**2021年重庆一中高2022届高三上期第三次月考**

**英语试题卷**

**第一部分 听力（共两节，满分20分）**

**第一节（共5小题；每小题1分，满分5分）**

**听下面5段对话。每段对话后有一个小题，从题中所给的A、B、C三个选项中选出最佳选项，并标在试卷的相应位置。听完每段对话后，都有10秒钟的时间来回答有关小题和阅读下一小题。每段对话仅读一遍。**

1. What is the weather like now?

A. Rainy. B. Windy. C. Sunny.

2. What made the man worried about the school team?

A. Lack of skills. B. Lack of energy. C. Lack of experience.

3. Why is Sara going to China?

A To go sightseeing. B. To visit her son. C. To look after a baby.

4. What does the woman suggest the man do?

A. Buy a new suit. B. Wear the blue jacket. C. Pay little attention to clothes.

5. Where does the conversation take place?

A. At a subway station. B. At an airport. C. In a taxi

**第二节（共15小题；每小题1分，满分15分）**

**听下面5段对话或独白。每段对话或独白后有几个小题，从题中所给的A、B、C三个选项中选出最佳选项，并标在试卷的相应位置。听每段对话或独白前，你将有时间阅读各个小题、每小题5秒钟听完后各小题将给出5秒钟的作答时间。每段对话或独白读两遍。**

**听下面一段对话，回答第6和第7两个小题。**

6. What does the man want to reserve?

A. A business suite. B. Three single rooms. C. Two double rooms.

7. When will the man check in?

A. On December 16th. B. On December 19th. C. On December 23rd.

**听下面一段对话，回答第8和第9两个小题。**

8. What does the woman think of traveling in Europe?

A. Boring. B. Wonderful. C. Tiring.

9. What will the speakers probably do next?

A. Check the travel fees. B. Call their friends. C. Book their flight.

**听下面一段对话，回答第10至第12三个小题。**

10. What does the woman dislike about the play?

A. The clothes. B. The acting. C. The set.

11. Who is the man’s old classmate?

A. The actress. B. The director. C. The screenwriter.

12. When does the conversation take place?

A. At the beginning of a play. B. In the middle of a play. C. At the end of a play.

**听下面一段对话，回答第13至第16四个小题。**

13. When did Ella win a music award?

A. At the age of 5. B. At the age of 9. C. At the age of 16.

14. Who persuaded Ella to practice as much as possible?

A. Her friends. B. Her teacher. C. Her parents.

15. What is the most important for Ella to improve her playing?

A. Taking a lot of exercise. B. Having a relaxed feeling. C. Eating healthy food.

16. What does Ella hope teenagers do?

A. Change their opinions on classical music.

B. Buy more classical music CDs.

C. Learn to play classical music.

**听下面一段独白, 回答第17至第20四个小题。**

17. What does the speaker mainly talk about?

A. The usage of social media in our daily life.

B. The popularity of social media in high school.

C. Different opinions on applying social media to school.

18. What is Dan Krutka’s attitude toward using Twitter in the classroom?

A. Indifferent. B. Supportive. C. Disapproving.

19. How was Sean Kavanagh9s trying Twitter in class going?

A. It was a failure. B. It was forbidden. C. It was successful.

20. What is Ray Lynn?

A. A history teacher. B. A researcher. C. A student.

听力1〜5 BBCAC 6〜10 CABAB 11〜15 ABCBB 16〜20 ACBAC

**第二部分 阅读（共两节，满分50分）**

**第一节（共15小题；每小题2.5分，满分37.5分）**

**阅读下列短文，从每题所给的A、B、C和D四个选项中, 选出最佳选项。**

**A**

**Best UK Cities for History Buffs**

If your idea of holiday heaven is taking a step back in time to explore the history of a destination, a holiday in one of the UK’s best cities for history buffs could be right up your alley.

**London**

Explore historic London through the ages, from the ruined amphitheater that features its ancient Roman roots to the Tower of London that was constructed during the Tudor dynasty. Then, of course, there are the architectural gems from the Victorian period such as Big Ben as well as beautiful echoes to the Georgian era in the shape of Buckingham Palace.

