

# 2023 年 4 月稽阳联谊学校高三联考

## 英语试题卷

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本试题卷分第 I 卷（选择题）和第 II 卷（非选择题）。第 I 卷 1 至 8 页，第 II 卷 9 至 10 页。满分 150 分，考试用时 120 分钟。

请考生按规定用笔将所有试题的答案涂、写在答题纸上。

### 第 I 卷

注意事项：

1. 答第 I 卷前，考生务必将自己的姓名、准考证号填写在答题卡上。
2. 选出每小题答案后，用铅笔把答题卡上对应题目的答案标号涂黑。如需改动，用橡皮擦干净后，再选涂其他答案标号。不能答在本试卷上，否则无效。

#### 第一部分：听力（共两节，满分 30 分）

做题时，先将答案标在试卷上。录音内容结束后，你将有两分钟的时间将试卷上的答案转涂到答题卡上。

##### 第一节（共 5 小题；每小题 1.5 分，满分 7.5 分）

听下面 5 段对话。每段对话后有一个小题，从题中所给的 A、B、C 三个选项中选出最佳选项。听完每段对话后，你都有 10 秒钟的时间来回答有关小题和阅读下一小题。每段对话仅读一遍。

1. What is unavailable in the restaurant now?  
A. Coke. B. Milkshake. C. Cheeseburger.
2. What did the woman do last night?  
A. She organized a party.  
B. She attended a gathering.  
C. She picked up her friend.
3. What is the weather like today?  
A. Rainy. B. Windy. C. Sunny.
4. How will the man pay?  
A. By phone. B. By credit card. C. By cash.
5. Why did the man go to the museum?  
A. To see an exhibition.  
B. To keep an appointment.  
C. To donate an ancient knife.

##### 第二节（共 15 小题；每小题 1.5 分，满分 22.5 分）

听下面 5 段对话或独白。每段对话或独白后有 2 至 4 个小题，从题中所给的 A、B、C 三个选项中选出最佳选项，并标在试卷的相应位置。听每段对话或独白前，你将有 5 秒钟的时间

阅读各个小题；听完后，各小题将给出 5 秒钟的作答时间。每段对话或独白读两遍。  
听下面一段对话，回答第 6 和第 7 题。

6. When did the woman get here?

A. On Thursday.

B. On Friday.

C. On Sunday.

7. What is Tim's major?

A. English.

B. History.

C. Biology.

听下面一段对话，回答第 8 至第 10 题。

8. What is the probable relationship between the man and Jennifer?

A. Father and daughter.

B. Teacher and student.

C. Classmates.

9. What is the man unsure about the podcast?

A. The presenter.

B. The cost.

C. The subjects.

10. What does the woman mean at the end of the conversation?

A. The podcast is useless.

B. It's up to Jennifer to decide.

C. Jennifer wants a different topic.

听下面一段对话，回答第 11 至第 13 题。

11. Why did Lili work on soccer shoes?

A. To finish a task.

B. To earn a living.

C. To make special shoes for Messi.

12. How did Lili feel when she received that photo?

A. Encouraged.

B. Upset.

C. Embarrassed.

13. What are the speakers talking about?

A. Their favorite football players.

B. A pair of shoes for Lionel Messi.

C. Lili's artworks for football shoes.

听下面一段对话，回答第 14 至第 17 题。

14. What did Vivek think of the result?

A. Surprising.

B. Satisfying.

C. Disappointing.

15. What place did Vivek probably win at the fair?

A. The first place.

B. The third place.

C. The fourth place.

16. What can the system do?

A. Make a wound heal faster.

B. Help get emergency services.

C. Judge the degree of an injury.

17. Where does the conversation take place?

A. At a studio.

B. At a science fair.

C. In the classroom.

听下面一段独白，回答第 18 至第 20 题。



18. When is the talk probably being given?  
A. At the beginning of the term.      B. In the middle of the term.      C. At the end of the term.
19. Why is the football field closed?  
A. It will be lightly enlarged.  
B. It has been replaced by the schoolyard.  
C. It has some problems with the surface.
20. What will take place on Friday afternoon?  
A. A welcome party.      B. A staff meeting.      C. A safety check.

