**比赛表演类之读后续写**

2022、2023连续两年，新高考全国卷考查了以比赛为主题的读后续写。平时的高三模考中，还经常会考查以表演为主题的读后续写。这两种命题可以归为比赛表演类为主题的读后续写，该类读后续写重在体现“人与自我”、“人与社会”两大主题语境，内容和中学生的生活贴近，学生比较容易产出。通过文本以及续写来彰显“**个人成长”、“体育精神”**。

比赛表演类读后续写故事发展主要有三个阶段：**比赛前/表演前、比赛中/表演中 、比赛后/表演后** 。该类型的读后续写文本的故事情节线和情感线大同小异，而且故事的叙事模型都有套路可循。

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|  比赛表演前 |
| 故事情节线 |  人物情感线 |  解决举措 |
| 1. 描述赛前外部具象化问题；
2. 描述赛前内心的冲突；
3. 描写赛前对比赛的美好预期；
 | 1/2 则体现主角赛前“紧张/担忧/害怕/不自信/动摇/自我怀疑等负面情绪并预示结果成功；3 则体现主角过度自信或盲目乐观并预示故事结局会以失败收场； | 主角：充分的赛前准备：刻苦训练，严阵以待，自我激励；（如2022-6 全国卷《David 参加越野跑》配角（家人，老师，同学，朋友等）：1.劝说，鼓励，信任，肯定；（如2023-6 全国卷I《我去参加写作比赛》2. 团队合作（如2022-1浙江省的《学霸学渣共做课题》） |
| 比赛表演中 |
| 故事情节线 |  人物情感线 |  解决举措 |
| 1体育竞技类比赛场景的描写：越野跑比赛、篮球赛、足球赛、游泳等；2.表演场景的描写：唱歌、舞蹈、乐器演奏、服装设计、演讲、戏剧表演等比赛3.比赛过程中设计参赛者遇到突发情况或意外，致使无法正常发挥及表现落后；或者受到配角的鼓励，振作精神，调整态度，全力以赴 | 1. 以积极的心态去迎接挑战，战胜自己最初的犹豫忐忑，比赛渐入佳境。

2． 若主角过度自信或盲目乐观，随情节推动，情感则会以负向的情感取而代之； | 主角：努力完成比赛或者表演；可以具体地展开描写，也可以一笔带过。1. 配角在比赛过程中的行为反应和情绪表现，丰富比赛的过程描写。
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|  比赛表演后 |
| 故事情节线 |  人物情感线 |  感悟与收获 |
| 1. 比赛或表演以成功结束；（续写的创造性内容：
2. 表演结束，全场欢呼声、掌声响起或宣布比赛结果，登台领奖
3. 家人老师同学观众的祝贺，家人可以拥抱或亲亲脸颊额头
4. 主角或配角喜悦的激动的泪水，骄傲自豪感等。
5. 比赛或表演以失败或落后结束；（续写的创造性内容：
	1. 观众家人等佩服主角坚持到底，挑战自我的勇气；
	2. 亲人朋友对比赛或表演失利的独到见解--骄兵必败；or 努力最重要，拼劲全力，重过程轻结果。
 | 1. 幸福，快乐，骄傲，自豪
2. 感恩家人老师朋友或竞争对手；
3. 参赛主角难过、沮丧，配角通常比较理智而且显得很有智慧。
 | 1. 挑战成功，可以探讨成功背后的付出，所有的付出有了丰厚的回报；
2. 感恩老师亲人与朋友，是他们鼓励和信赖铸就了参赛者的成功；
3. 失败或落后的结局，感悟道理：不是所有的努力都一定会有回报，但无论发生什么事，一定要尽力而为或 谦虚是最美的品德。品尝了失败的滋味，为未来的蓄势待发积蓄了能量。
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语料整理如下：

**一、比赛表演前**

赛前心理活动

* 1. 负面情绪

-不坚定甚至动摇比赛的决心

1. I doubted whether I could challenge the coming task and I wanted to quit.

2. The fact that the odd funny costume looked so ugly threw me into low spirits.

-紧张

1. When I stood on the stage in front of the excited audience, my mind went blank. 头脑空白

2. My heart beat/ thumped/ pounded wildly and my legs trembled. 心脏狂跳，双腿颤抖

3. While waiting for my turn backstage to show up on the stage, I felt like sitting on pins and needles.  如坐针毡

4. As I stepped onto the stage, my heart almost beat out of my chest. 心都要跳出胸腔了。

5. I took a deep breath and began my show , with palms sweating uncontrollably. 深呼吸，掌心出汗。

6. My heart raced with anticipation and nervousness as I made my way to the center of the stage with my two trembling legs. ( 心跳不已，双腿颤抖)

-犹豫

1.What if we just sneak out? No one will miss me." I whispered.

2. He hesitated and then said he had decided not to run. （2022- 全国卷David 越野跑）

-担忧

1.With butterflies in my stomach, I cleared my throat. （忐忑不安）

2. I was so nervous/ worried/ concerned about the coming race that I lay awake all the night. 整夜睡不着觉

-迷茫

1. If I should forget my lines, I would definitely mess up the whole play. 会搞砸表演

2. I stood there, feeling at a loss and not knowing what to say.不知所措

3. As I looked around, my mind went blank. 大脑一片空白

-过度自信

1. I was the fastest runner on my team, and I was supposed to make it into the top fifteen. （2023-11杭州一模父子越野跑）

2. Thus, when I was selected to represent the school in the national debate series, I was naturally extremely confident of myself. 极度自信

3.  I had every reason to believe that I would be voted the best speaker for the debate series. 有十足的理由相信

2.）配角的作用：老师、家人或朋友劝说、鼓励、肯定、信任

1. Somehow Mom had convinced me to play the Fish Footman in Alice in Wonderland.说服我去扮演 （妈妈的劝说）

2. "What if I forget my lines?" I hesitated.

