**高考真题高分突破思维策略提升**

**1. 2022年1月浙江高考C篇**

The benefits of regular exercise are well documented but there's a new bonus to add to the ever-growing list. New research found that middle-aged women who were physically fit could be nearly 90 percent less likely to develop dementia (失智症) in later life — and if they did, it came on a decade later than less sporty women.

Lead researcher Dr Helena Horder, of the University of Gothenburg in Sweden, said:“These findings are exciting because it's possible that improving people's cardiovascular (心血管的) fitness in middle age could delay or even prevent them from developing dementia.”

For the study, 191 women with an average age of 50 took a bicycle exercise test until they were tired out to measure their peak (最大值的) cardiovascular capacity. The average peak workload was measured at 103 watts.

A total of 40 women met the criteria for a high fitness level with a capacity of 120 watts or higher, while 92 women were in the medium fitness category. A total of 59 were of low fitness level, with a peak workload of 80 watts or less, or having their tests stopped because of health problems.

These women were then tested for dementia six times over the following four decades. During that time, 44 of the women developed dementia. Five percent of the highly fit women developed dementia, compared to 25 percent of the women with medium fitness and 32 percent of the women with low fitness.

“However, this study does not show cause and effect between cardiovascular fitness and dementia, it only shows an association,” said Horder. “More research is needed to see if improved fitness could have a positive effect on the risk of dementia and also to look at when during a lifetime a high fitness level is most important.” She also admitted that a relatively small number of women were studied, all of whom were from Sweden, so the results might not be applicable to other groups.

27. What is on the ever-growing list mentioned in the first paragraph?

A. Positive effects of doing exercise. B. Exercises suitable for the middle-aged.

C. Experimental studies on dementia. D. Advantages of sporty women over man.

28. Why did the researchers ask the women to do bicycle exercise?

A. To predict their maximum heart rate. B. To assess their cardiovascular capacity.

C. To change their habit of working out. D. To detect their potential health problems.

29. What do we know about Dr Horder's study?

A. It aimed to find a cure for dementia. B. Data collection was a lengthy process.

C. Some participants withdrew from it. D. The results were far from satisfactory.

30. Which of the following is the best title for the text?

A. More Women Are Exercising to Prevent Dementia

B. Middle-Aged Women Need to Do More Exercise

C. Fit Women Are Less Likely to Develop Dementia

D. Biking Improves Women's Cardiovascular Fitness

**2. 2021年6月浙江高考C篇**

If you ever get the impression that your dog can "tell" whether you look content or annoyed, you may be onto something. Dogs may indeed be able to distinguish between happy and angry human faces, according to a new study.

Researchers trained a group of 11 dogs to distinguish between images（图像）of the same person making either a happy or an angry face. During the training stage, each dog was shown only the upper half or the lower half of the person’s face. The researchers then tested the dogs’ ability to distinguish between human facial expressions by showing them the other half of the person’s face or images totally different from the ones used in training. The researchers found that the dogs were able to pick the angry or happy face by touching a picture of it with their noses more often than one would expect by random chance.

The study showed the animals had figured out how to apply what they learned about human faces during training to new faces in the testing stage. "We can rule out that the dogs simply distinguish between the pictures based on a simple cue, such as the sight of teeth," said study author Corsin Muller. "Instead, our results suggest that the successful dogs realized that a smiling mouth means the same thing as smiling eyes, and the same rule applies to an angry mouth having the same meaning as angry eyes.”

"With our study, we think we can now confidently conclude that at least some dogs can distinguish human facial expressions," Muller told *Live Science*.

At this point, it is not clear why dogs seem to be equipped with the ability to recognize different facial expressions in humans. "To us, the most likely explanation appears to be that the basis lies in their living with humans, which gives them a lot of exposure to human facial expressions," and this exposure has provided them with many chances to learn to distinguish between them, Muller said.

28. The new study focused on whether dogs can\_\_\_\_\_\_\_\_\_.

A. distinguish shapes B. make sense of human faces

C. feel happy or angry D. communicate with each other

29. What can we learn about the study from paragraph 2?

A. Researchers tested the dogs in random order.

B. Diverse methods were adopted during training.

C. Pictures used in the two stages were different

D. The dogs were photographed before the test.

30. What is the last paragraph mainly about?

A. A suggestion for future studies. B. A possible reason for the study findings.

C. A major limitation of the study D. An explanation of the research method.

**3. 2021年1月浙江高考C篇**

Researchers say they have translated the meaning of gestures that wild chimpanzees (黑猩猩) use to communicate. They say wild chimps communicate 19 specific messages to one another with a “vocabulary” of 66 gestures. The scientists discovered this by following and filming groups of chimps in Uganda, and examining more than 5,000 incidents of these meaningful exchanges.

Dr Catherine Hobaiter, who led the research, said that this was the only form of intentional communication to be recorded in the animal kingdom. Only humans and chimps, she said, had a system of communication where they deliberately sent a message to another group member.

“That’s what’s so amazing about chimp gestures,” she said. “They’re the only thing that looks like human language in that respect.”

Although previous research has shown that apes and monkeys can understand complex information from another animal’s call, the animals do not appear to use their voices intentionally to communicate messages. This was a significant difference between calls and gestures, Dr Hobaiter said.

Chimps will check to see if they have the attention of the animal with which they wish to communicate. In one case, a mother presents her foot to her crying baby, signalling: “Climb on me.” The youngster immediately jumps on to its mother’s back and they travel off together. “The big message from this study is that there is another species (物种) out there that is meaningful in its communication, so that’s not unique to humans,” said Dr Hobaiter.

Dr Susanne Shultz, an evolutionary biologist from the University of Manchester, said the study was praiseworthy in seeking to enrich our knowledge of the evolution of human language. But, she added, the results were “a little disappointing”.

