

B5U5  
First Aid



New Words and Expressions



## 重点单词

1. aid n. & vt. 帮助; 援助; 资助
2. temporary adj. 暂时的; 临时的
3. bleed vi. & vt. (bled, bled) 流血
4. chock vi. & vt. (使) 噎住; (使) 窒息
5. poison n. 毒药; 毒害 vt. 毒害; 使中毒
6. complex adj. 复杂的
7. variety n. 变化; 多样(化); 多变(性)
8. mild adj. 轻微的; 温和的; 温柔的
9. swell vi. & vt. (swelled, swollen) (使) 膨胀; 隆起
10. squeeze vt. & vi. 榨; 挤; 压榨
11. vital adj. 至关重要的; 生死攸关的
12. pour vt. & vi. 倒; 灌; 注; 涌



## 重点单词

13. tight

adj. 牢的；紧的；紧密的

14. firm

adj. (动作) 稳定有力的；坚定的

15. stab

vt. & vi. 刺；戳；刺伤

16. treat

vt. & vi. 治疗；对待；款待 n. 款待；招待

17. apply

vt. 涂；应用 vi. 申请；使用；有效

18. pressure

n. 压力；挤压；压迫（感）

19. damp

adj. 潮湿的

20. symptom

n. 症状；征兆

21. unbearable

adj. 难以忍受的；不能容忍的

22. barrier

n. 屏障；障碍（物）

23. injury

n. 损伤；伤害

24. organ

n. 器官



## 派生单词

1. temporary adj. 暂时的； 临时的 → temporarily adv. 临时地
- 2. injury n. 损伤； 伤害 → injured adj. 受伤的； 有
3. poison n. 毒药； 毒害 vt. 毒害 → poisonous adj. 有毒的
4. complex adj. 复杂的 → complexity n. 复杂性
- 5. variety n. 变化； 多样（化） → various adj. 各种各样的
6. damp adj. 潮湿的 → dampness n. 潮湿
7. bravery n. 勇敢； 勇气 → brave adj. 勇敢的
8. pressure n. 压力； 挤压 → press v. 按； 压榨； 敦
9. tight adj. 牢的； 紧的； 紧密的 → tightness n. 密封性； 紧密
- 10. apply vt. 涂； 应用 vi. 申请； 使用 → application n. 运用； 申请； 施用



## 重点短语

- 1. first aid (对伤患者的) 急救
- 2. fall ill 生病
- 3. electric shock 触电; 电休克
- 4. squeeze out 榨出; 挤出
- 5. over and over again 反复; 多次
- 6. in place 在适当的位置; 适当
- 7. a number of 若干; 许多
- 8. put one's hands on 找到
- 9. make a difference 区别对待; 有影响; 起(重要)作用



## 词义释义

1. basin an area of land around a large river with streams running down into it
2. symptom a change in your body or mind that shows that you are not healthy
3. ambulance a vehicle with special equipment, used for taking sick or injured people to a hospital
4. scissors a tool for cutting paper or cloth, that has two sharp blades with handles, joined together in the middle
5. bandage a strip of cloth used for tying around a part of the body that has been hurt in order to protect or support it
6. ray a narrow line of light, heat or other energy
7. ceremony a public or religious occasion that includes a series of formal or traditional actions



## 话题词汇

Words about injury

nosebleed, sprain, chock, blister, bruise, char, infection, symptom, stab

Words about human bodies

ankle, skin, organ, tissue, throat, wrist

Words about treatment

first aid, bandage, squeeze out, ointment, ambulance, apply

Words about articles for daily use

cupboard, pan, stove, scissors, kettle, sleeve, blouse



## 美句赏析

Age is no barrier. It's a limitation you put on your mind. ---Jackie Joyner-Kersey

For every complex problem there is an answer that is clear, simple, and wrong.  
---H. L. Mencken

I have seen what a laugh can do. It can transform almost unbearable tears into something bearable, even hopeful. ---Bob Hope

When people are putting pressure on me I just completely ignore it. ---Zayn Malik



## 遣词造句

### Group 1: first aid; injury; vital

The first aid, which offers immediate treatment, is vital to serious injuries.

### Group 2: poison; variety; organ

There are a variety of poisons, which can do great harm to human organs.

### Group 3: swollen; unbearable; bandage

When you find the swollen skin unbearable, stop using the bandage and go to hospital as soon as possible.



## 核心词汇

### 1. swell v. swelled, swollen

连线与右侧相应的意思匹配

1. Her ankle was already starting to **swell**. (使) 鼓气, (使) 隆起
2. The crowd **swelled to** around 10,000. 肿胀【尤指身体部位】
3. His heart **swelled with** pride as he watched his daughter collect her prize. 洋洋得意
4. The wind **swelled (out) the sails**. 【数量】增加, 增多



## Quiz

## 翻译

1. 他的银行存款在过去三周增加了\$222,000.  
His bank balance has swelled by \$222,000 in the last three weeks.
2. 你的脚晚上会肿吗？  
Do your feet swell at night?
3. 一说到她的儿子，这个母亲充满了骄傲。  
The mother was swelling with pride when she spoke of her son.



