

SING FOR ALL THE PEOPLE FIGHTING AGAINST THE EPIDEMIC!  
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# You raise me up

Fighters

Guardian angels

Countermarching saviors



常山一中 吴俊峰





## How do you feel in danger?

### Fear?

The danger is threatening the comfort zone even the life.

### Frustration?

Frustration is the feeling arising when expectations or desired outcomes are not met.



### Helplessness?

This is a sign overwhelmed by the situation. The next step would be despair.

### Struggle?

flee or adventure?  
panic or stay calm?  
being brave or coward?  
self-rescue or rescue others?

# What do you call those who risk their lives to save others in danger?



**Fighters**

**Guardian angels**

**Heroes / Heroines**

**Countermarching saviors**





Zhong Nanshan, an 83-year-old doctor 1. who became a household name 17 years ago for “daring to speak” in the fight 2. against SARS, is the public image of China’s effort to control a new strain of coronavirus.

Despite his 3. advanced (advance) age, Zhong was appointed to lead the 4. investigation (investigate) into the new virus, which has rattled (使发狂) millions of Chinese who are traveling for the week-long Lunar New Year holiday. His announcement on Monday 5. that the virus could spread between humans ratcheted up (增加) the safety precaution about the outbreak,

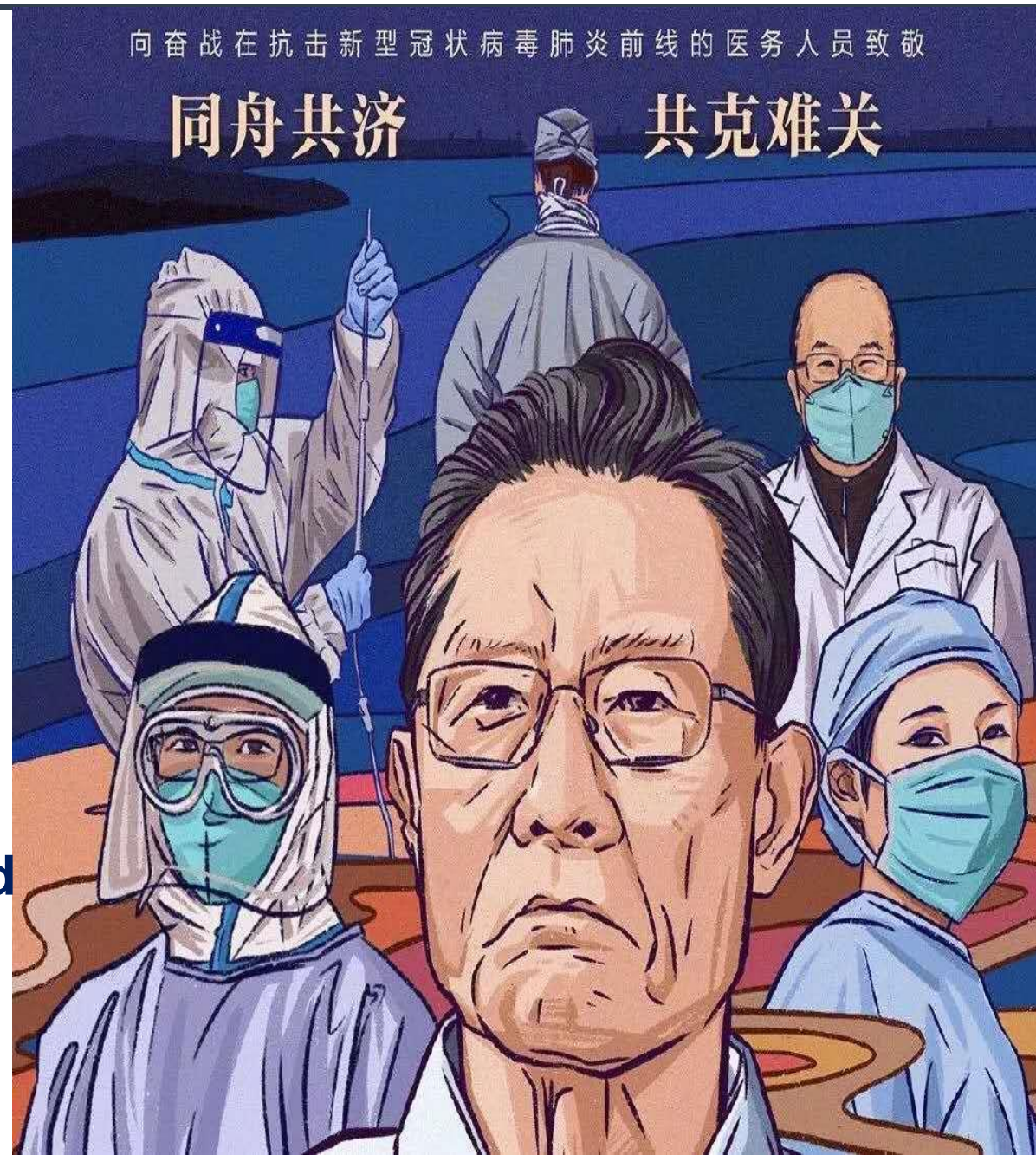




Ruthless virus brings out 6. warmth (warm) in humanity. More and more white-robed nurses and doctors are fighting the virus on the front line, 7. whose selfless devotion deserve our respect!

China has the confidence and the capacity 8. to win (win) this battle. The people's sense of 9. responsibility (responsible) to the country has been fully displayed in this joint fight against the outbreak. We believe care and compassion will not 10. be shadowed (shadow) by panic and fear.

The Chinese people, fighting united as one, will surely defeat the epidemic.



- The video shows Chinese doctors are doing everything in their power to help save lives and sacrificing themselves for the national interest.
- They deserve a lot more praise!
- They are real life superheroes putting themselves in danger to save someone.
- They **raise up** the Chinese nation !







When I am down and oh my soul so weary  
每当我心情低落，我的灵魂如此疲惫

