**潍坊市（示范校优秀生）2022届高三上学期10月摸底考试**

**英语**

第一部分 听力

该部分分为第一、第二两节。注意：回答听力部分时, 请先将答案标在试卷上。听力部分结束前，你将有两分钟的时间将你的答案转涂到答题卡上。

第一节

听下面5段对话。每段对话后有一个小题，从题中所给的A、B、C三个选项中选出最佳选项，并标在试卷的相应位置。听完每段对话后，你都有10秒钟的时间来回答有关小题和阅读下一小题。每段对话仅读一遍。

1. Where does the woman work?

A. In a bank. B. In a post office. C. In a photo studio.

2. Why does the woman refuse to join the man for lunch?

A. Because of her job.

B. Because of her schedule.

C. Because of her body condition.

3. What is the man's father crazy about?

A. Baking bread. B. Taking photos. C. Selecting presents.

4. How does the man feel about his generation?

A. Amazed. B. Confused. C. Sorry.

5. How much will the woman pay for her phone?

A. £125. B. £150. C. £500.

第二节

听下面5段对话或独白。每段对话或独白后有几个小题，从题中所给的A、B、C三个选项中选出最佳选项。听每段对话或独白前，你将有时间阅读各个小题，每小题5秒钟；听完后，各小题将给出5秒钟的作答时间。每段对话或独白读两遍。

听第6段材料，回答第6、7题。

6. What is the relationship between the speakers?

A. Brother and sister.

B. Teacher and student.

C. Employer and employee.

7. Who is a banker?

A. Sarah.

B. Sarah's father.

C. Sarah's brother.

听第7段材料，回答第8、9题。

8. What's the height of the bathroom?

A. 2 metres. B. 3 metres. C. 4 metres.

9. What will the woman do?

A. Accept the man's offer.

B. Decline the man's offer.

C. Shop around for a cheaper offer.

听第8段材料，回答第10至12题。

10. Where does the conversation take place?

A. On a boat. B. On a plane. C. On a bus.

11. What does the man give the woman?

A. An orange hat. B. A life jacket. C. A surfboard.

12. How does the man sound?

A. Scared. B. Rude. C. Humorous.

听第9段材料，回答第13至16题。

13. What is the woman's job?

A. Marketing expert. B. Cover designer. C. Writing assistant.

14. What is the man's book about?

A. A person. B. A city. C. A job.

15. What does the woman suggest the man change first?

A. The title of the book.

B. The cover of the book.

C. The price of the book.

16. What is the purpose of the conversation?

A. To help the man sell more books.

B. To help the man research his book.

C. To help the man create more stories.

听第10段材料，回答第17至20题。

17. How much snowfall is expected over the weekend altogether?

A. 12 inches. B. 20 inches. C. 26 inches.

18. What advice have the police issued?

A. To run hot water regularly.

B. To stock up on essential items.

C. To travel only if it is essential.

19. What day will have the lowest temperature this week?

A. Friday. B. Saturday. C. Sunday.

20. How can people get more information about the snowstorm?

A. By going online.

B. By calling the police.

C. By contacting the speaker.

第二部分 阅读

第一节

阅读下列短文，从每题所给的A、B、C、D四个选项中选出最佳选项。

A

In the UK, the best racecourses are in all comers of the country, which means that it is accessible for all fans of the sport to see the biggest stars. So, what are the four best racecourses in the UK?

**Cheltenham**

Nothing comes close to excitement levels when the Cheltenham Festival is approaching. It is the home of National Hunt racing, and every year millions of fans are glued to the horse racing on the track. It is the festival for the die-hard lovers of the sport, as the racing takes front and centre of the attention as the biggest prizes are handed out.

**Aintree**

The race that draws the viewers to the sport is the Grand National. The race is an essential part of British life, as everyone makes a habit of watching the race annually with friends and family. It is a perfect course for visitors too, as it is situated just a short distance outside of Liverpool. There is extra emphasis on fashion when attending Aintree.

**Ascot**

For lovers of flat racing, Ascot meetings are a must. The biggest of the season is Royal Ascot, which is one of the most unique of the season as Queen Elizabeth attends it herself. This is one of the most fashionable race days on the calendar, as all visitors entering certain zones must be wearing a top hat. However, there is no better reason to get dressed up.