## 核心词汇

### 2. pour v.

倾倒；倒出；倒（饮料）

**Pour** the oil **into** a frying pan and heat.

He got up and **poured himself another drink.**

I've **poured you a cup of tea.**

涌流；倾斜；喷发

Tears **poured down his cheeks.**

Thick black smoke was **pouring** out of the roof.

（雨）倾盆而下；下大雨

The rain continued to pour down.

It's pouring outside.



## Quiz

## 用pour的不同用法造句

他坐在窗边，给自己倒了一杯茶。外面的雨下得很大。回忆起前几天发生的事，他泪如雨下。

Sitting by the window, he **poured himself a cup of tea**. Outside, it was **pouring**. Tears **poured down** his cheeks when he recalled what had happened in the other day.



## 核心词汇

### 3. treat v.

behave towards sb/sth 对待某人/某事

My parents still **treat** me **like** a child.

He **was treated as** a hero on his release from prison.

illness/injury 治疗, 医治

It's difficult to **treat patients** because of a shortage of medicine.

Nowadays, malaria (疟疾) can **be treated with** drugs.

Pay for sth enjoyable 花钱享受

She **treated him to lunch**.

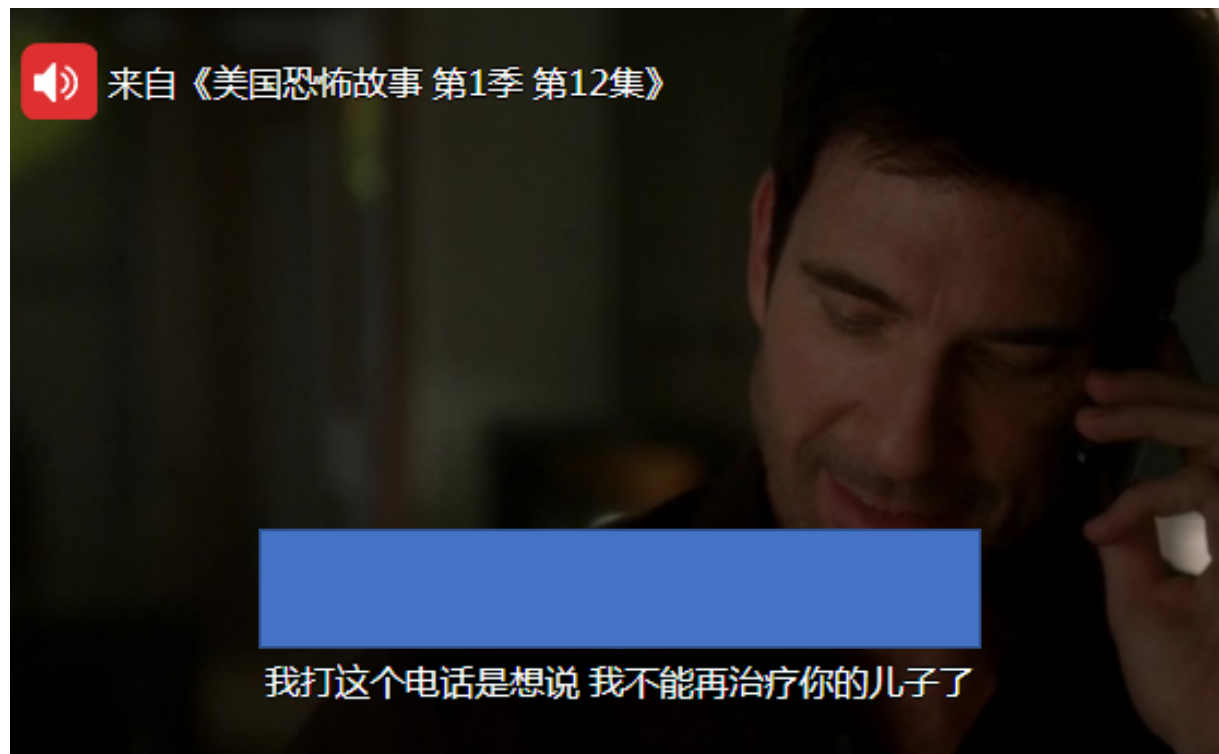
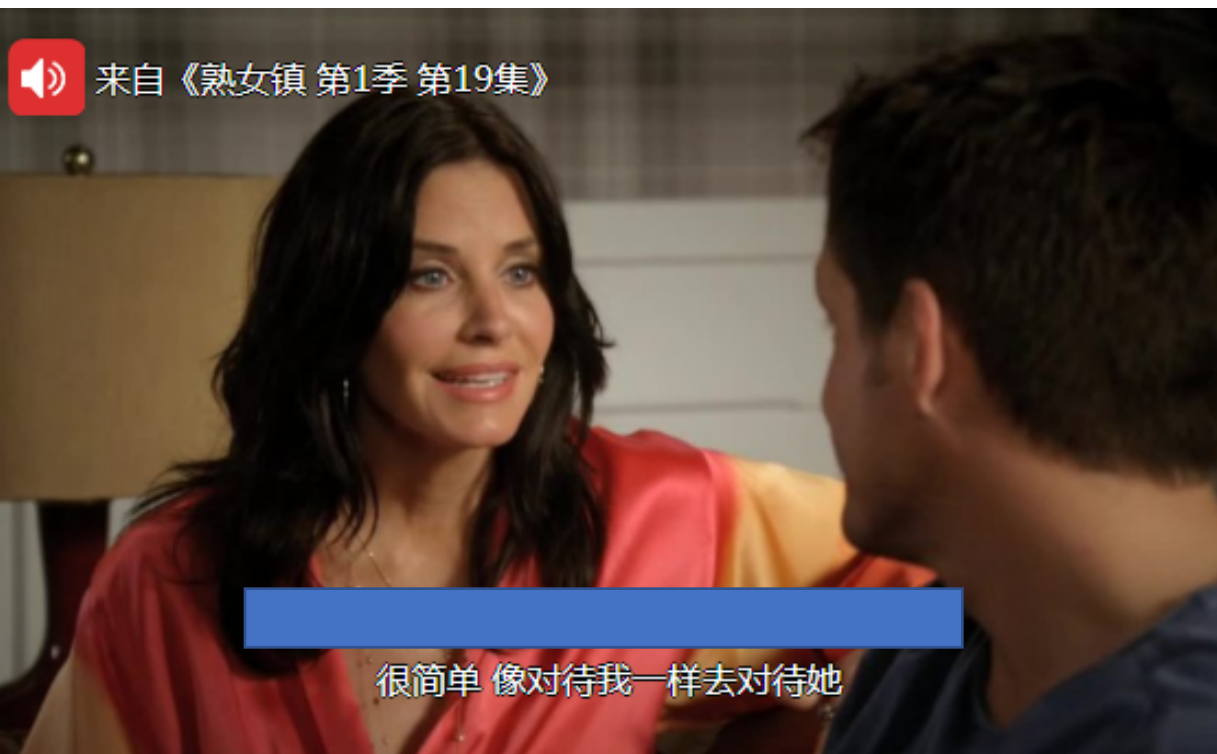
I'm going to **treat myself to** a new pair of shoes.



