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公众号：溯恩高中英语

M1Unit1 Friendship



New Words and Expressions



重点单词

1. upset adj./ vt. 不安的；使心烦 (upset ; upset)
2. calm vt./vi. (使)平静；(使)镇定 adj. 平静的；沉着的
3. settle vt./vi. 安家；定居；停留；使定居；安排；解决
4. grateful adj. 感激的；表示谢意的
5. ignore vt. 不理睬；忽视
6. teenager n. 十几岁的青少年
7. tip n. 提示；技巧；尖；尖端；小费 vt. 倾斜；翻倒
8. concern vt. (使)担忧；涉及；关系到 n. 担心；(利害)关系
9. suffer vt./vi. 遭受；忍受；经历
10. entire adj. 整个的；完全的；全部的
11. recover vt./vi. 痊愈；恢复；重新获得
12. exactly adv. 确实如此；正是；确切地



派生单词

- power n. 能力; 力量; 权力 → powerful adj. 强大的; 有力的
powerless adj. 无能为力的; 无权的
- outdoors adv. 在户外; 在野外 → outdoor adj. 在户外的; 在野外的
indoors adv. 在室内 → indoor adj. 在室内的
- concern vt. (使)担忧; 涉及; 关系到 n. 担心; 关注; (利害)关系
concerned adj. 担心的; 忧虑的 → concerning prep. 关于; 涉及
- suffer vt./vi. 遭受; 经历 → suffering n. 折磨; 苦难
- entire adj. 整个的; 完全的 → entirely adv. 完全地; 整个地
- recover vt./vi. 痊愈; 恢复 → recovery n. 恢复; 复苏; 康复
- ignore vt. 不理睬; 忽视 → ignorant adj. 愚昧的; 无知的
ignorance n. 愚昧无知
- loose adj. 松的; 松开的 → loosen vt. 松开
- disagree vi. 不同意 → disagreement n. 不同意
agree vi. 同意 → agreement n. 同意



重点短语

1. add up 合计
2. calm (...) down (使)平静下来; (使)镇定下来
3. be concerned about 关心; 挂念
4. go through 经历; 经受; 完成
5. suffer from 遭受; 患病
6. get/be tired of 对……厌烦
7. get along with 与……相处; 进展
8. set down 记下; 放下; 登记
9. on purpose 故意
10. fall in love with 相爱; 爱上
11. join in 参加; 加入
12. have got to 不得不; 必须
13. no longer/not...any longer 不再……
14. pack(sth.)up 将(东西)装箱打包
15. face to face 面对面地



同反义词

- | | | |
|---------------------|---|------------------------|
| 1. tight | → | 1. disagree |
| 2. write down | → | 2. at dusk |
| 3. indoors | → | 3. ignore |
| 4. by accident | → | 4. grateful |
| 5. be worried about | → | 5. outdoors |
| 6. at dawn | → | 6. set down |
| 7. agree | → | 7. swap |
| 8. thankful | → | 8. loose |
| 9. exchange | → | 9. on purpose |
| 10. neglect | → | 10. be concerned about |





词汇释义

1. upset unhappy or disappointed; to make sb unhappy or anxious
2. ignore to take no notice of; to pay no attention to sth
3. add up to calculate the total of two or more numbers or amounts
4. calm down to make sb/sth become quiet and more relaxed; not excited, etc.
5. concern to worry sb; to affect sb; to involve sb; a feeling of worry
6. pack ...up to put sth into a container so that it can be stored or transported
7. go through to experience or suffer sth; to look at or examine sth carefully
8. settle to make a place your permanent home; to solve sth
9. suffer from to be badly affected by a disease, pain, sadness, a lack of sth, etc.
10. recover to return to a normal state after an unusual experience, etc.



话题词汇

Expressions to describe
one's mood or feelings

upset; calm; grateful; be concerned about; be spellbound;
be tired of

Expressions
to describe difficulties
a person faces or settles

calm down; go through; settle; suffer from; recover from;



佳句赏析

Thoughts have power, thoughts are energy. You can make your own world or break it by your own thinking.

--- Susan Taylor

A true friend is someone you can disagree with and still remain friends. If not, they weren't friends in the first place.

--- Sandy Ratliff

The tragedy of life is not so much what men suffer, but what they miss.

--- Thomas Carlyle



遣词造句

Group 1: upset; concern; get along; go through

The world economy is going through a challenging period when businesses are not getting along well. Quite a few businessmen feel upset and show great concern about it.

Group 2: ignore; set down; calm down; add up

He set down all the figures and added them up. When the sum was worked out, he could hardly ignore the sharp decrease of the income. How can he calm himself down in face of such a heavy blow?

Group 3: swap; in order to; on purpose; a series of

In order to swap ideas with him face to face, I arranged a series of deep conversations with him on purpose.

Group 4: entirely; grateful; recover; suffer from

He has entirely recovered from his illness after suffering from it for 3 years, since his neighbors got along well with him, for which he felt very grateful.



核心词汇

1. add up vt. to calculate the total of two or more numbers or amounts
合计；把...加起来

Add up these figures and you will see which the right answer is.

