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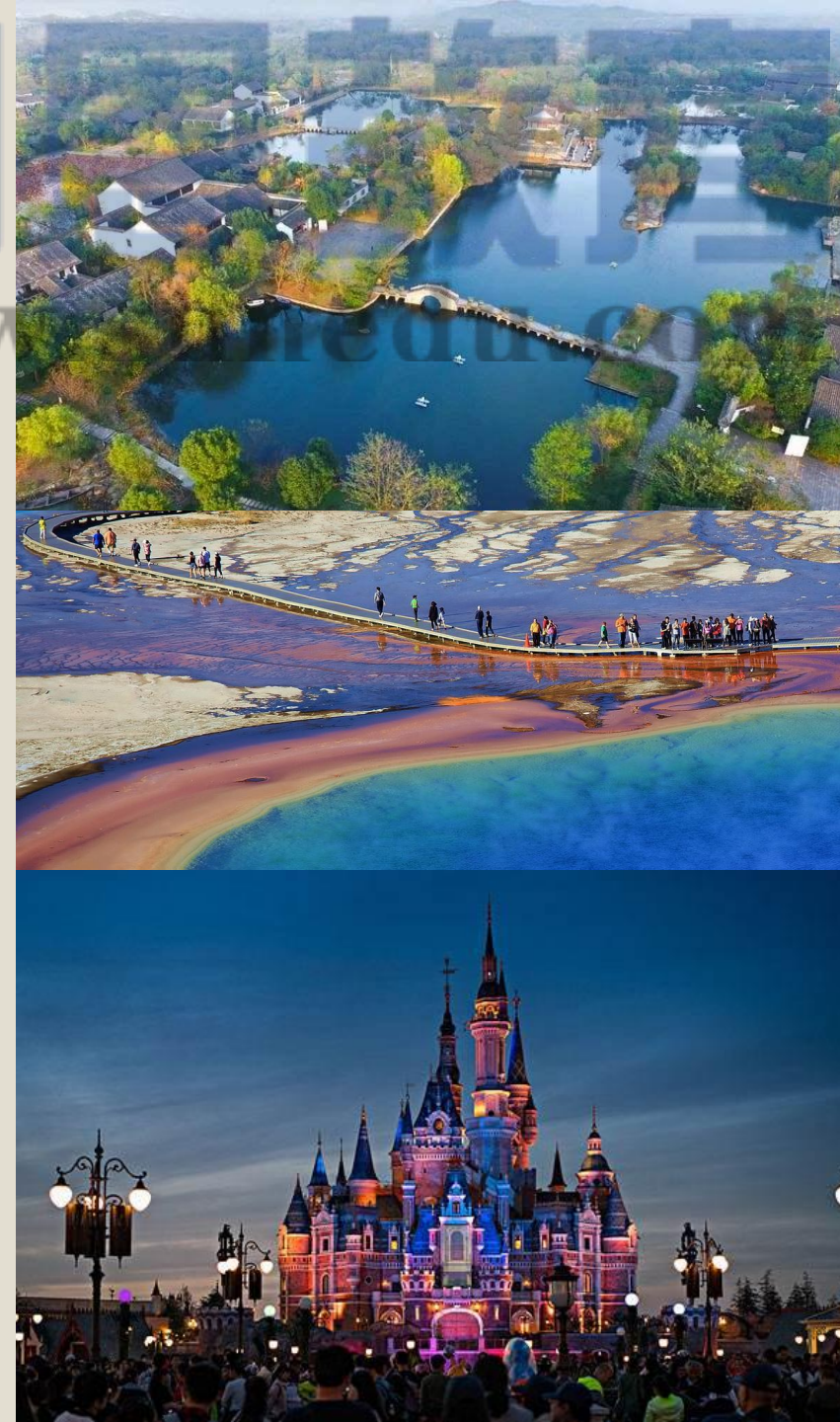
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Unit 3

FASCINATING PARKS

A national park is not a playground. It's
a sanctuary for nature and for humans who
will accept nature on nature's own terms.

——Michael Frome



I. Discussing and Sharing

1. Have you ever been to a park? What impressed you most?
2. Do you know the following parks?

What's national parks? Do you know the first national park?



II. Viewing and Listening

1. Watch a video about the Yellowstone National Park and answer the following questions.

- (1) What's a national park?
- (2) How many national parks are there worldwide?
- (3) When was the Yellowstone National Park established?
- (4) How many people visit each year?
- (5) What's the most special about its landscape?
- (6) What kind of animal can you see there?
- (7) What leisure activities can you enjoy there?



2. Answer to the listening questions

(1) What's a national park?

A national park is an area of land that is owned and protected by a **national government** due to its natural beauty or its importance to history or science, which helps preserve the beauty of nature and wildlife.

(2) How many national parks are there worldwide?

About **12000**

(3) When was the Yellowstone National Park established?

In **1872**

(4) How many people visit it each year?

More than **3 million**



(5) What's the most special about its landscape?



hotspring



geyser



mudpot

(6) What kind of animal can you see there?

Wild animals such as **black bear** and **buffalo**

(7) What leisure activities can you enjoy there?