**Newmarket**

Newmarket is a hotbed full of racing fans, and is a must-visit for all lovers of the sport. It is the headquarters of flat racing, as the whole town is devoted to the sport. There are two racecourses, the July Course and the Rowley Mile. The final race day of the season takes place in October. Regardless of when you visit in the season, you will feast your eyes!

21. What is the highlight of Cheltenham Festival?

A. It offers grand prizes.

B. It invites many celebrities.

C. It promotes the local tourism.

D. It attracts a maximum of fans.

22. What do Aintree and Ascot have in common?

A. They are team-centred.

B. They are for flat racing.

C. They are for royal family.

D. They are fashion-featured.

23. What can be learned about Newmarket?

A. The final race is held in July.

B. The citizens axe crazy about the race.

C. The visitors are welcome all year around.

D. The racing fans are extremely professional.

B

The idea of “The Bookman” was born at the same time as Sam's daughter. An English teacher for 17 years, before that a journalist, Sam took parental leave to be at home with his new baby. “I was thinking what I can do to keep my brain ticking over, to maybe bring in some money,” explains Sam. “A glass of red wine later and I suddenly had it. I love books. Books have driven everything I've done.” Then he began to work as a bookman.

However, he didn't want to follow the standard book subscription model where everybody who signs up receives the same collection of books. Instead, he buys his books from independent booksellers and subscribers receive books that are selected just for them, depending on their own personalities. The model becomes a real hit and his customer base stretches across Europe, ranging in age from 4 to 95.

“The Bookman is all about sitting down with you and finding out what you like. It's not about what I like or what I think you should read. It's a personalised service.” Sam's consultation service is offered over the phone, by Zoom or through an email questionnaire.

During the pandemic (疫情), he offered free books to those who couldn't go out. “People in tough times are helpless, when they are starved of company, and desirable books are just for them. I want to do something that might make people feel better. Sam said. By the end of that first lockdown, he'd given out 350 books. Meanwhile, he got a lot back from it himself—lots of grateful cards and letters from extremely lovely people who were on their own and appreciated the company of a book.

He won't ever stop being The Bookman, picking out books for strangers, books he hopes they will love, books driven by his own passion for reading and sharing stories.

24. What is probably a reason for Sam becoming a bookman?

A. His enthusiasm for books.

B. The love for writing stories.

C. His intention to sell more books.

D. The desire to change subscription model.

25. What is special about Sam's service model?

A. Conservative. B. Conventional. C. Updated. D. Tailored.

26. What can we learn from Sam's experience in the pandemic?

A. Grasp all, lose all.

B. Love me, love my dog.

C. Nothing seek, nothing find.

D. Rose presented, smell remains.

27. What does the text mainly tell us?

A. Books are the best company.

B. A bookman offered free books.

C. Books are the source of inspiration.

D. A bookman created a subscription model.

C

Voice cloning is when a computer program is used to generate a synthetic (合成的）, adaptable copy of a person's voice. From a recording of someone talking, the software is able to then copy his or her voice speaking any words or sentences that you type into a keyboard.

Such have been the recent advances in the technology that the computer generated audio (音频) is now said to be shockingly exact. The software can pick up not just your accent—but your timbre (音质), pace, flow of speaking and your breathing. And the cloned voice can be adjusted to express any required emotion—such as anger, fear, happiness or boredom.

Voice cloning can also be used to translate an actors words into different languages, therefore potentially meaning, for example, that US film production companies will no longer need to hire additional actors to make sound-copied versions of their movies for overseas distribution.

Yet despite its obvious commercial potential, voice cloning has also led to growing concerns that it could be used in cyber (网络) crime—to trick people that someone else is talking. And cyber security expert Eddy Bobritsky says there is a “huge security risk” that comes with the synthetic voices. In fact, such a case was reported by the Wall Street Journal in 2019, with a UK manager said to have been tricked into transferring £190, 000 to cyber-criminals who used a cloned copy of the voice of his German boss.

Therefore, steps to deal with this new technology and the threats it brings with it need to be made. And firms around the world are in fact already doing this. Such companies can monitor audio to see if it is fake, looking for tell-tale signs like repetition, digital noise, and the use of certain phrases or words. Meanwhile, governments and law agencies are also looking at the issue. Last year, the EU urged its member states to make “significant investments” in technologies that can detect deepfakes.

