

淮安市高中教学协作体 2020-2021 年度第一学期期中考试

高三英语试卷

时间：120分钟

满分：150分

第I卷（选择题，共三大题，满分100分）

第一部分：听力（共两节，满分30分）

第一节（共5小题）

听下面 5 段对话。每段对话后有一个小题，从题中所给的 A、B、C 三个选项中选出最佳选项，并标在试卷的相应位置。听完每段对话后，你都有10秒钟的时间来回答有关小题和阅读下一小题。每段对话仅读一遍。

1. Where is the desk?

- A. Under the window. B. Opposite the door. C. Beside the window.

2. What is the man most probably?

- A. A doctor. B. A policeman. C. A teacher.

3. When does the conversation most probably take place?

- A. In spring. B. In autumn. C. In winter.

4. What is the woman doing?

- A. Enjoying a fountain. B. Having cheese. C. Taking a picture.

5. What will the man keep?

- A. A shirt. B. A hat. C. A suit.

第二节

听下面 5 段对话或独白。每段对话或独白后有几个小题，从题中所给的 A、B、C 三个选项中选出最佳选项。听每段对话或独白前，你将有时间阅读各个小题，每小题 5 秒钟；听完后，各小题将给出 5 秒钟的作答时间。每段对话或独白读两遍。

听第 6 段材料，回答第 6、7 题。

6. What is the woman dissatisfied with?

- A. The kitchen. B. The living room. C. The bedroom.

7. What does the man think of the living room?

- A. Huge and bright. B. New and modern. C. Small but well-furnished.

听第 7 段材料，回答第 8、9 题。

8. What's the relationship between the speakers?

- A. Husband and wife. B. Manager and customer. C. Colleagues.

9. Whom will the man have lunch with tomorrow?

- A. Mr. Tanawa. B. Peter. C. Jane.

听第 8 段材料，回答第 10 至 12 题。

10. When will the dining hall close?

- A. At about 6:30. B. At about 7:00. C. At about 10:00.

11. Why doesn't Ann want to eat in the dining hall?

- A. She had a pizza already.
B. She has to prepare for a test.
C. She doesn't like the food there.

12. What will Bill most probably do right now?

- A. Order a pizza. B. Cook dinner at home. C. Go to the dining hall.

听第 9 段材料，回答第 13 至 16 题。

13. Where does the woman work?

- A. At a television station. B. At a newspaper office. C. At a university.

14. Why is the man applying for this position?

- A. To make money. B. To get experience. C. To meet famous people.

15. What is the man majoring in at the university?

- A. Media and Communication. B. Advertising. C. English.

16. What does the man need to do next in order to get the position?

- A. Talk to Ms. Wagner.
B. Fill out an application form.
C. Take some courses.

听第 10 段材料，回答第 17 至 20 题。

17. What do the library members have to do every two years?

- A. Renew their personal information.

B. Pay for a new membership card.

C. Register in the library again.

18. How long will the library keep the book booked in advance?

A. Five days.

B. A week.

C. Two weeks.

19. What can be borrowed for one day only?

A. Children's books.

B. DVDs.

C. Dictionaries.

20. On which day will the library close at 7:00 p.m.?

A. Wednesday.

B. Saturday.

C. Sunday.

第二部分：完形填空（共20小题；每小题1.5分，满分30分） 阅读下面的短文，从短文后各题所给的A、B、C和D四个选项中，选出可以填入空白处的最佳选项，并在答题卡上将该项涂黑。

One dark morning during my walk, I fell and had my 21 broken. I received several 22 over two years. It was no fun for a busy mother! More 23, I was left with certain physical limitation. My doctor told me to live life to the 24, but not to do things that would be too much for my arm. As I recovered from the last surgery, I fell in 25 over all the things I would never get to do that I had wanted to try, like boating. However, I 26 so much on what I couldn't do that I didn't 27 what I could do was right in front of me all along.

My fourteen-year-old son, Matthew, was fond 28 archery（射箭）. I loved watching him shoot arrows and I had learned quite a bit about the 29. I had never tried his bow. I was sure my arm would never allow for such 30 equipment, anyway. Then during one of my son's 31, the coaches had a "fun day" and 32 encouraged the typically sedentary（久坐的）parents to 33 a bow. Before I realized what I was doing, I shot my 34 arrow. And it hit the 35—6 points!

From then on, I often practiced. The more I did it, the more I knew I could do it. I realize that not only will my body not 36 this new adventure, but neither will my family—my husband has taken up archery and my other son has tried it as well! I think the sport has made my family 37 in some way. I never 38 something like archery would be possible for me. I guess being faced with the concept of "limitations" pushed me forward. No more 39 and no more

fears, I just had to take 40 and shoot—and find my way.

