

高三英语答案及解析

听力: 1—5 CCAAB 6—10 ABABA 11—15 BCCBC 16—20 ACBAC

阅读: 21-23 ADB 24-27 ACAB 28-31 CBDD 32-35 CCDA 36-40 GFBAD

完形填空: 41-45 DABCD 46-50 CDABA 51-55 BDCBA

语法填空: 56. aiming 57. an 58. is credited 59. Regarded 60. but

61. have earned 62. to be celebrated 或 being celebrated 63. in 64. symbolically 65. which

写作:

应用文写作

Dear Peter,

I'm thrilled to introduce the Hubei Super League (Chu Chao) to you. As a premier amateur tournament, it unites 17 cities across the province, featuring affordable tickets and vibrant local culture that transform matches into grand community festivals as well as boosting tourism in the province.

Personally, I'm profoundly captivated by the players' unwavering passion and the fans' deafening cheers. Beyond mere competition, it embodies resilience and collective spirit, which is truly inspiring. I sincerely hope you can experience this spectacular event in person someday!

Yours sincerely,

Li Hua

读后续写

We weren't just voices in the dark anymore; we were friends. We called each other from time to time, sharing little daily moments rather than sorrow. Martha told me about the garden she started, planting flowers her daughter Sarah had loved. I talked to her about my ordinary days, recalling warm memories of my late mother. We comforted one another when sadness crept in, celebrating tiny joys as well. Gradually, the sharp pain of loss softened for both of us. Though we had never met face-to-face, our bond grew firm across the phone line, healing the wounds left by goodbye.

Six months later, a small package arrived at my door with no return address. Curious, I opened it carefully. Inside was a jar of fragrant tea and a hand-written note. Martha wrote that the tea was Sarah's favourite, and she wanted me to have it, as a token of thanks for that cold midnight call. Tears welled up in my eyes. That accidental wrong-number call had brought two grieving souls together. I made a cup of tea right away, gazing out the window. Distance could not separate two hearts that understood each other's pain. That midnight mistake turned out to be the most precious gift fate had given us.

听力原文

1—5 CCAAB 6—10 ABABA 11—15 BCCBC 16—20 ACBAC

Text 1 应聘幼师

M: Do you have experience with children?

W: Yeah. I babysat my niece for two years. Also, I tutored math at a summer camp. And I love organizing educational games for kids.

M: Perfect! **Our kindergarten needs someone creative.**

Text 2 最大规模奶酪品尝纪录

M: On June 19th, 2025, in the town of Sopó, Colombia, **1,185 people gathered to taste cheese.**

W: **That must have been an amazing sight!**

M: **Absolutely! The Guinness World Records confirmed that this event set the record for the world's largest cheese tasting.**

Text 3 老视频

M: **Look at this old video. It was filmed 20 years ago at Aunt Francine's 30th birthday party. We were just kids back then.**

W: Yeah. **I was only 5 years old at the time.**

Text 4 “游烟”管控

M: **Shanghai has started outdoor “walking smoking” control measures. Some smokers find these measures too strict.**

W: I disagree. **I think these measures should have been introduced much earlier. I sincerely hope they can be carried out nationwide.**

M: Same here.

Text 5 作家

W: **Mr. Warren, your book about high school life is a bestseller. Is this your first work?**

M: No. **I actually wrote a book during college, but only two copies were sold. It took me a while to find the courage to write again after I started working.**

Text 6 栅栏

M: I highly recommend wooden fences. They have a natural feel and would beautifully decorate your garden.

W: ⑥**Wooden fences are indeed more eco-friendly, but they don't seem strong enough. My goal is to keep my neighbor's dog from entering my garden and digging holes in the grass.**

M: In that case, ⑦**I'd suggest materials like stone or metal.**

W: ⑦**Metal fences tend to rust, so I'll choose the other one.**

Text 7 环保实践与创新方法

W: ⑧**My neighborhood group is starting a “tool library” where people can borrow things like drills, ladders, or gardening tools instead of buying them. It's a great way to save money and cut down on waste.**

M: That's a brilliant idea! At home, I catch the cold water that runs before the shower heats up and use it to water my plants.