28. How far has voice cloning gone?

A. An accent can be changed randomly.

B. Speech features of a person can be copied exactly.

C. Words and sentences typed can be recognized easily.

D. Computer-generated audios can record emotions accurately.

29. How does voice cloning benefit film companies?

A. It popularizes their movies.

B. It reduces production costs.

C. It expands overseas markets.

D. It trains their amateur actors.

30. What does the underlined phrase “huge security risk” mean in paragraph 4?

A. Voice cloning can be used illegally.

B. Employees have doubts on their bosses.

C. People are forced to commit a crime.

D. Synthetic voice loses its commercial value.

31. What is the last paragraph mainly about?

A. The porcedures to detect a fake cloned voice.

B. The urges to increase investment in voice cloning.

C. The methods to improve the quality of cloned voice.

D. The measures to prevent negative effects of voice cloning.

D

While it may be commonplace, snubbing (冷落) one's friends can have serious impacts on relationships, and there are a variety of factors that may drive individuals to ignore their friends in favor of an electronic screen, according to a new University of Georgia study.

The study reveals positive associations between depression and social anxiety and increasing snubbing: depressed people are likely to snub their friends more frequently, and socially anxious people, who prefer online social interactions, might also exhibit more snubbing behavior. These people are really sensitive to their messages. With each buzz or sound, they consciously or unconsciously look at their phones. The device's various applications are key drivers contributing to this dynamic.

The finding also shows that agreeable individuals have a lower instance of snubbing in the presence of their friends. People who have agreeableness as a personality feature tend to show cooperative, polite and friendly behaviors in their interpersonal relationships and social settings. Though agreeable people may prioritize strong friendships, an exploratory study reveals they are also more likely to turn to phones in the presence of three or more people.

That dynamic may influence the spread of snubbing in the context of a work environment. “It's ironic (讽刺意味的) that while so many people believe that snubbing behavior is rude, they still do it,” Sun said. “A majority of people snub others, and in a group, it may seem OK, because it's just me, the speaker doesn't notice I'm using the phone. The number of people in a group can be one reason.”

Alternately, disabling or turning over a phone can indicate a show of respect for a situation and focus on a person. That, too, is a signal—I am listening to what you are saying and I am focusing on you.

32. What can cause snubbing behavior?

A. Social requirements.

B. Unhealthy mental condition.

C. Frequent social interactions.

D. Limited communication devices.

33. What can be inferred about the agreeable people?

A. They are insensitive to phone messages.

B. They are more likely to snub their friends.

C. They attach importance to firm friendships.

D. They get accustomed to groups with more people.

34. Why do some people continue snubbing behavior even if they know it's rude?

A. The majority are using phones.

B. They don't like the environment.

C. The speaker doesn't care about it.

D. They think they will go unnoticed.

35. What can be a suitable title for the text?

A. How snubbing behaviors can be avoided

B. Why people are addicted to phone messages

C. Why people snub their friends with their phones

D. How phones influence people's social interactions

第二节

阅读下面短文，从短文后的选项中选出可以填入空白处的最佳选项，选项中有两项为多余选项。

As workers return to the office, friends meet up and religious services move from online to in person, people are asking the question: to shake hands or not to shake hands? When the coronavirus (新冠病毒) crisis first began, an event planning business in Kansas City began selling “I Shake Hands” stickers. 36 Those who did not want to shake hands with others could simply choose not to wear a sticker.

 37 A widely held belief is that it started as a way to show that a person was offering peace and not holding a hidden weapon. But hands have germs. Dr. Anthony Fauci, America's leading disease expert, warned that we shouldn't shake hands again. While Dr. Amesh Adalja, another expert, does not agree. 38 The answer, he says, is simple. If you are worried about COVID, the best way to make handshakes safe is to be fully vaccinated (打疫苗). And for any other things that might be on people's hands, just wash your hands before you touch your face.

Diane Gottsman is a national etiquette (礼仪) expert. She said though the country is entering a time similar to the start of the pandemic, when people wanted to know if others were socially distancing before getting close to them, she does not think the handshake will go away because of the pandemic. 39 But she said people should take things slowly. Don't be the first to extend your hand. You can watch the other person and allow them to extend their greeting of choice.