**Bath**

A UNESCO World Heritage Site, Bath has been a popular destination with visitors since the Iron Age, thanks to the healing properties of its natural hot springs. However, Bath also became a society hotspot for the gentry (上流人士) of the 18th century, so expect to see some exquisite Georgian architecture such as the Royal Crescent and embrace the opportunity to take afternoon tea at the Pump Rooms.

**Oxford**

This world-famous university town of Oxford has seen world leaders, Nobel Prize winners, talented authors and honored artists gain inspiration from its picturesque streets and skyline of dreamy spires. The university itself, founded in the 12th century, is steeped in history while masses of splendid sites from Oxford Castle to the domed Baroque Radcliffe Camera make getting lost in Oxford’s streets a pleasure instead of a chore.

**York**

The romantic, crooked streets of beautiful York offer a strong dose of traditional English culture, seasoned with plenty of historical flavor. York can trace its roots back to the Viking settlement. Fans of the Vikings can learn about their culture at the interactive and entertaining Jorvik Viking Centre.

1 What can be appealing to a tourist in London?

A. A relaxing English tea break. B. A theater of Roman origin.

C. A Viking culture leisure center. D. A time-honored university.

2. If you want to feel at one with nature, \_\_\_\_\_\_will be a good choice.

A. London B. Bath C. Oxford D. York

3. You are most likely to read the article\_\_\_\_\_\_.

A. in an academic paper written by a historian

B. on a website offering various online courses

C. in an official document released by government

D. on a blog recommending holiday destinations

【答案】1. B 2. B 3. D

**B**

I was sure this was the worst day of my life. Being diagnosed with Type I diabetes felt almost like a death sentence. My life changed in an instant, and I was terrified of not being able to cope with a chronic (慢性的) disease and afraid that I would never get to be a normal child. Little did I know that this condition would later on allow me to give back to my community through my volunteering initiatives and pursue a career where I could help others.

The impact that my disease had on my family was profound. We all had to learn to adjust to a new reality. I knew that it was up to me to make this work, but I felt lost. After a few days, the initial shock was replaced by denial, then came anger, and little by little, I later gained acceptance. By exercising determination and courage, I decided I would not let it dictate who I was or what I could become.

Meanwhile, I realized that some things in life are better dealt with by having a support system. With this in mind, I looked for volunteering positions where I could share my experience with others and listen to their own struggles. After I got involved in different initiatives, I decided to organize a support group for students who were dealing with difficult situations. The group was so successful that I was invited to other schools to talk about the difference we made in our members, lives by just listening to one another.

We all have challenges in life. Looking back, what felt like a death sentence at first turned into a way of supporting others in my community. It proves that the lessons we take from the setbacks we encounter can, in fact, be fundamental to later success.

4. Why did the author describe illness diagnosis as a death sentence?

A. Because the diagnosis was deadly.

B. Because the condition disabled him.

C. Because the disease ruined his career.

D. Because the illness robbed him of his normal life.

5. How did the author eventually adjust himself to the new reality?

A. He sought support from his family.

B. He lost himself in mood swings.

C. He relied on strong will and courage.

D. He gained acceptance from others.

6. What did the author do to give back to community?

A. Extending a helping hand to difficult students.

B. Inviting volunteers to share their experience.

C. Organizing donations to help those in a struggle.

D Starting up a support group for students in need.

7. What lesson did the author draw from his experience?

A. Cheerfulness is the promoter of health. B. Helping those in need is a delight.

C. Obstacles bear the seed of success. D. Life is measured by depth than by time.

【答案】4. D 5. C 6. D 7. C

**C**

One thousand critically endangered radiated tortoises have been released into the wild in Madagascar, a large island country off the east coast of Africa. The reintroduction is part of a project that aims to boost the tortoise’s numbers and to support declining forests that provide habitats for other wildlife.

The radiated tortoise (named after the radiating, star-like patterns on its shell ) is native to Madagascar, where it is common. However, since 2000, numbers have dropped from around 12 million to just 3 million. That might still sound a lot individual animals, but the speed of the fall, caused mainly by illegal hunting, has worried conservation groups. Adult tortoises are captured for their meat. Younger ones are taken alive and sold illegally, mostly to countries in Asia. Habitat loss, as forests are cleared for farming, is another cause of the decline.