***You Raise Me Up*** is a song originally composed by Irish-Norwegian duo Secret Garden. The music was written by Secret Garden's Rolf Løvland and the lyrics by Brendan Graham. The song has been recorded by more than a hundred other artists.

“你鼓舞了我”是爱尔兰和挪威的二人组合“秘密花园”原创的。谱曲是Rolf Lovland完成的，而Brendan Graham创作了歌词。这首歌被超过一百位的歌手翻唱过。

The song was made by and for Løvland himself and performed for the very first time at the funeral of Løvland's mother. Here he noted "there's something about the song people are embracing - which becomes emotionally strong. I believe people think of it as a song they use for their own purposes."

这首歌是Løvland为了自己而制作，并在他母亲的葬礼上首演。他说“这首歌里有一些东西是人们都想拥抱的 - 它使得人们从情感上更加强大。我相信每个人都可以从这首歌中找到自己的情感归属。”

There are always a group of people in our lives. That group, may not be your brothers and sisters, but share weal and woe just like brothers; That group, perhaps have no blood relationship with you, but willing to go through fire and water for you.

在我们的生命中总有一群人。那群人，或许不是你的兄弟姐妹，却胜似兄弟姐妹；那群人，或许和你没有血缘关系，却愿为你赴汤蹈火。



*When I am down and, oh my soul so 1 ;  
When troubles come and my heart burdened be;  
Then, I am 2 and wait here in the silence,  
3 you come and sit awhile with me.  
You raise me up, so I can stand on 4 ;  
You raise me up, to walk on stormy seas;  
I am 5 , when I am on your shoulders;  
You raise me up to 6 I can be.*

- |                     |                     |                      |
|---------------------|---------------------|----------------------|
| 1. A. noble         | B. <b>weary</b>     | C. healthy           |
| 2. A. <b>still</b>  | B. confident        | C. active            |
| 3. A. When          | B. After            | C. <b>Until</b>      |
| 4. A. shoulders     | B. sky              | C. <b>moutains</b> ; |
| 5. A. <b>strong</b> | B. tall             | C. happy             |
| 6. A. other than    | B. <b>more than</b> | C. rather than       |

Up

Me

Raise

You





## You raise me up

*When I am down and, oh my soul so 1 weary ;  
When troubles come and my heart burdened be;  
Then, I am 2 still and wait here in the silence,  
3 Until you come and sit awhile with me.  
You raise me up, so I can stand on 4 mountains ;  
You raise me up, to walk on stormy seas;  
I am 5 strong when I am on your shoulders;  
You raise me up to 6 more than I can be.*