Hiking, camping, gishing, horseback riding...



III. Viewing and Predicting

1. Do you know the geographic position of Sweden?

- Scandinavian Peninsula
- Stockholm (capital)
- the Arctic Circle

2. Read the map and discuss what natural scenery you would expect to enjoy in Sarek National Park.

a **sun** that never sets

luxuriant **forest**

glacier

reindeer

aborigine

...



IV. Reading and Thinking

1. Go through the text quickly and answer the following questions:

(1) Where would you most likely to read this text?

In a **travel magazine** or **travel journal**

(2) What's probably the author? How do you know?

A **hiker** or **explorer**



· ...wind buffeting the cloth of my **tent**...I leave my **tent**... (paragraph 1)

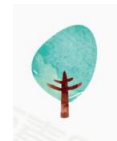


· ...my breakfast is...**dried meat**, and some sweet and **sour berries**...
(paragraph 3)

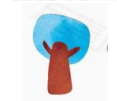


· I must carry all of my **food** and **supplies** with me; my bag weighs about **30** kilograms.(paragraph 4)

2. Subtitles give a short summary of what is in a section of a passage. Now read the text and try to come up with a proper subheading for each paragraph. Give reasons for your choices.



Paragraph 1 **A Summer Where the Sun Never Sleeps**



Paragraph 2 **A Land of Mountains and Ice**



Paragraph 3 **Man at Peace with Nature**



Paragraph 4 **A Land of Adventure**

What's
the function
of subtitles?

3. When creating subtitles, what should we take into consideration?

· **content**

· main idea of a paragraph

· **language**

· text type

· target readers



• A Land of Mountains and Ice

Sarek mountains **used to** be covered by vast sheets of ice. **Around 9,000 years ago**, this ice melted, leaving behind about 100 glaciers. **Soon after**, reindeer began to arrive. **Following** the reindeer were the Sami people, who made this territory their home. Getting here is quite difficult, so apart from the Sami very few people have ever seen Sarek. **In 1909** Sarek was made a national park in order to keep the land in its natural state. Though the Sami are allowed to continue their traditional way of life in the park, no one else can live here, and all new development is banned within park boundaries.

4. How does the author organize his introduction to the history of Sarek? Try to find the indicators.

By **sequence of time**

5. In introducing its history, why does the author add “Getting here is quite difficult, so apart from the Sami very few people have ever seen Sarek” which seems irrelevant?

Transitional sentence. To state part of the **reason** why Sarek was set as a national park

6. From this paragraph, how would you describe Sarek National Park?

▪ **remote**

▪ **original**

▪ **natural**



· Man at Peace with Nature

For hundreds of years, looking after reindeer was a way of life for the Sami. They used the reindeer's meat for food, their bones for tools, and their skin for making clothes and tents. Since reindeer were always on the move, the Sami would pick up their tents and accompany them. Today, most Sami have houses in villages near Sarek and live a modern life just like their neighbors. But every spring, a small number of Sami still follow their reindeer into the valleys of Sarek, living in tents or old cottages and enjoying their traditions.

7. Why does the author say “looking after reindeer was a way of life for the Sami”?

- Utilizing reindeer for daily uses.
- Adjusting lifestyle based on reindeer's habits.

8. How does the Sami live nowadays in Sarek?

- Some stick to the traditional lifestyle and some settled down in villages .