归纳拓展

- (1) add...to... 把...加入...；往...添加...；增添
- (2) add to (数量、规模、困难、欢乐的) 增加；添加
- (3) add up to 合计达；共计
- (4) addition n. 加；加法；增加的人（物）
in addition = besides adv. 而且
in addition to sth = besides sth prep. 除...之外
- (5) additionally adv. 而且
- (6) additional adj. 附加的；添加的 additive n. 添加物



Quiz

add 短语填空

(1) Will you add more sugar to your coffee?

(2) The official expressed great concern over the food safety adding (补充说) the government would take more measures to prevent such cases happening again.

(3) Setting off fireworks adds to the pleasant atmosphere of the Spring Festival.

(4) Please add up the numbers and I'm sure they will add up to more than 1000.

(5) The natural scenery and the newly-built tall buildings along the streets add to the beauty of my hometown.

6. Seven added to eight, we can get fifteen.



核心词汇

2. upset adj. [not before a noun] unhappy or disappointed because of sth unpleasant that has happened 心烦意乱的；不高兴；沮丧
vt. to make sb/yourself feel unhappy, anxious or annoyed
使烦恼；使心烦意乱；使生气

She **was upset** to know that her application for the position was refused.

Don't **upset** yourself about it—no harm has been done.

考点必记

- | | |
|-----------------------------|-----------|
| (1) be upset about/over sth | 为…烦心/不安 |
| be upset that... | 心烦… |
| (2) It upsets sb that... | 让某人心烦的是…… |
| It upsets sb to do sth. | 做某事使某人不安 |
| upset oneself about sth | 为某事面烦恼 |



Quiz

一句多译

(山东高考书面表达)我曾经不擅长英语，掌握词汇少，语法也差，这确实使我伤心。

(1)Once I was not very good at English. I didn't know enough words and my grammar was also poor, which really upset me .(upset *vt.*)

(2)Once I was not very good at English. I didn't know enough words and my grammar was also poor, and it really made me upset .(upset *adj.*)



核心词汇

3. concern vt. to worry sb. (使) 担忧, 使担心,
to affect sb; to involve sb. 影响, 涉及, 牵涉 (某人)
n. [U,C] a feeling of worry, especially one that is shared
by many people (尤指许多人共同的) 担心, 忧虑

Her illness **concerns** her parents.

There is a growing **concern** about violence on television.

考点必记

- | | |
|--------------------------------------|--------------|
| (1) show/express concern about/for | 对……表示关心 |
| there is a growing concern about sth | 对……越来越担心 |
| (2) concern oneself about | 对……表示关心/担心 |
| (3) be concerned about/for | 担心……; 关心…… |
| be concerned with | 与……有关; 涉及 |
| as far as...be concerned | 就……而言; 依……之见 |
| (4) concerning prep. | 关于 |



Quiz

单句语法填空

- (1) All the people concerned (concern) with the case will be questioned by the police.
- (2) The professor will deliver a lecture concerning (concern) environmental protection.
- (3) The meeting was concerned with reforms and everyone present was concerned for/about their own interests.
- (4) Nowadays, there is a growing concern (concern) about our survival environment.



核心词汇

4. go through to experience or suffer sth. 经历； 经受
 to look at or examine sth carefully, especially in order to
 find sth. 仔细察看； 审查

Most families **went through** a lot in the war.

I can't **go through** the papers in an hour.

归纳拓展

go against	违背；	违反
go by	逝去；	过去
go on	继续；	进行； 发生
go out	出去；	熄灯
go over	复习；	仔细检查
go up	上涨；	上升； 攀登



Quiz

写出go through 的含义

(1) I always start the day by going through my emails.

查看

(2)(湖南高考题)As you go through this book, you will find that each of the millions of people who lived through World War II had a different experience.

读完

(3) It's love and responsibility that have driven him to go through many hardships and survive.

经受；经历

(4) The bill(法案) might have gone through if the economy was growing.

(法案)通过



Quiz

活学巧用go短语

(1)(四川高考书面表达)Our teacher chose many important exercises for us, and I went over the language points at the same time.

(2)Life isn't meant to be easy and you have to go through some pain to learn the skills to move forward.

(3)The two brothers both went against their father's will, which made him very upset.

(4)A year went by, but I didn't hear from him.



核心词汇

5. get along with 与……相处；进展

(福建高考) While the students came from different countries, they **got along quite well** in the summer camp.

I wonder if you **are getting along well with** your English now?

归纳拓展

get across	讲清楚；（使）被领会
get down to	认真做；开始着手做
get over	克服；熬过
get rid of	消灭；摆脱；除掉
get through	（电话）接通；用完；通过



Quiz

用介词副词填空

- (1) Since we all live under one roof, we should learn how to get along well with each other.
- (2) Our teacher is clever, but not very good at getting his ideas across.
- (3) Believe in yourself. You are sure to get over the present difficulty.
- (4) I dialed the number for many times, but it couldn't get through.



即学即用

Having suffered such a heavy loss, my father's business is not getting along quite well. As a result, he feels very upset and disappointed. My family and I show great concern about him. As far as I'm concerned, it's beyond my power to help him go through the difficulty, because I can't give him some tips on how to get over the problem.

However, I do believe his business will recover and get along well again as long as we settle it the moment we figure out the root of the problem.



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