W: That's awesome! ⑨**I also use a “freeze and reuse” trick. When I have leftover coffee, I freeze it in ice cube trays to use for iced coffee later, so it doesn't go to waste.**

M: These are simple changes, but they make a big difference!

Text 8 英国最美海滩

M: ⑩**The Times and Sunday Times Best Beach Guide has announced the UK's best beaches.**

W: ⑩**Which beach won this year's top spot?**

M: ⑩**Portstewart Strand was chosen as Beach of the Year 2025. It's also the 2025 regional winner for Northern Ireland. The regional winner for Wales was Shell Island.**

W: I know Shell Island. It's home to one of Europe's largest camping sites. ⑪**Well, I guess Bude, a beautiful seaside town in Cornwall, took the regional title in Southwest England.**

M: ⑪**Exactly! How did you know that?**

W: ⑫**Bude is the birthplace of a famous beach cleaning event—the #2minutebeachclean campaign. I once took part in it. Alright, now tell me the regional winner for Scotland.**

M: It's Seacliff Beach, a private beach...

Text 9 短篇小说比赛结果

W: Michael, do you remember that not long ago, ⑬**the Royal Mint Museum held a short-story competition themed “Sustainable Futures”?**

M: Of course. ⑬**The winners would be selected by the famous host Michaela Strachan, with illustrations for the winning entry created by guest artist Bronwen James.**

W: The winners have been announced! ⑭⑮**Myra Saindane has won first prize for her story Myra's Green**

Awakening. ⑭Myra received a set of coins for herself and £5,000 worth of equipment and books for her school library.

M: That's fantastic! So, ⑮what is the story about?

W: ⑮It follows the story of a little girl's journey to India and how it inspires her reflections on sustainability.

M: It sounds very inspiring. I'm also curious about the second and third prizes.

W: ⑯The second-place story is *The Last Dodo's Dream*, written by Johan Kaushal. The story is told from the first-person perspective of the last dodo, an extinct bird. The third prize went to Ethan Wilson for his story *Bertie the Water Bottle*.

M: ⑯I'm most interested in the second-place story. It's a really creative way to talk about protecting animals, isn't it?

W: Absolutely!

Text 10 辣椒对健康的益处

W: Emerging research links chilli peppers to better health. "Data suggests spicy food can enhance feelings of fullness and help with weight control," ⑰says Dr. Long Nguyen, an assistant professor of medicine at Harvard Medical School. A 2020 study conducted by Cleveland Clinic Lerner College of Medicine found that people who had lots of spicy chilli peppers were 25% less likely to die sooner than expected, compared to those who rarely or never ate them. ⑱Kiran Campbell, a famous dietitian, recommends people to have spicy meals 2 to 4 times per week. ⑲John Hayes, a professor of food science at Pennsylvania State University, found that when people experience spicy food, their behavior changes: They chew more slowly. Slowing down allows people to eat smaller portions, which can contribute to healthier weight.

So how should chilli peppers be prepared to maximize their health benefits? ⑳Fresh chilli peppers are probably healthier than processed ones. Research shows that people who regularly have chopped-up fresh chilli peppers, instead of dried or ground versions, enjoyed lower rates of heart disease, diabetes, and cancer.

㉑Another study found that eating raw or lightly cooked chilli peppers is best for preserving their nutrients, such as vitamin C.

答案详解:

阅读

【A 篇】

21.A 细节理解题。原文第二段说明殖民时期农民雕刻萝卜是为了吸引集市顾客, draw customers 同义替换 attract shoppers。

干扰项: C、D 文中无依据; B 是如今的活动形式, 并非最初目的。

22.D 细节理解 + 同义转换题。文中提醒游客保管好随身物品, 因为猴子会随意拿走东西。hold onto belongings = take good care of personal belongings。

23.B 主旨归纳题。文章开篇点明四大节日均奇特独特、根植于深厚文化内涵, 且四个节日分属不同季节举办。

干扰项: A 只有萝卜节、泥浆节最初带有商业目的; C 猴子盛宴、萝卜雕刻节无赛跑赛事; D 举办季节各不相同。

【B 篇】人与自然-保护海岸生态

24. 细节理解题根据第一段 But in recent years, the area has become severely damaged due to overfishing.以及第四段 Thanks to his work, Gökova Bay's marine ecosystem has made a great comeback.可知, 近年来, 由于过度捕捞, 绿松石海岸地区的生态系统遭到严重破坏。故选 A。