The Turtle Survival Alliance (TSA) is a conservation partnership formed in 2001. It has rescued around 25, 000 live radiated tortoises from poachers, and it protects them in secure enclosures around the country. As part of a programme to return them to the wild, it recently moved 1, 000 tortoises to a secret location near the town of Tsihombe in southern Madagascar. Up to 40 of the animals have been fitted with satellite tags so that experts can track their movements after release.

The tortoises play an important role in the health of Madagascans forests because seeds they eat can pass through their digestive system undamaged and be dispersed in their scat (animal poo) , allowing plants to spread to other areas. “Tortoises contribute to forest regeneration,” said Herilala Randriamahazo, director of TSA’s Madagascar programme. “If the radiated tortoise species disappears, it could have a significant impact on the plant life in the southern part of Madagascar.”

8. Which of the following is NOT a cause for the decline of the radiated tortoise?

A. Over hunting. B. Climate Change.

C. Habitat loss. D. Illegal trade.

9. What did TSA do to secure the lives of the 1, 000 radiated tortoises?

A. Purchased them from private owners. B. Formed partnership with local government.

C. Tracked their movements via satellite tags. D. Transferred them to public secure shelters.

10. What can we infer from Herilala’s words in paragraph 4?

A. The tortoise is a key factor in keeping balance of the forest.

B. The scat of the tortoise fertilizes the plant life in the forest.

C. The decline of the tortoise makes room for plant life in the forest.

D. The disappearance of the tortoise will help restore the forest.

11. What can be a suitable title for the passage?

A. Radiated Tortoises Are Critically in Danger B. TSA Rebuilds Habitat for Radiated Tortoises

C. Radiated Tortoises Keep Forests Healthy D. Endangered Radiated Tortoises Return to Wild

【答案】8 B 9. C 10. A 11. D

**D**

Last week, the social media giant Facebook paused its planned launch of Instagram Kids, an app targeted at kids aged between 10 and 12.

It’s rare to see Facebook retreating on its business ambitions. But even Silicon Valley executives, who insulate their own kids from the products they push on the rest of the population, can’t ignore that social media is contributing to an unprecedented mental health crisis among kids and teens. The percent of teens reporting moderate or severe depression has risen substantially from just two years ago —from 25 percent to 38 percent, according to survey results published earlier this year by Common Sense, Hopelab, and the California Health Foundation, correlating with the time period when the pandemic forced kids to spend even more time in front of screens.

In 2017, psychologist Jean Twenge wrote an article in *The Atlantic* called “Have Smartphones Destroyed a Generation?”—and the backlash was swift. Critics said Twenge was overreacting because she had relied on observational studies, was unable to show a “direction of causality,” and didn’t note social media’s positive outcomes. What permeated these criticisms was a belief that while social media was a problem, some teens who were struggling may have already been vulnerable, and that ultimately, it could be managed if parents encouraged better digital habits.

Teenagers are experiencing significant physical, mental, and hormonal changes that contribute to intense emotions, yet the ability to recognize and process these emotions is much less developed. “I think social media fundamentally changes the way you grow up as a human and turn into yourself,” says Maddie Freeman, 20, who started an initiative called No Social Media November. This emotionally and developmentally difficult age, one in which mental health issues start to arise, is “the same time this platform swoops you up,” Freeman explains.

Since 2012, the year that a social media use moved from optional to ubiquitous among adolescents,” teen cases of mental problems have risen dramatically, as Twenge and Jonathan Haidt recently wrote. Throughout the pandemic, increased social media use was linked to higher levels of depression and anxiety symptoms, according to research by the Brown-Lifespan Center for Digital Health at Brown University.