At the beginning of the pandemic, some companies offered to create new workplace rules, such as a no-handshake policy. But there was not enough interest for people. 40

A. You'd better avoid shaking hands.

B. The handshake has been around for centuries.

C. The words were meant to make social situations easier.

D. Anyway, people long for human interaction and human touch.

E. Etiquette means the rules making up the correct way to behave in society.

F. He thinks people are overthinking the question of whether to shake hands or not.

G. It's a really hard greeting to deny as it has been deep-rooted since we were young.

第三部分 语言运用

第一节

阅读下面短文，从每小题所给的A、B、C、D四个选项中选出可以填入空白处的最佳选项。

Zainab Amjad, a 24-year-old girl, is working on an oil rig (钻井架) as an engineer in Iraq, where companies 41 deep into the ground to look for oil.

Most of her women colleagues work in an office. 42 , Amjad chose to work in the oil fields. It is not a 43 job for women from conservative communities.

Petrochemical programs in the country's engineering schools are for students with the best 44 . Amjad was in the top 5 percent of her graduating class at Basra University in 2018. She is part of a new generation of Iraqi women who are going against tribal 45 . “ Many times many locals 46 , ‘Sure, we'll see you out there,’ telling me I wouldn't be able to make it,” said Amjad, “But this only 47 me harder.”

Amjad hopes to help 48 a labor rights group for Iraqi 49 engineers in the future. In this war-tom country, women are more than likely to be 50 , under-educated, employed in low-wage or unpaid work, and subject to 51 for getting married or having children.

Not only does Amjad face 52 within the industry, she also faces ongoing protests by local tribes (部落) and violence toward oil workers. But the woman is willing to 53 difficulties, such as poor services and high unemployment. Amjad said she has little 54 to even consider these difficulties, for even at night she is often working. “The drilling never 55 .” she said.

41. A. dive B. drill C. drag D. draw

42. A. Similarly B. Consequently C. Instead D. Otherwise

43. A. usual B. legal C. well-paid D. complex

44. A. grades B. habit C. actions D. character

45. A. conflicts B. arrangements C. traditions D. responsibilities

46. A. laughed B. reminded C. warned D. complained

47. A. punished B. pushed C. depressed D. denied

48. A. estimate B. enquire C. entitle D. establish

49. A. female B. male C. excellent D. hopeless

50. A. cautious B. lucky C. poor D. respectable

51. A. abuse B. dismissal C. fine D. charge

52. A. priority B. prospect C. investigation D. inequality

53. A. come across B. run into C. find out D. take on

54. A. ability B. courage C. time D. determination

55. A. appears B. stops C. operates D. loses

第二节

阅读短文内容，在空白处填入1个适当的单词或括号内单词的正确形式。

Whitaker has been blind since birth. His parents 56 (tell) that he only had a 50% chance of survival, and he underwent 11 surgeries before two years old.

Despite being faced with the slim chance, he exhibited an extraordinary gift 57 playing the piano. By the age of 3, he 58 (write) his own songs without ever having a teacher.

Later Whitaker entered a famous music school, making him the 59 (young) person to attend the school.

Whitaker's talent caught the attention of Dr. Charles Limb, a neurologist 60 fellow musician. With the 61 (permit) of the musician and his family, Whitaker underwent MRI exams.

What Dr. Limb was surprised to find was that the 62 (genius) brain seemed to have repurposed its own disused visual cortex (皮层) to build other neurological (神经病学的) pathways. “It seems like his brain is taking that part of the tissue that’s not being stimulated by sight and using it 63 (perceive) music,” Limb told CBS News. “It's sort of borrowing that part of the brain and rewiring it to help him hear music.”

When Dr. Limb presented Whitaker with his brain scans 64 (show) how his brain lit up when he listened to music, the musician was amazed. When asked about 65 he thought his brain was illuminated (使光辉灿烂) in such a way, he simply said “I love music.”

第四部分 写作

第一节

上周六你校组织高三学生进行了10公里的野外徒步活动，请给校英语报写一篇报道。内容包括：

1. 活动路线：学校门口到湿地公园；

2. 活动过程；

3. 学生感悟。

注意:1. 写作词数应为80左右；

2. 请按如下格式作答。

|  |
| --- |
| A 10-Kilometre Hike |

第二节

阅读下面材料，根据其内容和所给段落开头语续写两段, 使之构成一篇完整的短文。

When Susan told her 12 years old son Andy their family were visiting New Delhi, a dreamlike place for teenagers, his little face was shining with indescribably wild joy. He had long expected to explore the imaginative kingdom, especially the Stone Forest, two miles east of the town, where lay various stones in different colors and sizes.