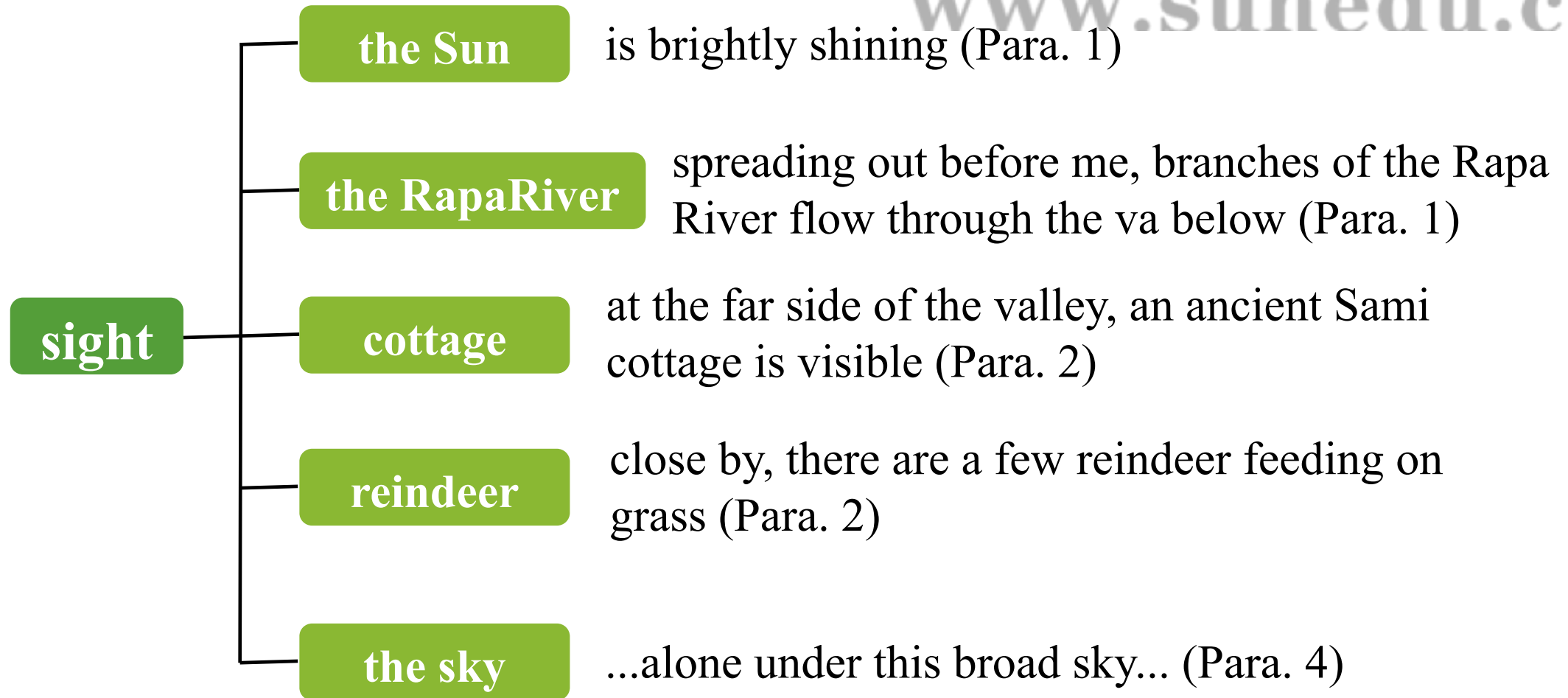
9. How do you understand the subtitle “Man at Peace with Nature”?

10. From this paragraph, how would you describe Sarek National Park?

- traditional
- harmonious



11. If you are going to write a travel journal, from what aspects will you describe your experience?



sound	the wind	the sound of the wind buffeting cloth of my tent (Para. 1)
	bread	flat bread warmed over a fire (Para. 3)
taste	meat	dried reindeer meat (Para. 3)
	berries	some sweet and sour berries
touch	bag	my bag weighs about 30 kg (Para. 3)
	sweat	...full of sweat (Para. 4)
smell	the air	...breathing the fresh air... (Para. 4)

Why does the author describe his experience from these senses?

- To **vividly express his feelings** in the journey.
- To **describe the journey in a more all-round way.**



12. What does the author think of his journey?

I must carry all of my food and supplies in my bag which weighs about 30 kilograms.

Like yesterday, it will be full of sweat and hard work.

VS

Such a beautiful and wild place makes me feel blessed to be alive.

The broad sky, the fresh air, the great adventure, what could be better?

▪ **challenging**

▪ **arduous**

▪ **exhilarating**

▪ **beautiful**

13. According to the title and two pictures, what does the author think of Sarek? Why does he say it is “hidden”?

treasure: beautiful natural scenery and abundant resources

I'm in the remote far north of Sweden in Sarek national Park, **a place with no roads or towns.** (Para. 1)

Getting here is quite difficult, so apart from the Sami **very few people have ever been Sarek.** (Para. 2)

Would you like hiking in Sarek National Park?

▪ **a treasure land yet to be explored by yourself**

V. Pondering and Sharing

1. According to the text, why does the author go hiking in the Sarek national Park?
2. If you are going to hike in the Sarek National Park, what preparations would you make? Why do you do so?
3. Choose one of the following topic and write a short passage applying the technique of “five senses”.
 - 1) A visit to West Lake
 - 2) Taking the subway in morning rush
 - 3) Setting off fireworks on New Year's Eve
 - 4) Running 1000m in the sports meeting



• Sample

Last weekend, my friend and I paid a visit to Xixi National Wetland Park. The moment we walked through the main gate, we could smell the fragrant flowers in the spring breeze. We enjoyed walking for a little while until we reached the nearest pier, where we spotted many traditional bamboo boats. We rented one and asked the boatman for rowing the boat ourselves. It was hard work and I felt the sweat on my back after 10 minutes. After the boat tour, we went to Hezhu Street for various local snacks. I really liked the sticky rice cakes. But my friend said it was too sugary. He liked the salty fried fish best which tasted crunchy. It was amazing to see the Hezhu Tower cast a lengthening shadow against the setting sun.



• Sample

When the subway train finally arrived, I groaned, seeing how crowded it was. The door opened and I was hit in the face by the smell of sweaty bodies. I elbowed my way inside, swinging my backpack off my shoulder to squeeze in between two people. Their bodies were warm against my arms, and I soon felt sweat on my upper lip. I put on my headphones and turned up the music. The loud notes drowned out the rest of the noise, and I felt the muscles in my shoulders relax. I shoved a hand deep into my backpack and pulled out a chocolate bar. The chocolate was melting a little, but it still tasted like heaven. maybe it wasn't such a bad day after all.