12. What can we infer from the first two paragraphs?

A. Instagram Kids was canceled for no apparent reason.

B. Social media employees are blind to the harm of their products.

C. Teenage mental crisis has been dramatically worsened.

D. The percent of teen depression victims will decline.

13. What does the underlined word “insulate” mean in paragraph 2?

A. Shelter. B. Benefit. C. Foster. D. Abandon.

14. The criticisms on Jean Twenge’s article imply that \_\_\_\_\_\_.

A. the positive effect of social media cannot be overlooked

B. there is a direct link between social media and teen mental struggle

C. the present teenagers are resistant to the impact of social media

D. parents are to blame for teenagers’ mental health crisis

15. The article is intended to \_\_\_\_\_\_.

A. promote the public awareness of teenagers, mental health

B. balance the virtues against drawbacks of the social media

C. analyze the link between social media use and teen mental issues

D. criticize the wrong belief held by some people in social media

【答案】12. C 13. A 14. A 15. C

**第二节（共5小题；每小题2.5分，满分12.5分）**

**根据短文内容，从短文后的选项中选出能填入空白处的最佳选项，选项中有两项为多余选项。**

**Coping with Dry Eye**

Dry eye occurs when your eyes don’t produce enough tears, the tears don’t work correctly, or they evaporate too quickly.\_\_\_\_16\_\_\_\_ “The burning can feel like sand is in your eyes , and this can cause extreme eye tiredness, light sensitivity, and blurry vision,” says Angela Bevels, an eye specialist in Tucson, Arisona.

\_\_\_\_17\_\_\_\_ It can last for a long time, though, when caused by immune system diseases such as lupus. Skin issues on or around the eyelids are also contributors. Previous eye surgeries such as LASIK can lead to dry eye too.\_\_\_\_18\_\_\_\_

\_\_\_\_19\_\_\_\_First, take frequent breaks from staring at computer and phone screens. Turn off fans or other direct air to your face, as this can increase the evaporative loss of tears as well. The American Optometric Association (AOA) suggests making sure to get a good night’s sleep. The AOA guide lines suggest aiming for eight to ten glasses of water every day.

Over-the-counter eye drops can help ease symptoms. But when they don’t provide relief or you find you are using drops more than six times a day, it’s time to see an eye doctor for treatments that are available only by prescription or when provided in a medical office.\_\_\_\_20\_\_\_\_Placing temporary plugs in the eyelids to keep the tears around longer is also one of the treatments.

A. Some life style changes can minimize the discomfort.

B. It is considered common and often ignored.

C. These include heat and compression treatments of the eyelids to improve the tear film.

D. There are many contributors to the condition of dry eye.

E. It is much more than a nuisance.

F. Sometimes dry eye is a temporary condition caused by a variety of irritants.

G People who wear contact lenses are also at a higher risk.

【答案】16. E 17. F 18. G 19. A 20. C

**第三部分 语言运用（共三节，满分40分）**

**第一节（共15小题；每小题1分，满分15分）**

**阅读下面短文，从短文后各题所给的A、B、C和D四个选项中，选出可以填入空白处的最佳选项。**

I stood behind the curtains listening to the applause to the previous act. I breathed out deeply, realizing this was a moment that \_\_\_\_21\_\_\_\_ my childhood wish. Tonight was special because \_\_\_\_22\_\_\_\_ an alto aria or a jazz lick, I had prepared a song unique to my \_\_\_\_23\_\_\_\_. I curled my fingers around the microphone and waited \_\_\_\_24\_\_\_\_ as the curtains opened slowly.

My love for performance \_\_\_\_25\_\_\_\_ my appreciation of music as a child. In the city in China where I spent the first ten years of my life, I never found a choir to join and never laid eyes on a grand piano. \_\_\_\_26\_\_\_\_, I treasured my \_\_\_\_27\_\_\_\_for song and sought ways to bring music into my life.

Music \_\_\_\_28\_\_\_\_ my emotions that words and pictures can’t. I also enjoy the intellectual challenges that music offers very much. Through music, I can share and celebrate my past.

Now, dressed in a(n)\_\_\_\_29\_\_\_\_ Chinese dress that my mother had worn in her youth for years, I stepped onto the empty stage \_\_\_\_30\_\_\_\_ by pale blue light. I \_\_\_\_31\_\_\_\_ the microphone up to my lips and smiled before starting. Then, I brought to life the beautiful ballad that had brightened my childhood in China. My mind was full of warm memories of that faraway city \_\_\_32\_\_\_ I calmed down the audience with my melody.

