

Unit 1 Book 1 练案

I. fill in the blanks with proper forms or expressions of the given word:

1. volunteer

_____ gives you a chance to change lives, including your own. (2013 北京)

Mark _____ to ride the bus with Susan each morning and evening until she could manage it by herself. (2012 天津)

Today, over thirty companies regularly donate (捐赠) food and other goods to the cause and _____ help to deliver them to the homeless. (2012 山东)

Key: Volunteering, volunteered, volunteers

2. prefer

Some people prefer _____ (做所有的事) over the internet.

I'd prefer _____ (你早点开始).

I prefer the red dress _____ the green one because it fits me better.

I prefer _____ to _____ (读书而不是看电视).

I prefer to go there by bike _____ (而不是) by car.

Many people expressed a strong _____ (对.....的偏爱) the original plan.

Preference should _____ (被给予) graduates of this university.

She was chosen _____ (优先于) her sister.

Key: to do everything; you to start early; to; reading books; watching TV; rather than; preference for; be given to; in preference to

3. content

People who are truly content _____ life are enthusiastic about what they do.

The couple are very contented _____ the life in the countryside, where everything goes quietly and comfortably.

Stricter controls were placed on the _____ of video films.

Key: with; with; content

4. suit

If we met at 2 o'clock, would that _____ you?

The hot weather doesn't _____ me.

Short sight can be fixed by the use of _____ glasses.

Soon they came to a very long room full of pictures and there they found _____ (一套) armour (盔甲).

Key: suit; suit; suitable; a suit of

5. title/topic/theme/subject

It was the book's eye-catching _____ that helped me make up my mind to buy it.

正是这醒目的书名才使我下决心买下这本书。

The _____ of your article is very good, but your spelling and style must be improved.

你文章的主题很好, 但拼写及风格必须改进。

I cannot remember in the very long conversation what _____ has been touched upon.

我不记得在漫长的谈话中涉及到了那些话题。

The graduates wrote a number of essays whose _____ was man's will-power.

研究生们写了以人类的意志力为主题的一系列论文。

He chose "A Reform in Teaching Methods" as the _____ of his lecture.

他选择"教学方法的改革"作为讲话的题目。

Key: title; topic; topic; theme; subject

6. confuse

We decided to cut short the meeting, but her unexpected arrival _____ all our plans.

The uncertainty created by this situation must be _____ for you.

His answers to my questions have only added to my _____.

The driver was _____ the road signs.

Key: confused; confusing; confusion; confused at/about

7. recommend

Can you _____ a good hotel?

I recommend he _____ (see) a lawyer.

We'd recommend you _____ (book) your flight early.

He recommended _____ (read) the book before seeing the movie.

It is strongly recommended that the machines _____ (check) every year.

Key:recommend; (should) see; to book/(should) book ;reading; (should) be checked

8. advance

Confidence and ability usually _____ side by side.

A person's soul is like the torch made of hay. If taking action ,it must burn itself _____ advance.

Those who are content with their present situations will surely make no more _____ in life.

Key:advance; in; advances

9. responsibility

With great power, comes great _____.(Spider Man)

Children must learn just a few basic roles——being safe, being considerate to others and being _____ to themselves.

The project is delayed. Someone must be responsible _____ this.

Key:responsibility; responsible; for

10.solve

I have tried very hard to find a _____ to the problem, but in vain.(2010 江苏)

The committee is discussing the problem right now. It will hopefully _____ by the end of next week.

Key:solution; be solved

11. schedule

We have _____ the meeting for Monday.

The speaker is _____ to make a speech tomorrow.

Thanks to your help, we finished the job _____ of schedule.

We have to prepare for the possibility that we might not finish it _____ schedule.

