

Laurie sat quietly in the empty dressing room. She had not competed since the accident. As she waited for her turn to skate, Laurie was very nervous. Today was very important in her comeback. “If I can win today,” she thought, “I can skate in the World Cup next year and then the Olympics.”

Before Laurie had her accident, everyone had said that she was the one to beat.

She thought back to that car accident where her right knee was badly injured. She spent six total months on recovery, treatment and practice because she hoped to regain her skill.

“Hello, Laurie,” one of her friends burst in. “How’s the knee? Is it going to slow you down?”

“I guess we’ll find out tonight,” Laurie said.

“There’s a girl named Jinny, strong in everything. She’s the only real competitor you have to beat,” the friend said and hurried out.

Hearing that, Laurie decided to show her most difficult jump. “If I don’t try it, I won’t stand a chance,” she thought. “Does anyone believe that I can still win?”

Suddenly her right knee sent pain up and down her leg. The doctor said it would do that for a while. “What makes you think you have a chance tonight?” she said to herself.

After the pain passed, she moved slowly to warm up. Then she said firmly, “I must win!”

At that moment, a young woman hurried in with a skate equipment bag. She put some of her belongings onto a chair. Her bag fell to the floor. “Hi, I’m Jinny Jordan,” she said.

Laurie felt uncomfortable as she looked at Jinny. “So this is my competitor,” thought Laurie. “Because of her, I may lose tonight. ”

“I’m Laurie Collins, ” Laurie told Jinny. “Something fell out of your bag, Jinny.”

As Jinny began to gather her belongings, the door opened.

“Jinny,” someone called, “your music tape is missing. You are the next one! Laurie, after Jinny.”

“Oh, my God! I thought I had handed it in hours ago, the green box with my name on,” screamed Jinny, hurrying out.

Music is so important to the skating. What a pity!” Laurie said thoughtfully, doing some preparation alone in the dressing room.

**Paragraph 1:** *Suddenly, she saw something under the chair.* \_\_\_\_\_

**Paragraph 2:** *Minutes later, Laurie glided(滑行) to the center of the stadium when her name was called.* \_\_\_\_\_

## Underlined words.

### Nouns:

**her comeback**

**right knee**

**real competitor**

**difficult jump**

**a chance**

**her music**

**~~the green box~~**

### Verbs: **lose**

### Adjectives: **nervous**

She did make a successful comeback (2); She could take advantage of the chance to make a good comeback(1)

Despite her pain in the right knee, she challenged the most difficult jump, and luckily she made it(2)

She could well take advantage of the chance to defeat Jinny, but as a real competitor, she knew from within that she should always stick to the principle of fair play.(1)

Taking a deep breath, she started her performance, closely keeping in time with her music.(2)

Though she might lose the competition, she would never lose her honesty and respect for fair play.(1)

Reflecting back, she congratulating herself on making the right decision, "Actually, I was so close to losing."(2)

Nervously, she watched Jinny fly/glide across the rink, her attention focused on every movement she made.

1. Suddenly, she saw **something** under the chair. the music tape

1. What did she find? How did she try to find it? 心理活动+动作

**Wondering, curiously, out of curiosity, approached, pulled out**

2. What did she do with the music tape? 心理活动+纠结情绪+动作

**hesitating about, thinking of/ reminded of, strength, fair play, had ...turned in**

3. Afterwards, what did she do before her turn came? 动作推进

**Watched Jinny's performance, waited for her turn**

2. Minutes later, Laurie glided(滑行) to the center of the stadium when her name was called. \_\_\_\_\_

1. How did she perform in the rink? 过程描写

**stepped onto, started, performance 1, performance 2, conclusion**

2. What were people's reactions to her performance? 侧面描写 (动作, 对白)

**the audience, Cathy, (Jinny)**

3. What was the result and her reflections? (内心独白, 动作)

**jumped with joy, reflections**

## 参考范文：

*Suddenly, she saw something under a chair. She bent over to pick it up. " Jinny's green box! "* She exclaimed. "It must have rolled out of her bag." Laurie stood motionlessly, "If Jinny doesn't have her music, she will lose. She is my only real competitor." Laurie shivered slightly as she thought about this. Then she wondered, "Do I really want to win so much?" Laurie hesitated for a second. Then she hurried out to give Jinny her music tape. Jinny was grateful to Laurie, and finished the skating successfully

*Minutes later, Laurie glided to the center of the stadium when her name was called. Nervous as she was, she tried to skate in time with her music.* Then she did her most difficult Jump. "Good, " she thought to herself, "my right knee's holding up. As the music ended, applause filled the stadium. When the marks appeared, Laurie knew she achieved her goal. As she walked back to the dressing room, Laurie thought about Jinny's music tape. "No one will know how close I really came to losing," Laurie said softly to herself.

Suddenly, she saw something under the chair.

As she knelt down to approach it, what greeted her was a green box with "11" written on it, the one Jinny was looking for. Motionlessly, Laurie stared at the tape. Her inner voice asked her to hide the tape so that she would win with ease. But almost simultaneously, another voice popped up, urging her to hand in the tape. After what seemed like centuries, the spirit of fairplay took the upper hand. With her own music, Jinny performed ferociously. Now, it's Laurie's turn.