Music allows me to \_\_\_33\_\_\_ my native culture and contribute to the diversity in my community. It has \_\_\_34\_\_\_ my mind and provided an outlet for my creativity. To me, nothing is more \_\_\_35\_\_\_ than being imaginative. I look forward to continuing in my undergraduate years.

21. A. admired B. fulfilled C. focused D. obtained

22. A. because of B. as a result of C. instead of D. regardless of

23. A. taste B. status C. ability D. identity

24. A. undoubtedly B. impatiently C. ashamedly D. curiously

25. A. kept from B. heard from C. came from D. shifted from

26. A. Therefore B. However C. Besides D. Moreover

27. A. courage B. value C. amusement D. passion

28. A. arouse B. adjust C. ruin D. remind

29. A. vivid B. special C. old D. invisible

30. A. lightened B. prevented C. attracted D. damaged

31. A. made B. held C. sent D. thought

32. A. as B. if C. although D. unless

33. A. admit B. suspect C. present D. defend

34. A. slipped B. changed C. inspired D. freed

35. A. friendly B. responsible C. original D. pleasurable

【答案】21. B 22. C 23. D 24. B 25. C 26. B 27. D 28. A 29. C 30. A 31. B 32. A 33. C 34. C 35. D

**第二节（共10小题；每小题1.5分，满分15分）**

阅读下面材料，在空白处填入1个适当的单词或括号内单词的正确形式。

The international gaming community has welcomed the inclusion of esports as\_\_\_\_36\_\_\_\_ official medal sport at the 2022 Asian Games in Hangzhou, capital of Zhejiang province, where many top club players will be seeking success for their countries. Tian Ye, who plays for EDward Gaming,\_\_\_\_37\_\_\_\_ EDG, said, “If \_\_\_\_38\_\_\_\_ (select), I hope to compete at the Asian Games once again.” The 23-year-old was on the team \_\_\_\_39\_\_\_\_ won the League of Legends 2021 World Championship this month. Esports was included in the Asian Games for the first time as a demonstration sport at the 2018 edition in Indonesia, with China \_\_\_\_40\_\_\_\_ (win) two gold medals and a silver. News that esports had been included as a medal sport for the Asian Games in Hangzhou \_\_\_\_41\_\_\_\_(announce) this month at the \_\_\_\_42\_\_\_\_ (four) China International Import Expo in Shanghai. Tian said: “It shows that esports has gained wider \_\_\_\_43\_\_\_\_ (recognize). Such tournaments are becoming \_\_\_\_44\_\_\_\_ (increasing) professional, and the gaming industry is now taking place on a much \_\_\_\_45\_\_\_\_ (big) scale than before. ”