 "Oh Riley, is that what you're afraid of? I know you've been rehearsing for two months, you were the first off-book in your scene, and I couldn't be prouder of you." Mom said, kneeling down and hugging me. （妈妈鼓励以及她持有的理由）

3. “Because I love your stories. If you’re willing to apply yourself, I think you have a good shot at this.” Encouraged by his words, I agreed to give it a try. 他的话鼓舞了我（2023-6 全国卷I真题---老师的鼓励）

4. Time ticking away, David had only one leg of the cross-country race. Moved by his resolution and perseverance, all the audience, his classmates and I applauded enthusiastically and cheered up for him. 热情地鼓掌并为他加油喝彩

5. But then the thought of the support and encouragement from Emma and my mom came flooding back to me.

（2023-10 浙南联盟 我的独唱）

6. Among the audience , eyes shining with pride and joy，my mom signaled a V sign to me, mouthing “You can do it!”.

7. As my eyes fell on my new friends on the stage, they gave me encouraging nods with bright smiles across their faces. （点头鼓励我，面带笑容<使我放松>）
**二、比赛中**

1）比赛场景 （描写比赛地点人物以及观众的状态，行为动作的描写以及心理活动等）

1. The crowded park was beautifully decorated with many jack-o-lanterns! What we saw on the spot shocked us deeply! All kids went all out to design and create their Halloween costumes. The competition was apparently intense! （2024-3 金丽衢12校 万圣节之树叶魔法服）

2. I cast my eyes randomly at the audience and spotted a familiar face at the corner. It was Emma who came to watch my performance. Pale as she appeared, she nodded and exchanged a determined glance with me, which timely put my heart back in place. With the music rising, I began my singing and immersed myself in it completely. （2023-10 浙南联盟 我的第一次独唱）

3. I chose Paul Revere’s horse as my subject.  ...  My story would come straight from the horse’s mouth.Not a brilliant idea, but funny; and unlikely to be anyone else’s choice. ...  I checked my spelling. I asked my older sister to correct my grammar. I checked out a half dozen books on Paul Revere from the library. I even read a few of them.  When I handed in the essay to my teacher, he read it, laughed out loud, and said, “Great. Now, write it again.” I wrote it again, and again and again. When I finally finished it, the thought of winning had given way to the enjoyment of writing. If I didn’t win, I wouldn’t care. （2023-6 全国卷I 我参加写作比赛）

三、比赛或表演后：

1. No sooner had she finished playing tabla than excited cheers and thunderous applauses erupted/ exploded/ roared in the auditorium. （2024-4 杭州二模 安吉丽的tabula鼓之凯歌）

2. No sooner had the curtain fell down than my mother made her way backstage. She hugged me tightly and pressed a kiss on my cheek, exclaiming in surprise, “ You made it. I couldn’t be prouder of you.” (情景式结尾）

3. It was my mom’s determination and positive mentality that urged me to get out of my comfort zone and try something that I had never done before. (感悟式结尾）

4. I eventually accomplished my performance and breathed a sigh of relief. As it turned out, practice makes perfect. My constant efforts paid off !（哲理式结尾）

5. I eventually conquered my fear. Now I can definitely say that playing the Fish Footman has always been the time of my life.// playing the Fish Footman has always been one of my highlights in my life. （回扣式结尾---亦可以对原文的句子适当进行改写）

6. The morning of the following Monday witnessed our success and how our joint efforts blossomed into an A and rapturous applause from Dr. Henderson. Tears blurring my vision, I quietly said thanks to my teammate and held his feeble hands tightly, for not only did I learn team spirit, but also reaped invaluable friendship. （2022-1 学霸学渣合作做课题）

7. In the end, our leaf costume was awarded the first place because of its uniqueness , creativity and above all its environmentally friendly material.（2024-3金丽衢12校 万圣节之树叶魔法服）

欣赏：2023-10 浙南联盟 我的独唱表演

*I was completely knocked out by the news.* Never in my wildest dream had I imagined that I would put on the performance on my own! Overwhelmed by a sense of anxiety, I told mom the horrible news with eyebrows knitted. No sooner had she understood my situation than she gathered me in her arms and looked into my eyes, saying in a firm voice” Believe in yourself and you will make it!” Inspired by her heart-warming words, I cheered up and continued rehearsing the song *that Emma and I had practiced numerous times before.* The National Day fell in time and everyone was eagerly waiting for their turns to showcase their unique talents. (106)

*Finally came the big moment.* As I stepped onto the stage, my mother’s words rang in my ears. Fully prepared and confidently standing in the center of the stage, I took a deep breath and began my solo as the music played. **After what seemed centuries,** my performance came to an end. What surprised me most was that thunderous applauses exploded in the city hall. Despite my shy and reserved nature, I made it. In the audience stood my dearest mother, *who thumbed up proudly* with tears twinkling in her eyes. That talent show was an unforgettable experience in my life, which taught me a valuable lesson- Don’t let self-doubt hold you back. (107)