The two-day trip was very tight—first met their old friends, the Millers and then met Andy's expectation. When they reached their house it was already 3 p.m. Miller and his wife were happy to meet them after a long time. They sat in the drawing room and chatted about old times. Their son soon bored with adult conversation, went out to play with the host's children—Eric and Daisy—both of whom were around Andy's age.

But Andy's appetite seemed never to be satisfied. As his name Andy conveyed, he was courageous and adventurous. Andy was impatient to inspect the route to the Stone Forest ahead so as to be a tour guide for his parents the next day! He forgot the grand dinner the Millers prepared the evening.

Dinner time Eric and Daisy came running back, both excited about the special dinner, but Andy wasn't with them. Alarmed, Miller asked them about Andy, but between our panicked questions and keyed-up voices they became nervous, unable to convey anything. From the little they were able to explain, they guessed that the children were riding their bikes in the neighbourhood lanes (小巷), while Andy ran after them. At some point, Andy must have fallen behind, unable to keep pace, taken a wrong turn and lost his way.

Panic-stricken, they all ran out in search of Andy. At the same time, Susan's mind raced with all sorts of horrible situations—a part of the road was dug up for some construction work; what if Andy had fallen in? How far had he wandered? How alone and scared he must be in a strange town!

注意：

1. 续写词数应为150左右；

2. 请按如下格式在答题卡的相应位置作答。

|  |
| --- |
| *Actually, Andy now was enjoying himself in the Stone Forest.* *On the halfway back, Andy heard his mum's calling.*  |

高三英语参考答案及评分标准

第一部分 听力

1-5 ACACA 6-10 BBBCA 11-15 BCABB 16-20 ABCBA

第二部分 阅读

第一节

21 -23 ADB 24-27 ADDD 28-31 BBAD 32 -35 BCDC

第二节

36 -40 CBFGD

第三部分 语言运用

第一节

41-45 BCAAC 46-50 ABDAC 51-55 BDDCB

第二节

56. were told 57. for 58. had written 59. youngest 60. and

61. permission 62. genius' 63. to perceive 64. showing 65. why

第四部分 写作

第一节

One possible version:

**A 10-Kilometre Hike**

Last Saturday, senior 3 students in our school participated in an extraordinary hike organized by our school to build up the body.

The route measures 10 kilometres, from our school gate to the Wetland Park. As scheduled, the students set off at 8 a.m. The hike is challenging for the teenagers both physically and mentally, but they encouraged each other all the way, overcame all the difficulties together and reached the destination successfully at 10 a.m. How proud they felt!

Not only did this activity improve their fitness but it promoted team spirit. What an unforgettable experience it is!

第二节 读后续写

*Actually, Andy now was enjoying himself in the Stone Forest.* He was overjoyed to come to the long-anticipated place! Everything in the kingdom was so magic that he could not take his eyes off. The stones here were really unique, one of which looked like a tiger, with two fierce eyes and sharp teeth. Andy stared curiously at it, lost in thought. He wondered how it came into being. Maybe… Suddenly, he realized it was late and he had to say goodbye to the Stone Forest.

*On the halfway back, Andy heard his mum's calling.* Then Andy quickened his steps, responding with greetings. The moment Susan caught sight of her son, she felt relieved with sparks in her eyes. Andy threw himself into Mum's arms, saying in a thoughtful voice, “I'm sorry, Mum. I should have told you my plan earlier.” When Andy told his mother he was a brave boy, Susan realized Andy had grown up, a warm flow spreading inside. All the way, Andy shared what he discovered in the Stone Forest and volunteered to be the guide the next day!

附：听力录音稿

Text 1

M: I have a check to cash but I can't get to my local branch. What should I do?

W: You can post it to us, but that's quite slow. The quickest way is to download our banking app and take a photo of it.

Text 2

M: I'm meeting my mother in the botanical gardens for lunch. Would you like to join us?

W: I wish I could as I'm free, but flowers make me sneeze, so I best not. I can meet you after in a bar if you like.

Text 3

M: My dad got a bread maker for Christmas and now he's addicted to making bread. He keeps sending photos of all the bread he has made.

W: If it makes him happy, then what's the harm? Besides, that bread looks very tasty. Perhaps we should get one.