## 第二部分：阅读理解（共两节，满分 50 分）

### 第一节（共 15 个小题；每小题 2.5 分，满分 37.5 分）

阅读下列短文，从每题所给的 A、B、C 和 D 四个选项中，选出最佳选项，并在答题卡上将该项涂黑。

#### A

Plants and exposure to greenery have been found to have mental health benefits and like any new skill or hobby, taking care of houseplants comes with difficulty. Anyone starting to care for plants should be patient and allow themselves time to learn the basics. Here are several plants recommended for giving mental health benefits:

#### Snake Plant

These popular indoor plants have a striking appearance, with dark green sword-shaped leaves that have yellow or white stripes. It is a great first plant, and is very easy to care for. It grows in spaces with low sunlight, has visual appeal and cleans the air.

#### Lavender

Well known for its relaxing smell, Lavender has a calming effect, aids in reducing stress, promotes sleep and specially has anti-inflammatory (抗炎的) effects when used as a medicine for skin. You can cut it off and dry the leaves or even put them into your bath.

#### Pothos

If you want to go bright green, try Pothos. The plants grow long stems that can hang from a pot and grow downward, or the stems can climb and grow upward. They clean the air and look beautiful hanging down a bookcase or shelf.

#### Lemon Balm

This fragrant green herb is part of the mint family and is simple to plant. Known for its calming properties, it has a light lemony smell and has been used to improve sleep, reduce stress and anxiety.

#### Basil

The experience of growing, picking and using herbs you've grown yourself has a positive impact on your mental health, creating a sense of accomplishment. Eating Basil has health benefits too. It has properties that help to relieve stress and anxiety, and eating it can clear your mind.

21. What do Snake Plant and Pothos have in common?  
A. Long stems.      B. Bright green leaves.  
C. Purifying the air.      D. Relaxing your mind.



22. What is special about Lavender?

A. Promoting sleep.

B. Resisting inflammation.

C. Reducing stress.

D. Clearing your mind.

23. If you are a cook, which plant may appear in the menu?

A. Basil

B. Snake Plants

C. Pothos

D. Lavender

### B

If Christmas is our nation's biggest official holiday, certainly Super Bowl Sunday is our biggest unofficial holiday. It's also a time for friends and family to gather for food, chatter and arguments while watching football games. Meir Kalmanson thought the homeless people, too, should get to celebrate the big day. So, on a cold February Sunday in 2017, as he headed to a Super Bowl party at a New York City club a friend owned, he invited six homeless men he met on the streets to join him.

Over burgers and wine, Kalmanson and his homeless guests watched the Patriots beat the Atlanta Falcons. He described the scene as "warm, exciting energy". But the game played just a small role in the night's success. More important was the men's interaction with others. "If you walked in, you couldn't tell who was homeless and who wasn't," says Kalmanson, "As a result, the men felt that they were part of something. They had their dignity restored."

Then, the following year, when friends and YouTube fans asked about the next party, he knew that the event had already taken on a life of its own. And so began the charitable organization Super Soul Parties. Kalmanson worked with volunteers and homeless shelters in cities to organize the gatherings and transport guests on game day. Last year, more than 2,000 homeless people in 36 cities watched the Los Angeles Rams compete with the Cincinnati Bengals. Kalmanson's next goal is to spread the celebrations to every state.

The parties have evolved from that first one. Homeless attendees now have access to new clothing and a barber, as well as mental health experts and affordable housing organizations. In such carefree circumstances, he says, "people are reminded who they are—and not the identity we place on them or how they label themselves."

24. What inspired Kalmanson to invite the homeless to join in the party?

A. The arrival of Super Bowl Sunday.

B. The invitation from YouTube fans.

C. The thought of getting them involved.

D. The request from the six homeless men.

25. What do the underlined words "had already taken on a life of its own" mean in paragraph 3?

A. The event showed its own power.

B. The event reflected its own life.

C. The event itself went on a wrong way.

D. The event surprised many people.

26. Which of the following best describes Kalmanson?

A. Wealthy and grateful.

B. Careful and determined.

C. Humorous and helpful.

D. Sympathetic and ambitious.

27. What's the text mainly about?

A. How Super Bowl Sunday comes into being.

B. How Kalmanson organizes Super Bowl Sunday.

C. How the homeless celebrate Super Bowl Sunday.

D. How Kalmanson helps the homeless on Super Bowl Sunday.



## C

A new study of older adults finds too much daytime napping(小睡) may signal an increasing risk of Alzheimer's disease. Investigators from Brigham report a relationship between daytime napping and cognitive(认知的) aging: too much daytime napping predicts an increased future risk of Alzheimer's, and Alzheimer's speeds up the increase in daytime napping during aging.