When I am down and, oh my soul, so weary

我变得失落，我心已倦

When I am连读（在词尾以 [i:] [ai] [ei] 等接元音时可以加 [j]）； and oh连读

When troubles come an<sub>d</sub> my hear<sub>t</sub> burdene<sub>d</sub> be

我遇到了困难，我心绪烦扰

And d省音； heart t省音； burdened d省音

Then, I am still an<sub>d</sub> wai<sub>t</sub> here in the silence

我在茫然中不知所措

Then I am连读； still and 连读； and d省音； wait t省音； here in连读( 摩擦音[r]与其后面的首元音连读,读为 [rin])

Until you come an<sub>d</sub> sit awhile with me

直到你来到我身边，临我而坐

And d省音, Sit a while连读（单词词尾的辅音连缀可以和后面的某个元音开头的单词形成一种新的浊化现象，读为 [dail]）



**You raise me up, so I can stand on mountains**

**因为你的鼓舞，我才可以征服群山**

Me up 连读; so I 连读 (字尾元音+字首元音, 加入[w]或[j], 读为 [wai]); stand on连读

**You raise me up, to walk on stormy seas**

**因为你的鼓舞，我才能够冒着暴雨破浪前行**

Me up连读 (在词尾以 [i:] [ai] [ei] 等接元音时可以加 [j]) ; walk on连读

**I am strong, when I am on your shoulders**

**因为有你的肩膀倚靠，我才如此强大**

I am连读; when I am on连读

**You raise me up...To more than I can be**

**因为你的鼓舞，我才能超越自我**

Me up连读; than I连读

## 1. When I am down and, oh my soul so weary

(1) **down**: adj. 沮丧的(情绪)

- Fresh air can have an amazing effect on our feelings. So if we start to feel down, take some deep breathes and feel the fresh air. 新鲜空气能对我们的情绪产生极大的影响。所以，如果我们开始感到沮丧，做一些深呼吸，感受新鲜的空气。

(2) **weary**: adj/v 使疲劳;使疲倦;失去热情;疲惫的

- He gave me a weary smile. 他对我疲惫地一笑。
- If you have experienced symptoms of fever, feeling weary, cough or a traveling history at Hubei Province, China in the past 14 days, please contact us immediately. 如果您在过去14天内有发烧、疲劳、咳嗽等症状，或有在中国湖北省旅游的经历，请立即与我们联系。

## 2. When troubles come and my heart burdened be

**my heart burdened be**, 正常语序应该是My heart is burdened。这里是为了押韵以及强调，所以把burdened放前面，形成了倒装。be burdened with ... 使负重担...

- If one wants to live here without being burdened by vision, without being burdened by will, then that person should be absolutely innocent. 如果一个人想不承载着愿景，不承载着意志，而存在于此，那么这个人应该是纯粹天真单纯的。

### 3. Then, I am still and wait here in the silence

**(1) Still** adj,安静的; 静止的; 平静的

- Still water runs deep. 大智若愚;静水流深
- Stand still, Don't move. 站着别动!
- They told her to stay still until the emergency personnel arrived. 他们告诉她在急救人员到来之前不要动。
- Get the patient to hold still. I can't get a pulse! 让病人保持不动, 我检测不到脉搏了!

**(2) Still** adv. 仍然

- He's not out of the woods yet; he's still in critical condition. We're moving him to intensive care.他还没有脱离危险, 他的情况仍然危急。我们要把他转移到重症监护室。

### 4. Until you come and sit awhile with me

**awhile** adv,片刻;一会儿

- After dinner sit awhile, after supper walk a mile. 正餐后, 休息片刻; 晚餐后, 步行一哩。
- Because we must trudge in the dust awhile, some of us whimper that life's all wrong. But somehow, we live and our sky grows bright, and everything seems to work out all right. 只因我们要在泥尘中跋涉, 我们中的一些人就哀诉生活多磨难。但我们挺过来了, 守得云开见月明, 一切事都终得顺利解决。



### 5. You raise me up, so I can stand on mountains

**raise sb up** 引申义encourage or inspire, “养育成人; 鼓舞...”

- In this way, I will repay the efforts my parents have made to raise me up. 我将会以这种方式报答父母对我的养育之恩。

### 6. You raise me up, to walk on stormy seas

**stormy** adj.有暴风雨(或暴风雪)的; 群情激愤的; 激烈争吵的

- The flight was cancelled due to the stormy weather. 由于暴风雨的天气, 航班被取消了

### 7. I am strong when I am on your shoulders

- If I looked compared to others far, it is because I stand on giant's shoulder. 如果我看得比别人远, 是因为我站在巨人的肩膀上。
- Countries should follow the trend of the times, shoulder responsibility for development, meet challenges and risks, jointly promote global governance in cyberspace and strive to build a community with a shared future in cyberspace. 各国应该顺应时代潮流, 承担发展责任, 应对挑战和风险, 共同推进网络空间全球治理, 努力构建网络空间命运共同体。 *shoulder vt. 肩负, 承担; shoulder the responsibility 承担责任*

Secret Gardan版还有下面一段

There is no life -

no life without its hunger;

Each restless heart

beats so imperfectly;

But when you come

and I am filled with wonder,

Sometimes, I think

I glimpse eternity.