- | | | | |
|-------------------------|---------------------|-------------------|-------------------|
| 21. A. head | B. leg | C. arm | D. eye |
| 22. A. operations | B. occupations | C. qualifications | D. certifications |
| 23. A. luckily | B. importantly | C. unfortunately | D. happily |
| 24. A. fairest | B. fullest | C. cheapest | D. easiest |
| 25. A. love | B. sympathy | C. embarrassment | D. desperation |
| 26. A. depended | B. figured | C. insisted | D. focused |
| 27. A. appreciate | B. realize | C. confirm | D. describe |
| 28. A. of | B. with | C. in | D. on |
| 29. A. club | B. sport | C. job | D. injury |
| 30. A. interesting | B. frightening | C. challenging | D. deserving |
| 31. A. competitions | B. vacations | C. practices | D. performances |
| 32. A. enthusiastically | B. patiently | C. honestly | D. violently |
| 33. A. take away | B. pick up | C. break down | D. sort out |
| 34. A. first | B. second | C. third | D. last |
| 35. A. distance | B. enemy | C. air | D. target |
| 36. A. suffer from | B. benefit from | C. adapt to | D. take to |
| 37. A. busier | B. clearer | C. closer | D. richer |
| 38. A. suspected | B. insisted | C. concluded | D. imagined |
| 39. A. excuses | B. responsibilities | C. permissions | D. motivations |
| 40. A. care | B. aim | C. action | D. defeat |

第三部分：阅读理解（共 15 小题，满分 30 分）

第一节、阅读下列短文，从每题所给的 A,B,C,和 D 四个选项中，选出最佳选项。（共 15 题，满分 30 分）

A

Social media is one of the fastest-growing industries in today's world. A study conducted by the US Pew Research Center showed that 92 percent of teenagers go online daily. The wide spread of social media has changed nearly all parts of teenagers' lives.

●Changing relationships

High school student Elly Cooper from Illinois said social media often reduces face-to-face communication. “It makes in-person relationships harder because of people's attention given to their phones instead of their friends, ” Cooper said.

Yet, some people believe social media has made it easier to start relationships with anyone from anywhere. Beth Kaplan from Illinois met her long-distance friend through social media. He currently lives in Scotland, but they're still able to frequently communicate with each other. “I can feel close to someone that I'm talking to via FaceTime, ” Kaplan said.

● **Wanting to be “liked”**

The rise of social media has changed the way teenagers see themselves. The 19-year-old Essena O'Neill announced on the social networking service Instagram that she was quitting social media because it made her unable to stop thinking about appearing perfect online. Negative comments also can do great damage to a teenager's self-esteem. Teenagers who get negative comments can't help but feel hurt.

● **Opening new doors**

However, Armin Korsos, a student from Illinois, takes advantage of the comments he receives over social media to improve his videos on the social networking site YouTube. “Social media can help people show themselves and their talents to the world in a way that has never been possible before, ” Korsos said.

41. Who met the long-distance friend through social media?

- A. Elly Cooper. B. Armin Korsos. C. Essena O'Neill. D. Beth Kaplan.

42. What does Essena O'Neill think of social media?

- A. It develops confidence. B. It upsets her sometimes.
C. It promotes friendship. D. It hurts her seriously.

43. What is the topic of the text?

- A. Teenagers' attitudes towards social media.
B. A recent study conducted in the US.
C. Social media's influence on teenagers.
D. New ways of self-improvement.

B

Jack was born without eyes. He was very lucky as he grew up having other kittens(young cats) to socialize with, and was used to people from the moment he was born. However, when it came time to find the kittens homes, no one knew where Jack would end up.

That's when I got an email from my friend. All she asked was "Do you still want one of the kittens?There's one here with no eyes and no one would like to take him." Without thinking, I told her that I did want the kitten.

When we first brought him home, Jack stayed mostly in my room. After about a day he had no issues running around and climbing on everything. At times he gets lost in the house, he'll stop. But we just call him and talk to him and it isn't long before he finds his way back to us.

A few weeks after getting Jack, we got a new farm cat named Bear. Jack and Bear have become best friends. It doesn't matter that he can't see. He always knows when Bear is around. He'll run across the yard straight to Bear and wrap his front legs around his neck in a big hug. They run after each other around and wrestle. They'll lie down in the grass together when tired.

Jack is truly an inspiration. I've owned lots of kittens in my life, but Jack is the happiest and most playful. He doesn't feel sorry for himself. He doesn't need pity. I think Jean, owner of Gumbo, another eyeless cat, said it best when she told me that cats don't have disabilities, they have adaptability.

44. Why did Jack come to our home?

- A. I likedr an eyeless cat.
- B. I didn't mind whether he was blind.
- C. No other young cats kept him company.
- D. My friend ordered me to take him home.