Minutes after, Laurie glided to the center of the stadium when her name was called. The ~~mid~~ moment the music played, miraculously, Laurie felt that she came back to that undefeated "Laurie" again and all the pain in her right knee disappeared, turning into infinite power. With the real peace inside, not only did Laurie make difficult jumps across the ice, but also ~~fly~~ flew across the ice with the cold air rushing past her, as if having the whole rink to herself. When she concluded her performance with a graceful

*Suddenly, she saw something under the chair. As she knelt down for it, what greeted her was a green box with initials J.J. written on it, the one that Jinny was looking for. Motionlessly, Laurie stared at the tape. Her inner voice asked her to hide the tape so that she could win the competition with ease. But almost simultaneously, another voice popped up, urging her to hand in the tape. After what seemed like hours, the idea of fair play finally took the upper hand. Of course with the suitable music accompanying, Jinny performed perfectly. And then came Laurie's turn.*

*Minutes later, Laurie glided(滑行) to the center of the stadium when her name was called. The moment the music played, miraculously, she felt as if the undefeated Laurie came back, and the pain in the right knee had disappeared, turning into infinite power. With the inner peace, not only did Laurie make the most difficult jumps across the ice, she also flew smoothly across the ice with the cold air brushing past her, as if having the whole rink to herself. When she concluded her performance with a graceful bow, applause filled every corner of the rink. She did make a comeback!*

### 点评:

1. What greeted her was 运用了主语从句，并且用with+ 复合宾语，是整个句子的表达更高级。
2. 描写“内心的纠结”部分写得很出彩，语言和内容都很丰富，也体现了作者驾驭长句子的能力。
3. Took the upper hand 用得很地道、精炼。
4. 最后一句话 And then came Laurie's turn 很自然地起到了承启的作用。

### 点评:

1. Not only...also.. 不但运用了倒装结构，而且很恰当地把多个滑冰动作有机融合，尤其是 as if having the whole rink to herself 把 Laurie 自信的一面淋漓尽致地展现。

Suddenly, she saw something under the chair. Quietly, the green box lay on the floor, as if waiting for Laurie. Staring at her competitor's music tape, she felt on pins and needles, beads of perspiration trickling down. An inner voice asked her to hide the tape so that she would definitely stand out and make it to the Olympics, but another voice popped up almost simultaneously, urging her to return it rather than win with the loss of her honesty, which rendered her torn. Just at that very moment, Kathy rushed in, regretfully expressing Jinny's dilemma. The sense of justice ultimately taking the upper hand, Laurie handed the tape to Kathy, signaling her to immediately save poor Jimmy out of trouble.

## Paragraph 2

Minutes later, Laurie glided(滑行) to the center of the stadium when her name was called. Taking a deep breath, she started her performance with a graceful bow and a sweet smile. Amazingly, not only did she skate accurately and elegantly, she also perfectly finished the most difficult jump, despite the pain in her right knee. Smoothly spinning out of one figure and into another, she got fully immersed in the competition, hearing the thunderous applause welcoming her comeback. When the final marks was announced, she knew she had won. Tightly gathered into Kathy's arms, she celebrated herself on winning by working hard rather than falling into the trick of fame and title.

*Suddenly, she saw something under the chair. Quietly, the green box lay in the corner, as if waiting for Laurie. Staring at her opponent's music tape, she felt on pins and needles, beads of perspiration trickling down. An inner voice asked her to hide the tape so that she could stand out and make it to the Olympics, but another voice popped up almost simultaneously, urging her to return it rather than win with the loss of her honesty, which rendered her torn. Just at the every moment, Kathy rushed in, expressing Jinny's dilemma. The sense of justice finally taking the upper hand, Laurie handed the tape to Kathy, signaling her to help poor Jinny out of trouble.*

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## 点评:

- 1.两处用了句子副词 (**quietly, amazingly**) 凸显了想要传达给读者的首要印象。
- 2.多处运用分词结构和独立主格结构,使得句子变得丰富,表达变得多样化。
- 3.表达“紧张”的描写和溜冰场面的描写很细腻,给读者以很强的画面感。

Polish it:

Suddenly, she saw something under the chair. Here it was - the green box with "JJ" on it. Automatically Laurie bent down and held it firmly in the arms, the assumption of hiding it occupying her mind. Why not? It's no exaggeration to say that without music, her only opponent would perform a ridiculous skating and she, of course would win. However, at the same time, an inner voice urged her to change mind, arguing that the fair of the competition counted more than winning. Looking down at the green box which meant so much to an equally talented and hard working skater, she made up her mind. After returning the music to anxious Jinny, a ripple of relief ran through her, a smile lifting the corner of her mouth.

Automatically

idea/thought

ridiculous

urged

Looking down at

Looking down

meant

an

relief

Paragraph 2

Minutes later, Laurie glided (滑行) to the center of the stadium when her name was called. Her previous torn and nervous had totally transformed into confidence and determination. She started her performance with a perfect difficult jump and then glided across the rink smoothly and gracefully. The audience applauded from time to time, enthusiastically supporting her comeback. When her performance concluded with a miraculously beautiful jump, everyone stood up and cheered for her — undoubtedly she did it. Tears of happiness ran slowly down her cheeks, she did win, but no one knew how close she'd come to missing it all.