25. 词句猜测题根据第三段 Realizing the seriousness of the problem, he decided to take action at once and try to persuade local fishers. (意识到问题的严重性, 他决定立即采取行动, 试图说服当地渔民。) 以及划线词所在句 Getting the support of fishers was the biggest challenge, but because of the dire situation some started to listen. (获得渔民的支持是最大的挑战, 但由于_____的形势, 一些人开始倾听。) 可以推测出, 划线词表示“糟糕的、严峻的”。故选 C 项。D“有影响的”, 可能为正面, 也可能为负面影响, 这里不够准确。

26. 细节理解题根据第四段 He trained local fishers as marine rangers who could monitor the waters for illegal fishing and send alerts to the Turkish Coast Guard. 可知, Kizilkaya 训练当地渔民, 让他们成为海洋护林员、监视水域的非法捕鱼行为, 并向土耳其海岸警卫队发出警报。也就是说, 他选择和渔民合作的方式保护哥科瓦海湾。故选 A。

27. 推理判断题根据文章内容可知, Kizilkaya 在意识到哥科瓦海湾的问题后, 就立刻采取行动, 说服当地渔民, 并和他们一起保护海湾。而且他还努力说服土耳其政府建立了一个覆盖地中海沿岸 300 多英里的海洋保护区网络。由此推测出, 他是一个意志坚定的、有生态意识的人。故选 B。D 为干扰选项。Persevering “坚韧的, 固执的”没有 B, determined “坚定的”好。而且原文第四段中提到 Gokova Bay's ecosystem has made a great comeback, 可见, 他关注的是“生态问题”, 而不是生物学问题。

【C 篇】人与社会-爱好运动有助于男孩子抵抗焦虑

28. 根据第二段 The information they looked at was reported by parents of the children and included the kids' physical activity at 5-years old and 12-years old. They also reviewed reports from the children's teachers about signs of emotional stress seen in the kids from ages 6 to 10 years. 可知小孩的父母和老师是研究所收集的数据来源, 故可推断提到他们是为了说明其数据的真实性, 故选 C 项。

29. 推理判断题。根据第四段 She points to one explanation being that girls are more likely than boys to look for help from and share their emotional stress with family, friends, or healthcare providers. 可推断是因为她们更擅长获取他人的心理支持。故选 B 项。

30. 推理判断题。根据最后一段 She says: “Parents also should join in promoting physical activity and sport participation among youth by acting as role models and taking part in their children's activities.” 可推断家长需要自己也要经常运动, 为孩子们树立榜样, 故选 D 项。

31. 主旨题。根据第一段 According to a recent study, boys who play sports during their early childhood are less likely to experience emotional stress, including signs of depression and anxiety, later in life compared to boys who didn't participate in sports. 可推断研究发现: 在童年早期进行体育运动的男孩, 与不参加体育运动的男孩相比, 在以后的生活中经历情绪压力(包括抑郁和焦虑症状)的可能性更小。即男孩儿童时期进行体育运动可以预防日后的抑郁和焦虑。故选 D 项。

主题: 人与自然—自然生态

本文是说明文。研究表明, 夏威夷传统鱼塘可有效缓解气候变化对鱼类种群的影响, 为现代生态恢复提供启示。

【D 篇】人与自然-夏威夷鱼塘有助于保护鱼类防御气候变化

32. C. 理解具体信息。根据第一段的内容可知, 夏威夷大学(UH)的新研究表明, 传统夏威夷鱼塘(loko i'a)能有效保护鱼类种群免受气候变化的负面影响。再根据第三段中的 We found that although rising water temperature, loko i'a fish populations were more resistant to rising water temperatures than those in the surrounding estuary 可知, 研究人员发现, 尽管水温上升可能导致鱼类种群数量下降, 但 loko i'a 中的鱼类种群相较于周边河口的鱼类种群, 对水温上升的耐受性更高。综上, C 项(loko i'a 能够抵御气候变化的影