【答案】36. an 37. or

38. selected

39 that##which

40. winning

41. was announced

42. fourth 43. recognition

44. increasingly

45. bigger

**第三节 单词拼写（共10小题；每小题1分，满分10分）**

46. G\_\_\_\_\_\_ （考虑到）that you have graduated from college, you should earn a living by yourself. (根据中英文提示单词拼写)

【答案】Given##iven

47. Despite their size, few large companies are g\_\_\_\_\_\_ （全球）competitive. (根据中英文提示单词拼写)

【答案】globally##lobally

48. She is experienced in h\_\_\_\_\_\_ （应对）a crisis. (根据中英文提示单词拼写)

【答案】handling##andling

49. The present system g\_\_\_\_\_\_ (确保)fairness to all customers. (根据中英文提示单词拼写)

【答案】guarantees##uarantees

50. This door is narrow in proportion to its h\_\_\_\_\_\_ (高度). (根据中英文提示单词拼写)

【答案】height##eight

51. Tired and h\_\_\_\_\_\_ (饥饿的), they drifted helplessly towards the Arctic. (根据中英文提示单词拼写)

【答案】hungry

52. He was charged with i\_\_\_\_\_\_ （违法）importing weapons across state lines. (根据中英文提示单词拼写)

【答案】illegally##llegally

53. I felt g\_\_\_\_\_\_ (愧疚的)about not visiting my parents more often. (根据中英文提示单词拼写)

【答案】guilty##uilty

54. She worked as a tailor after her g\_\_\_\_\_\_ (毕业). (根据中英文提示单词拼写)

【答案】graduation##raduation

55. He felt sure that there was some h\_\_\_\_\_\_ （隐藏）meaning in her remark. (根据中英文提示单词拼写)

【答案】hidden##idden

**第四部分 写作（共两节，满分40分）**

**第一节（满分15分）**

56. 假设你是李华，一个即将参加高考的学生，你在英语写作上碰到了困难，给你的英国朋友Tom写信求助，希望他能给你一点具体的建议。要点如下：

1. 写信目的；

2. 求助事由（在英语写作中碰到问题）；

3. 需要的帮助。

注意：1. 词数80词左右；

2. 可以适当增加细节，以使行文连贯。

Dear Tom,

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Yours,

Li Hua

【答案】Dear Tom,

I am Li Hua, a senior 3 student. I am writing in the hope that you will be kind enough to offer me some detailed suggestions to improve my English writing.

Having been learning English for so many years, I have no difficulty in understanding reading materials of moderate levels. What bothers me is that despite my large vocabulary and my relatively good understanding of English grammar, I still fail to write beautiful sentences, let alone good articles. I am really at a loss what to do to improve it.

With the College Entrance Examination approaching, I am terribly pressed for time and in desperate need of your help. So your timely suggestions as specific as possible are highly appreciated.

Yours,

Li Hua

**第二节（满分25分）**

57. 阅读下面材料，根据其内容和所给段落开头语续写两段，使之构成一篇完整的短文。

As 17-YEAR-old Torri’ell Norwood drove through St. Petersburg, Florida, last February, the laughter and chatter from the four teenage girls inside her car quickly gave way to screams. As they approached a crossroads, another car T-boned (侧面撞击) them, sending their black car sailing into the yard of a nearby home, coming to a stop only when it crashed into a tree.

As smoke rose up from the other car, a bystander shouted, “It’s about to blow up! Get out!” The impact had caved in Norwood’s driver’s side door, jamming it shut. Shaken, but otherwise OK, she crawled out through the window. Along with two of her friends, who’s also managed to free themselves, she ran for her life.

But halfway down the street, she realized that her best friend, A’zarria Simmons, wasn’t with them. Norwood shivered a little as she watched her friends, running back to the car and found Simmons slumped in the back seat. “She wasn’t moving,” Norwood told Inside Edition. She threw open the back door and pulled her friend out, avoiding the broken glass as best she could. She dragged Simmons a few feet to safety and laid her on the ground. “I checked her pulse after calling 911.” Nothing. “I put my head against her chest.” No sign of life. Without immediate medical care, Simmons would die. “That’s when I started CPR(心肺复苏).”

Had the accident happened a few weeks earlier she might not have known what to do. But Norwood, who wants to pursue a career in medicine, had earned her CPR certificate just the day before. Still, she hesitated. She didn’t think she knew it well enough. But she knew the single best chance for survival is having someone nearby step in and do CPR quickly. “It was scary. I knew it was the difference between life and death,” says Norwood. Kneeling on the lawn and looking down at her dying friend, Norwood knew she had precious little time to practice what she’d learned.

注意：1. 续写词数应为150左右；

2. 请按如下格式在答题卡的相应位置作答。

She started pressing Simmons’s chest with her interlocked(扣紧) fingers.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Soon, doctors arrived and rushed Simmons to the hospital.

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【答案】**She started pressing Simmons’s chest with her interlocked**(扣紧) **fingers.** At the same time, she tilted her head, lifted her chin and pinched nostrils shut, breathing into her friend’s mouth in hopes of filling her lungs with the kiss of life. No response. She continued the process in a relatively fast rhythm. And then, after the 30th compression, Simmons began coughing and gasping for air. The CPR had worked! Tears scalded her eyes and she was overjoyed at her success.

**Soon, doctors arrived and rushed Simmons to the hospital.** She received stitches for a gash in her forehead. The doctors gave her a general checkup so as to make sure there is nothing wrong with her. Two weeks later the accident, Simmons went back to school. And then she heard how her best friend had saved her life. “I wasn’t shocked,” Simmons told CNN. “She will always help any way she can. ”