45. What does the underlined word "issues" in the 3rd paragraph mean?

- A. Difficulty.
- B. Fun.
- C. Luck.
- D. Business.

46.Which of the following statements is TRUE?

- A. Jack likes to play with a new eyeless cat.
- B.Jack is good at talking and playing with people.
- C. Jack quickly adapts to the new environment.
- D.Jack and Bear lie down on the sofa together when tired.

47. What can we learn from the passage?

- A. A cat has nine lives.
- B. All is well that ends well.
- C. God helps those who help themselves.
- D. A good beginning makes a good ending.

C

In the competition of Olympic weightlifting, the athletes try to lift the maximum(最大的) weight they can. There are special conditions they have to meet in order to compete: body weight, height and strength.

The Olympic weightlifting mainly tests the limit of explosive strength(爆发力). There are not many lifters who really like Olympic weightlifting and the explanation is very simple: they are short of explosive strength.

The weights used for Olympic weightlifting are added in kilograms. The order by which the athletes enter the competition is not general, but it is set depending on the event. Usually the athlete with the lowest weight begins. If he/she is not successful, he/she can try later. There is a maximum of three lifts allowed for every competition.

For many years, Olympic weightlifting was only for men. However, now women also take part in Olympic weightlifting. It was at the beginning of the 21st century that women's competitions entered an organized professional environment. For women, Olympic weightlifting is more difficult because of their different body structure. However, strength training techniques(技术) are widely and successfully used by women, too.

Lots of the athletes who've ended up in Olympic weightlifting competitions have started with strength training only to improve their muscle condition and their body power. However, the demarcation line(界线) is not still very clear between power training and Olympic weightlifting. This is how so many lifters have got into Olympic weightlifting competition, even if their purpose was different at the beginning.

48. In the competition of Olympic weightlifting, athletes need to be all of the following EXCEPT_____.

- A. the right weight
- B. the right height
- C. the right age
- D. the right strength

49. How many more times can a lifter try if he/she fails for the first time?

A. One. B. Two. C. Three. D. Four.

50. According to the fourth paragraph, _____.

- A. men often do better than women in weightlifting
- B. men can learn the training techniques better than women
- C. women need to use different training techniques from men
- D. women used not to be allowed to compete in Olympic weightlifting

51. According to the passage, many athletes began to practice weightlifting because they wanted to_____.

- A. take part in the Olympics
- B. strengthen their body power
- C. get a reward in the competition
- D. test the limit of explosive strength

D

Some people think going to the gym takes time and effort. It often hurts, and it can be extremely boring. Most weight-related exercises are a combination of sets and reps(几次几组). In order to see any significant change from any exercise, it will probably need to be repeated six to eight times for a minimum of three sets for about three months. Then there's aerobics(有氧运动). For some, there's nothing more boring than endless miles spent running on a treadmill(跑步机).

But what if there is a way to reduce the boredom of exercise while still getting a good workout? Luckily for us, there's virtual reality(VR).

“In the past, playing video games was a sedentary(久坐不动的) experience, ” says Jo Stauffer of the VR Health Institute, “but VR changes all of that.” Many VR games are played while standing. In order to play properly, the players are forced to move around swinging their arms or using their legs. After an hour of this on a regular enough basis, it's not surprising that many people unexpectedly find themselves a little fitter. There are already a number of virtual reality games which, deliberately or not, result in their player “getting a good sweat on” if played for enough time. For example, there's a music game which forces players to shadow-box(做空拳攻防练习) in order to hit the notes—that's an upper-body workout.

The benefit of VR has been noticed by one company. They want to take the whole experience

into the gym. They are making a resistance machine, designed to be used in combination with a VR headset. Players challenge a virtual competitor in a series of games, which results in a 30-minute full-body workout. “However, the cost of the equipment is expensive and there are safety concerns to be worked out,” says J. P. Gownder from the consultancy Forrester.

Although it's early days for those of us who struggle to overcome the boredom of exercise, a new solution could be coming. And a world where a person can exercise and have fun at the same time might be something that many people would want—virtual or not. So don't give up exercising.

52. What conclusion can we draw from the first paragraph?

- A. Most weight-related exercises nearly have no effect.
- B. You'd better not go to the gym because of the risk of injury.
- C. Running on a treadmill won't bring any significant change.
- D. Some people think exercising in the gym is difficult and tiring.

53. Compared with video games, VR games_____.

- A. bring more fun to play
- B. take people less free time
- C. are more popular in the gym nowadays
- D. are more likely to bring players health benefits

54. What can we know about the resistance machine?

- A. It has been widely used in the gym.
- B. There are some disadvantages of it.
- C. It can result in a 40-minute full-body workout.
- D. When using it, people need to have a partner.