响)是对以上信息的转述。本选项中的 resist climate change impacts 与首段中的 keep fish populations from the negative impacts of climate change 直接对应; resist 与第三段中的 more resistant to(对...更具抵抗力)为同义表达。A 项(loko i'a 面临水温上升的挑战)、B 项(loko i'a 拥有丰富多样的鱼类物种)、D 项(loko i'a 的水源来自当地河口)非研究发现的内容。

33.C. 理解文章结构。第二段介绍 loko i'a 的定义(传统夏威夷鱼塘)、建造位置(沿海或河口)、设计原理(堤坝拦截海水+允许淡水流入,创造受控环境)及设计的意义(支持可持续养鱼、体现生态知识和文化习俗)。从全文结构看,首段提出“loko i'a 能抵御气候变化”的研究结论,第二段承接首段,补充 loko i'a 的基础信息,为后文展开研究做铺垫。C 项(提供一些背景信息)是第二段的语篇功能。

34.D. 理解具体信息。题干询问“研究者对 loko i'a 和周边海湾做了什么对比”,根据题干中的 comparisons loko i'a and the surrounding bay 可将解题信息定位到第三段。本段写作逻辑是:研究者先提出对比结论(loko i'a 的鱼类对升温更具抵抗力),再解释原因(loko i'a 能通过淡水流入调节水温),最后强调“检测到的温度差异对鱼类生产力有意义”;对比的核心是“鱼类抵抗力的差异源于水温差异”,对比的关键维度是“水温”。

35.A. 理解主旨要义。题干要求“选择合适的标题”,标题需概括全文核心主旨,因此需梳理全文核心逻辑。首段:提出研究结论—传统夏威夷鱼塘(loko i'a)能有效保护鱼类免受气候变化的负面影响;第二段:介绍 loko i'a 的基础信息(传统设计、文化生态意义等);第三、四段:细化研究发现(loko i'a 中的鱼类受升温影响小,源于其水温调节机制),强调研究意义(淡水输入的温度调节作用、生物文化修复的重要性);最后一段:升华主旨—传统知识和系统对现代科学的指导价值,loko i'a 修复的多重益处(文化保护、粮食安全、抵御气候变化的影响等)。全文以“研究发现”为切入点,核心围绕“传统夏威夷鱼塘(古代实践)对解决现代气候变化问题的价值”展开,最终升华到“传统知识指导现代科学”的主旨。综上,A 项(古代实践启发现代解决方案)最能概括全文主旨,适合作为标题。B 项(高温天气威胁夏威夷传统)、C 项(渔业发展保障粮食安全)不能概括本文主要内容;D 项(淡水输入危害海鱼种群)与文章主旨矛盾。

【七选五】

主题:人与自我—做人做事

本文是记叙文。Charles Clark 是一名校园清洁工,他在认真履行本职工作之余,给予学生关爱和指导,激励学生变得积极自信,体现了平凡岗位上的非凡价值。

36.G. 设空处前文提到清洁工的工作“不引人注目”,后文是 Clark 对自己工作的高标准要求,二者存在转折逻辑。设空处需要一个承上启下的句子,引出主人公 Clark,并体现他对这份工作的态度。G 项(然而,Charles Clark 却以高度的自豪感和责任感对待这份工作)符合语境。该选项中的 However 表转折,衔接前文的“不引人注目”和后文的“工作高标准”;it 指代前文的 Being a school cleaner。C 项(但他把自己的额外工作做得非常好)虽也表转折,但与上下文无法有效衔接。

37.F. 设空处后文的 also(还)是关键逻辑词,说明设空处内容和后文“关心学生”是并列关系,且前文只讲了“清洁工作”,因此设空处需要一个递进句,体现 Clark 的工作范围“超出了清洁本身”。F 项(Clark 所做的不仅仅是保持校园整洁)符合语境。该选项中的 goes beyond(超出)承接前文的清洁工作,引出后文的“关心学生”。

38.B. 设空处前文提到“什么都可以跟他说”,后文评价他“睿智体贴”,设空处需要补充 Clark 帮助 Jesse 的具体内容。B 项(他总是给我诚恳的建议)符合语境。该选项中的 me 指代前文的 Jesse Walehwa,He 指代 Mr.Clark;“给建议”承接前文的“倾诉”,也能支撑后文“睿智体贴”的评价,逻辑连贯。