“The vagueness of the gesture meanings suggests either that the chimps have little to communicate, or we are still missing a lot of the information contained in their gestures and actions,” she said. “Moreover, the meanings seem to not go beyond what other animals convey with non-verbal communication. So, it seems the gulf remains.”

27. What do chimps and humans have in common according to Dr Hobaiter?

A. Memorizing specific words. B. Understanding complex information.

C. Using voices to communicate. D. Communicating messages on purpose.

28. What did Dr Shultz think of the study?

A. It was well designed but poorly conducted.

B. It was a good try but the findings were limited.

C. It was inspiring but the evidence was unreliable.

D. It was a failure but the methods deserved praise.

29. What does the underlined word “gulf” in the last paragraph mean?

A. Difference. B. Conflict. C. Balance. D. Connection.

30. Which of the following is the best title for the text?

A. Chimpanzee behaviour study achieved a breakthrough

B. Chimpanzees developed specific communication skills

C. Chimpanzees: the smartest species in the animal kingdom

D. Chimpanzee language: communication gestures translated

**4. 2023年6月新高考全国Ⅰ卷C篇**

The goal of this book is to make the case for digital minimalism, including a detailed exploration of what it asks and why it works, and then to teach you how to adopt this philosophy if you decide it’s right for you.

To do so, I divided the book into two parts. In part one, I describe the philosophical foundations of digital minimalism, starting with an examination of the forces that are making so many people’s digital lives increasingly intolerable, before moving on to a detailed discussion of the digital minimalism philosophy.

Part one concludes by introducing my suggested method for adopting this philosophy: the digital declutter. This process requires you to step away from optional online activities for thirty days. At the end of the thirty days, you will then add back a small number of carefully chosen online activities that you believe will provide massive benefits to the things you value.

In the final chapter of part one, I’ll guide you through carrying out your own digital declutter. In doing so, I’ll draw on an experiment I ran in 2018 in which over 1,600 people agreed to perform a digital declutter. You’ll hear these participants’ stories and learn what strategies worked well for them, and what traps they encountered that you should avoid.

The second part of this book takes a closer look at some ideas that will help you cultivate (培养) a sustainable digital minimalism lifestyle. In these chapters, I examine issues such as the importance of solitude (独处) and the necessity of cultivating high-quality leisure to replace the time most now spent on mindless device use. Each chapter concludes with a collection of practices, which are designed to help you act on the big ideas of the chapter. You can view these practices as a toolbox meant to aid your efforts to build a minimalist lifestyle that words for your particular circumstances.

28. What is the book aimed at?

A. Teaching critical thinking skills. B. Advocating a simple digital lifestyle.

C. Solving philosophical problems. D. Promoting the use of a digital device.

29. What does the underlined word “declutter” in paragraph 3 mean?

A. Clear-up. B. Add-on. C. Check-in. D. Take-over.

30. What is presented in the final chapter of part one?

A. Theoretical models. B. Statistical methods.

C. Practical examples. D. Historical analyses.

31. What does the author suggest readers do with the practices offered in part two?

A. Use them as needed. B. Recommend them to friends.

C. Evaluate their effects. D. Identify the ideas behind them.

**5. 2023年6月新高考全国Ⅰ卷D篇**

On March 7, 1907, the English statistician Francis Galton published a paper which illustrated what has come to be known as the “wisdom of crowds” effect. The experiment of estimation he conducted showed that in some cases, the average of a large number of independent estimates could be quite accurate.

This effect capitalizes on the fact that when people make errors, those errors aren’t always the same. Some people will tend to overestimate, and some to underestimate. When enough of these errors are averaged together, they cancel each other out, resulting in a more accurate estimate. If people are similar and tend to make the same errors, then their errors won’t cancel each other out. In more technical terms, the wisdom of crowds requires that people’s estimates be independent. If for whatever reasons, people’s errors become correlated or dependent, the accuracy of the estimate will go down.

But a new study led by Joaquin Navajas offered an interesting twist (转折) on this classic phenomenon. The key finding of the study was that when crowds were further divided into smaller groups that were allowed to have a discussion, the averages from these groups were more accurate than those from an equal number of independent individuals. For instance, the average obtained from the estimates of four discussion groups of five was significantly more accurate than the average obtained from 20 independent individuals.

In a follow-up study with 100 university students, the researchers tried to get a better sense of what the group members actually did in their discussion. Did they tend to go with those most confident about their estimates? Did they follow those least willing to change their minds? This happened some of the time, but it wasn’t the dominant response. Most frequently, the groups reported that they “shared arguments and reasoned together.” Somehow, these arguments and reasoning resulted in a global reduction in error. Although the studies led by Navajas have limitations and many questions remain, the potential implications for group discussion and decision-making are enormous.

32. What is paragraph 2 of the text mainly about?

A. The methods of estimation. B. The underlying logic of the effect.

C. The causes of people’s errors. D. The design of Galton’s experiment.

33. Navajas’ study found that the average accuracy could increase even if \_\_\_\_\_\_\_\_.

A. the crowds were relatively small B. there were occasional underestimates

C. individuals did not communicate D. estimates were not fully independent

34. What did the follow-up study focus on?

A. The size of the groups. B. The dominant members.

C. The discussion process. D. The individual estimates.

35. What is the author’s attitude toward Navajas’ studies?

A. Unclear. B. Dismissive. C. Doubtful. D. Approving.

答案：

1. 2022年1月浙江高考C篇 ABBC

2. 2021年6月浙江高考C篇 BCB

3. 2021年1月浙江高考C篇 DBAD

4. 2023年6月新高考全国Ⅰ卷C篇 BACA

5. 2023年6月新高考全国Ⅰ卷D篇 BDCD