55. Which is the best title for the passage?

- | | |
|--------------------------------|-------------------------------|
| A. The Boredom of Exercise | B. Keep Going to the Gym |
| C. Virtual Exercise in the Gym | D. The Popularity of VR Games |

第二节、七选五（共 5 小题；每小题 2 分，满分 10 分）

根据短文内容，从短文后的选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

Improving your lifestyle can seem like an unachievable goal. Changing everything about your life all at once is probably not realistic, but there are lots of small changes you can make to enjoy

your life more. 56 . Before you know it, you'll have the lifestyle you've always wanted!

Eat healthy. You may be flooded by all of the appealing diets, but eating healthy is really not all that complicated. Try a variety of fruits, vegetables, and healthy fats. Avoid salty foods, added sugar, and fatty foods as much as possible. 57 . Fruits and vegetables are thought to increase feelings of positivity, while fats and sugars are linked to feelings of depression.

Exercise. 58 . Try to include at least 150 minutes of walking or 75 minutes of running or dancing into your weekly schedule. In addition to improving your physical health, regular exercise can also decrease symptoms of depression. Staying active is much easier if you find an activity that you enjoy. Try several new sports or exercise classes until you find something you really want to do. Having an exercise friend can also help keep you on track.

59 . If you are overweight, there are a few really easy things you can do to lose a few pounds, which can add up to major health benefits. Try keeping healthy snacks like fruits and vegetables in your house for those times when you get the urge to eat between meals. You should also try to be aware of your motivations for eating. 60 like going for a walk.

- A. Take simple steps to lose weight
- B. Start small by making one or two changes at a time
- C. Stick to a healthy diet for losing weight
- D. Your diet can also have an effect on your mental health
- E. Regular exercise is an important component of a healthy lifestyle
- F. Although eating out with your friends costs you much, it is completely for exercise
- G. If you eat because you're sad, try finding other ways of handling the feeling

第II卷（非选择题，共三大题，满分 50 分）

四、语法填空（共 10 小题；每小题 1 分，满分 10 分）

阅读下面短文，在空白处填入 1 个适当的单词或括号内单词的正确形式。

Taking a photo or many photos every day and 61 (share) it online can improve your well-being. A new study, 62 was published in the journal Health, has proved it.

Researchers have found that snapping and sharing isn't 63 (simple) an exercise narcissism(自恋) 64 an act of self-care. Taking the photos encourages mindfulness while the sharing 65 (promote) social interaction. "I will stop and take a photo of this insect sitting on

my computer or something. Just taking a moment is very 66 (benefit), I think.” one participant told scientists at the UK’s Lancaster University and University of Sheffield. “Looking at photos gives the subjects a sense 67 purpose, and planning to take them is a motivational force,” the researchers say. “It encourages me 68 (walk) out of the house sometimes,” another participant says. On the social side, comments keep people connected with 69 (they) friends and family, and even are helpful in preventing people feeling lonely. Researchers conclude in a press release that posting photos online is 70 active process of meaning making.

五、写作(共两节，满分 40 分)

第一节(满分 15 分)

假定你是李华，今天(星期六，4 月 2 日，多云)学校组织去科学馆参加主题为“Human Activities and Wildlife Protection”的活动。请围绕这次活动写一篇日记。要点如下：

1. 野生动植物的现状；
2. 保护野生动植物的意义；
3. 保护野生动植物的措施。

注意：

1. 词数 100 左右；
2. 可以适当增加细节，以使行文连贯。

第二节(满分 25 分)

阅读下面短文，根据其内容写一篇 60 词左右的内容概要。

Many couples who already have one healthy, happy child, are facing a dilemma(困境), that is,

the issue of whether to have a second child or not. They have hard jobs and limited time and money, but they want to make sure that their only child does not become a lonely child. So, what are the advantages and disadvantages of having a second child? That is what so many couples are very much concerned about and eager to understand.

One popular saying is that one child means a lonely child. That's why many single-child parents plan to have a second child. They feel guilty about their decision to have only one child, because there are no other children in the family for their only child to play with, which may make the child feel lonely at times, especially during vacations.

Another common argument against having just one child is that an only child may be more spoiled than one with brothers or sisters. If one couple have only one child, the child can't learn to share things with others and is less capable of getting along well with other children than one who grows up with brothers or sisters.

However, in many parts of the world, more and more parents are still choosing not to have a second child because they argue that there are advantages for the child as well as the parents. With just one child, they suggest, there is little chance of family arguments concerned with children. Besides, as an only child in the family, the child can receive more quality time and attention. This often leads to increased self-respect and independence, which can lead to the child being more confident.

Unluckily, there is no simple answer to the question of whether or not to have a second child. Every family is different, and what is suitable for one family may not be for another. The important thing, in the end, is to make a decision that both you and your spouse(配偶) feel confident about.