39.A. 设空处前文引用辅导员的话,具体列举了 Clark 对学生的帮助(变自信、学业成功),设空处需要一个总结句,概括 Clark 带来的积极作用。A 项(他的影响非常积极)是对前文“学生变自信、学业成功”

的精准总结。E 项（学生会去找他帮忙辅导家庭作业）也带有总结意味，但会将 Clark 从“精神鼓励者”转换为“学业辅导者”，彻底偏离前文的评价核心，前后逻辑断裂。

40.D. 设空处下一句用 because 给出了一个原因，从语篇表达习惯来看，当作者想突出某个动机的“主动性、无私性”时，往往会先铺垫“否定一个常规原因”，再引出“真正原因”，形成“不是而是...”的对比逻辑。D 项（他这么做并不是因为这是他的工作职责）符合语境。该选项中的 this 指代前文的 helped dozens of students move in a better direction; 后文的 did it 与 did this 指代内容一致; not because 与后文的 because 形成逻辑呼应，突出 Clark 的责任感。

完形填空

全文主旨梳理

扎克·威廉姆斯如今拥有美满家庭，可这份幸福他从前觉得绝无可能拥有。父亲因抑郁症自杀后，他深陷抑郁酗酒、生活失控；依靠亲友与康复团体帮扶逐渐走出阴霾，创办心理健康公益组织，收获爱情与孩子，领悟历经苦难依旧可以治愈自我，永远不要向困境妥协。

41. 答案：D impossible

选项词义：

A. unfair 不公平的 B. incomplete 不完整的 C. meaningless 无意义的 D. impossible 不可能的

开篇点明：他现在拥有幸福的家庭生活，但曾经他认为这种生活是根本不可能实现的。后文全程讲述他遭遇人生重创、跌入谷底的经历，前后形成过去与现在的对比，只有 impossible 契合反差语境。

42. 答案：A battled

选项词义：

A. battled 奋战；与..... 抗争（battle sth 同病痛 / 情绪对抗）；B. received 收到；患上（不搭配焦虑抑郁）；C. ignored 忽视；D. embrace 拥抱

固定搭配 battled anxiety and depression 长期和焦虑、抑郁症作斗争，因此选 A。

43. 答案：B control

选项词义：

A. sight 视野 B. control 掌控 C. danger 危险 D. date 日期

固定短语 out of control：失去控制。父亲离世后他陷入绝望，生活彻底失控，是完形高频短语。

44. 答案：C relieve

选项词义：

A. endure 忍受，忍耐

B. heal 治愈（侧重彻底治好伤痛，酗酒无法治愈内心痛苦）

C. relieve 缓解，减轻（压力、痛苦）

D. exploit 利用

根据句意，他借喝酒想要缓解内心痛苦，但反而让情况更糟；relieve pain 缓解痛苦，最贴合语境。

45. 答案：D connections

选项词义：

A. relatives 亲戚，此处搭配不好；B. attainments 成就；获得，逻辑不对 C. symptoms 症状，搭配不好；

D. connections 联系；纽带患上失眠、心理崩溃后，也与和他人断开了联系。communicate with others 和人交流，日常心理疾病人群典型状态。

46. 答案: C turn around

选项词义:

A. turn on 打开 (电器)

B. turn over 翻转; 仔细思考

C. turn around (局势) 好转, 扭转

D. turn down 调低音量; 拒绝

幸运的是, 依靠康复小组、亲友支持, 事情开始慢慢好转, turn around 专指境遇由坏变好。

47. 答案: D strengthened

选项词义:

A. tested 考验 B. damaged 破坏

C. weakened 削弱 D. strengthened 加强, 巩固

起初他害怕被他人嫌弃拒绝, 但这段康复之旅反倒巩固、加深了他绝大多数人际关系, 向好方向发展, 选正向词汇 strengthened。

48. 答案: A pursuit

选项词义:

A. pursuit 追求; 事业追求 B. habit 习惯 C. pleasure 愉悦 D. choice 选择

除此之外, 他找到了全新的人生追求: 投身公益、普及心理健康知识。life pursuit = 人生追求。

49. 答案: B founded

选项词义:

A. discovered 发现 B. founded 创立, 创办 (机构、组织)

C. funded 资助, 拨款 D. advertised 宣传, 打广告

2019 年创办了名为 PYM 的公益组织; found(原形) 专门用于创办公司、非营利机构, 过去分词 founded。

50. 答案: A treasures

选项词义:

A. treasures 珍视, 珍惜

B. doubts 怀疑 C. misses 想念; 错过 D. expects 期待

身为入父带给了他全新快乐, 他无比珍惜和儿子相处的每一刻, 正向情感动词 treasure 符合心境。

51. 答案: B positive

选项词义:

A. cautious 谨慎的 B. positive 积极乐观的 C. sympathetic 同情的 D. favorable 赞同的

多年来自己成长良多, 对待未来持有积极乐观的态度, 全文收尾都是治愈、豁达的心态。

52. 答案: D Even

选项词义:

A. Only 仅仅 B. Still 仍然 C. Thus 因此 D. Even 即使, 纵然

句子翻译: 即便经历过惨痛的苦难, 治愈自我依旧是可以实现的。even 引导让步状语逻辑。

53. 答案: C desired

选项词义:

A. pretended 假装 B. refused 拒绝 C. desired 渴望, 期盼 D. failed 失败

我正在慢慢治愈, 一步步成为长久以来自己一直渴望成为的那种人。desire 内心期盼、向往。

54. 答案: B quit

选项词义:

A. hesitate 犹豫 B. quit 放弃, 半途而废

C. struggle 挣扎 D. worry 担忧

感悟: 陷入困境的时候, 永远不要轻言放弃, 贴合全文励志主旨。

55. 答案: A give way to

选项词义:

A. give way to 屈服于; 向…… 让步

B. take advantage of 利用

C. keep up with 跟上 (节奏)

D. break away from 脱离

最糟糕的选择就是向困难低头、屈服于磨难, 和上一空“绝不放弃”语义呼应。

语篇填空

56. aiming 现在分词作状语。句子主干: The practice combines martial arts, qigong and medical theory, 句子已有谓语 combines。逻辑主语 the practice (五禽戏这套功法) 与 aim 是主动关系, 这套功法旨在增强体质、预防疾病, 故用现在分词 aiming。固定搭配: aim to do sth 旨在做某事。

57. an 不定冠词, 插入语部分做同位语。对自然动物行为的一种模仿。说明这套健身体系是模仿动物自然行为而产生。

58. is credited 动词的时态、语态和主谓一致。be credited to “把…… 归功于”。主语 The creation of Wu Qin Xi 和 credit 是被动关系; 此处客观介绍五禽戏的创造, 用一般现在时。主语 creation 为单数, 故填 is credited。

59. Regarded 过去分词作状语。逻辑主语是后面的 he (Hua Tuo 华佗); 华佗“被看作中华医神、中国第一位外科医生”, 主语和 regard 是被动关系, 用过去分词作状语; 句首首字母大写。

60. but 并列连词, 固定句型 not only...but (also)...意为“不但…… 而且……”, also 可以省略。句意: 他不仅救治病患, 还倡导通过体育运动预防疾病。

61. have earned 动词时态, 本句叙述历史人物华佗所获得的声誉, 根据后文 since then 可判断此空应填现在完成时。固定结构: earn sb sth 为某人赢得某物。

62. to be celebrated 非谓语动词: continue + 不定式的被动。continue to do sth 是固定结构。主语 his name 和 celebrate (颂扬) 是被动关系: 他的名字被后世称颂, 因此不定式要使用被动 to be celebrated。

63. in 介词固定短语。in memory of 为了纪念……。句意: 沛县的华佗庙修建起来用以纪念他。

64. symbolically 副词修饰动词。空格修饰动词 imitate (模仿); 形容词 symbolic 要变为副词 symbolically, 意为“象征性地”。

65. which 非限制性定语从句。逗号后是非限制性定语从句, 不能用 that。先行词是 special meanings (物), 从句缺少主语, 用关系代词 which 指代先行词。