

# 202005 宁波市 2019 学年第二学期高考适应性考试

## 英语试卷

第一部分听力（共两节，满分 30 分）

第一节（共 5 小题；每小题 1.5 分，满分 7.5 分）

听下面 5 段对话。每段对话后有一个小题，从题中所给的 A、B、C 三个选项选出最佳选项。听完每段对话后，你都有 10 秒钟的时间来回答有关小题和阅读下一小题。每段对话仅读一遍。

1. Where will the boy probably go next?

- A. To his bedroom.                      B. To the classroom.                      C. To the bathroom

2. When was Janet supposed to give her presentation?

- A. On Tuesday.                      B. On Wednesday.                      C. On Thursday.

3. What is Chase's hobby?

- A. Writing books.                      B. Skiing outside.                      C. Collecting stamps.

4. What does the man want to know?

- A. Where the sign-up sheet is.  
B. When he can take the field trip.  
C. Whether the woman will go on the field trip.

5. What does the woman think of Facebook?

- A. It isn't very reliable.  
B. It is a respectable news source.  
C. It tries to provide too much news.

第二节（共 15 小题；每小题 1.5，满分 22.5 分）

听下面 5 段对话或独白。每段对话或独白后有几个小题，从题中所给的 A、B、C 三个选项选出最佳选项。听每段对话或独白前，你将有时间阅读各个小题，每小题 5 秒钟；听完后，各小题将给出 5 秒钟的作答时间。每段对话或独白读两遍。

听下面一段对话，回答第 6 和 7 题。

6. According to the woman, what do most people forget about Coke?

- A. It has caffeine.                      B. It's full of sugar.                      C. It makes them thirsty.

7. What was the original function of Coke?

- A. Helping digestion.                      B. Replacing tea.                      C. Treating headache.

听下面一段对话，回答第 8 至 10 题。

8. Where are the speakers going to sleep?

- A. In a cabin.                      B. By the water.                      C. At the meeting point.

9. Who introduced the man to the location?

- A. His father.                      B. His uncle.                      C. His brother.

10. How will the speakers get water?

- A. From the other guys.                      B. From the car.                      C. From the river.

听下面一段对话，回答第 11 至 13 题。

11. Why is the man so nervous?

- A. He will take a driver's test.                      B. He will drive a different route.  
C. He will be driving for the first time.

12. Who is the man probably talking to?

- A. His mother.                      B. His classmate.                      C. His driving coach.

13. What is so difficult about Blue Mountain Road?"

- A. It's a narrow mountain road.
- B. The speed limit changes here.
- C. The entire road is a school zone.

听下面一段对话，回答第 14 至 17 题。

14. Why does Vivian **turn up** the music so loud?

- A. It helps her study.
- B. She feels a bit down.
- C. The sound outside is hard to tolerate.

15. What does Vivian do at first when her father asks about the loud music?

- A. She turns it off.
- B. She **turns down** the volume
- C. She **plugs in** her headphones.

16. Why does Vivian's father want her to be careful about the volume?

- A. He can't concentrate on his work
- B. He thinks it is bad for her hearing.
- C. It will be better to listen to music with a hearing aid.

17. How does Vivian feel about her father's warnings in the end?

- A. Annoyed.
- B. Amused.
- C. Surprised,

听下面一段独白，回答第 18 至 20 题。

18. According to the talk, what is the Great Wall Marathon known for?

- A. Its difficulty.
- B. Its long distance.
- C. Its endless scenery.

19. How far must a half marathon runner go before the first water station?

- A. One kilometer.
- B. Four kilometers.
- C. Eight kilometers.

20. What should runners be very careful about?

- A. Fast runners.
- B. Cars on the road.
- C. Getting too thirsty.

第二部分阅读理解（共两节，满分 35 分）

第一节（共 10 小题；每小题 2.5 分，满分 25 分）

阅读下列短文，从每题所给的 A、B、C 和 D 四个选项中，选出最佳选项，并在答题卡上将该项涂黑。

A

Do you have a job? If you do, you'll know the world of work can be tough -long hours, boring tasks and stress. But it can bring benefits too, such as **a regular salary**. Maybe that's why more of us are now taking on a side hustle - another name for a second job.

For some having two jobs is **a necessity** -- a way to **make ends meet** and provide extra income. But it now seems that more people want to put their skills and passions into practice to make money. These tend to be entrepreneurial young people who want to work on their own projects alongside their main source of income.

According to Henley Business School, around one in four workers run at least one side hustle business, half of which were started in the past two years. Those aged 25 to 34 are most likely to be involved, with 37 percent thought to run a sideline of some kind. It calculates that the average side hustler makes about 20 percent of their income through their second job.