世上没有——

没有失去热望的生命

每颗悸动的心

也都跳动得不那么完美

但是你的到来

让我心中充满了奇迹

甚至有时我认为 因为有你

我瞥见了永恒

➤ *eternity* /ɪˈtɜːnəti/ n. 来世; 不朽; 永恒



In face of the COVID-19 epidemic, doctors are just like firefighters, putting their pledges into actions.

### A firefighter's Pledge

英

I promise concern for others.

A willingness to help all those in need.

I promise courage - courage to face and **conquer** my fears.

Courage to share and **endure** the **ordeal** of those who need me.

I promise strength - strength of heart to bear **whatever burdens might be placed upon me**.

Strength of body to deliver to safety all those placed within my care.

I promise the wisdom to lead, the **compassion** to comfort,  
and the love to serve unselfishly **whenever I am called**.

释义

- pledge /pledʒ/ n. 保证, 誓言 vt. 保证, 许诺
- conquer /'kɒŋkə(r)/ vt. 战胜, 征服; 攻克, 攻取 vi. 胜利; 得胜
- endure /ɪn'dʒʊə(r)/ v. 忍耐; 容忍; 持续
- ordeal /ɔ:'di:l / n. 折磨; 严酷的考验; 痛苦的经验
- compassion /kəm'pæʃn/ n. 同情; 怜悯
- whatever引导宾语从句, whenever=no matter when引导让步状语从句, 意为“无论...; 不管...”。



英

## A firefighter's Pledge

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**I promise the wisdom to lead, the compassion to comfort,  
and the love to serve unselfishly whenever I am called**

汉

### 一名消防员的承诺

**我保证关心他人。愿意帮助所有需要帮助的人。**

**我承诺勇气——勇敢地面对恐惧。有勇气去分享和忍受那些需要我的人的磨难。**

**我承诺力量——心灵的力量来承受任何可能是强加于我的负担；身体的力量把我照顾的人送到安全的地方。**

**我承诺以智慧引导，以怜悯安慰，以及无论何时我被召唤时无私服务的爱**

## Hymn to the Fallen Heroes 向倒下的英雄们致敬！



## Hymn to the Fallen Heroes

Young and aged, volunteer and career, man and woman of all races and colors,  
you left aching hearts behind

An **eternal** flame warms your names **inscribed** on cold, lifeless **plaques** around this stone **cairn**  
In the hearts you left behind, your memories **abide** in undying gratitude

You asked nothing more

You knew the risks, served without fear and paid the highest price

You embody a quality of which many only dream

Your selflessness for others is now your eternal crown

O fallen comrades, give us all this quality

that we may more fittingly prolong your memory

### 向倒下的英雄们致敬

年轻人和老年人，志愿者和各行各业，所有种族和肤色的男人和女人，  
你把痛苦的心留在身后

永恒的火焰温暖着你铭刻在冰冷纪念碑上的名字，环绕着这个石冢  
在你留在身后的心中，你的记忆永远留在感激中

- *hymn* /hɪm/ n. 赞美诗 v. 唱赞歌
- *eternal* /ɪ'tɜːnl/ adj. 永恒的；不朽的
- *inscribe* /ɪn'skraɪb/ vt. 题写；题献；铭记；雕
- *plaque* /plæk/ n. 纪念匾；纪念牌
- *cairn* /keən/ n. 石冢；堆石界标；石堆纪念碑
- *abide* /ə'baɪd/ v. 持续；忍受；停留

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Your selflessness for others is now your eternal **crown**

O fallen comrades, give us all this quality

that we may more fittingly prolong your memory

你别无所求

你知道风险，但无所畏惧，付出了最高的代价

你体现了许多人梦寐以求的品质

你对他人的无私是你永恒的王冠

啊，倒下的同志们，给了我们所有这些品质

让我们更好地延续你的精神和对你的记忆

- **embody** /ɪmˈbɒdi/ vt. 体现，使具体化；具体表达
- **crown** /kraʊn/ n. 王冠 vt. 加冕；居...之顶；表彰
- **comrade** /ˈkɒmreɪd/ n. 同志；伙伴
- **fittingly** /ˈfɪtɪŋli/ adv. 适当地，适合地
- **prolong** /prəˈlɒŋ/ vt. 延长；拖延





Moved by these white-robed guardian angels, we 'd better learn how to describe something related to the hospital.