Text 4

W: My great-grandfather built this house with his bare hands. He even made the bricks. They all have his name on them.

M: That's amazing. I can barely build a bookcase. Our generation has lost so much knowledge.

It's a pity.

Text 5

W: Can you tell me about these mobile phones?

M: The basic model is £125. With a gold case, it's £150. If you want one with all the latest features, that will be £500.

W: Really, I just need a basic one.

Text 6

M: Turn your attention to the blackboard. Who can solve this math problem?

W: I can, Mr. Brown.

M: Well, let's see how you would do it.

W: So I would take this number and divide it by this number. I then use that answer to solve the equation.

M: Very good, Sarah. I'll soon be out of a job. I can just leave you to teach the class.

W: My fathers a banker, so he is good with numbers. He teaches me and my brothers a lot.

M: And you also see how important numbers can be in life.

W: He says, without numbers, the global economy would crash.

Text 7

W: I'm looking to have a new bathroom installed. Can you quote me a price?

M: Sure, I just need a few details. What size is the room?

W: It's 2m wide, 4m long and 3m high.

M: And do you want it fully tiled or just partially tiled?

W: Fully tiled please.

M: And do you want just a shower, what we call a wet room, or a shower, a bath and a sink?

W: The second option. A full bathroom.

M: OK, well, we use the best tiles, you can choose the color, but it takes £1000 for the parts and £1500 for the labor, plus we'll hire a plumber to disconnect and reconnect everything.

W: That seems a lot. I'm going to get a few quotes, so I might be back in touch.

M: By all means, but that's the cheapest we could do it for.

Text 8

Welcome on board the Vital Spark. I'm Captain Haddock and I'll be giving you a tour of the lake. Has anyone not been on a boat before?

W: Me. This is my first time.

M: Well, the rules are similar to those on a plane. Don't jump out unless you want a swim.

W: I can't swim.

M: Then you should definitely wear this.

W: Does it come in any other color than orange?

M: I'm afraid not. Keep it on at all times.

W: What if I fall overboard?

M: It's a small boat, so we'll probably notice. But if we don't, there's a light on the jacket to attract attention.

W: I'm scared now.

M: Don't be. I've been doing this tour for 15 years, and I've only ever lost one passenger, Mrs. Malone.

W: What happened to her?

M: She wasn't wearing her life jacket, so she went under. Now she haunts the lake. You might see her if we're lucky.

W: That's not funny.

M: I’m just joking. Not lost a single soul.

W: Good.

Text 9

M: I heard you're the person to talk to about boosting sales of my book online.

W: Well, I have 10 years' experience with social media marketing campaigns. What kind of book is it?

M: It's non-fiction.

W: Is it a biography of a person?

M: Not exactly. It's about the history of the city.

W: That sounds cool. I'll need to read it. I love living here.

M: Have you been here long?

W: Just over three years. I tend to move around a lot.

M: I suppose you can do that with your job.

W: Yeah, I can work anywhere in the world. Any way, back to your book. Is that the cover?

M: Yes, but I think I need a new one.

W: I'm glad you said that, because that's the first thing I would advise. It needs to be really popular and sell your book.

M: Do you do cover designs too?

W: No, but I have a friend who does and he owes me a favor, so I'll ask if he can do it for free. M: That would be amazing. I’m so glad Barbara recommended you.

W: Barbara with the cooking books? Yeah, she was one of my first clients. Her books sell really well, like 10, 000 copies a month.

M: Well, I'll be happy with a small percentage of that.

W: Trust me, by the time we're finished, you'll outsell her.

Text 10

I’m sorry to say that any weekend plans may need to be canceled, whatever they are. We thought the last of the winter snow had fallen, but there is now a severe weather warning from Friday all the way until Tuesday for heavy snowfall, with at least 12 inches predicted to fall on Saturday alone. This will be followed by up to 8 inches on Sunday and another 6 on Monday. The police are urging people only to travel if it's essential. Temperatures will be extremely low during the snowstorm, with a predicted low of -12℃ on Saturday and a high of -3℃. Because ifs going to be so cold, make sure that your heating is working and run hot water regularly to stop your pipes from freezing and breaking. Have enough supplies to last for 7 to 10 days, as roads are likely to be blocked or closed due to the ice. We have a number of tips and emergency contact details on our website. Until then, please stay safe and remember, do not travel unless it is essential to do so.