But what's interesting is that many millennials（千禧一代）are turning their hand to new jobs not just for money and security. Research has found that almost three-quarters of people are **following a passion** or **exploring a new challenge**. Becci Mai Ford, who works some of the time for a telecommunications company to pay the bills, spends the rest of her time developing her craft company. She says going full-time is "not financially worth it right now but it **fuels my creative soul** and makes me happy".

Of course having a side hustle means you are self-employed, which can give you flexibility to work



## C

People may set an alarm on the phone or clock that sounds like this: beep beep beep. That hard, unpleasant sound may be making it harder to shake off the sleepy feeling in the morning known as grogginess. So, is there a better way to wake up? A recent study says yes. The answer is music .

The study, carried out by researchers in Australia, involved 50 people. The researchers found that people who **wake up to musical alarms** reported feeling more awake and alert. Stuart McFarlane, a lead writer of the study stated, "We are very surprised by these findings as one might expect a harsh beeping sound to be more successful ; " at waking up a person.

Sleep inertia is another term for grogginess. It means a person has a heavy feeling when waking up, and has trouble getting moving again after sleeping. McFarlane said people need to better understand sleep inertia's harmful effects on human performance later in the day.

Not everyone will experience the full effect. But for those who do, "care should be taken" when performing duties that require a top performance within this period, he said. This includes "dangerous tasks like driving or riding our bikes" **shortly after** waking up. **The same is true for** people who work in dangerous situations shortly after they wake, including firefighters and pilots.

So, what makes musical alarms better for waking up? The researchers think the music may be more successful in reducing sleep inertia because it has several tones, compared to the single tone of a "beeping" alarm. McFarlane said that the changes over time between the music tones may help increase a person's attention when waking from sleep.

And is there a kind of music that is best to wake up to? There may be, McFarlane said. "We could suggest alarm sounds that are tune full and easy to hum or sing along with. The current sounds I have been using include "Close to me' by the Cure and 'Borderline' by Madonna."

No matter how you wake up, experts say, the amount of sleep you get also matters — a lot.

27. Which of the following might be the best title for the text?
- A. What is grogginess?                      B. Why are musical alarms better?  
C. Which music is the best?                D. How can we overcome grogginess?
28. Which of the following statements is TRUE according to the passage?
- A. Sleep inertia is another cause for grogginess.  
B. How long a person sleeps is of great importance.  
C. The 'beeping' alarm is not effective mainly because of its noisy tone.  
D. It is dangerous for everyone to drive or ride bicycles shortly after waking up.
29. The paragraph following this passage is likely to focus on
- A. examples of good musical alarms  
B. more findings of the application of music  
C. explanations about why music is more helpful  
D. suggestions on how to sleep well and feel fresh each morning.
30. In which section of a magazine may you find the passage?
- A. Health.                      B. Fiction.                      C. Technology.                      D. Entertainment

第二节（共5小题）每小题2分满分10分）

根据短文内容，从短文后的选项中选出能入空白处的最佳选项。选项中有两项为多余选项。

There're hundreds of publishers across the world and millions of books **get printed** every year. Moreover, a book can be printed by several publishers. 31

To overcome the problem of identifying books, publishers have come up with a unique numbering system. For instance, if 50,000 copies of The Adventures of Sherlock Holmes are printed by a publisher at one time (called an edition), all of them are identified by one number code. 32 Your address begins with your house number, street, locality, state and ends with a statement of the country where you live. An ISBN book number achieves a similar aim of identifying and tracing a book.

If you pick up any book, turn it around you will see a number which looks something like this — ISBN 90-70002-34-5. This is called the ISBN number. ISBN stands for International Standard Book Numbering. 33 The ISBN number is divided into four groups that are separated by a space or a hyphen.

The first part of the ISBN identifies the country and is called the Group Identifier. 34 The second part is called the Publisher Prefix. The Publisher Prefix is used to identify the publisher of the book. The publisher prefix may contain up to seven digits.

The third part identifies the title and the edition of the book and so is called the Title Identifier, which may consist of up to six digits. 35 Since you can have the same book from the same publisher but with different editions, the Title Identifier helps to differentiate between them.

The fourth and the final part is called the Check digit, a single digit (from 0 to 9) used to check whether the given ISBN number is correct or wrong. If an ISBN number is incorrect, this means that the book is a version printed illegally.

- A. It may consist of up to five digits (数字).
- B. So what can the ISBN number do for you?
- C. This makes the task of identifying a book very difficult.
- D. It is a numbering system that is used to describe the book.
- E. Book publishers often come out with newer and updated versions of earlier books.
- F. The numberCode is your home — address that can only be shared by your parents and siblings.
- G. The ISBN numbering system helps book stores and book publishers to handle, categorize, store and identify books easily.