"Daytime sleep behaviors of older adults are often ignored, and an agreement for daytime napping in clinical practice and health care is still lacking," said Peng Li of the Medical Program in Brigham, "Our team calls for a closer attention to 24-hour sleep patterns — not only nighttime sleep but also daytime sleep — for tracking the health of older adults."

Researchers at the Brigham recognized that all previous studies on Alzheimer's disease assessed napping within a participant only once, and most of the studies were subjective and questionnaire-based. In the new study, more individuals, with an average age of 81, were involved. They were provided with Actical, a watch-like device, to wear on their wrist for up to 14 days. After napping periods were identified, the nap duration and frequency were calculated.

The results suggested that too much daytime napping may signal an increasing risk of Alzheimer's, and that faster yearly increase in daytime napping may be a worsening sign of the disease.

Researchers acknowledge that although the method of the new study has been widely used in sleep field studies, they recognize that Polysomnography(多导睡眠记录仪) is the gold standard for sleep scoring. Moreover, the participants studied are older, and therefore, the findings may not be easily translated to younger people. In addition, future studies should test whether a direct intervention in daytime napping can lower the risk of Alzheimer's or cognitive decline.

"We hope to draw more attention to daytime sleep patterns," said co-senior author Kun Hu of the Medical Program. "Sleep changes are critical in shaping the internal changes in the brain."

28. What is the possible relationship between daytime napping and Alzheimer's disease?

- A. More daytime napping causes Alzheimer's disease.
- B. Alzheimer's disease can be prevented by more daytime napping.
- C. Alzheimer's disease decreases the time spent on daytime napping.
- D. More daytime napping indicates a higher risk of Alzheimer's disease.

29. What can we learn about the new study according to the passage?

- A. The sample size was larger.
- B. It only recorded the daytime napping.
- C. The study was based on questionnaires.
- D. Its findings can be applied to younger generations.

30. What will interest the researchers in future studies?

- A. The patterns of nighttime sleep.
- B. The symptoms of Alzheimer's disease.
- C. The application of the new study method.
- D. The effect of an intervention in daytime napping.



31. Which of the following is the best title for the text?

- A. Alzheimer's: a Sign of Aging
- B. Actical: a Device of Recording Napping
- C. Closely Linked: Daytime Napping and Alzheimer's
- D. Slightly Different: Daytime Sleep and Nighttime Sleep

**D**

Seagrass meadows (海草床) are wonder plants growing beneath the sea. They feed and shelter sea life and are masterful at storing carbon. Thanks to the assistance of tiger sharks, a huge seagrass meadow in the Bahamas Banks has been discovered, offering the world a tool to fight climate change.

Seagrass has usually been detected by Earth-orbiting satellites that identify darker spots in the blue water. In a recent study, tiger sharks were selected as research tools due to their highly consistent associations with seagrass ecosystems. They spent 70% of their time in seagrass meadows. The team equipped eight tiger sharks with satellite labels, seven sharks with camera labels, and used a 360-degree camera on a shark for the first time ever.

The data researchers collected was astonishing. The world's largest seagrass ecosystem, measuring at least 66,900 square kilometers, has been discovered. This reflects a 41% increase from previous estimates of global seagrass. Seagrass can capture(捕获) huge quantities of carbon by photosynthesis(光合作用) and stores it on the seafloor. In terms of climate change, this is excellent news; seagrass is 35 times faster at removing carbon than tropical rainforests. When referring to global seagrass carbon stock estimates, the study indicates that seagrass in the Bahamas may contain 19.2% to 26.3% of all the carbon stored in seagrass meadows on Earth.

Yet seagrass meadows are rapidly disappearing, with over 92% of meadows in the UK gone, according to the World Wildlife Fund. Scientists are collecting seeds and trying to grow new seagrass meadows through restoration projects. This new discovery offers optimism and proves the importance of the ocean for healing.

The sharks led us to the seagrass ecosystem in the Bahamas, which we now know is likely the most significant blue carbon sink on the planet. What this discovery shows us is that ocean exploration and research are essential for a healthy future. The undeveloped potential of the ocean is limitless. These meadows can be protected and can be copied, offering hope for climate change around the globe.

32. How was the seagrass meadow in the Bahamas Banks discovered?

- A. By analyzing satellites images.
- B. By keeping track of tiger sharks.
- C. By using a 360-degree camera.
- D. By carrying out restoration projects.