- The corridors are long, the paint peeling, the smell **diabolical**.  
走廊狭长, 油漆剥落, 气味刺鼻。 /ˌdaɪəˈbɒlɪkəl/ adj. 糟糕透顶的
- rooms with nameplates (laundry room, medication room, therapy room, cafeteria, etc.)  
有铭牌的房间(洗衣房、药品室、治疗室、自助餐厅等) /ˈθerəpi/ n. 治疗, 疗法
- Automatic sliding doors that lead to a waiting room full of beat-up chairs  
自动滑动门, 通往满是破旧椅子的候诊室
- sliding doors to the individual rooms where patients are waiting (lying in treatment beds, hooked up to IV poles, wearing blood pressure **cuffs** as a nurse takes measurements)  
通往病人等候的各个房间的滑动门 (躺在病床上, 挂着输液管, 护士测量时戴着血压袖带)  
/kʌf/ n. 袖口, 裤子翻边
- a basic fitness room and outside recreational area that can be **utilized**  
一个基本的健身室和一个可以利用的户外休闲区域 /ˈjuːtəlaɪz/ vt. 利用
- doors with a small window insert  
带有小窗插孔的门

- **trays** with paper medication cups holding pill  
托盘里有纸杯装着药丸 /treɪ/ n. 托盘; 文件盒
- with a scannable code containing information about medication  
带有可扫描的代码, 其中包含有关药物的信息
- **stethoscope** hung around necks  
挂在脖子上的听诊器 /ˈsteθəskəʊp/ n. 听诊器
- X-ray and **CAT** scan rooms  
X 光和CAT扫描室 CT扫描; 计算机化X线轴向断层扫描
- **orderlies** checking on patients and monitoring them  
护理员检查病人并监督他们 orderly /ˈɔːdəli/ n. 看护人; 护理员
- **stretchers** zooming past with paramedics attending to victims  
医护人员载着担架急速驶过, 抢救伤员 /ˈstretʃə(r)/ n. 担架; 延伸器
- doctors in **scrubs** and white coats passing through the area  
穿着工作服和白大褂的医生们穿过这个地区 /skrʌbs/ 外科手术服
- nurses and doctors making the rounds and distributing medications  
护士和医生巡视, 分发药品
- security personnel walking the **ward** or working out of security stations  
保安人员在病房内走动或在保安室外工作 /wɔːd/ n. 病房; 保卫

- patients with varying degrees of injury or illness (with broken bones and bloody noses, cuts, scrapes, **bruising**, holding garbage bins to catch **vomit**, pressing ice packs to injuries, wearing **surgical** masks, crying, holding onto the person next to them for support)  
不同程度受伤或不舒服的病人(骨折、流鼻血、割伤、擦伤、瘀伤、拿垃圾桶接呕吐物、把冰袋压在伤口上、戴医用口罩、哭泣、抓住旁边的人寻求支持)  
/ˈbruːzɪŋ/ n. 挫伤 v. 擦伤 (bruise的ing形式)  
/ˈvɒmɪt/ v. 呕吐; 喷出 n. 呕吐; 呕吐物  
/ˈsɜːdʒɪkl/ adj. 外科的; 手术上的
- patients wearing color-coded wrist bands that indicate possible risk factors  
患者戴彩色腕带, 表明可能的危险因素
- patients being checked on the first few nights with a flashlight or woken up by a nurse with a needle as she takes blood for testing.  
病人在头几个晚上用手电筒被检查, 或者在护士用针抽血化验时被叫醒
- worried parents and friends **crammed** together  
挤在一起的忧心忡忡的父母和朋友 cram /kræm/ v. 填满, 塞满; (应考) 突击准备, 死记硬背
- small children **huddled** in parents' arms  
蜷缩在父母怀里的小孩子们 /ˈhʌdl/ v. 挤在一起; 缩成一团; 蜷缩