### 第三部分 语言运用 (共两节, 满分 45 分)

#### 第一节 完形填空 (共 20 小题; 每小题 1.5 分, 满分 30 分)

When it comes to parenting his three children, the Microsoft mogul, Bill Gates admits his wife has done more than her share of raising the kids. "My wife does 80%, Gates told a 36 of Harvard students. He said they have been quite deliberate about the model they've used to 37 their children.

The couple followed a 1970s "Love and Logic" parenting model. The idea of their philosophy is 38 the idea that using emotional control, essentially minimizing 39 reactions like shouting or scolding kids.

"One of the greatest 40 of applying Love and Logic is that it helps us learn how to keep a tighter leash ( 缰绳 ) on our emotions and on our 41," co-founder Charles Fay wrote in a blog post about his model.

42 controlling hot-blooded parent tempers, the love and logic model also 43 the importance of not leaning into rewards for kids, 44 instead demonstrating unconditional love and 45 kids for who they are, not 46 they do ( or don't ) achieve, like a poor test score or a bad grade.

"Many successful people 47 with grades as children," Fay wrote. "What's most important is that children 48 good character, curiosity, and problem-solving skills."

Gates says it wasn't the only way he 49 boundaries for his children while they were 50. None of

his kids owned a cell phone 51 they were 14 years old. The children also attended church 52 with their parents.

"We want to strike a balance 53 they have the freedom to do anything, but not a lot of money 54 on them so they could go out and do 55," Gates once told TED.

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|-------------------------|---------------------|--------------------|--------------------|
| 36. A. set              | B. series           | C. crowd           | D. kind            |
| 37. A. have             | B. raise            | C. <b>possess</b>  | D. produce         |
| 38. A. held on          | B. moved on         | C. carried on      | D. centered on     |
| 39. A. emotional        | B. physical         | C. typical         | D. traditional     |
| 40. A. suggestions      | B. preparations     | C. benefits        | D. resources       |
| 44. A. hands            | B. heads            | C. ears            | D. <b>tongues</b>  |
| 42. A. Apart from.      | B. Because of       | C. As well as      | D. <b>But for</b>  |
| 43. A. criticizes       | B. stresses         | C. attracts        | D. reminds         |
| 44. A. and              | B. so               | C. yet             | D. but             |
| 45. A. imagining        | B. persuading       | C. admiring        | D. proving         |
| 46. A. that             | B. what             | C. why             | D. when            |
| 47. A. <b>struggled</b> | B. protected        | C. improved        | D. challenged      |
| 48. A. inspire          | B. allow .          | C. develop         | D. influence       |
| 49. A. shared           | B. <b>motivated</b> | C. connected       | D. set             |
| 50. A. depending on     | B. growing up       | C. turning up      | D. working out     |
| 51. A. until            | B. after            | C. once            | D. when            |
| 52. A. bravely          | B. nervously        | C. simply          | D. regularly       |
| 53. A. how              | B. where            | C. that            | D. which           |
| 54. A. adjusted         | B. <b>presented</b> | C. <b>showered</b> | D. <b>expanded</b> |
| 55. A. nothing          | B. everything       | C. something       | D. anything        |

第三部分 语言运用(共两节, 满分 45 分)

第二节(共 10 小题, 每小题 1.5 分, 满分 1.5 分)

阅读下面材料, 在空白处填入适当的内容(1 个单词)或括号内单词的正确形式。

Two pals from Florida received the most 56 (expect) reward for tidying up in the aftermath of the state's flooding.

Skyle Thompson's land in Tampa, Florida was flooded by the Pratte River nearby. 57 (thank), the cabin that Thompson built on the land was saved from the waters. He and his friend Guy Steven spent their entire Sunday 58 (clean) up the debris.

Exhausted from their day of labor, they were ready to get back to their car 59. Steven saw what looked like a refrigerator. Steven hiked the 50-foot distance between him and the fridge and was shocked 60 (find) that it was filled with beers. Not only that, there were ice cold.

"It was a gift sent from the heavens," Thompson **said in disbelief**. The two men could hardly believe their luck, but they drank a few beers as rewards and posted their 61 (luck) find online. The 62 (photo) were shared thousands of times within hours and eventually appeared on the newsfeed of Bums Harvey, the refrigerator's owner, who recognized it immediately.

In addition 63 surviving a cabin fire, the brave fridge somehow managed to survive the floodwaters as well. Harvey and Thompson. 64 (be) in contact with each other ever since and Thompson has promised to return the fridge so that 65 can live to fight another day in the future.





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