33. What is the benefit of seagrass in terms of climate change?

- A. Seagrass provides food for tiger sharks.
- B. Seagrass stores large amounts of carbon.
- C. Seagrass absorbs wastes from the ocean.
- D. Seagrass supplies a habitat to sea animals.



34. What is the main message conveyed in the passage?
- A. Tiger sharks are a tool to detect seagrass meadows.
  - B. Seagrass meadows are disappearing at an alarming rate.
  - C. Scientists are making progress in restoring seagrass meadows.
  - D. Seagrass meadows have a great potential to fight climate change.
35. What is the writer's attitude towards the discovery of seagrass meadows?
- A. Concerned.                      B. Positive.                      C. Doubtful.                      D. Indifferent.

第二节（共 5 小题；每小题 2.5 分，满分 12.5 分）

阅读下面短文，从短文后的选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

Digital technologies are taking up too much of our time and attention. Many of us will spend a significant part of our lives staring at screens, missing out on satisfying relationships and feeling more emotional pain. For many years, we've been taught that the solution to this potential harm is some form of digital detox(脱瘾), which mainly shows us what not to do after our digital addiction. 36 Try the following three steps to achieve balance in your and your family's digital life:

**Determine your problem times**

Identify the times and situations when being on screens is making your life worse. It could be when you are streaming a TV series right before bed, feeling depressed afterward and losing hours of sleep. Or you could be getting stuck on your device at the dinner table and end up getting distracted. 37 Identify your top two or three problem situations.

38

Once you identify the pain points (for example, scrolling(滚动浏览) on TikTok for hours keeps you from sleeping and makes you feel depressed afterward), ask yourself: What is screen time replacing and what goals is it serving? In other words, what are you actually hungry for? You might be endlessly scrolling because you want to feel uplifted at the end of the day. Write down the things you really want.

**Try a substitute**

39 It's crucial to pick something that consistently makes you feel good. For example, if your goal is social connection, make plans for a nice meal with a friend or take that weekly meeting in person rather than via Zoom. If your goal is inspiration, schedule time for oil painting, reading historical fiction or whatever it is that uplifts you. 40 And at last, you will become empowered, healthy and wise digital citizens.

- A. Identify your true desire.
- B. Determine your pain points.
- C. Pretty soon, these replacements will make you feel more satisfied.
- D. But the only way to truly gain control is to take positive steps in advance.
- E. Or maybe you are inefficient at work because you're doing too much online shopping.
- F. Ask yourself how you can meet those needs through something other than screen time.
- G. If your digital life is out of balance, reducing time on devices is an important first step.

第三部分：语言运用（共两节，满分 30 分）

第一节 完形填空（共 15 个小题，每小题 1 分，满分 15 分）

阅读下面短文，从每题所给的 A、B、C 和 D 四个选项中选出可以填入空白处的最佳选项。

Many years ago, I was living with my best friend and we had many happy moments together. But there was one night that 41 our lives forever.

On the night of November 25<sup>th</sup>, 2011, I got into a fistfight with my best friend in our kitchen. It all started because I was trying to help him. He was drinking a lot, arguing with everyone and 42 himself from others by keeping silent most of the time. This had been going on for weeks and finally I decided it was time for a(an) 43. I told him that he needed to stop drinking so much and tried to 44 his alcohol and he got angry and started 45 with me. It was scary, but by the end of the night, we were able to calm down and talk to each other.

I thought alcohol 46 was his main problem. But he was just using alcohol to 47 himself through. He was lonely, heartbroken and struggling to connect with people. So during the Christmas season a few weeks later, I gave him a 48 that I didn't even know I had.

That Christmas my friend didn't have any place to go, so I invited him home to my parents' house in Lancaster. They 49 cleaned up our guest room for him and even bought him some Christmas gifts. I'll never forget the night we arrived at my home. My parents were already 50, but my mom had prepared dinner for us, baked some cookies and left us a note. My parents are known for their 51, so I wasn't surprised by this warm welcome. But when my friend read my mom's note and saw all that she had prepared, he broke down and cried. That's when I 52 how much I took my loving family for granted.

That year my friend and I both received gifts that we would 53 forever. I gave him the gift of a warm, loving, safe place to spend Christmas. And he gave me the gift of a new 54 on life. If I hadn't shared my home with him, I wouldn't have understood how 55 I am.

