements/supplements.   **Intentions:** students can review the skills of defining the topic sentences and the key words as well as getting taught to apply the skills flexibly to get the main points and restate them in their own words.   1. Focus on Para.2 and finish the following tasks: 2. Analysis of Para.2   T: Is there a topic sentence here? What is it?  Ss: One of the main reasons is the health benefits.  T: What kind of health benefits most? Why?  Ss: Particularly, a plant-based lifestyle has been linked to heart health.  T: What is the result of the research? Any typical words?  Ss: …lower risk of having cardiovascular (心血管的) disease…  **Intentions:** Students are enabled to get the most important point by getting the key words of the topic sentence and the typical words  **2.** List the key points in your own words.  ※Research has shown a plant-based lifestyle is conducive to keeping  healthy, especially reducing the risk of cardiovascular disease.  ※One of the major reasons why people follow a plant-based diet is that it benefits our health, especially decreasing the rate of the heart disease  **Intentions:** Exposing the students to a wider range of possible versions for the main points of each paragraph by learning some excellent expressions.   1. Focus on Para.3 and finish the following tasks: 2. Analysis of Para.3   T: What does this paragraph mainly tell us?  Ss: Another benefit of the plant-based diet.  T: How do you know? Any typical word?  Ss: Also.  T: Why does this lifestyle help us lose weight?  Ss: Because of full fiber and water, making us feel full up.  **2.** List the key points in your own words.  ※ Besides, abundant fiber and water in the plant-based diet generate the feeling of being full, consequently contributing to losing weight.  ※ It’s helpful to lose weight by making you feel full up due to the  abundant fibre and water.   * In addition, abundant fiber and water in the plant-based diet generate the feeling of being full, consequently resulting in losing weight.   **Intentions:** Through practice, students are more familiar with the steps and the skills of getting the main idea of each paragraph in their own words.   1. Focus on Para.4 and finish the following tasks: 2. Analysis of Para.4   Q: What does the external benefit refer to?  A: brighten your skin.  Q: Why?  A: Because of vitamins.  Q: What’s the rest of the paragraph about?  A: A detailed example of V-c.   1. List the key points in your own words. 2. Moreover, plant-based eaters may have bright and smooth skin   thanks to the rich vitamins from the diet.   1. In addition, the plant-based foods are rich in vitamins, which will make your skin bright. 2. Besides, the plant-based foods containing vitamins could brighten your skin.   **Intentions:** to check whether the students have got the skill of analyzing an example or explanation.  **Step 3 Analyze the structure of the passage plant-based wholefoods**  **① What’s a plant-based diet?**  Animal proteins  ②Benefit 1 ③Benefit 2 ④ Benefit 3  health benefit lose weight brighten your skin  esp. lower heart disease  **Step 4 Yoke the sentences to a passage (60 words or so)**   1. Appreciate the possible version of the summary   A plant-based diet centers on nutritious wholefoods coming from plant sources, with animal proteins serving as complements. (要点1) Research has shown a plant-based lifestyle is conducive to keeping healthy, especially reducing the risk of cardiovascular disease. (要点2) Besides, abundant fiber and water in the plant-based diet generate the feeling of being full, consequently contributing to losing weight. (要点3) Moreover, plant-based eaters may have bright and smooth skin thanks to the rich vitamins from the diet. (要点4) (72 words)   1. Assignment   Draw a conclusion of what’s covered during the class and take a note. | | |
| **Reflections** | Will the students be motivated?  Will the students obtain the skills practiced in the class?  Will the students fully understand the structure of this passage?  Will the students apply what they learnt during this class in their writing or even their later English learning?  … | | |
| **Blackboard Design** | Plant-based diet  plant-based wholefoods  **① What’s a plant-based diet?**  animal proteins  ②Benefit 1 ③Benefit 2 ④ Benefit 3  health benefit lose weight brighten your skin  esp. lower heart disease  feel full up rich vitamins    full fiber & water | | |