- the calming voice of a nurse or therapist  
护士或治疗师平静的声音
- secure doors opening with a click as a nurse swipes an access card over a reader  
当护士在读卡器上刷门禁卡时，门会咔哒声自动打开
- echoing footsteps  
脚步声回响
- people (talking to themselves, humming, singing, muttering, crying or screaming)  
人们(自言自语、哼歌、唱歌、喃喃自语、哭泣或尖叫)
- patients making repetitive noises (throat clearing, clicking, or swearing) associated with certain disorders  
患者发出与某些疾病相关的重复性噪音 (清嗓子、咔哒声或咒骂声)
- Murmuring, crying, labored breathing, someone gagging and throwing up, moaning and whimpering, a loved one whispering a prayer, newspapers rattling  
喃喃自语，哭喊，呼吸困难，有人作呕，呕吐，呻吟和呜咽，爱人低声祈祷，报纸哗啦哗啦
- the soft breaths of someone sleeping or snoring  
睡觉或打呼噜时的轻柔呼吸
- family members trying to keep the conversation positive and upbeat  
家庭成员试图保持积极乐观谈话



- a **squeaky** laundry cart being pushed down the hall  
一辆吱吱作响的洗衣车被推下大厅 /'skwi:ki/ adj. 嘎吱作响的
- the **beeps** of monitoring equipment  
监控设备的哔哔声 /bi:p/ n. 哔哔声, 嘟嘟声; 警笛声
- the squeaky wheel on a crash cart or stretcher  
急救车或担架上吱吱作响的轮子
- air conditioning or heaters that **click** and **rattle**  
空调或加热器发出咔嗒咔嗒的声音 /kɪk/ v. /n. (发) 咔哒声; 滴答声; /'rætl/ v. /n. (发出) 卡嗒卡嗒声; 格格声
- codes being called over a speaker system  
通过扬声器系统呼叫代码
  
- **SMELLS**
- disinfectant /,dɪsɪn'fektənt/, deodorant /di:'əʊdərənt/, bleach-scented sheets and towels, urine/'juəri:n/, vomit, alcohol swabs/swɒb/  
消毒剂、除臭剂、漂白床单和毛巾、尿液、呕吐物、酒精棉签、  
bleach /bli:tʃ/ v. 漂白; 用漂白剂给.....清洗, 消毒 n. 漂白剂, 消毒剂  
scent /sent/ n. 气味; 察觉能力 vt. 闻到; 发觉; 使充满...的气味 vi. 发出...的气味

- sniffing back tears and snot  
忍住泪水和鼻涕
- eyes **prickling** as tears begin to form  
眼睛刺痛, 泪水开始形成 *prickle /'prɪkl/ v. /n. 刺; 刺痛*
- taking deep breaths and rapidly **blinking** in an effort not to cry  
深呼吸, 快速眨眼, 努力不让自己哭出来 *blink /blɪŋk/ v. /n. 眨眼; 闪烁*
- blurred vision  
视力模糊
- shakiness in the **limbs**  
四肢发抖 */lɪm/n. 肢, 臂; 四肢*
- sweaty palms as one nervously awaits a reading  
手心冒汗, 紧张地等待报告单
- the rough feel of **chapped** lips  
嘴唇干裂的粗糙感觉 */tʃæpt/ (尤指因风吹或天冷而) 皸裂的, 开裂的*
- sweat-**soaked** hair sticking to one's forehead and neck  
汗湿的头发粘在前额和脖子上 */səʊk/ v. 浸泡; 渗透*
- **jittery** or tense muscles  
紧张的肌肉 */'dʒɪtəri/ adj. 神经过敏的; 战战兢兢的; 紧张不安的*

- muscles aching at restricted movement  
因运动受限而肌肉酸痛
- pain or sensations that are specific to the patient's injury or illness  
疼痛或与病人受伤或不适有关的感觉
- I jammed my hands in my pockets, thinking I'd officially lost my mind.  
我把双手插在口袋里，以为自己真的疯了。
- **grogginess** from pain medication  
因服用止痛药而昏昏沉沉  
*n. 酒醉; 东歪西倒 → groggy /'grɒgi/adj. (因生病、劳累等) 眩晕无力的; 昏昏沉沉的; 踉踉跄跄的*
- the cool brush of an alcohol swab  
冰凉的酒精棉签刷
- the painful **pinch** of an IV needle going in  
打针时的疼痛 */pɪntʃ/ 挤压; 收缩; 箍缩; 拧*
- tape being pulled away from the skin  
胶带被从皮肤上扯下来
- the cold shock of a stethoscope against the skin  
听诊器对皮肤的冷冲击
- the soft touch of a nurse pressing her finger against the wrist or inner elbow for a pulse read  
护士将手指按在手腕或手肘内侧进行脉搏读数时的柔软触感