- |                      |                  |                |               |
|----------------------|------------------|----------------|---------------|
| 41. A. defined       | B. inspired      | C. created     | D. changed    |
| 42. A. defending     | B. separating    | C. protecting  | D. locking    |
| 43. A. communication | B. investigation | C. exploration | D. promotion  |
| 44. A. put up        | B. take away     | C. break out   | D. call off   |
| 45. A. talking       | B. crying        | C. fighting    | D. laughing   |
| 46. A. access        | B. addition      | C. abuse       | D. affection  |
| 47. A. look          | B. break         | C. drive       | D. carry      |
| 48. A. time          | B. holiday       | C. gift        | D. family     |
| 49. A. happily       | B. generally     | C. formally    | D. hurriedly  |
| 50. A. awake         | B. asleep        | C. available   | D. absorbed   |
| 51. A. generosity    | B. curiosity     | C. ability     | D. creativity |
| 52. A. admitted      | B. realized      | C. recognized  | D. accept     |
| 53. A. exchange      | B. present       | C. treasure    | D. appreciate |
| 54. A. day           | B. test          | C. skill       | D. eye        |
| 55. A. kind          | B. grateful      | C. blessed     | D. healthy    |



## 第 II 卷

注意：将答案写在答题卡上。写在本试卷上无效。

### 第二节（10 个小题；每小题 1.5 分，满分 15 分）

阅读下面材料，在空白处填入适当的内容（1 个单词）或括号内单词的正确形式。

The traditional Chinese solar calendar divides the year into 24 solar 56 (term). Among them, the Waking of Insects(惊蛰) signals a rise in temperature and increased rainfall. As the third solar term in the solar year, its name refers to the fact that animals sleeping in winter 57 (wake) by spring thunder and that the earth begins to come back to life.

The Waking of Insects is an 58 (extreme) important time for farmers and is widely seen as the beginning of the 59 (busy) time for agricultural work. During this period, most parts of China experience the quickest rise in temperatures, with the average level 60 (reach) above 10 degrees Celsius, and there is a marked increase in sunshine, 61 provides good natural conditions for farming.

According to 62 ancient Chinese folk story, a white tiger is the creature that brings quarrels. It always begins hunting during the Waking of Insects, and sometimes bites people. It is said that those 63 (bite) by a white tiger will encounter evil persons in their life that bring bad luck. Therefore, people offer foods and fruits 64 the white tiger during the Waking of Insects to protect 65 (they).

### 第四部分：写作（共两节，满分 40 分）

#### 第一节 应用文写作（满分 15 分）

假如你是某国际学校学生会主席李华。在亚运会即将来临之际，你所在城市开展了“全民健身运动 (National Fitness Program)”。请你代表学生会，给全校学生写一份倡议书，呼吁大家参与此活动。

- 内容包括：
1. 发起倡议；
  2. 具体做法；
  3. 活动意义。

注意：

1. 写作词数应为80左右；
2. 请按如下格式在答题卡的相应位置作答。

Dear fellow students,

The Student Union

## 第二节 读后续写（满分 25 分）

阅读下面材料，根据其内容和所给段落开头语续写两段，使之构成一篇完整的短文。

I live with my husband, Tyrone, in San Luis Obispo, California, about three miles from the beach. Every few years, the humpback whales come into the bay for a few days while migrating. November 2020 was one of those times, so we took out our yellow double kayak (皮艇) to watch the wildlife. We paddled (用桨划船) out the sea and saw seals, dolphins, and about 20 whales feeding on silverfish. We were in amazement watching these graceful giant creatures—each one about 50 feet long—spray through their blowholes.

At the time, my friend Liz was staying with us. The next day, I asked her if she wanted to go out on the water to see them. With no such experience, she refused. “There’s nothing to worry about,” I assured her. “The boat is stable, and we can turn back anytime.” Finally, she agreed to join me. I didn’t want her to miss this great experience and regret it later.

At 8:30 the following morning when we got out on the water, there were already about 15 other kayakers and surfers in the bay. After a half-hour, we had our first whale sighting: two humpbacks swimming toward us. How amazing to be that close to a creature that size, I thought, as the whales dipped under the waterline.

When the whales went down, they left what looked like oil on the water. I figured if we paddled toward that spot, we’d be safe from the whales, since they’d just left. We followed them at a distance—or what I thought was a distance. Suddenly, a tightly packed group of silverfish started jumping out of the water into our kayak. Oh no! We were being attacked.

注意：

1. 续写词数应为 150 左右；
2. 请按如下格式在答题卡相应位置作答。

*What should have been a joyful moment was actually terrifying.*

*Meanwhile, a kayaker paddled over.*