Key:scheduled; scheduled; ahead; on

12.youth

A lazy _____, a lousy(极坏的)age. 少壮不努力，老大徒伤悲。

He who will not learn when he is _____ will regret it when he is old. 少壮不努力，老大徒伤悲。

A plant may produce new flowers; man is _____ but once. 花有重开日，人无再少年。

What sowed in _____, what harvested when old.年青时种下了什么因，年老时就收获什么果。

Learning keeps us _____ and dreams keep us alive.学习让我们保持年轻，梦想让我们充满活力。

Key:youth; young; young; youth; young

13.expert

He is expert _____ playing the piano.

Success is doing the same right thing over and over again until you become _____ expert in your field.

Every teacher once was a student. Every winner once was a loser. Every _____ once was a beginner. But all of them have crossed the bridge called "Learning".

Key: at/in; an; expert

14. behave

Believe there is a great power silently working all things for good, _____ yourself and never mind the rest.
相信举头三尺有神明，谨言慎行，豁达待人。

A beautiful form is better than a beautiful face; a beautiful _____ than a beautiful form.——Emerson
美丽的形体胜于漂亮的脸蛋，优雅的举止胜于美丽的形体。 ——爱默生

Key:behave; behavior

15.generation

Life is for one _____, a good name is forever.

生命只有一代之久,而美名永存于世。

One generation _____ (plant) the trees in whose shade another generation rests.

前人栽树, 后人乘凉。

Key:generation; plants

15.attract

The man who _____ luck carries with him the magnet(磁铁) of preparation.(Clifton Fadiman)

吸引好运的人, 总是在时刻准备着。——克利夫顿·费迪曼

Nowadays TV as well as other media have _____ the attention of many audiences.

I was entirely _____ by the beautiful music while listening.

Unwilling to leave out any _____, my cousin arranged his enjoyable journey carefully.

Rainbow Valley is a great tourist _____, drawing many visitors every year.

Key:attracts; attracted; attracted; attractions; attraction

16.focus

The secret of change is to _____ all of your energy, not on fighting the old, but on building the new.

做出改变的秘诀不是多么努力地 and 过去做斗争, 而是全力以赴地去打造全新的自己。(Socrates 苏格拉底)

Life never stops pushing forward. Stay _____ and never slow down with regrets.

生活从来都不会停止向前, 保持专注, 别因为后悔而放慢脚步。

Control your _____, control your life.

掌控你的注意力, 你就能掌控你的生活。

As long as I can focus _____ enjoying what I'm doing, having fun, I know I'll play well. (Steffi Graf)

只要我能专注于享受我做的事、得到乐趣, 我便知道我将表现不错。——施特菲·葛拉芙 (网球明星)

Key: focus; focused; focus; on

II. Fill in the blanks with the proper form of the phrases in the box:

prefer...to..., be content with, be suitable for, in advance, be responsible for, a solution to, be scheduled for, be confused at/about, on schedule, be expert in/at, from generation to generation, focus on

1. Nobody else in our class _____ so _____ computer . He can take one apart and then put it together!
2. Leave alone the others and _____ your goal. Never turn away until you get it.
3. If you are to treat your friends to dinner in a good restaurant at the weekend, you'd better book a table _____.
4. Those who _____ not _____ the progress they have made will have greater success.
5. This position _____ equally _____ a school leaver or somebody who has office experience.
6. Many people _____ paper bags _____ plastic ones because they are environmentally friendly.
7. You are never to abandon your duty, for you are the one who really _____ it.
8. I really think that Yuan Longping's super rice can be _____ the world hunger.
9. The graduation ceremony _____ June 1st.
10. Don't worry. There is plenty of time. We are sure to finish it _____.
11. Some histories were not written in books. They were passed down from mouth to mouth, and _____.
12. I _____ what you said just now. Can you explain it a little bit?

Key:

1.is; expert at/in 2.focus on 3.in advance 4.are; content; 5.is; suitable for 6.prefer; to 7.is responsible for 8.a solution to 9.is scheduled for/on 10.on schedule 11.from generation to generation.12.am confused about