Quiz

翻译台词

潮恩教育  
www.sunedu.com





## 核心词汇

### 4. apply v.

利用找出apply可能的用法

I am continuing to **apply for** the job.

apply for sth, apply to do sth 申请

They may **apply to** join the organization.

He has **applied himself to** this task with considerable energy.

apply oneself to sth  
勤奋工作

What I am saying only **applies to** some of you.

apply to 适用

The new technology **was applied to** farming.

apply sth to (sth) 应用

**Apply** the cream **to** your face and neck.

apply sth to (sth) 涂, 抹

派生词

application 申请, 应用



## Quiz

## 翻译名言

你不能对天气发怒，因为天气无关于你。生活中的大多方面也同样**适用**。

You can't get mad at weather because weather's not about you. **Apply** that lesson **to** most other aspects of life. (by Douglas Coupland)

只要好好**利用**，总会有足够的时间。

One always has time enough, if one will **apply** it well. (by Johann Wolfgang von Goethe)

我们告诉申请者，如果你不打算在这一辈子，就不必**申请**。

We tell applicants, 'If you don't intend to be here for life, you needn't **apply**.'  
(by S. Truett Cathy)



## 核心词汇

### 5. squeeze v.

He **squeezed** her hand and smiled at her.

挤压；捏

He took out his wet clothes and **squeezed** the water **out**.

挤出；榨出；拧出

We managed to **squeeze** six people **in** the car.

(使)挤入；塞入



Quiz

根据图片写英文表达



**squeeze orange juice**



**squeeze the water out**



**squeeze into a parking space**



## 即学即用

When you fall ill, you can go to hospital for treatment. However, if it is a serious illness or injury, first aid should be performed immediately to save life before an ambulance comes. Here are some suggestions when a person suffers an electric shock. The first thing to remember is not to move a person with an electrical injury unless he or she is in immediate danger. If the injured person has such symptoms as severe burns and difficulty breathing, seek emergency care as soon as possible. When waiting for medical help, you can take some actions. For example, Turn off the source of electricity, if possible. You can also apply a bandage to the burned areas. Treating the injured person in a proper way before medical help comes can always make a difference.

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