**Leda woke, squinting at the bright light overhead. Someone was rubbing something cool on the back of her hand, but the slickness quickly turned to a jab of pain. She flinched and turned her head. A nurse was securing an IV into her hand with tape. An IV? She was in the hospital? Pain slithered between her temples, fogging her thoughts, and the bleach smell wafting off the sheets turned her stomach. The last thing she remembered was dropping Caren off at her house after the basketball game. Then, nothing.**

丽达醒来了，眯着眼睛看着头顶上明亮的灯光。有人在她的手背上擦着什么凉快的东西，但那光滑很快就变成了一阵刺痛。她退缩了一下，转过头去。一位护士正在用胶布把静脉点滴固定在她的手上。静脉注射？她住院了？疼痛在她的太阳穴间蔓延，使她的思想一片混乱，从床单上飘来的漂白剂的气味使她作呕。她记得的最后一件事是看完篮球赛后把卡伦送到她家。然后，什么都不记得了。

**Techniques and Devices Used: Multisensory descriptions**

**Resulting Effects: Hinting at backstory, passage of time, reinforcing emotion, tension and conflict**



**A foul stench coated the hallway, and Cam was not the least bit surprised to smell it the strongest outside room 34. William Rand was a long term schizophrenic who was known for regurgitating his meds and tossing them away. He was also known for his habit of smearing feces across the safety glass in his door. Sure enough, William had decorated his window, this time adding a smiley face flourish. Cam's gag reflex kicked in and he rushed to the custodial room's sink. He'd had it with this place. Time to get a new job.**

走廊里弥漫着一股恶臭，而小卡闻到34号房间外最强烈的恶臭时一点也不惊讶。威廉·兰德(William Rand)是一名长期患有精神分裂症的患者，人们都知道他会反刍自己的药物，然后把它们扔掉。他还有个习惯，就是把粪便抹在门上的安全玻璃上。果然，威廉装饰了他的窗户，这一次他在窗户上画了一个笑脸。小卡的呕吐反射开始起作用，他冲进了保管室的水池。他受够了这个地方。是时候找份新工作了。

**Techniques and Devices Used: Multisensory descriptions**

**Resulting Effects: Establishing mood, foreshadowing**

**After the symphony of coughing, hacking and wheezing that greeted Becky in the ER waiting room, she found the closest antibacterial hand dispenser and starting working it like a gambling addict hitting up a slot machine.**

贝基在急诊室的候诊室里听到一阵咳嗽、干咳和呼哧呼哧的喘息声，然后她找到了离她最近的抗菌手摇贩卖机，开始像一个嗜赌成瘾的人在老虎机上赌博一样使用它。

**Techniques and Devices Used: Simile**

**Resulting Effects: Establishing mood**

**While Mother was in with the doctor, I selected a magazine from the wall rack near reception but quickly found I couldn't concentrate. Who could in a place like this? I flipped pages to give my hands something to do, snatching glances at other patients occupying the blue plastic chairs. The woman with the headscarf and the man with the ball cap pulled low- -it was obvious why they were waiting to see this particular doctor. Other patients broke my heart though, like the little girl whose hands were clenched around a glossy picture book, the cover unopened, and the teenage boy who looked lost and vulnerable in clothes that billowed around his shrunken body. I blinked back tears. Cancer had a lot to answer for.**

当母亲和医生在一起时，我从接待处附近的壁柜上拿了一本杂志，但很快发现我无法集中注意力。谁能在这样的地方？我翻着书页，让双手有事可做，不时瞥一眼坐在蓝色塑料椅上的其他病人。戴头巾的女人和戴球帽的男人都拉得很低——很明显他们在等着看这位特别的医生。还有一些病人伤透了我的心，比如那个小女孩，她的手紧握着一本光滑的图画书，封面没有打开，还有那个十几岁的男孩，衣服在他干瘪的身体周围空荡荡的，他看起来很失落，很脆弱。我忍住眼泪。癌症有很多原因。

**Techniques and Devices Used: Symbolism**

**Resulting Effects: Characterization, reinforcing emotion**



**YOU RAISE ME UP**

